

ATTEND THE — CHURCH SERVICE — OF YOUR CHOICE



Rev. T. L. Thomas

THERE IS YET MORE IN YOU

It is all very well to be told you should be cheerful, pleasant, outgoing, optimistic, warmhearted. But what if you don't feel that way?

What if today is one of those days you got up on the wrong side of the bed? What if last night was one of those nights when you could not sleep and you tossed and turned and finally dozed off — just before the alarm rang!

What if you quarreled with you husband or wife this morning or met with rebellion on the part of a teen-ager?

Can you help it, can anyone blame you if you in turn are moody or unhappy or annoyed by what someone says to you? No one blames you. But, yes, you can help how you react.

In an article, "The Great Discovery", the author, Wright Field, says, "I consider that the greatest discovery of my life is this: I have learned that within me resides the power to control my own moods." He goes on to say that it came as a shock to him to discover that he was not at the mercy of his moods, that he could do something about how he felt and reacted. We can sometimes see this so clearly in relation to some other person. We listen to him, we see his reactions, and we realize that he is making himself miserable. It is not always easy to be objective about ourselves. But we can learn to stand off from ourselves, as it were, and to see ourselves in a new light. We can learn to keep our thoughts and feelings and attitudes positive, happy and peaceful.

Some persons say that it's hard to act loving when they don't feel this way, or that they are of a more reserved nature. They just can't give out to others.

We are starting from the wrong premise when we think that love is something we put on, that it is something we feel or don't feel. Love is an inherent part of our makeup; we have been created with a heart of love; we have a loving spirit in us, because we have the Spirit of God in us, which is love itself.

We may have convinced ourselves that we are unimportant, unloved. We talk ourselves into believing all kinds of things about ourselves that are not necessarily so. We all have greater capacities in us than we have yet expressed. We have so much more to give than we realize. We may have kept our wonderful potentialities all bottled up, but they are there. Something in us knows this; something in us will not be satisfied when we are not expressing the greatness that is within us.

Life is a process of growth and becoming. We don't do anything in life without putting forth some effort, without doing some growing. But this is what makes life interesting.

We are continually shaping and forming

our world by our inner attitudes. I am a great believer in positive thinking. But positive thinking has to be based on some true idea, some true concept of yourself and life.

Think about these words, "There is yet more to be found in me."

There is yet more to be found in you. This more in you is the spiritual self of you, the self of you that has been created in the image and likeness of God, the self that the Psalmist spoke of when he said that God made man a little lower than the angels.

It is quite a lifting thought to think of yourself as a spiritual being, as a child of God. It makes everything you do and everything you say take on a new significance.

We need to be reminded of our great capacities and capabilities. We need to carry with us, as we go about the ordinary tasks of every day, something of the feeling that Brother Lawrence had when he found that even as he washed the pots and pans he was serving God.

All of us, no matter what our place in life, no matter what we do, whether we realize it or not, are serving God. You are serving God as you put yourself into life, as you think of others, as you do all you can to make others more aware of the good that is within them.

And your behind-the-scenes awareness of the presence and power of good at work in you and through you can do more than you realize to insure you success and well-being and to project a feeling of faith and confidence to others.

You are needed. You are important. You are learning and growing and unfolding spiritual qualities that not only make you valuable and successful in carrying out your particular work in life, but they make you a beloved and successful human being.

Do you wish that you could get out of the rut you have fallen into?

Do you wish that you looked forward to your day?

This is the wonderful thing about all of us: no matter where we are, no matter what we are doing, no matter how long we have gone along in the same old way, it is never too late to change. It is never too late to begin to look at ourselves and our lives in a new way. It is never too late to realize that we have great capacities for successful living. It is never too late to begin, right where we are, to express the God powers that are in us, to expand our vision, to express the loving Spirit that is in us, to make every day of your lives an adventure in living.

Charles Fillmore, cofounder of the Unity work, maintained this spirit of adventure all through his life. On those days when I feel tired or life seems humdrum or routine, I remember the words that Charles Fillmore wrote out for himself as a sort of prayer when he was ninety-four!

I fairly sizzle with zeal and enthusiasm and spring forth with a mighty faith to do the things that ought to be done by me.

