TEACHERS ARE HELD ENEMIES OF U. S.

Congress Resents Charges of Grafting.

OFFENDER IS LOCATED

Salary Limitation Advocated to Forbid Employment of Instructors of Bolshevik Tendency.

OREGONIAN NEWS BUREAU, Washington, March 31.—Representative John W. Summers of Washington created a sensation Monday when in the house debate on the District of Columbia appropriation bill he undertook to insert in the salary provision for school teachers an amendment to prohibit in the schools any "instruction tending to undermine the government of the United States."

The necessity for the amendment, he explained, was that a woman school teacher in Central high school, which is the largest institution of its kind in Washington, had been teaching her pupils that congress is made up of "grafters, second-class men and second-rate lawyers."

The debate which followed was participated in by Representatives Blanton of Texas, Gard of Ohio and Campbell of Kansas. The amendment was defeated, but before its rejection its purpose was strongly upheld by Representatives Campbell and Blanton, who deplored the tendency of school teachers and college professors to teach socialism, bolshevism and anarchism.

Teacher Is Paraded.

The discussion brought the principal of Central high school to Mr. Summers' office in the morning, accompanied by the offending school teacher, a Miss Somebody, whose name was withheld, but who has devoted the most of 60 years of her life to the classroom. Reports published in afternoon papers gave the impression that Representative Summers had weakened on his charges, but this he denied tonight. In his speech in the house yesterday, he said:

"It seems to be definitely known that there is a teacher in the Central high school who repeatedly, day after day, teaches the children that this body and the body at the other end of the capitol are made up of grafters, of second-class men and second-class lawyers. I am not an attorney, so I am not sensitive on that subject, that is taught to the children, preached to the children, day after day. If they undertake to remonstrate, the good old lady says, 'We will drop the subject, we will not debate it.' It is dropped until the next day, when she makes the same sort of a speech, and when they remonstrate she says, 'We will not debate it, we will drop the subject.'

"That old lady has been there for years, but whether or not she has been carrying out this programme all these years I do not know, but that she has been doing that sort of thing during the fore part of this present school year is a positive fact. I would like to know, while you are making exclusions, if you are not going to exclude that sort of thing."

Mr. Campbell of Kansas went much further and declared that what this teacher was alleged to have been doing was part of a systematic propaganda carried on in the schools throughout the country to discredit the government.

Charge Made General.

"The remarks of the gentleman from Washington," he said, "bring up the question that goes right to the root of the educational system in the United States." Continuing, Mr. Campbell was several times applauded as he declared:

"This is not confined to the schools of Washington either. This same thing is going on throughout the country. Bolshevists, socialists and anarchists are given teachers' certificates and they are teaching these things in every state of the union. College professors of high and low degree are socialists or anarchists, enemies of the congress, enemies of the constitution of the United States and enemies of this government, the best example of republican government the world has yet seen, and they teach these things daily in the colleges of the country.

Colleges Also Arraigned.

"A half-matured socialist from Harvard appeared before one of the committees of the congress a short time ago and admitted that he was a socialist. Admitted that he taught socialism as a teacher in Harvard. Some of them now admit it and in a short time they will be boasting of it. It is time that the congress, where it has control of teachers' salaries, put a limitation on the payment of the salary that it should not be employed or used to employ teachers who teach the overthrow or the undermining of the government of the United States, and every trustee in the colleges and in the schools of the country, whose duty it is to employ teachers, should see to it that bolshevists and socialists are not employed to poison the minds of the youth of America.

"The American constitution and system of government are not the results of an accident. They are a creation by great government builders, and we enjoy the result of the wisdom of the ages in representative government. And these people, who are teaching socialism and anarchy and the soviet system, are not undermining in every way they can the constitution and the government of the United States and it is high time that something should be done to stop that teaching in all our schools."

It is understood an investigation of the Summers charges will be made by the school authorities of the district.

DUEL FOUGHT FOR LOOT

SILK RING THOUGHT BROKEN BY CAPTIVES.

Detective Poses as Fence and Helps Round Up Alleged Gang of Box Car Thieves.

SEATTLE, Wash., March 31.—(Special.)—The story of a gun fight between deputy sheriffs at a Renton garage and five persons now held in the county jail for alleged complicity in the "railroad silk theft ring," the escape of an automobile loaded with loot and the capture of two other cars of loot were brought out in United States Attorney Saunders' office when federal charges of conspiracy were prepared against the prisoners.

