

News'n Views for the homemaker

Wed on Grandmother's Birthday



Mrs Jeddly Beardsley

Linda Sue Clark walked down the aisle on the arm of her father at Bethel AME Church Saturday evening past pews tied with white satin bows, for her marriage to Jeddly Odis Beardsley.

She selected her grandmother's birthday for her wedding day and her grandmother, Mrs. Lizzie Thomas, attended.

The bride wore the floor length wedding gown worn by her sister, Beverly, when she wed James Edmondson three years ago. The gown is fashioned of white brocade with lace sleeves, chapel length

of pink, with a front panel of green lace. All attendants wore pink headpieces with short veils. The bridesmaids carried nosegays tied with pink ribbons.

Karen Ray was flower girl wearing a miniature dress styled as the senior attendants, pink with green lace trim. Master Eric Travis was ring bearer.

Anthony Warren served as best man.

Seating guests were Harold Clark, brother of the bride, Donald Lincoln, and Willis Beasley, brother of the groom.

The church altar was decorated with a large bouquet of green and pinks on either side. Gladiolus, carnations and trailing greens filled the vases.

Melani Howard and Patricia Green were candlelighters. Gerutha Nickleberry sang accompanied by Donald Hepburn.

Immediately following the ceremony, a reception was held at the Thunderbird.

Gladiolus and carnations were arranged in handsome bouquets on side tables. The serving table cloth was a white organza over pink. The four tiered wedding cake was topped with the traditional bride and groom figures.

Mrs. Lois Rentro presided at the serving table. Sandra Gabner passed the guest book and gifts were received, for the couple, by Lois Hill and Karen Haines.

Linda is the daughter of Mr. and Mrs. Hilary Clark. She is a graduate of Jefferson High School and will be a junior at the University of Portland this fall.

Beardsley is the son of Mr. and Mrs. Joe Beardsley. He too, is a graduate of Jefferson High School. He attended Mt. Hood Community College and is employed in Portland.

Elegant Dessert



Add color and flavor to elegant desserts with jams, jellies and preserves. Top, chocolate cake has a surprise layer of orange marmalade, and individual pieces get a pour-over sauce of orange marmalade - walnut combination. Center, Bavarian cream set sparkling color from a strawberry jelly-pineapple almond mixture in layers, then topped with the jelly combination. Bottom, dessert crepes filled with whipped cream are made more eye-appealing with a pour-over sauce of grape jelly-honey mixture.

ORANGE MARMALADE - WALNUT SAUCE FOR CHOCOLATE CAKE

Yield: about 2 quarts sauce, 24 servings of 2 - 1/2 oz.

Combine 1 - 1/2 quarts orange marmalade, 6 oz. butter, 3/4 cup orange juice and 1/2 cup chopped walnuts. Cook over low heat until blended. Pour over individual servings of chocolate cake. (Orange marmalade may also be used as filling between layers of cake.)

BAVARIAN CREAM WITH STRAWBERRY JELLY SAUCE

Yield: 24 servings of 3/4 cup cream 1/4 cup sauce

1 quart strawberry jelly 2 quarts milk
1/2 cup finely chopped almonds 3 cups (1-1/2 pounds) sugar
1 pint crushed pineapple, drained 8 egg yolks
1/4 cup unflavored gelatin 1/4 cup rum flavoring
8 egg whites, stiffly beaten 1 cup water

For sauce, combine strawberry jelly, almonds and pineapple, blend well. For Bavarian cream, soak gelatin in water, then add to milk and sugar and heat until just about to boil. Beat milk slowly into beaten egg yolks, chill until slightly thickened. Fold in rum flavoring and egg whites. Spoon alternating layers of cream and strawberry sauce, ending with sauce. Chill until firm.

GRAPE JELLY - HONEY SAUCE FOR CREPES

Yield: about 2 quarts sauce, 24 servings of 2 - 1/2 oz.

