

MILK RECOMMENDED AS BEST HUMAN FOOD

Dr. A. F. Moore Tells Dairy Inspectors How to Live Long.

FARMER GIVES HIS VIEWS

State Veterinarian Lytle Reads Paper on Problems of Disinfecting Dairy Barns.

That the majority of men break down before they are 50 years of age and that the milk diet treatment is the best curative agent for them, were assertions in an address at the Pacific Northwest Association of Dairy and Milk Inspectors yesterday morning by Dr. A. F. Moore, of the Moore sanitarium, Portland.

The public mind has been permitted to dwell too much on the so-called rich milk, he said, while in truth its richness does not depend upon the amount of cream the eye can see on the surface. It is a fact that skimmed milk containing practically no fat is a very valuable food. Milk constituents are perfectly balanced and serve to make blood, bone and muscle, while they also supply energy.

Milk Diet Best. The wide variety of diseases successfully treated by the milk and rest cure is easily understood, he continued. "If you keep in mind that the blood is the life of the body and the excesses and deficiencies in organs and their secretions are naturally regulated as the body equilibrium is restored." Dr. Moore added that the milk diet was the best treatment known for conditions of high blood pressure.

Dr. W. H. Lytle, state veterinarian, read a paper on "Disinfecting of Dairy Barns." Though advocating chemical disinfectants, Dr. Lytle declared that soap and water were the best for keeping barns in a sanitary condition.

In the business meeting yesterday afternoon, L. B. Rice, milk and food inspector, Everett, Wash., was elected president; Dr. P. E. Smith, chief inspector, Seattle, first vice-president; L. B. Zeiner, deputy state food commissioner for Oregon, second vice-president, and George Henderson, deputy state food commissioner for Washington, secretary and treasurer. Everett, Wash., both extended invitations to the association to meet at their respective places next year. The place of meeting, as well as the time for next year's convention, was left to the discretion of the executive committee.

Pasteurization Is Favored. Resolutions were passed putting the association on record as favoring pasteurization of all commercial milk. The Western Milk Dealer and Dairyman was adopted as the official organ of the association.

At the banquet at the Portland hotel last night, some confusion arose when a South Portland dairyman in the person of Habi Frank, of the Lyric theater, broke into the meeting and tried to collect his milk bill from Dr. George Parrish, Portland health officer. The intruder escaped after shooting 14 of the inspectors with his old reliable stage gun. Ivan Humason was arrested for attempting to sing, by Sergeant Crane of the police force, who sang the song himself.

Party Takes Highway Trip. Some of the toasts responded to were: "Cowless Milk Produces Growth What If Milk Produces Growth What If There is Spuds That Produces Blarney."

Members of the associations and their lady friends will give a automobile ride this morning over the Columbia highway. The cars will leave the Portland hotel at 9 o'clock. Some of the delegates will also make a trip of inspection to some of the Portland dairies.

WAR SERVICE CONTINUED

Eugene Camp Work Organization to Be Kept Intact.

EUGENE, Or., May 23.—(Special.)—Captain Thomas D. Elliot of Portland was in Eugene yesterday in the interests of the community war camp service, which will be continued even after the soldiers all arrive home. The organization will serve as a nucleus for useful community activities to help in community morale, according to Captain Elliot.

A Eugene committee to push the work locally has been named as follows: Mrs. Eric Allen, E. L. Armitage, F. L. Chambers, Mrs. E. L. Chambers, L. O. Goodrich, E. O. Immel, D. W. Morton, O. B. Pennington, J. C. Price, C. D. Tower, W. B. Thompson, E. C. Simmons, Rev. A. M. Spangler, C. A. E. Whitten, Wayne Robertson.

SPOKANE TEACHERS RESIGN

Eight Members of High School to Leave Institution.

SPOKANE, Wash., May 23.—(Special.)—Eight members of the Lewis and Clark high school faculty have asked for leaves of absence or tendered their resignations to Superintendent of Schools Pratt, to become effective with the close of schools in June.

Announcement of the teachers' plans were made today and include among them some of those who have been members of the faculty for many years. The names follow: Mrs. Olive B. Sheffington, Mrs. A. W. Cowley, resigns; Miss Mabel F. Pomeroy, resigns; Miss Marion R. Bowers, resigns; Miss Josephine D. Guilbert, one year's leave of absence; Miss Margia B. Haugh, one year's leave; Miss Bertha Osborn, resigns; and Miss Jannet Thorne, resigns.

Read The Oregonian classified ads.

Children and grown-ups love the delicious wheat and barley food — Grape-Nuts It builds body and brain

MOVING PICTURE NEWS



Elsie Ferguson, beautiful Artercraft star, who opens engagement today in "Eyes of the Soul" at the Peoples theater.

