

Beauty ★ Fashions For and about Women Clubs ★ Household

Beauty and brains



Rosemary Simington is a beautiful person. If the human face is "the masterpiece of God" hers is incomparable. If talent is a measure of public opinion, she is thrice blessed. But above all, Rosemary is a warm and compassionate human being whose concern for her Black brothers and sisters is reflected in her very style. The office of the A.M.A. Family Day and Night Care Program, where she is a secretary, is brightened by her presence.

Rosemary Simington, secretary for the A.M.A. Family Day & Night Care Program, is active in youth programs in the community. Rosemary was a delegate for Oregon to the White House Conference on Youth in Oregon, held in Colorado in April, 1971.

She was a member of the conference for Legal Rights & Justice Task Force which made recommendations for legislative changes, legal rights, young people, schools and education, drugs, etc. Her basic concern was for black youth since they are more

likely to be the oppressed. Rosemary was chosen to be Secretary of the Black Caucus. The caucus made sure that there was black representation in each committee.

Rosemary was raised in Eugene, Oregon, and moved to Portland 6 years ago. She has been employed in private industry and worked for the Model Cities Office of the Multnomah County Juvenile Court.

Mrs. Simington and her husband, Carl, have a four old son, Kenneth.

Ultrasonic detection of disease

By James L. Mack, M.D., President Oregon Thoracic Society

X-rays of the lungs are a valuable tool in diagnosing tuberculosis and other diseases. But they do not provide definite proof.

Confirmation of TB must be made by laboratory analysis of body fluids, especially sputum. Damage that shows up on X-rays of the lungs indicates trouble. But the damage could be from lung cancer, a fungus disease, or other infections. New techniques are being developed that may soon complement and maybe eventually replace X-rays. One not-yet-perfected technique, called sonoradiography, will take three-dimensional laser photographs of internal organs by using ultrasonic waves instead of X-rays.

A method of ultrasonic diagnosis is already in limited clinical use on pregnant women to avoid exposure of the fetus to X-rays. The method is only two-dimensional, however, and sends ultra-high-frequency sound pulses into the body. The pulses echo off the organ; the echoed pulses are then electronically converted into a map of the organ.

Instead of this pulse-by-pulse mapping, sonoradiography would use a broad wave of ultra-sound to permeate the entire organ in the time it now takes to send a single pulse in the older method. Research is already underway at the State University of New York at Stony Brook, and researchers predict sonoradiography will be able to show dying tissue and certain soft tissue tumors, such as breast tumors, which are undetectable by X-rays.

For the present, however, X-rays still make a valuable contribution in the diagnosis of TB, although laboratory analysis of body fluids is the only definitive test. To find out more about the symptoms of TB and other ways to detect the presence of the disease, contact your local tuberculosis and respiratory disease association. It's a matter of life and breath.

Black woman suggested for Supreme Court

With the death of Justice Hugo L. Black and the retirement of Justice John M. Harlan, there are two vacancies on the U.S. Supreme Court to be filled by President Richard Nixon. Nixon intends to fill the vacancies with "law-and-order" appointees. Two conservative appointments, together with Chief Justice Burger and Associate Justices Harlan and Blackman, would give the conservatives a majority of the nine member court.

Important cases to be heard during the session beginning October 4th include: civil rights cases involving segregation; federalism; constitutional issues; capital punishment; pollution cases; sex discrimination; and the question of whether a unanimous jury verdict is mandatory in criminal cases.

BLACK WOMAN SUGGESTED

Governor Richard Ogilvie of Illinois submitted the name of Chicago Attorney Mrs. H. Ernest (Jewel) Lafontant, to President Nixon for consideration for appointment to the U.S. Supreme Court. Mrs. Lafontant is chairman of the Illinois Advisory Committee to the U.S. Civil Rights Commission. A prominent Republican, she seconded the nomination of Richard Nixon at the 1960 National Convention of the Republican Party.

Gov. Ogilvie said in his letter to the President, "Both her personal qualities and her record of legal achievement suggest that she be given close study for your consideration."

If appointed Mrs. Lafontant would be the first Black and the first woman to serve on the Supreme Court bench.

Age not a factor

By Terry Johnson King

Women's News Service
MIAMI, Fla. (WNS) -- At the age of 65 she was still Cuba's greatest pianist -- until Castro arrived. "And then I just went into retirement."



AT 75
Once Cuba's Top Pianist, She Launches New Career in Exile

She was 73 when she came to the United States, where she faced poverty, a new culture, a long siege of nursing her near-blind late husband, and a life without music. "I couldn't buy a piano," she said, "so I practiced on a mute clavier."