Combine 1 - 1/4 quarts grape jelly with 1 pint honey, 8 ounces butter and a teaspoon each of cinnamon, nutmeg, and cloves, cook over low heat until blended. Serve hot to pour over crepes.

Cute and costly

Our youngest consumers



bundle of joy costs a bundle

If you had any doubts that consumers are born, not made, consider that a newly-born infant can set his parents back about \$1,600 just by arriving on the scene. And, this is before he even settles in to do some serious toddling and start to comparison-shop tricycles.

That \$1,600 total is based on costs in one large eastern city. It includes expenditures beginning with obstetrical care right on through to the infant's first week's stay at home, reports the Health Insurance Institute.

Here is how some of the figures stacked up the last time baby expenditures were tallied up by one weary parent:

- Hospital costs came out to \$609. This included \$420 for daily room charges for six days; \$75 for delivery room and \$114 in nursery charges.
- Medical costs were: \$275, including the \$250 fee for the obstetrician and \$25 for pediatric care.
- The baby's wardrobe plus nursery items—running the gamut from fitted crib sheets, a baby carriage, a vaporizer, and vitamins,

to the first week's diaper service, and birth announcements—came out to \$476.

• Mother's maternity garb, including dresses as well as underthings came out to \$177. Miscellaneous items made up the balance of the \$1,600.

Fortunately, for the new consumer's tab-paying parents, however, there are ways by which the total bill for hospital and medical costs can be brought down considerably—through health insurance. Private coverage or a group plan where the father or mother works may pay \$150 to \$350 or more toward hospital and medical costs.

While no insurance covers infant clothing or nursery equipment, a great many of the vital items can often be borrowed from relatives or friends, or, furtively, materialize as shower presents.

Another comforting thought: there will be a shorter shopping list in your future—if you have another baby. Remember, a lot of the basic equipment and wardrobe will be ready and waiting.

Low Calorie

General Foods now has on the market a low calorie gelatin dessert that is low in sodium. Their reformulated product is being introduced nationally during August.

Each serving has approximately nine calories per half-cup portion and it now contains only six milligrams of sodium per portion.

The product is available in six flavors - orange, imitation lemon, imitation lime, imitation raspberry, imitation strawberry and imitation cherry.

It is available in 18 envelope packages, which are color-coded by flavor. It can be prepared in a variety of ways - for salads, as gelatin desserts or parfaits.

August is SANDWICH TIME

Checkmates



1/2 pound baked or boiled ham, thinly sliced
1/4 teaspoon celery seed
1/4 pound Swiss cheese, sliced
20 enriched party rolls, split
1/2 cup butter, softened
20 dill pickle slices
1/4 cup prepared mustard

Cut ham and cheese into squares to fit rolls. Blend together butter, mustard and celery seed; spread generously on cut surfaces of rolls. Arrange ham, cheese and pickles on roll bottoms. Close sandwiches; secure with wooden picks. Place on baking sheet and cover with aluminum foil. Warm in preheated 300 degree oven 10 to 15 minutes.

Use these mini-sandwiches for your winning culinary gambit!

Checkmates are pawn-size sandwiches full of a queenly competitive spirit - confident and proud as knights, setting out to win from you total allegiance to them as a snack. The defenses of even the most serious players - whether at chess or "chow" - will melt before such an opponent - a platter of Checkmates. These bite-size munchables will first of all capture your attention with a tempting stack-up of ham, Swiss cheese and pickles. They will lure you with a savory spread of zippy mustard and celery seed. And finally they will checkmate your willing palate by packing so much punch into a tiny party roll, oven-heated just long enough to melt flavors.

At snack time, for cocktails, anytime at all - Checkmates will please family and guests. Make them using other meats and cheese combinations. Mini-sandwiches are definitely a maxi-ideal.