Deputy Sheriff Hughes, posing as a Renton garage owner and "fence," played a leading part in the gun fight, assisted by three other deputies and two special agents of the department of justice. Among those captured was S. L. Fowler, former railroad brakeman and known to the special agents as the "king of Auburn."

Confessions made by William Ratcliff and J. M. Ellison, two of the men caught at Renton, according to federal officers, implicate "fences," smugglers and train robbers in Auburn, Kent and Seattle, and give the work of the ring an international aspect.

The two men have offered to go before the federal grand jury, when it reconvenes in April, to volunteer information which it is predicted will lead to wholesale indictments throughout the northwest, said federal officers. Looting of freight cars is said by the district attorney to have amounted to hundreds of thousands of dollars in this district alone in the last two years.

HOOVER CHOICE OPPOSED

"AUTOCRATIC FOOD ADMINISTRATOR" HELD INCOMPETENT.

New York National Committeeman Declares Nomination Should Be Given Strict Party Follower.

NEW YORK, March 31.—With receipt here last night of word from California that Herbert Hoover would accept the republican presidential nomination if it were "demanded" of him, H. Fulton Cutting, chairman of the recently organized Hoover republican committee of Greater New York, announced the appointment of an executive committee of 100, including names of prominent men in industry, commerce and the professions.

At the same time, Herbert Parsons, republican national committeeman, sent a telegram to Mr. Cutting refusing to join the committee, and adding:

"I believe in party government, as Theodore Roosevelt did; that republicans should nominate republicans and that the man who, in 1918, advocated the election of a democratic congress, and who in September, 1919, stated that he belonged to no party—both of which Hoover did—is politically incompetent to be an effective republican president, no matter how successful he was in the autocratic position of food controller during the stress of war."

PRINCE JOHN IS ASHORE

Grand Trunk Steamer Reported Not in Immediate Danger.

VANCOUVER, B. C., March 31.—The Grand Trunk Pacific passenger steamer Prince John, which beached in 27 feet of water at Dead Tree point on the inside passage yesterday after a collision with the steamer Prince Albert, was lying on a sandy bottom tonight and was in no immediate danger, according to advices received here. The extent of the damage to the vessel was unknown.

The salvage steamer Algarine left Victoria, B. C., last night for Dead Tree Point. No details of the cause of the collision have yet been received here.

Advices from Prince Rupert, B. C., last night were to the effect that the Prince John's passengers had been landed by the Prince Albert at Prince Rupert. The Prince Albert will be put into drydock for repairs, which will probably take a week to complete, it was said.

RELIEF GOING TO RUSSIA

Commission Obtains Conditional Permit to Send Supplies.

WASHINGTON, March 31.—Conditional permission to send a relief commission into soviet Russia was granted to the joint distribution committee for Armenian Jewish relief funds Tuesday by the state department. The committee's Ukrainian commission, now in Poland, has been instructed to proceed as soon as safe conducts could be obtained.

Under state department restrictions the commission must confine its activities to relief work and take no supplies which could have a military use. It goes at its own risk and without involving the United States.

WILLARD IS FINED $1

Threat Against Negro Officer Brings About Arrest.

LAWRENCE, Kan., March 31.—Jess Willard, former heavyweight champion, was fined $1 and costs by Justice R. C. Manley yesterday on a charge of disturbing the peace.

Complaint was made by Fred Logan, a negro policeman, who testified today that Willard told him "that he would kick his lungs out" when trouble arose when Willard, in an automobile, attempted to pass Logan, who was riding in a wagon.

Sinn Feiner Lord Mayor.

CORK, March 31.—At a special meeting of the Cork corporation last night Alderman Terence Macsweeney was elected lord mayor. He is a Sinn Fein leader and several times has been deported or imprisoned.

ILLNESS BEGAN WITH BAD COLD

A cold that hangs on for weeks and stubbornly resists the ordinary methods of treatment is an indication that bodily resistance is low. The longer the cold lasts the lower the resistance forces of the body become.

There is need at such times for a non-alcoholic tonic that will so enrich the blood that it has the strength to expel the germs that jeopardize health. Thin blood is generally accompanied by headaches, chills, pallor, stomach trouble, dizzy spells and may lead to neuralgia, rheumatism and other diseases.

