THE MORNING OREGONIAN, WEDNESDAY, SEPTEMBER 7, 1921



expecting to continue to a large ex-tent the work and policies of his predecessor, with which he was fa-millar. He is, however, alive to the new problems and responsibilities confronting the teaching profession, and believes that the work of the teacher must take on a wider sphere of character training than ever be-fore. "These added requirements give a new meaning to the work of the normal school," said Dr. Landers, "Strong character and high purpose cannot be fixed in the l'fe of youth along with knowledge and efficiency unless those to whom the training of the children is entrusted be well equipped. If the teacher is to become the real educational leader that sosponding tinks. Ansa Ansare The The women of Encs chose of the construction of the teachers is to be come the provide for the literary cultural and professional needs, and industrial skill of the nation; but it remains the task of the normal school to prepare the large majority of the teachers for the great function of generat function. The day of the untrained teacher is passing. Present education. The day of the untrained fulfillment to be entrusted to hap.
Ideals to Guide Araining.

Policies Will Be Brondened. Dr. Landers does not anticipate any radical changes at the normal school. expecting to continue to a large ex-tort the work and the their home in Fort Wayne, Ind.

IS HOME FROM EAS

"The swiftest-spreading news about us is likely to be the story of news

our admirable highway development The Oregonian, returning home from travel, if he has observed at all, must be convinced that, considering our The Oregonian, returning home from travel, if he has observed at all, must be convinced that, considering with road-building states. If the spirit of our people is to be measured abroad by our achievements in road building. The measurably richer commonwealth. The story of our port and harbord development is beginning to step through the hard-shell provincialism of the great eastern centers. In all the great ports of the guilt the great takes and the Atlantic, the race for supremacy in world commerce was never so keen as now. Most impre-sive perhaps to the Pacific coast man, are the surprising strides later. The Long Bell to Burn Slashings. KELSO, Wash., Sept. 6.-(Special.) The Long Bell Lumber company is create, now our second port, aspirit do supremacy in worleans, the erstwhill anguorous, romantic, pleasure-loving Create, now our second port, aspirit do and the supremacy in worleans, the erstwhile anguorous, romantic, pleasure-loving Create, now our second port, aspirit des laters created ports as now. Most impre-sive perhaps to the Pacific coast man, are the surprising strides later. The Long Bell Lumber company is created port, second port, aspirit do anguerous, romantic, pleasure-loving created port, second port, aspirit do anguerous, romantic, pleasure-loving created port, second port, aspirit do anguerous, romantic, pleasure-loving created port, aspirit do burn several hundred

languorous, romantic, pleasure-loving Creole, now our second port, aspiring to be the premier American gateway for all the South American trade, and setting a standard for all ports in her elaborate publicly-owned and operated docks and terminals."

Exposition Is Announced.

Ideals to Guide Araining. "Amid these ideals the normal school must rise in Importance among education as a means of self-perpetu-ation. We shall see, directly, a large confidence justly reposed in the nor-mai school and a more liberal support Mr. Riley went east in July pri-marily to make an address before the national convention of realtors in Chicago, and there in the course of

A very common cause of constipation

Poor appetite is now known to be an important factor in this condition

pation, especially in women." A certain quantity of food is necessary for the intestines to function normally.

The same authority also says: "Insufficient food leads directly to emaciation and physical weakness as well as to constipation; it causes the already depressed nervous system to deteriorate still further, and this reacts again on the digestion, so that the dyspepsia and constipation become more severe."

Under such conditions Fleischmann's Yeast has remarkable value as a laxative food and conditioner. It furnishes a large amount of the water-soluble vitamine which helps all the processes of digestion, and, in addition, because of its freshness (you get it fresh daily) it helps the intestines in their elimination of poisonous waste matter. Thousands are adding Fleischmann's

RECOGNIZED authority on the subject of constipation maintains that "a poor appetite is a very common cause of consti-

Fleischmann's Yeast is a pure, fresh food assimilated like any other familiar food. Eat it daily-have it on the table at home. Have it delivered at your office and eat it at your desk. Get it at your lunch place. You will like its fresh, distinctive flavor and the clean, wholesome taste it leaves in your mouth. Only one precaution: if troubled with gas dissolve the yeast first in very hot water. This does not affect the efficacy of the yeast. Place a standing order with your grocer. for Fleischmann's Yeast.