In addition to convenience and variety, sandwiches offer good nutrition. Enriched bread and rolls provide these essential nutrients necessary daily for good health: the three B-vitamins, thiamine, niacin and riboflavin, and the mineral, iron.

publishers' predictions re: women's role in 21st century

It is well-known that women in general adapt better to pain and hardship than men. In spite of their greater physical strength, the man seems more susceptible to the "little" complaints as well as to the big, as many a frail 5-ft. wife is fond of reminding her hulking husband at strategic times.

And now, to bolster this idea, the press has recently quoted the remarks of a leading publisher (male) speaking before an industry meeting composed mainly of men. With true stoical reserve the audience heard the publisher state these predictions about the role of the woman in the 21st century:

She will participate in much greater numbers in such fields as medicine, architecture, city planning, and in fields related to the great "clean-up" of our air and water supply.

She will become an activist in the struggle against blight where ever it may be.

With greater automation and relatively more leisure time by the 21st century, the woman will be better adapted than the male to plunge into meaningful activities.

for example, the arts. By the year 2000 she will have successfully joined the men in the arts on a professional basis.

She will hold the highest offices of the land, including the presidency.

The speaker further predicted that the woman in the year 2000 will, through her influence, cause to disappear the old concepts that have brought trouble to our world.

He did caution women that they cannot allow themselves to be "locked in" by outmoded psychological and social concepts of their role. They must take the fullest advantage of the great potential offered them.

He observed that while a man remains fairly static in his major role of breadwinner, the woman, in her primary function as homemaker, adapts successfully to a number of different roles including those of sweetheart, bride,

"When you're right, you can afford to be courteous. When you're wrong, you've got to be."

-----Sunshine

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Knits Will Be 'Big' In Classrooms This Fall . . . Here's How to Care for Them with a Minimum of Work

School days mean more than reading, writing and arithmetic. They also mean new wardrobes for fast-growing youngsters.

Chances are, this year they'll be wearing more and more knit garments, just as you are, and for the same reasons. They're comfortable, wrinkle-resistant and pretty.

Whether you select single knits, double knits or textures - you'll probably want some of each - you can be sure the younger members of the family are right in style with clothes that won't look rumpled ten minutes after they leave home.

Until now, many mothers have avoided children's knits because

labels and hangtags cautioned "Hand Wash" or even "Dry Clean Only." But now the increasing number of shrink-resistant knit fabrics on the market, such as polyesters or blends of natural and man-made fibers, are mostly machine-washable and machine-dryable.

Care should be taken, however, to prevent shrinking, pilling and snagging. Long wash cycles, hot water, fast agitation and spin speeds, as well as high dryer temperatures and over-drying, can damage those beautiful knits.

To help avoid these "no-no's," Sears, Roebuck and Co. has introduced special knit cycles on two

new Lady Kenmore washers and dryers. The washer's automatic knit cycle control provides a warm wash to keep colors bright and shrinkage to a minimum. And during the cycle, garments are treated tenderly with slow agitation to minimize twisting and piling, and a slow spin to avoid setting in wrinkles.

The dryer's knit cycle control tumbles garments in lower heat to avoid shrinkage. Drying time is shortened automatically, thus reducing over-drying and static electricity.

Headlamp Washer

A specially designed headlamp washer system developed jointly by Chrysler Engineering and the McCord Corporation is standard equipment on the 1971 Imperial and optional across the board on Chrysler automobiles equipped with concealed headlamps.

Smooth, easy operation of parts is a major requirement in the design of this system. At the same time, long-term reliability is a must.

Another major requirement for the headlamp washer pivot is excellent dimensional stability, since the pivot must maintain proper bearing clearances over a wide range of temperatures and humidities.

Toughness is an important consideration since the molded-in connecting nipple for the washer fluid hose must withstand rough treatment often encountered during installation and servicing.

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Mrs Irvin wins again

Geraldine Irvin has done it again. The award sheet from the Clackamas County Fair lists Mrs. Irvin as winning two first place ribbons, one for

her German chocolate cake and one for her pound cake. Two second place ribbons, for her custard chiffon cake and sweet potato pie.

Four entries and four ribbons is quite a record!

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