The treatment which helped Miss Jennie Hugo, a nurse who lives at No. 1825 Second street, Bay City, Mich., will tone up the entire system and fortify the body against colds.

"I had a bad cold," relates Miss Hugo, "and it hung on so long that it seemed to absorb my strength. I was without ambition and my color was poor. It seemed impossible for me to keep warm and I always felt chilled. I had little appetite and suffered from shortness of breath and dizzy spells.

"I had heard about Dr. Williams' Pink Pills very favorably for years, so I procured a box and began taking them. I felt some relief in a week and was so encouraged that I kept on taking the pills. My strength has returned and my blood is so much richer that I have a good color and no longer feel chilly. I can't speak too highly of Dr. Williams' Pink Pills for I owe my health to them."

Dr. Williams' Pink Pills are sold by all druggists or direct from the Dr. Williams Medicine Co., Schenectady, N. Y., 60 cents per box. Write for free booklet, "Building Up the Blood."

MR. WEST HESITATES TO FOLLOW HOOVER

Trend of Events Awaited Before Making Decision.

MORROW WOULD GO AHEAD

Democratic National Committeeman From Oregon Favors Placing Name on Ballot, Anyway.

Herbert Hoover's statement to the California Republican club, which is supporting him for president, was relayed to some of the prominent Portland democrats from The Oregonian office upon its receipt Tuesday night and the effect was rather electrical.

Oswald West, ex-governor of Oregon, who had gone to the trouble of circulating petitions to place Mr. Hoover's name on the democratic ballot in this state and who had held Mr. Hoover to be pre-eminently the man for the place, regardless of party, and just as a man standing for great principles, said he "is a very great admirer of Mr. Hoover, but prefers to await the trend of events before taking a definite position as to supporting Mr. Hoover as a republican candidate."

"I have been very strong for Mr. Hoover," said Mr. West, "and greatly wished to see him on the democratic ticket, but he did not wish us to place his name on our ticket in Oregon; his wishes have governed and that incident is past, forgotten. I think he would make a great president on any ticket."

Morrow Clings to Hope.

Dr. J. W. Morrow, democratic national committeeman from Oregon, was of the opinion Tuesday night that Mr. Hoover's name could still be placed on the democratic ticket in Oregon, but Mr. West, when so informed, replied that "any one else who cares to may circulate petitions to that end, but it is one thing to get the names and another to sit and talk about it."

Mr. West, in his enthusiasm for Mr. Hoover as a presidential candidate, led a movement that resulted in the formation of a Hoover democratic club. Members under Mr. West's direction circulated petitions and obtained sufficient signatures to place the name of Mr. Hoover on the ballot, but on Monday Mr. West received a telegraphic request from Mr. Hoover not to put his name on the democratic ticket and Mr. West promptly complied.

Dr. Morrow frankly admitted, when informed of the situation which developed in regard to the Hoover California situation, that he "cannot under any circumstances support Mr. Hoover on a republican ticket."

Morrow Would Go Ahead.

"I see no reason why the democrats cannot go ahead regardless of Mr. Hoover's wishes and nominate him if they want to," said Dr. Morrow. "There is no law against it that I know of. I think a whole lot of him as a man myself, but to support him on a republican ticket—that would be out of the question. I have a lot of respect for him because he has done much good work and is a capable executive, however."

Elton Watkins, president of the Jackson club, the big democratic organization of the state, was the most outspoken of any of the men of that party to whom the news of Mr. Hoover's attitude was broken last night. Always a Hoover man, Mr. Watkins unhesitatingly reiterated his fidelity and devotion to the idol of his heart and said that, "while it is too early to say definitely what one would do under certain circumstances, I am very much inclined to think that Mr. Hoover will be elected president."

Bert E. Haney, ex-democratic state chairman and ex-United States attorney for Oregon, an ardent Hoover man, Tuesday night heard with what appeared to the interviewer to be "reservations" Mr. Hoover's telegram to the Californians interested in his behalf. Mr. Haney, while admitting his admiration for Mr. Hoover as a man, expressed the wish that he might see the republican platform upon which Mr. Hoover could stand.

Hoover Is Declared Great.

