


## Housplild Probliouls




Problems of Dressmaking mas



 flakes was an important accomplishment. The next big step in serving the appetite was-

Post Toasties
-best corn flakes
To make sure of getting the best,
order "Post Toasties" by name, from your grocer.
Pimples and boils are signs of lowered vitality

## A familiar food now used to correct them



 Eat Fleicimamn's, Yeats before or botween precaution: if troubled withe zas diysolve yenast firt in very hot water. Thit dosen ot afotet the

 orne with your grocer


 314 Bell street, Seattle, Wash.
The need for scientifically tested yeast



Served at Meier \& Frank and Woodard-Clarke soda fountains


|  |  | BOX FACTORY TO EXPAND |
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| Cimmichem |  |  |
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| Sostrimeme |  |  |
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|  | arm | STREET NUMBERS GARBLED |
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|  | matroinit | nut Preent is mpomit |
|  | Stay |  |
|  |  |  |

## Delicious! Pure!

 Satisf ying 0 :

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| :---: | :---: |
| Your | how perfectly and elaborately may be planned, the tray of |
|  | HOLSUM |

is the most indi
all the "fixingsas
You may omit the soup, the
entree or salad course with
隹
entree or salat course without
comment, but forget the bread
then
tray and everyone, from small
son to the guest of honor, will
son to the guest of honor, will
feel "unsatisfied."
MILLIONS OF POUNDS BOUGHT BY THE GOVERNMENT VCBaking