Today, at 75, Madame Flora Mora is re-launching her career on Miami's concert states. "She plays like a Rubenstein," says a local impresario. "Her brilliance hasn't diminished at all."

"The years of the calendar differ from the years of the spirit," she explains, "and my musical spirit is as if it were 20."

In pre-Castro days Madam Mora was considered the Andre Malraux of Cuba. She was Director of Culture in the Education Ministry, founder of the Granados Conservatory of Music in Havana, and the most sought-after figure in cultural circles.

PETITE

You'd never know it to look at her. She is no bigger than the Minute Waltz, porcelain-fragile, like a tiny hot-house plant that has been carefully nurtured and protected from the elements. Her petal-soft

brow might never have been furrowed with thoughts more complex than crewel-work, and her delicately accented voice (she speaks in perfect English, a language acquired as a child in Havana's American School) is that of a gracious Marquessa.

Although she had made many trips to the United States in her concert career, her entry two years ago as an exile was traumatic.

"I hate to look back on it," she says. "When you come as a refugee you come with nothing, except you bring such a terrible fear. I missed my music. With the requirements of the finance companies it was impossible to acquire a piano, so I couldn't even give lessons. Not to hear the sound of music..."

Finally a retiring pianist agreed to sell her an instrument with time payments and she began to play -- familiar concert pieces, and her own compositions, especially the "Zapateco."

CHANGED

That was my final composition in Cuba," she explained. "For years I had wanted to complete a concert piece based on the dance form, the zapateco, for it is bright and electric and very vibrant. Of course, Havana is no longer bright and electric."

That city, she said, was a very subdued place when she left.

"Music was my whole life, and I never had anything to do with politics, but I could feel the change."

"After Castro came to power I went into seclusion and never appeared publicly again."

In 1965 she applied to come to the United States. "And from then on the waiting period -- it was four years -- seemed very long. They are not very friendly in Cuba when you say you want to leave."

She has composed only one song since she has been in the United States -- "A very sad one. I don't think I will ever play it for concert audiences."

Your Fashion Questions

Q. For the holiday parties, I have just bought a new velvet mid dress in Thirties style, with draping and puffed sleeves. I love it, but I'm up in the air about accessorizing it, as to me it's a style like nothing I've worn before.

A. Fortunately, the accessories for the Thirties dresses are also available. Get gold or silver shoes with one strap across the instep, a curved, higher heel, a blunt toe. For a bag, carry a white beaded bag. Use drop earrings, a choker, in pearls or rhinestones or both.

Q. For the holiday season, I made myself a pantsuit in white knit with a lot of gold in it. I thought gold would be needed for the accessories, but when I tried it, there was too much gold. What else could you suggest?

A. Why not color? Shoes in satin or velvet could be deep green, sapphire or ruby, with bag to match. Jewelry could then be gold with some stones in the same accessory color.

School board says hold funds

The Oregon Board of Education said school districts in Oregon should not use salary funds saved because of the Presidential Wage Freeze order for other purposes. The board recommended that the funds be saved for use for salaries next year, or if that is not possible to confer with elected representation of the

teacher regarding plans for use of the money since it was allocated for salaries. The Board also voted to call to the attention of Oregon's congressional delegation the inequities in the application of the wage freeze among the various school districts of Oregon.

Lunch Time Favorites



Q. While I never cared for skirts more than an inch or so above the knee, I did like the A-line silhouette, as my figure is somewhat unbalanced, although not overweight. In brief too much bosom for the rest of me! I see the new silhouettes are fitted, so what do I do now?

A. Yes, but the fit isn't skin tight or anything near that. It's soft, in fact. There are lots of shirt dresses and jumper styles which minimize the bosom and don't come that close to the waist. Avoid the styles which do emphasize the waist. The long torso look is also good for you. I might add that the fuller skirts, whether pleated or lightly gathered, also help by balancing the top of the figure.

Q. For a mid-winter trip to Florida, would a fur jacket be useful? I don't use it very much and thought such a trip would be a chance, but is the climate too warm? The jacket is Morning Light mink.

A. Mink is light enough that you may use the jacket evenings but probably not by day, unless they have a cool snap. Take it along and enjoy it. In fact, why aren't you wearing it at home? Keeping it unworn does nothing for the fur and you don't enjoy it.

Q. I am going to Puerto Rico for the first time during the Christmas holidays. Can I wear pants there? What kind of dresses? Rainwear?

A. Pants, yes, but wide, loose ones, or they will be too hot. Fabrics should be nylon, jersey or crepe or cotton. Dresses can be the casual tailored kind or the country and peasant styles in calico. A very light, fold-up raincoat can be taken.

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