Send 4 cents in stamps for the booklet, "The New Importance of Yeast in Diet." So many inquiries are coming in daily for this booklet that it is necessary to make this nominal charge to cover cost of handling and mailing. Address THE FLEISCHMANN COMPANY No. 508 Green Building, Seattle, Washington.

A food with laxative properties

Fleischmann's Yeast is a corrective food, not a laxative. From 2 to 3 cakes a day added regularly to the diet will not only restore normal functions of the intestines, but will also assure a proper elimination each day. In many cases the amount taken can be reduced as the condition improves. A noted specialist, in his latest book, says of compressed yeast: "It should be much more frequently given in illness in which there is intestinal disturbance, especially if it is associated with constipation."

To assure a thorough elimination of waste matter every day eat from 2 to 3 cakes of Fleiechmann's Yeast regularly.

ton producers in the south are as un- south of Kelso on the Columbia river. **YOUR SPINE Contains Vertebral Lesions** The Cause of Your Ailments DISEASES OF THE Nose and Thront, Lungs and i, Asthma, Tuberculosis, etc. Eye, Ear. HEART, Palpita-tion, Poor Circu-lation, Leakage, High Blood Pressure, etc. STOMACH, Ac u te and Chronic Dys-pepsia, Ulcer, etc LIVER, Jaundice. Billousness, Sal-low Complexion KIDNEYS, Bright a Dinease, Dia-betes, etc. FEMALE DISORDERS Nervous Exhaus tion, Chronic Con-stipation, Rupture H e morrhoids (plies), Lumbago Rheuma intica.



Another wedding of interest was in the Reconstruction as a means of self-perpetiation.
 Another wedding of interest was interest of Miss Leion Accounts of Accounts of Accounts of Miss Leion Accounts of Accounts of

state before leaving six years ago. For a number of years he was city superintendent of schools at The Dalles and then held a similiar position at Pendleton for eight years. From Pendleton he went to the University of Colorado, where he took post graduate work for three years, and then accepted the position at New Mexico university from which he was called to take the superintend-ency of the state normal school at Monmouth.

Monmouth. After a short stay in this city Dr. Landers left last night for Monmouth to take up actively the work of get-ting the normal school under way for this year. From reports to the regents and normal school officials, attendance this year will break all records. Dr. Landers said, and should run be-tween 400 and 500, as compared with between 300 and 400 last year. The opening of a new dormitory and a number of enlargements and additions to the institution make it capable of taking care of a larger number than ever. The fail term opens September 19 with registration, and actual class work will begin September 20.

Labor Day Celebrated.

LA GRANDE, Or., Sept. 6 .- (Special)-Labor day was appropriately celebrated here by the labor unions of Baker, Pendleton and this city. The day was begun by a parade, in which there were many industrial and fraternal floats and in which more than 1000 labor men from the three cities marched. Speaking by H. H. Stallard, an organizer of farm-

land.

Professor J. S. Landers, new head of State Normal school,

who spent yesterday in Port-

the supper table after the wedding. and Mrs. Karl Leabo served at the little daughter Mary Louise, are vis-iting relatives in the city. Mrs. Dick-

son is a writer and society matron of Pendleton. At first sign One of the delightful affairs set for of Sneezingtoday is the benefit tea for Pacific university, which will be given this afternoon from 3 to 6 o'clock at the home of Mrs. Stanley E. C. Smith.

home of Mrs. Stanley E. C. Smith, \$30, Thompson street, in which many prominent matrons and misses are participating. Those who will pour are Mrs. Jacob Kamm, Mrs. Harrison G. Piatt, Mrs. F. M. Warren and Mrs. Sigmund Frank. Those who will receive include Mrs. Sigmund Frank. Those who will receive include Mrs. R. F. Clark, wife of the president of the university: Miss M. F. Farnham, dean of women of the school: Mrs. T. D. Honeyman, a trustee of the institution at Forest Grove, and Mrs. Those Smith the bestess Those

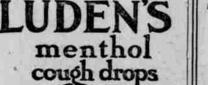
Stanley Smith, the hostess. Those who will assist about the rooms are Mrs. N. B. Thomas, Mrs. H. F. Price, Mrs. Neal R. Crounse, Mrs. W. T. Fletcher, Mrs. Horace E. Thomas, Mrs. A. J. Fanno and Miss Helen Chardler. Chandler.