TODAY'S FILM FEATURES. Majestic—Madge Kennedy, "A Perfect Lady." Star—"The Spreading Evil." Liberty—Ethel Clayton, "Vicky Van." Sunset—Rex Beach's "Laughing Bill Hyde"; Patty Arbuckle, "Love." Peoples—Elsie Ferguson, "Eyes of the Soul." Columbia—Lila Lee, "Rustling a Bride." Globe—Charles Ray, "His Mother's Boy." Circle—"Sporting Life."

Majestic. "A PERFECT LADY," a picturization of the Channing Pollock-Rennold Wolf play which provided Rose Stahl with a Broadway starring vehicle, brings Madge Kennedy to the Majestic theater today. This Goldwyn picture will be shown with Pathe Weekly and a comedy.

Peoples. "Eyes of the Soul," Elsie Ferguson's latest Artercraft photoplay, and regarded by many as her best picture, is scheduled for showing at the Peoples theater commencing today. A Harold Lloyd comedy and Peoples News Pictorial are other subjects to be screened.

Columbia. "Rustling a Bride," a Paramount photodrama of the west, with Lila Lee, former Cuddles of vaudeville fame, as its star, and Monte Blue as her leading man, opens this morning at the Columbia theater. A two-reel western thriller, "The Gun Packer," and Paramount photographs also are to be screened.

Sunset. "Laughing Bill Hyde," a picturization of the Rex Beach story of the Alaskan gold fields, with Will Rogers, larrikin and humorist of Ziegfeld Follies in the title role, will be screened today at the Sunset theater, together with the Patty Arbuckle comedy hit, "Love."

Star. "The Spreading Evil," which has been enjoying a highly successful engagement at the Star theater, is to be shown for another week, closing its run next Friday night.

Globe. Charles Ray, the popular young Thomas H. Ince star, is today's Globe theater headliner. Ray is the star of "His Mother's Boy," one of his recent Paramount successes.

Screen Gossip. A. M. T.—Pearl White is not married. She's with Pathe. Anita Stewart is in Hollywood.

William Russell used to be married to Charlotte Burton. According to latest advices from Hollywood, neither is married now.

One sarcastic chap writes: "If an actress shows a tendency to act, she immediately made the head of her own company, and that usually cures her."

Bill Hart is still denying that story that he was engaged to wed a Butte beauty. Also Bill won't retire for some

time, even though he has been quoted to this effect more than once.

Down in Los Angeles they're expecting to hear most any day that Harold Lloyd has married his pretty leading woman, Bebe Daniels.

Gloria Swanson, who has been so prominent with Famous Players-Lasky since "Don't Change Your Husband," has been married—and divorced. Gloria used to play in Sennett comedies—a bathing beauty.

In reply to several queries of late, Eugene O'Brien isn't married.

Yes, "Dusty" Farnum is getting along. He's 48.

Mary Fuller will be staging a comeback soon. She has been appearing in state's right pictures for the past few years.

There's been nothing new lately about that Mary Miles Minter affiliation with Famous Players-Lasky.

Cleo Madson, who is the mother of twins, is contemplating a return to the screen. Cleo used to play with Wallace Reid in Paramount productions, and even before that had a long screen career—as a screen career.

Wanda Hawley is Mrs. J. Burton Hawley, according to the Answer Man of Photoplay Magazine, although when she went with Douglas Fairbanks and Wanda Pettit the story went that "Doug" changed her name to Hawley, with no mention of a husband to provide the name.

MORE HEROES DUE MONDAY

CAPTAIN LEE CLARK TO MEET BOYS AT HUNTINGTON.

Batteries A and B, 147th Artillery, Said to Compose About 300 Men—Welcome Planned.

Captain Lee M. Clark will leave tonight for Huntington to meet the boys of batteries A and B, 147th field artillery, who are on their way from Camp Dodge, Ia., and who will probably arrive in Portland Monday night.

A telegram from Senator McNary was received yesterday by the civic reception committee assuring them that the 147th would come through Portland where they had been granted a stop-over. Relatives desiring admittance to the station platform when a train arrives may obtain tickets at the Liberty temple today. The reception committee will meet the returning men at Bridal Veil.

It is understood that there are about 300 boys in the two units, most of them from Portland.

Another contingent of Oregon casualties will reach Portland next Wednesday, according to the opinion of Secretary Hilton, who believes it will take the men reported as leaving Camp Merritt Thursday about that time to get here. There are 132 soldiers in this detachment. The 160 casualties who left Camp Dix Wednesday are expected in Portland Monday.

An official communication has also been received stating that practically all units of the 20th engineers have been released for early return to this country. It is probable that all of these 20,000 men will be back home before the middle of June. A large proportion of the men of the 20th engineers are from the Pacific coast.

EUGENE TO AID SOLDIERS

War Camp Community Service Is Put on Permanent Basis.