"I was the first to name Mr. Hoover for president," said Mr. Watkins, "and because of the greatness of the man, I will unhesitatingly say that, should the old gang, such as Sullivan, Taggart and the Tammany crowd, control the democratic convention, and should Mr. Hoover be nominated by the republicans, I most certainly would support him.

"While it is too early to say definitely just what one might do under certain circumstances, I am very much inclined to think that Mr. Hoover will be elected president; he will be, if nominated, in my judgment, no matter by what party. However, should the old guard, such as Lodge, Penrose and Knox, control the republican convention, Mr. Hoover, of course, will not be nominated by that party.

"I most certainly hope that Mr. Hoover will be elected the next president of the United States."

Mr. Watkins has been interested in the candidacy of Mr. Hoover for a long time, and made an unsuccessful attempt to get him to attend the big Jackson-day celebration, which included a banquet in the Hotel Benson, and when the club received a special communication from President Wilson, but sidetracked one from William Jennings Bryan.

Mr. Haney Tuesday night was inclined to doubt, it seemed from his statements, the possibility of the republicans putting up a platform that will suit Mr. Hoover.

"I would be eager to see any platform the republican convention would put up that would suit Mr. Hoover," said Mr. Haney. "Until such time as we shall see the results of their convention, I would not care to commit myself as to supporting Mr. Hoover."

John H. Stevenson, one of the stalwarts of the democratic hosts, declared himself entirely neutral with regard to candidates, he being in the race as an aspirant for the honor of attending the convention as a delegate.

"I had had a sort of personal feeling that Hoover was a good candidate for us at first," said Mr. Stevenson, "but as time went by and he seemed to be somewhat like a man without any party, I rather lost my first feeling. He has done many good things, among them his support of President Wilson's policies. Had he announced himself as a candidate on a Wilsonian democracy platform, I would still have had much admiration for him, but as he seemed not to care for the efforts put forth in his behalf by our party and has declared for the republicans, of course that alters matters very materially."

The statement of Herbert Hoover was received with complete approval and marks of jubilation at the headquarters of the Hoover Republican Club of Oregon.

"We have been expecting such a statement for several days," said Chester G. Murphy, state chairman. "Those of us who have known Mr. Hoover for years know that he has always been a republican of progressive tendencies. The fact that he has been engaged since 1914 in war activities and for the general welfare of mankind and has refrained from participation in partisan politics is the real explanation of his silence.

"His statement in support of the league of nations and the republican position upon the league issue will give a great impetus to the Hoover republican campaign in Oregon, as many republicans have been reserving their decision as to whom to support in the republican primary until Mr. Hoover had declared his position more fully on the issues and had broken his silence regarding his party affiliations. His personal friends, as I say, never for a moment doubted his republicanism and naturally, as his strong supporters, we are very much gratified that our fatih has been justified. In our opinion he is the logical candidate, whose wonderful record, under all tests, has proven him to be the man of the hour. All we want is to give the people of the country at large an opportunity to express their choice. 'Hoover of Oregon' for president is our motto."

League Statement Expected.

That the statement of Mr. Hoover will accentuate the main issue of the coming campaign—the league of nations—is the belief of G. C. Herbsman, manager of the Poindexter presidential campaign in Oregon. He thinks it will be necessary, however, for Mr Hoover to more definitely state his position on the industrial situation before long, as that, he says, is a big issue.

"I worked for Mr. Hoover during his administration as food director," said Mr. Herbsman, "and know him to be a man of great executive ability and a fine citizen. I was a lecturer on his staff during the war. I am glad to see him in the house, for it will bring sharply into public view the league of nations issue, which is to be the big issue of the campaign. He will, however, have to make himself definitely understood on the industrial situation, as he is considered a little too liberal in business circles. May the best man win and let's have them all in the race."

BRYAN SILENT ON CHOICE

COMMENT ON DEMOCRATIC NOMINATION WITHHELD.

Commoner Leaves Denver at Close of Campaign—Universal Training Is Opposed.

DENVER, Colo., March 31.—William Jennings Bryan departed from Denver early last night, refusing to discuss the democratic nomination for president. When he arrived in the morning he said he was not a candidate. "Political stocks shift," he explained.

During the day he made comment about "political lightning" and its peculiar way of striking.