Chandler. Among those who will serve are Misses Grace Halnes, Dorris Mace, Lura Tamiesie. Margery Forbis, Dorothy Linklater of Hillsboro, Lucy Morse, Elizabeth Hervey, Margaret Keep, Dorris Bagley and Mesdames Ruth Porter, Charles Newcastle and Vernon Burlingham. Miss Madeline Stone will sing, ac-

ompanied by Mrs. Maurice Barnes.

Miss Cornella Tevis has set Septem

The trans tool abor men from with the same date for their men with her parents at more than 1000 habor men from the dister of the same with her parents at the date for her marriage of the same date for their meriage.
The transmission of the fall salmon sets of the fall salmon sets of the source to will be a same date for their sets and the source to will be a same date for their sets and the source to will be a same date for their sets and the source to will be a same date for the same sets and the source to will be a same date for the same sets and the source to will be a same date for the same sets and the source to will be a same date for the same sets and the source to will be the source to be the source to be the source to will be source to the source to will be source to the source to will be so



USE Luden's. Often prevent serious "Colds" - always give quick relief. The menthol blend

cools and soothes irritated throatsnose - air passages U.S.



- on

ad.

page 7

Waterproof your bathroom with Valspar

WATER may splash-suds and lather may fly-scalding steam may cloud the room, but no harm will be done to your bathroom woodwork when protected by Valspar Varnish

For Valspar is absolutely waterproof.

But not only in your bathroom, in every room in your home there is woodwork that needs Valspar protection.



Remember that Valspar is very easy to apply and that it is poor economy to let yourself be talked into buying cheap varnish. Valspar costs more than ordinary varnish-re-varnishing costs more than Valspar.

> Fall is the Time to Varnish W. P. Fuller & Co. Pacific Coast

> > The following Fuller distributors can also supply you with Valspar:

Ankeny Hardware Co., 122 E. 28th St. N. Arhor Lodge Pharmacy, 1374 Greeley St. J. B. Burk, 1985 E. Stark St., Moutavilla A. B. Burger, 42 3d St. W. F. Blacsing, 283 3d St. Jno Blied, 129 11th St. City-Sign Co., 329 Oak St. Demme Bros., 265 Russell St. Albert Ehlers, 7 E. 80th St. N. Hughey Bros., 1234 Holgate St. W. B. Hubbard & Son, 516 Union Ave. N. Laurelhurst Pharmacy, 1161 Belmont St. Joe Lemma, Linnton Station Scaquest Bros., 60 6th St. Serifismier Hardware Co., 833 Mississippi C. G. Simmons, 7813 Foster Road F. B. Roland, 833 Union Ave. N. Wall Hardware Co., 1555 E. 13th St. Williamson Bros., 6920 E. Stith St. St. Willis Hardware & Supply Co., 819 N. Loy Brubaker & Normandin, 1582 E. Stark St. W. P. Fuller & Co., 160 Front St. Lombard St.

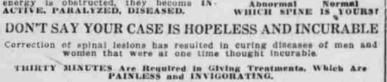




Study the photographs taken of norms and abnormal spine. Note in the abnor-mal spine the contraction or settling of series of vertebrae, due to the thiuning of shrinking of the cartlinges between.

threinking of the cartilages between. LOOK AT THE RESULT The nerves which bergy to all organs of the body are im-pinged or pinched between the vertebras, at the pince where they leave the spinal canai and cord. The organs supplied by the affected nerves can no longer function-ate correctly, their supply of vital nerve-energy is obstructed, they become IN-ACTIVE, PARALYZED, DISEASED.





Are You Interested? Do You Know the Meaning of Good Health? Come to My Office, Consult Me in Regard to Your Case, Let Me Describe My Treatment, Then Do What You Think Best. You Are , Under No Obligation, CONSULTATION FREE, LEONARD V. HUSFUKD, D. C., Ph. C.

CHIROPRACTIC PHYSICIAN. Physician Assistants. Lady Attendants.

Oxygen Vapor Treatments, Massage, Electro and Hydrotherapy, Thermal Oven Baths

> Office Hours: 10 to 12, 2 to 5. Evenings 6 to 8. 609 DEKUM BUILDING, THIRD AND WASHINGTON. Phone Marshall 4048. Residence Phone Tabor 8302, A TEN - THOUSAND - DOLLAR EQUIPPED OFFICE,

