-the universal drink

every afternoon"

"Started about five weeks ago. . . . Friend

of mine suggested it. . . . 'Greatest thing in the world for business men,' he said. . . . 'Carries you over the zero hour of midafternoon.'

"Thought I'd humor him. . . . Ordered a cup of Coffee that afternoon at the soda fountain. . . Great stuff. . . . I do more work now from three to five than I

"Recommended it to my wife. . . . She thinks it's great, too. . . Particularly on cold days. . . . Always serves it when company comes. . . . Better try it!"

"Better try it!" That's a good suggestion to put down on your memo pad under the head of Agenda-that new word which

After all, why not a mid-afternoon cup of Coffee? Coffee helps you to start the day right. Why not repeat on it along about

used to do all afternoon.

means "things to be done."

three or four o'clock?

EGGS FOR STORAGE

Prices Drop to 25 Cents and Supply Is Large.

ASPARAGUS IS ON HAND

Small Offerings Make Appearance on Market at 45 Cents, as Do California Strawberries.

Now is the time to buy eggs for storage, tor local markets have a large supply on hand at 25 cents a dozen. The price is expected to remain firm for a week or two. The quality of eggs in March and April is better than that of eggs appearing in the markets later in the year.

The "water glass" treatment is a simple and effective method of preparing eggs for storage. Waterglass the hot water the whites stiff. Beat the hot water the signs and yolks do together.

describert describert

Apples Are 25 to 40 Cents. Dealers recommend Newtowns as the best apples for eating. The price is 40 cents a dozen, although some grades may be had for 25 cents. Spitzenbergs are available at 20 to 20 cents a dozen, Dates in attractive. The board of mission posts. These dates sell at 15 may stores. These dates sell at 15 may of this district, of which C. L. McCausland of Seattle is the head, may stores. These dates sell at 15 may of the district, of which C. L. McCausland of Seattle is the head, may of the district of the purpose, the other \$3000 to be raised by the church structure. The point of the principle post, No. 24; Hermiston post, No. 24; Hermiston post, No. 25.

COFFEE - the universal drink

Coffee - the universal drink Fresh salmon is scarce in the fish here. markets. The supply at hand sells at 40 cents. The smell supply is also small, with the price 5 cents a pound.

The week brought no changes in the retail price of sugar, flour and

by Lilian Tingle

SCAPPOOSE, Or.—Dear Miss Tingle: Will you please publish in The Oregonian a recipe for making plain soda crackers? MRS, H. T.

VOU will not be able to make I crackers like the commercial

and crackers like the commercial ones with home appliances and ordinary flour, and as they are not very expensive, I cannot see that even if you could make them it would be worth your while to do so.

Home-made crackers—One kind of domestic crackers can be made by taking ordinary baking powder biscuit dough, mixing it with cream or adding I extra tablespoon shortening for each cup flour, and rolling ing for each cup flour, and rolling as thin as for pastry. Prick all over with a fork or "biscuit docker," cut

FIRST out of the mar-ket basket; first on the table—

Red Rock Cottage Cheese

-the whole family eat "Red Rock"; there's never any left over. Just remember that when you're marketing.

"Red Rock" is sold at most groceries, mar-kets and delicatessens; served at most hotels, restaurants and dairy lunches. It's the universal food!

Made daily at the plants of the

RED ROCK DAIRY

PORTLAND—Dear Miss Tingle: (1)
Would you be kind enough to tell me if
a "crab louic" would be appropriate for
a lunch served at an afternoon gathering—
just a few women, neighbors—nothing formal? (2) Also are salad sticks (the kind
you buy) or salted wafers the proper
thing to serve with it? (3) Is butter served
and does one use a bread and butter
plate or just the salad plate? MRS. M. H.

storage. Ior local markets have a large supply on hand at 25 cents a dozon. The price is expected to remain firm for a week or two. The quality of eggs in March and Aprila better than that of eggs appearing in the markets later in the year.

The "water glass" treatment is a simple and effective method of preparing eggs for storage. Waterglass solution may be purchased at any drug store, girl bord of the parts water to one appear of the waterglass solution, and then put in crocks in a cool place. A little storage work now will provide the consumer with a supply appeared in some of the stores this week as the first sign of the coming spring vegetable season. The price was 45 cents a pound for asparagus of good quality. Another delicacy which will be at hand next week is strawberries, not the big juley ones grown in Oregon, but herries of excellent flavor from wouthern California and norther methods of lettuce at 10 and 15 cents and other cach, and tomatically will be high.

The past week brought practically no other changes in the varieties of vegetables available here. Small, firm heads of lettuce at 10 and 15 cents apound, from Crant lettuce at 15 and 15 cents apound, from whiter cauliflower, are coming into Portland markets in larger should, selling at 15 to 46 cents a pound, from whiter cauliflower, are coming into Portland markets in larger should selling at 15 to 46 cents a pound, from whiter cauliflower, are coming into Portland markets in larger should selling at 15 to 46 cents a pound, from whiter cauliflower, are coming into Portland markets in larger should selling and to the cake to make the case to make the property in St. Johns before 1 did not be suggested to the cloth, finally rolling the change of the continue as the first sign of the coming spring the property in St. Johns before 1 did not be a continue as the first sign of the coming spring the property in St. Johns before 1 did not be continued to the continue as the continued to the continued to the continued to the continued to the continued

Theater Owner Pays Fine.

Sand dabs are recommended as a seafood delicacy at 20 cents a pound.
Other popular offerings are perch at
20 cents a pound, herring at three
pounds for a quarter and sole at two
pounds for 25 cents.