Mr. Bryan made five speeches. In his remarks he opposed universal military training, made comments on the prospects of a wet plank in the platform of either party, denounced profiteering and advocated measures to stop it. He mentioned the name of President Wilson only once and said little about the peace treaty.

Governor Edward I. Edwards of New Jersey and Senator G. M. Hitchcock of Nebraska, were scored for their advocacy of reform in the prohibition laws.

"No republican has been shameless enough to advocate a wet plank, but democrats have," Bryan said.

After voicing his disapproval of universal military training, he declared in favor of a tax on fortunes created by the war to provide financial relief for returned soldiers. He said a remedy for profiteering must exist and should be found.

"Public ownership of the necessities of life when they become private monopolies," was advanced as an essential step.

President Wilson brought back a better treaty than the country had a right to expect, according to Mr. Bryan, but developments are leading to another war in Europe.

ATTACK ON WOOD REVIVED

SENATOR BORAH AGAIN QUESTIONS EXPENDITURES.

Johnson Supporter Says Governor Lowden Is to Reveal His Sources of Support.

DETROIT, Mich., March 31.—Senator William E. Borah of Idaho renewed his attack on campaign expenditures of Major-General Leonard Wood and Governor Frank O. Lowden in a speech here last night in behalf of Senator Hiram W. Johnson's candidacy for the republican presidential nomination.

"If General Wood makes public the names and subscriptions of his principal supporters," Senator Borah said, "it would be the most interesting story the people ever read. I know from 12 years' experience that no man donates $100,000 to promote any man's presidential candidacy for any other reason than that somewhere along the line he expects to get some return. A candidate for the suffrage of the American people should be perfectly willing to tell the people who is giving him his money."

"I'll say this much for Governor Lowden," he continued, "he has promised to come to Washington next Monday and give me a list of his campaign subscribers."

Senator Borah declared for the repeal of war legislation.

"We have been building at Washington," he said, "the most remarkable bureaucracy that ever existed outside Russia. It is time some of the crowns which certain men in Washington have taken unto themselves be knocked off."

The league of nations, he said, would control the lives of countless millions and small nations would continue to be ruled, rather than to rule themselves.

ADVENTURER IS JAILED

Ex-Soldier of Fortune in Mexico Is Accused of Larceny.

Raymond Diaz, ex-soldier of fortune in Mexico, was brought to Portland from Tillamook, Or., Tuesday night to face a charge of larceny in connection with the burglary of Mrs. T. Grossman's jewelry store, 143 Third street, several weeks ago. He had been traced to Tillamook by the Pinkerton National Detective agency. Inspectors Leonard and Howell said that among the effects which the prisoner brought back from Tillamook was a watch stolen from Charles A. Malboef, 401 Aspen street. He was alleged also to have sold property stolen from the Grossman store. He said he served in the Mexican army under President Diaz.

OTTO KRAEMER HEAD OF HUMANE SOCIETY

President and Most Other Officers Re-elected.

WAR DOGS' WORK TOLD

Governor Promises Improvement in Conditions at Training School for Boys.

For the 40th time in its history the Oregon Humane society Tuesday night held its annual meeting in the First Unitarian church to elect its officers, hear reports of the work and listen to an address by Rev. James Elvin of Salem on the war dogs of France. The organization has been in existence 48 years.

Announcement was made during the session by Mrs. F. W. Swanton, manager of the society, that one of its most recent investigations had been in connection with the boys' training school at Salem, resulting in a promise from the governor of the state board of control that conditions there would be remedied. Mrs. Swanton said among the recommendations to be carried out will be the building of a gymnasium to replace the basement playroom at the institution. It was found that 147 boys had but one shower and were expected to take a bath only once a week. Improvements suggested and found desirable by the board will mean an expenditure of between $25,000 and $35,000.

Officers to serve during the coming year are: Otto Kraemer, president; Mrs. F. W. Berry, vice-president; E. E. Graff, Miss V. Cooley, Miss Viola Ortschild, Seid Back, Miss Jessie Willard, Judge Fred Olson, Mrs. B. Bernal and Mr. McDougall, directors; Mrs. F. W. Swanton, secretary. In practically every case these had been already in office and were re-elected.

Bands of Mercy Held Need.