This is what I call love for life! I think Mr. Fillmore realized something important, something which kept his mind alert, his body alive, his spirit undaunted. I think he realized that it was on thing to be aware that all the powers of God are within us, but that this is only the beginning. The next step is to act on this awareness, to "spring forth with a mighty faith"; to enter into life every moment, every day, with love, with faith, with interest, with enthusiasm, and with a willingness to grow.

The more we do this, the more we discover that there is yet more in us.

California Revivalist here



Elder Leon Brewer, Jr.

Tomorrow night is the closing service of a two week revival at Williams Temple Church of God in Christ, featuring guest speaker Elder Leon Brewer, Jr., from Inglewood, California.

Rev. Brewer explained that the emphasis of the meetings has been for people to "turn again to the Lord." The nightly services have had steady attendance of near 150, with gains in attendance as the week progressed.

Many of the people, according to Rev. Brewer, were members of the church or part of visiting congregations from Morning Star Baptist Church or St. Luke's Church of God in Christ.

For three and a half years, Rev. Brewer has done full time evangelistic work, coming from a background of experience as an assistant minister in the Emmanuel Temple Church of God in Christ in Los Angeles, where he worked with Bishop S. M. Crouch.

He attended Emmanuel Bible Institute in Los Angeles before beginning his work. After leaving Portland, where he has stayed in the home of Rev. and Pastor Earnest Rand, Rev. Brewer will go to Tacoma for another series of meetings.

Rev. Brewer invites all people to "come and receive a blessing" during the last two nights of the meeting.

NOTE

Continued from last week: statement by Contact Center director.

The organizers agreed to cancel the event on Sunday evening if the atmosphere that night seemed too belligerent for effective non-violent crowd control.

We assigned double coverage by streetworkers in the park on the evenings preceding the 4th to observe the tone of the crowds gathering there, and to talk to people who might contribute to the violence of the planned confrontation. We also had several streetworkers in the park the evening of the 4th to help control the situation if it became violent.

Fortunately, no violence to person or property took place. This was a result of 1) the non-belligerent, non-violent nature of the organizers; 2) our efforts to get to the organizers and alert them of the possible violent situation; 3) our streetworkers efforts to keep the situation calm; and 4) lack of Police on the evening of July 4th in Washington Park.

This report sums up our efforts to this point. We will submit a more complete report and evaluation at the end of the summer.

Respectfully submitted,
Lee Meier
Acting Executive Director



Mrs. Jessie Henson

representing
CALDWELL'S
FUNERAL SERVICE

20 N.E. 14th Avenue
Portland, Oregon 97232
CALL 232-4111
DAY OR NIGHT

Is the Church Involved?



Rev. Sam Johnson, Director of Social Action for the Albina Ministerial Association, directs one of the secretaries, Linda Diggins, on details of a new project.

An emphatic YES! One such organization which represents forty interested and concerned churches in the Albina community is the Albina Ministerial Alliance.

The Albina Ministerial Alliance was incorporated in May of 1971 under Oregon's Non-Profit Corporation Act and is now surging forward to meet some of the problems of the Albina community.

Reverend Samuel Johnson, Pastor of the Highland United Church of Christ and Director of Social Action for the AMA, said that the AMA "is dedicated to bring people together on the basic principle of love."

Reverend Johnson went on to say that the AMA, which is composed of both black and white ministers of all denominations, is determined to relieve people of the "Black"-blackness and of their "White"-whiteness.

He said that once people of the community throw off the shackles of skin color and see each other as human beings in trouble, then the physical and spiritual environment of the community can be improved.

With the support of the AMA, twelve community care programs were initiated this past year.

Six of the programs are summer recreation projects involving youths and adults in field trips and Black awareness classes. Four are day-care programs and the remaining two programs are aimed at feeding elderly people and helping with the problems of drug users in the community.

The AMA is also a contributor to the Martin Luther King Jr. Scholarship Fund as well as the organizing force behind the recent neighborhood clean-up projects. Also the AMA is open to helping individual persons with their problems.

The AMA has also recently approved the development of a Teen Center to be located at St. Andrew's school. The center is being designed to provide positive activities for teenage youth in the community during the fall and winter months.