In the poultry line for here are In the poultry line fat hens are available at 25 cents a pound. Belgian hares are quoted at 25 cents a pound.

for fallure to heat the Grand theater. A bench warrant was issued Monday and O'Kane was given until Saturday for the further beautification of the city.

Books for Hospital Wanted. ABERDEEN, Wash., March 24 .-(Special.)—A drive was launched to day to obtain books for the use o patients at St. Joseph's hospital. library is especially needed for out-of-town patients, it is said, those living in town being supplied by friends

Josephine Growers Elect.

C. N. Davis, secretary.

GRANTS PASS, Or., March 24 .-(Special)—Members in the Josephine County Fruit Growers' association have elected the following officers to serve for the year: P. S. Woodin, director, to represent the organization at Salem; W. W. Canby, chairman; C. N. Davis, secretary.

Saturday Very Special at 10c

Angel Food Cakes of exquisite texture, containing only the purest ingredients and unadditerated whites of the best eggs.

30, 40 and 50 Cents Each.

DELICIOUS MOCHA CAKES 50 and 75 Cents. Sweets for the Discriminating Glaced Toasted Filbert Brittle Per Pound, 39c. Toasted Swetland-made 34c Marshmallows, pound.

If you appreciate quality

Silver Layer Cakes

Butter Sponge Layers

You will be satisfied. " Rotary Bread Stores

270 Yamhill Central Market 275 Yamhill

Vista House Market

GUARDIAN IS EXONERATED

WILLIAM C. BARKER MAKES STATEMENT IN COURT.

Motion to Dismiss Proceedings Questioning Honesty of Guard-

L. Crab louie seems to me a most unsuitable dish for afternoon refreshments, especially at this season when good full flavored tomatoes (such as make the success of this dish), are practically unobtainable.

Afternoon refreshments should always be light, simple, dainty and easily digested, for it is assumed that your guests have had a noon dinner or luncheon and later will eat an evening supper or dinner.

Questioning Honesty of Guardian Is Supported.

Seva B. Stewart, guardian of William C. ("Billy") Barker and administrator of the \$200,000 estate of the late Columbus C. Barker, was exonerated of all fraud charges and his statement made in open court yesor luncheon and later will eat an evening supper or dinner.

2. Optional.

3. Butter plates should not be used with afternoon refreshments. Any rolls, biscuits or other "tea breads" requiring butter should be served ready buttered, or small sandwiches should be used.

Annesty and integrity upheld in a statement made in open court yesterday by William C. Barker, supporting a motion to dismiss proceedings brought against his guardian several months ago, seeking his removal.

The statement of young Barker was in effect a retraction of all that had been charged against Mr. Stewart

had been charged against Mr. Stewart in the sensational petition filed in the case by Attorney Paul C. Dormitzer, attacking the guardian. He referred to the statements in the petition as "the allegations made by Mr.

vention is also proposed.

Legion posts in Umatilia county are: Pendieton post. No. 23; Neil Best post, Milton-Freewater; Parks Casteel post, Pilot Rock; Weston-Athena post; Don Hofnagle post, Echo; Stanfield post, No. 94; Hermiston post No. 22

PENDLETON, Or., March 24.—(Special.)—Following a two-day inspec-ion and survey of Pendleton, Professor Peck of Oregon Agricultural col-lege, landscape architect, made a list of recommendations to the city coun-

of decorative shrubbery.
Plans for the further development
of the municipal automobile camp
grounds were laid out and the park
will be opened April 1.

mine themselves,
Snow at Crat
MEDFORD, Or.

"I drink it

Coal Mine in Prospect.

COTTAGE GROVE, Or., March 24 .-

Snow at Crater Lake Deep. MEDFORD, Or., March 24 .- (Spe cial.)-The latest information re selved here from Crater national park was that there is 16 feet of snow at the lake rim, 13 feet at Government

(Special.)—A coal mine may soon be in operation near here. The Wood-ruff brothers, who recently bought than in this region at this time last Beauty spots about the city should the Frank Markett ranch near Compacked. The snow is soft and lightly protected and acquired by the mustock, think they have a paying depacked, however, and probably will cipality. Professor Peck said, and posit. It is understood that they have go away with warm weather in time





Do you appreciate quality and flavor?

Of course you do. And ice cream, like all other foods, should be judged by these standards. Only the finest, most wholesome ingredients are used in the making of

POLAR CAKE ICE CREAM--doubly pure and healthful because it's **HEATHIZED***

> Many years and thousands of dollars have been spent in perfecting the Heathizing process -which can be used in Portland only by the makers of Polar Cakes.

> There is no substitute for Polar Cakes if you want the

At all leading dealers-10c.



*HEATHIZED: Frezen in the pure atmosphere of carbon dioxide. Air de-stroys the most priceless element in ice cream. POLAR CAKE ICE CREAM is HEATHIZED.

HAZELWOOD ICE CREAM COMPANY

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(Crystal Ice & Storage Co.)

MT. HOOD ICE CREAM COMPANY

FIRST in the WEST

PERFECT FOOD. The

ice cream in Polar Cakes is many times richer and

contains food properties in the same proportions

as milk. That's why POLAR CAKE ICE CREAM is not only deli-

cious but healthful.

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Your real man has positive tastes. If he likes

something he likes it. More and more men

whose brains are bread-

winners look to Ghir-

ardelli's for their break-

fast drink. It nourishes. It sustains. It helps to 'carry through' the

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morning's work.

construction of a water system in Bucoda will be voted on at a special election to be held there in the near

CENTRALIA, Wash., March 24. system is \$30,000 and it is believed gonian. Main 7070. Automatic 560-95.

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