In making his annual report, Mr. Kraemer cited the need of a Band of Mercy in every school in the state, as a means of providing what virtually amounts to policemen in every section. He spoke with regret of the absence of kindness-to-animals essays in the school work and of the efforts to get county humane societies established all over Oregon. In conclusion, he related the needs for more money and declared that the $500 received annually from the state is but a mere pittance for the service rendered.

Mrs. Swanton summed up the work done in the past year, during which 8000 cases were handled. For a while 400 cats were the monthly average, and in one day nine dog casualties resulted from automobile street car accidents. For variety in one day she recorded "one goat, canary bird, cats, dogs, rabbits, pigeons, one donkey, one child, one alligator." The service car owned by the society, she said, had traveled 100,000 miles.

Plans for Week Discussed.

Plans for humane week next April were discussed. The national society is to send a revivalist here to renew interest in the kindness to animals movement. Miss Zulema Kostomlatsky pledged the aid of the public library and summed up the good resulting from exhibits held there last year.

E. J. Jaeger of the pound committee reported that 1000 animals had been impounded during the year, and 255 dogs sold.

Mr. Elvin, who was all over France during and after the war while in the service, told of the treatment of animals in that country and praised the Americans for protecting them from beatings. Dogs were his particular topic, and after he had described the private cemetery for them in Paris, he summed up their work on the front in driving off the rats, giving warnings, carrying messages, protecting bodies and aiding in transportation. Personal anecdotes made his discourse intensely interesting.

TONS OF GOLD ARRIVE

England Makes Huge Shipments to Stabilize Exchange.

LONDON, March 31.—In addition to the shipments of gold to New York on board the steamer Lapland (which arrived in New York Sunday), the Carmania and the Minnekahda, which sailed last Saturday for New York, carried 17 tons to New York.

The American liner Philadelphia this week will take £2,000,000, according to the financial editor of the London Times.

Payment on Bail Stopped.

ROSEBURG, Or., March 31.—(Special.)—Ralph Knight, a Canyonville fruit grower arrested on a charge of being drunk, gave a check for $15 to insure his appearance in court. Before banking hours he stopped payment and left for home. Officers were on the lookout for Knight who again came to town Saturday when he was arrested. At his hearing before the recorder as John Doe, he was fined $50.

MULE AD FOR MOONSHINER

Animal and Liquid With Real Kick Found Available.

DURANGO, Colo.—A mule was used by a wily dealer in illicit liquor near here, according to officials. The animal is white. In front of the owner's home a sign was placed reading: "White Mule For Sale." If the prospective customer was able to prove he was "all right" the dealer showed him a liquid with a real kick in it. If the visitor was not known, he was shown an animal with a real kick.

The price of the animal was set at a figure which insured its retention by the moonshine dealer.

MARYLAND HILLS AFIRE

High Wind Is Driving Blaze Through Valuable Timber.

CUMBERLAND, Md., March 31.—Hay Stack, Polish and Knobley mountains are ablaze from forest fires, which are hard to fight on account of high winds.

The wardens kept fires from reaching buildings but much valuable timber has been destroyed.

What Beautiful Sweet Peas!

THE beauty of your sweet peas depends largely upon the seed you sow. Vigorous, sturdy vines with luxuriant, fragrant blossoms grow from seed of proven vitality. Outdoor seeding must be done as soon as the soil is in condition. A plan advocated by many successful gardeners is to sow the seed early indoors and transplant when the weather permits.

Start your sweet peas right by sowing Northrup, King & Co.'s tested seeds. These seeds are especially bred for hardiness, beautiful colorings, large and abundant blossoms. They represent years of gardening experience.

You can get Northrup, King & Co.'s Sweet Peas and other Flower Seeds for 5c a packet from the convenient seed case now at dealers near you. Then just follow the cultural directions on every packet.

NORTHRUP, KING & CO'S SEEDS
MINNEAPOLIS MINNESOTA

Test Letters

Form Their Part

in determining the visual acuity and refraction of the eyes—but the Error of Refraction is, by my system, MEASURED by the most scientific instruments and corrected with proper lenses.

More than twenty years' study, research and practical experience enables me to assure you satisfaction in Perfect-Fitting Glasses.

10,000 satisfied patients is my best reference.

DR. WHEAT
Eyesight Specialist
207 Morgan Building
Entrance 346½ Wash. St.

After Grip or Flu, What Then?

OH, MY BACK!

