

Diabetes

Diabetes, as discovered by a diabetes screening program carried on by the Multnomah County Division of Public Health, has remained fairly constant within the County over a four year span. Figures released today by Dr. John H. Donnelly, Multnomah County Health Officer, showed that 4.1% of the individuals screened at two locations throughout the year were discovered to have the disease. This compares with 4% for 1968-1969, 4.7% for 1967-1968 and 3.6% for 1966-1967. Total numbers screened have declined from a high 3,403 in 1966-1967 to 493 for 1968, 400 for 1969 and 391 for 1970. The large number screened in 1967 was due to an intensive publicity carried on for one week's screening and was sponsored jointly by the Multnomah County Department of Medical Services and the Oregon State Health Department.

Diabetes screening is carried on at the Multnomah County Health Department's offices at 12240 N.E. Glisan, on Mondays from 2 to 4:30 p.m.; and at the downtown clinic, 104 S. W. 5th from 8:30 to 4:30 on Monday, Tuesday and Wednesday and from 8:30 to 12:00 on Thursdays. The screening service is available to all, free of charge.

Screening is usually accomplished in two short visits on the same day, the first to drink

a solution of sugar-water followed by drawing a blood sample within two hours after drinking the glucose. Blood samples are sent to one of five laboratories who donate their services to the program on a rotating basis. The laboratories are Physicians Medical Laboratory, Emanuel Hospital Laboratory, Physicians and Surgeons Hospital Laboratory, St. Vincent Hospital Laboratory, and Good Samaritan Laboratory. If the sample is found positive, a patient is referred to his physician for further investigation and possible treatment. A month later the Multnomah County Health Department sends a follow-up letter to determine what action was taken and whether the individual was found to be positive on further testing. This year 8.4% of those screened were referred to their physicians for further testing, disclosing that 48.5% of the referrals did have diabetes. Dr. Donnelly said that only one physician is regularly using the facilities available and suggested that other physicians avail themselves of the opportunity to secure the free screening services for their patients. "Early detection of the disease," he said, "is very important." "People who suspect any tendency toward the disease should visit one of the clinics," Dr. Donnelly said, "to determine if they do have a positive reaction."

Historical painting of blacks gift of NAACP

A panoramic painting depicting the history of the black man in the United States, "Our New Day Begun" by James DeLoache, has been presented to the Amistad Research Center in New Orleans by the National Association for the Advancement of Colored People.

Bishop Stephen Spottswood, chairman of the NAACP's board of directors, made the presentation to Dr. Clifton H. Johnson, director of the Amistad Research Center, in ceremonies Dec. 10 in Lawless Memorial Chapel on the Dillard University campus. The center, which is now temporarily housed in Dillard's library, plans to build a permanent building on the campus.

DeLoache, a black New York artist, was commissioned in 1963 by the NAACP to do the painting, which is 48 feet wide and about nine feet high. It tells the story of the Negro in America in 12 large panels, with the historic search by blacks for equality being told in a continuing flow from left to right.

The first panel vividly describes the brutality of the African slave system, and traces black life from the days of slave ships, through plantation life and the Civil War, to the time of the 1954 Supreme Court deci-

sion which outlawed segregated public schools.

There are panels depicting the rise of "King Cotton," the underground railroad, and such abolitionists as John Brown, Harriet Tubman and Frederick Douglass. The six central segments describe the spirit of the Negroes in the face of deprivation and suffering.

In making the presentation Bishop Spottswood said that the event reminded him of the second declaration of the NAACP's purpose: "to make the American Negro educationally free for quality education." The first declaration, he reminded, was to make him physically free from lynching.

"Dedicated to the militant, disciplined pursuit of the total fulfillment of the American dream for black Americans, the NAACP has fostered through 61 years of its history the cultural identity of the Negro in all the areas of activity in the making of the United States," said Bishop Spottswood. "We have encouraged, fostered and subsidized black artists, scholars, authors, poets, painters, professionals and statesmen."

Basic History

Pointing out that the Amistad Research Center has the basic history of the American Negro in some 100,000 papers.

Corvallis NAACP branch organized

Tom Vickers, President of the Portland Branch, NAACP, spoke at a meeting of Corvallis NAACP members at the Corvallis Unitarian Fellowship, Sunday, January 10th. Also appearing on the panel were Dr. Wilbert Gamble, Professor of Biology and Chemistry and the only Black professor at Oregon State University; Calvin O. Henry; graduate student in Mathematics and Chemistry at OSU; Mack Felton, Jr., graduate student in Science at OSU; and Dr. Frank Shaw, Professor of History at OSU. The panel discussed the need for an NAACP Branch in Corvallis.

Under Mr. Vickers direction, members in the Corvallis area have organized and have applied to the NAACP National Board, which met January 11, 1971, for a chartered branch in Corvallis. The meeting Sunday resulted in the enrolling of 25 new members, making a total of 84. Mr. Calvin O. Henry was appointed organizer by Mr. Vickers and through his hard work most of the members have been obtained. Temporary officers for the Corvallis Branch are: President - Calvin O. Henry; Vice-President - Mack Felton,

Jr.; Secretary - Mrs. Martha Brookes; Treasurer - Dr. Frank Shaw.



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there are many things you can do to win complexion beauty. The first step is the realization that the complexion you seek is more than "skin deep". Your skin, like your hair, starts from the inside. Neither lotion nor cream can manufacture a healthy complexion.

However, you can get one by facial rejuvenation and by exercising (preferably outdoors to keep your circulation active), also by eating the foods that are essential to clear radiant skin—such foods as meat, eggs, fish and more meat; also by bearing

in mind that glowing skin also needs vitamin A (found in green leafy vegetables) and vitamin C (found in citrus fruit).

—O—

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