EUGENE, Or., May 23.—(Special.)—The war camp community service was put on a permanent footing in Eugene today when an executive committee was selected. Captain Thomas D. Elliot of Portland met with a committee of citizens and assisted in perfecting the organization.

J. C. Price was chosen chairman and C. D. Rorer, treasurer. These two and the following compose the executive committee: Rev. M. A. Spangler, A. E. Whitten and E. O. Immel. A secretary to be paid for a part of his time will be selected, and permanent headquarters will be established at the chamber of commerce. The welfare of all returning soldiers and sailors will be looked after from now until January 1, 1920.

Brakes Defective; Couple Injured.

LEWISTON, Idaho, May 23.—(Special.)—As a result of defective brakes on a small truck, Mr. and Mrs. Herbert Wright of this city were seriously injured when their car left the grade near Sweetwater Wednesday. Both were hurried to a Lewiston hospital, where examination disclosed that Mrs. Wright had suffered two broken ribs, severe scalp wounds and possible injuries to the lungs. Mr. Wright's injuries were comparatively minor. Mr. Wright is the son of Mr. and Mrs. Samuel Wright of Sweetwater, having

FULL-PAGE COLORED MAP OF NEW FRANCE, BELGIUM, LUXEMBURG in this week's "Digest." This splendid map shows added territories awarded by the Peace Treaty—Alsace-Lorraine, Rhenish-Prussia, the Saar Basin, etc.

Does the Treaty Violate President's Fourteen Points?

The latest and bitterest blow to German hopes, successively disappointed in the Zeppelins, the submarines, and the Kaiser, is the discovery that President Wilson and the American people have not secured for Germany a "soft peace." German leaders and German papers angrily protest that America has "betrayed" the German people. President Ebert declares that in the Peace Treaty President Wilson "has deserted his fourteen points" while Ludendorff declares after reading the terms that "if this is peace, America can go to hell!"

In the leading article in THE LITERARY DIGEST this week, May 24th, German and American public opinion, as represented by the statements in the leading journals of both countries, is presented. Each of the fourteen points is carefully analyzed in its relation to the terms of the Peace Treaty so that the reader may readily understand just how much justification there is in Germany's protestations.

Other very interesting articles this week are:

- What the Regulars Did in the War With a Comparative Chart Record of Every Regular, National Guard, and National Army, Division Engaged—the Major Casualties, Artillery Captured, Prisoners Taken, Kilometers Advanced
Germany's Economic Shackles
The End of Price-fixing
Japan's Press Barrage on America
Turkish Women's Cry for Mercy
A River of Electric Power
Why Aviators Fall
D'Annunzio at His "Worst and Best"
Ninety-five Per Cent Efficiency in the Y. M. C. A.
News of Finance and Commerce
Finns in the U. S.
Labor's Bill of Rights
Hopeful Signs in the Business Sky
Germany Starts a Commercial Offensive
British "Failure" in Egypt
For Better Control of Explosives
Flesh-eating and Ferocity
Shall Literature Go Dry, Too?
Dropping the Old and New Testaments
The Best of the Current Poetry

The Literary Digest an Ideal Mental Bracer

Even the wisest of us are more or less prone to get into grooves as regards our thinking on the great questions of the day. We tend to read the same papers, to listen to the views of the same people, to cling to the same ideas. A novel thought or a fresh conception of any subject of real importance to us finds many barriers of habit and personal bias to break down ere it can find lodgment in our minds. All this makes for stagnation and shuts out progress. What we need is a mental fillip, the stimulus of a quickening tonic that shall remake our conceptions of things, readjust our conclusions, put sanity and vigor into our whole outlook upon life. Such a stimulus is waiting for you at every corner news-stand in the shape of THE LITERARY DIGEST, America's foremost news-magazine. Every week it offers you the world's comments on the world's affairs and the world's thought, freshly culled from the periodicals of every land and language, without any admixture of personal editorial preference or interested interpretations. Read THE DIGEST today and week by week and keep yourself informed, up-to-date, mentally in touch with the live currents of universal progress.

May 24th Number on Sale Today—All Newsdealers—10 Cents

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been recently discharged from the navy. Bend Water, Light & Power company started construction of a new unit at the auxiliary plant a mile below the city today, to provide additional electric power which it is expected will be needed within the near future. The improvement will develop 150-horse power, will cost \$4000 and will be completed in four weeks. Central Oregon May Get Warden. BEND, Or., May 23.—(Special.)—Central Oregon may, in the near future, be given a deputy district game warden, according to the intimation conveyed today from State Warden Carl D. Shor-maker to the Bend Rod and Gun club. Read The Oregonian classified ads.

There's something about them you'll like. Herbert Tareyton London Cigarettes. Trade Mark. Twenty to the package.