After this epedemic swept the country almost like the "black death" did in Europe in the Fourteenth Century, after the storm passed, we are confronted by the wrecks of men and women who have been left in a weakened condition, with pale faces and feelings of general lassitude and weakness. It is a fact to be borne in mind that the effort on the part of nature to throw off the poisons during an attack of Grip or "Flu" results sometimes in nephritis, or inflammation of the kidneys.

In view of the seriousness of this disease as a result of toxemia, it is most essential that treatment be directed towards prompt elimination of the toxins (poisons) from the body. This means that the excretory organs—the bowels, skin and kidneys—should be excited to their best efforts to throw off the poisons. Send to the drug store and get castor oil, or a pleasant laxative such as Dr. Pierce's Pleasant Purgative Pellets, which are made of May-apple, aloes and jalap, and take these every other day. This will excite efficient bowel action. At the same time, if you suffer from backache, irritation of the bladder and the kidneys, shown by the frequent calls to get out of bed at night, considerable sediment in the water, brick-dust deposit, perhaps headache in the morning, you should obtain at the drug store a simple tablet which expels the uric acid and the toxic poisons from the system. This is called "Anuric" (anti-uric-acid), and was put up by Dr. Pierce. By its action on the bladder and kidneys, it expels these toxins, poisons.

To build up the strength and improve the blood—because after the influenza there are fewer of the white blood corpuscles and too few red blood corpuscles—take an iron tonic such as "Irontic" (to be had in tablets at drug stores), or some good herbal tonic such as one that has served the greatest usefulness for the past fifty years, namely, Dr. Pierce's Golden Medical Discovery, made from wild barks and roots, without alcohol, and sold in tablet or liquid form.

"TIZ" GLADDENS SORE, TIRED FEET

No puffed-up, burning, tender, aching feet—no corns or callouses.

"Tiz" makes sore, burning, tired feet fairly dance with delight. Away go the aches and pains, the corns, callouses, blisters, bunions and chilblains.

"Tiz" draws out the acids and poisons that puff up your feet. No matter how hard you work, how long you dance, how far you walk, or how long you remain on your feet, "Tiz" brings restful foot comfort. "Tiz" is magical, grand, wonderful for tired, aching, swollen, smarting feet. Ah! how comfortable, how happy you feel. Your feet just tingle for joy; shoes never hurt or seem tight.

Get a box of "Tiz" now from any druggist or department store. End foot torture forever—wear smaller shoes, keep your feet fresh, sweet and happy. Just think! a whole year's foot comfort for a few cents.—Adv.

Hair Grown on Bald Head

After being almost totally bald, a New Yorker happily found something which brought out a new, luxuriant growth of hair of which he is so proud that he will send the information free to anyone who asks for it. Write: John H. Brittain, Station F, New York, N. Y. Many women and men have grown hair after all else failed. Cut this out, show others; this is genuine.

Told on the 4:22

The train was filling up with women shoppers from the suburbs. Helen Wagner found an empty seat and tried to be comfortable in the stuffy car. Just as the train was pulling out some one sat down with a weary, "Hello, Helen." She looked up and saw her friend Dorothy Thomas.

"Dorothy," she exclaimed. "What are you doing on this early train?"

"I simply had to go home from the office. My head is all stopped up and I know I have a fever. It's another one of my miserable colds," was Dorothy's answer.

"Why in the world do you bother a doctor when you only have a cold," Helen said. "Do as I do and take Weeks' Break-Up-A-Cold Tablets at the very first sniffle and a cold simply can't get a start on you."

"But I am afraid of cold tablets since I took a certain kind," Dorothy replied. "They contained calomel, which is a mercury compound you know. The mercury stayed in my system and I was nearly poisoned."

Helen smiled and took a small box from her bag. "Now, here's a twenty-five cent box of Weeks' Break-Up-A-Cold Tablets. There is no danger of their poisoning you, for not a bit of calomel is in them. A vegetable laxative is used instead. You see Weeks' increase a person's cold resistance—that is why they are so effective. I take them and I haven't had a cold that lasted over night all this winter."

"I certainly shall get a box. Where do you get them?" Dorothy asked.

"Almost every druggist carries them," Helen replied, "but insist on Weeks'. They cost only twenty-five cents a box and they are the best."

GAS STRIKE

J-O-T-O Gets After Inactive Organs and Puts Them Back to Work.

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