Officers of the 1971 Albina Ministerial Alliance are Pastor John Jackson, President; Father Gordon Dickey, Vice-President; Elder Sylvester Green III, Secretary; Pastor Dale A. Stitt, Treasurer; Pastor A.L. Henderson, Program Chairman; and Pastor Samuel Johnson, Director of Social Action.

Ice Cream nourishing

When eating a food as delicious as ice cream, one is not likely to think "how good it is for you." Yet 1 1/2 cups of ice cream will contribute the same amount of calcium to the diet as one eight ounce cup of milk. Another tasty way to get your calcium, is to use 1/2 cup ice cream with 2/3 cup milk in a milk shake and you'll have the equivalent of a cup of milk.

Church and School for Community
ST. ANDREW'S CATHOLIC CHURCH
281 4429
805 N.E. ALBERTA
REV. BERTHA GRIFIN
PORTLAND, OREGON 97211
REV. GORDON L. DICKEY
Masses: 9:00 am Holy Mass 10:30 am Holy Mass
12:00 pm Holy Mass

ST. PAUL CHURCH OF GOD IN CHRIST
2859 N.E. Rodney Bishop J.C. Foster, Minister Phone 287-7998
Sunday School 9:45 A.M.
Worship Service 12:00 Noon
Y.P.W.W. 6:30 P.M.
Evening Worship — Sunday, Tuesday, Friday 8:00 P.M.
The Friendly Church — You are only a Stranger once

ST. PHILIP'S EPISCOPAL CHURCH
N.E. Knott Street at Rodney Avenue Telephone 287-2012
Rev. L.O. Stone Vicar
SUNDAY SERVICES: Holy Communion 7:45 AM Holy Communion (First and Third Sundays) 11:00 AM
Sunday School 9:30 AM Morning Prayer (Second and Fourth Sundays) 11:00 AM
Holy Communion 6:00 PM Wednesdays & Holy Days

ANTIOCH MISSIONARY BAPTIST CHURCH
5935 N. Minnesota. 289-2364
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Evening Service 7:30 P.M.
Minister Felton Howard
"I was in the spirit on the Lord's Day, and heard behind me a great voice as of a trumpet."

The Mount Olivet Baptist Church
Rev. John H. Jackson Minister Phone 284-1954
N.E. First and Schuyler Portland, Ore. Sunday School 9 a.m.
Morning Worship 11 a.m.
Vesper 5 p.m.
Let us enter to worship and depart to serve.

Bethel African Methodist Episcopal Church
SERVANT CHURCH TO SECULAR COMMUNITY
5828 N.E. 8th 288-5429
A. Lee Henderson, Minister
Ellis Casson, Associate Minister
Church School 9:30 A.M.
Morning Worship 10:45 A.M.
Wed. Noon — The Hour of Power 12:00 NOON
Wed. Prayer & Class Meeting 7:00 P.M.
Nursery Care Provided
"We are making our Neighborhood A Brotherhood"

Vancouver Ave. First Baptist Church
3138 N. Vancouver Ave. Phone 282-9496
Sunday School 9:00 A.M.
Morning Worship 11:00 A.M.
Dr. O.B. Williams, Pastor
"Serving the Inner City Saving the Inner Man"

New Hope Baptist Church
3725 N. Gantenbein Avenue Portland, Oregon
The Church Designed to Meet Your Need
REV. ANDREW A. NEWTON, Pastor Phones: Res. 281-7367
Off. 281-6476
"Now that you have seen the outside, it's what's on the inside that counts"

Maranatha Evangelistic Center
1222 N.E. Skidmore Phone 288-3700 — 4035
Sunday School 9:15 A.M.
Morning Worship 10:45 A.M.
Evening Worship 7:00 P.M.
Hour Power — Wed. 7:00 P.M.
Friday Youth O.Rama 7:30 P.M.
Reverend Wendell Wallace, Pastor
"Unusual Services with an Unusual People because of an Unusual Christ"

Body and Fender Repair
Most reasonable shop in town
Carlos
287-8529 2609 N. Vancouver Ave.
Portland, Ore.