

TB on decline

by James L. Mack, M.D.

TB is on the decline. There-in lies a danger.

Today some physicians see so few cases of TB that they may not recognize the symptom. The results can be tragic.

In an outbreak of TB in a New York family--reported in a recent article in the New England Journal of Medicine three members who actually had active disease were incorrectly diagnosed by eight different doctors and hospital clinics. The cases were wrongly diagnosed as influenza and viral infections which often have symptoms like TB. Not until one of the family a teenage girl, collapsed was she rushed to the hospital where a correct diagnosis of advanced TB was made. Her case was complicated, the disease was

not susceptible to the usual combination of drugs that treat TB, and the girl died two months after the diagnosis.

When TB is not diagnosed, the disease can be fatal. Deaths from TB, however, have been drastically reduced over the last few decades. Last year 5,300 people died from the disease. Ten years ago, the figure was double that number.

Last year there were also 39,000 new cases diagnosed as active TB. Even with correct diagnoses, many of these people do not receive the right drugs in sufficient amounts for long enough periods.

Excellent diagnostic, therapeutic and preventive tools are available to control and prevent TB.

To find out more, contact your local TB and respiratory disease association.

Computer Chatter for Women

Another mother for peace

The simple eloquence and stunning truth of Mrs. Dudley's letter prompted us to call her in Hawaii to ask her to enlarge upon her statement. She put into words and therefore into focus the outrage we have been feeling over the cruel use of the POWs' families in an obvious Pentagon Public Relations ploy to enlist public support for continuation of this obscene war.

The raid on the POW camp was timed precisely to distract the public from the fact that the day before saw a renewal of our massive bombing of North Vietnam. And so at last it is clear - "Vietnamization" is only a fancier word for "continuation" - the same old policy of seeking a military victory despite our presence at the peace table. And the truth glares and pains: There can only be an "exchange of prisoners" when a war ends!

Mrs. Dudley was thoroughly aware of the attempt to get her to parade her anxieties before the sympathetic American public - but as so many of our courageous young men are doing in an attempt to end the horror, she refused to serve.

While along with Mrs. Dudley and all the other loved ones of our young men imprisoned in North Vietnam, we pray for their safety and well being - we cannot for one moment forget the danger and deprivation which the rest of our 337,900 sons in Vietnam face daily.

A prisoner of war is one who is held against his will in a strange land - one who lives with death daily - one who is not permitted to speak out and protest this waste of his young life.

Mrs. Dudley is right --

Bert's cookery



Alberta Polk

On days when you're going to be out of the house for a few hours in the afternoon, it's a great idea to plan on having a main dish which needs little or no attention. That can happen when the meat requires long, slow cooking, like beef stew, pot roast, or short ribs.

What better way to assure yourself of a tireless evening with the family? You can sit down to a dish that has literally

"cooked itself." That's the case when Braised Short Ribs, flavored with Good Seasons Onion Salad Dressing Mix are on the table. Braising the meat with this unique flavoring makes it tender, tasty, and tempting.

Just before calling the folks to the table, why not make up some pre-cooked rice and a colorful frozen vegetable. You may want to put together a salad in the meantime.

Won't you agree, this is the perfect menu for hurried days?

It's marvelous for those occasions when you want to take a few hours out during the afternoon to go shopping attend club meetings, or visit a neighbor.

Call it your "well-planned menu day," featuring Braised Short Ribs.

Braised Short Ribs
2 pounds beef short ribs
2 envelopes onion salad dressing mix
1 can (7 1/2 oz.) tomatoes
1/2 cup water

Brown short ribs in a Dutch oven. Sprinkle with salad dressing mix. Add tomatoes and water. Cover and simmer 2 to 2 1/2 hours or until meat is tender.

The remaining liquid may be thickened to serve as gravy. Makes 3 or 4 servings.

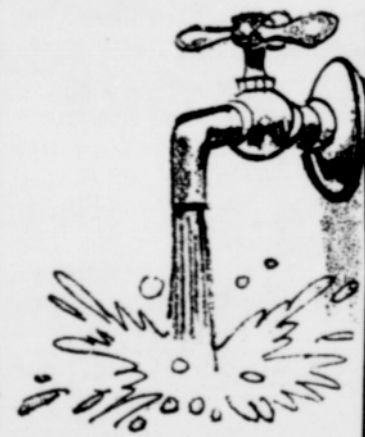
E.C.E.

If you know of someone interested in being a VIP (Very Important Person), volunteer in Portland's E.C.E. centers, get their names, address, and phone numbers or have them contact the E.C.E. office directly at 220 N E Beech, or phone 288-5361 and ask for Martha Jordan. Volunteers help supplement our staff, thereby increasing more individual services to children in our E.C.E. centers. Parents, we need you. Your child will enjoy having you as a parent teacher for his or her class. Pick up your phone now! and call; your child's teacher and tell her to include you on her VIP list.

The Parent Council Committee met Tuesday, April 6 at Center #6, 3520 S E Yamhill, at 1:00 p.m. with 17 members present. Most of the centers were represented with either the representative or the alternate. The next meeting will be Tuesday, May 4 at Center #3, 2710 N E 14th, at 1:00 p.m. All centers should be represented. Parents are always welcome if you are or are not a member. Child care and transportation is provided for those needing this service. If needed, call Mrs. Winona Edwards, Parent Coordinator, 284-2412.

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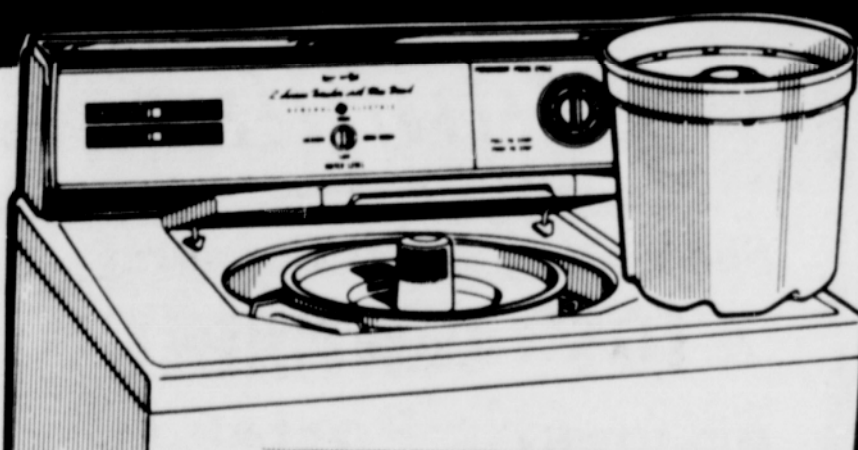
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