NAVAL RECOGNITION IS ASSURED PACIFIC

Naval Affairs Committee Pass Day in Portland.

Are Needed for Adequate Protection of Coast.

His colleagues confessed that his word he usually gains his end for the home a long way with them. They district. hinted that Oregon and the Columbia may not be entirely disappointed,

Welcomed by a reception committee

from the Portland Chamber of Commerce, and by Acting Mayor Bigelow, the committeemen from congress were taken to breakfast at the Portland hotel, local headquarters for the party. Here they rested and made friends till noon, when all were guests of honor at luncheon in the Oregon building, at joint session of the Chamber of ommerce and the Portland Ad club. It was at this luncheon that the visiting representatives were asked to reply ing representatives were asked to repy in brief addresses to the question, "Shall the Columbia gateway be grant-ed a naval base?" Amid a great deal of good-natured persiffage and some truly congressional oratory, members of the congressional oratory, members of the committee declared that they were all kindly dispos. I toward Portland, Astoria and the Columbia river country. They did not dodge the query, but replied by pointing out that the equal division of the fleet will necessitate increased facilities on the Pacific coast

and that at present no facilities exist between Bremerton on Puget sound and slare Island, way down in California. Portland Energy Lauded.

Portland Energy Lauded.
Through Charles Berg, Judge Charles
H. Carey and Marshali N. Dana the
chalrmanship drifted down to Representative McArthur, who introduced
Representative Padgett, chairman of
the committee, as the first speaker.
The intenation of the south is in Mr.
Padgett's voice, and he speaks pleasingly, with an air of kindly inclusion
that compasses the entire room.

In 1894 and again ten years ago he
visited Fortland, said the speaker. He
marked the city then as one predes-

"I come today with much more pleasure and gratification," said Representative Oliver of Alabama, in his voice the same soft, someous note that marked each of the southern members. And he taked of the spreading opportunities for de-

I congratulate you upon your splendid energy, your industrious energy. You people of this portion of the country set a magnificent example to all other portions, in being alive, in being fully awake, in being filled with that

neserted Representative Browning. There is a distance of 1000 miles be-

Wonderful Results At 70 From **Internal Baths**

Mrs. L. M. Wadlia, 2043 National ave. San Diego. Cal., writes Tyrrell's Hygienic Institute of New York as follows:

"Within the last month have had wonderful results and all inflammation has nearly subsided. I could hardly expect a woman over 70 to receive benefit from a trouble of long standing as quickly as a younger person. Money could not buy my 'J. B. L. Cascada' if I could not get another."

It is difficult to believe how many internal troubles internal bathing will relieve until you realize that physicians agree that 35% of human allments are caused by accumulated waste in the lower intestine.

The could not get another."

It want to say this about 'Pat,' observed Representative Hicks, solemn and rotund-voiced. "He's a buily fine fellow, and some day you good people of Oregon want to send him to the Mrs. L. M. Wadlia, 2043 National ave.,

lower intestine.

The "J. B. L. Cascade," the scientific The J. B. L. Cascade, the scientific method of internal bathing, removes, in a perfectly natural way all poisonous waste, and has been so successful in promoting health that over half a million intelligent Americans are now using it regularly.

It is the invention of Chaz. A. Tyrrell. M. D. of New York, who for 25 years

M. D. of New York, who for 25 years was a specialist on Internal Bathing, and it is now being shown and ex-plained by Woodard-Clark Drug Co.'s

Drug Stores in Portland, Oregon.

They will give you on request a very interesting booklet on Internal Hathing by Dr. Tyrrell, "Why Man of Today Is Only 50% Efficient."

Ask for 11 today and know more about yourself and your functions than you ever have before .- Adv.

KEEP Luden's at your bedside. Remove the tickle; purify the breath; refresh the mouth. -Many uses.



Two weeks ago, jaunting along in alifornia, the auto in which Repre-entative Riordan of New York was a assenger turned turtle on a slippery road. Since that time he has nursed a fractured rib. As he rose to speak he asked indulgence, and said that his re-marks would be brief.

LUNCHEON IS GAY FEATURE

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The conjumped the colleagues of mine were giving away battleships and naval yards and bases, I represented the taxpayers. I said that anything that passed in the committee must have a great deal of stress and necessity because to receive first-hand information, and to receive first-hand information, and to draw our conclusions therefrom."

Representative McArthur Praised. Not one of the speakers but found opportunity to pay his compliments to their fellow member, Representative McArthur, and to felicitate Oregon upon his honesty of purpose, his efficiency, and the "sticktoltiveness" with which

Representative Britten of Illinois, who shares with Charles Berg the not-able birthplace of Hay Valley, Cal., prefaced his remarks with such a tribute to Mr. McArthur, paid fleeting attention to the navy-yard project, and launched vigorously upon an open statement to the shipbuilders and em-ployee of the Pacific coast. That Chairman Hurley of the ship-

ping board is kindly disposed toward tative Hicks. They must have been the shipbuilders of the Facific coast, kindred spirits. For the Long island but that he fears the local development of the industry will be fatally injured by the quarrels of labor and capital, and fanciful of metaphor as was Theo-

was the opening volley.

"Unless your builders can figure positively on costs, unless they know what their labor is going to cost, they cannot compete with the cast," declared Mr. Britten. "Labor and capital muss." both understand that Otherwise you're not going to be the big shipbuilding center you hope to be.
"You gentlemen must get down and

compete with the east on a flat-price basis. After that the labor interests must get back of the shipbuilder, or he cannot carry his plane, of mutual advantage to both, through to success." This speaker, like his conferees, was decidedly in favor of increased naval facilities on the Pacific coast. He intimated that when "Pat" McArthur of Oregon comes to his fellow committeemen with a proposal, they recognize at once that it is an honest proposal, and join with him to bring it to fruition.

Nation's League Indorsed.

In closing, he declared himself for cague of nations, denying that the re-

Then arose Representative Oliver of all of our pour splens. Said Representative of seeing your said Representative of seeing your said Representative of seeing your said the southern members. And he talked of the southern members and he talked of the very important matter to have interesting in the was joint controlled. The following profession of the Columbia protected.

"We have looked over everyling in the was joint matter to have looked ov

other portions, in being filled with that faulty awake, in being filled with that industrious energy that contributes so much to the development of all of our country. This is no ionger the wild and woolly west, but it is the west of progress and of marching forward.

"It is our sincere pleasure to look into the various projects in which you are concerned, in order that we may find our ourselves, so that we may deal intelligently with these questions as they arise. Ours is an opportunity for intelligent service."

Mr. Padgett called attention to the fact that the Pacific coast it.

Mr. Padgett called attention of the secretary of the navy to divide the feet and to establish a large part of it on the Pacific coast.

Parelle Recognition Assured.

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"As the visitors are suffering from taking the feeling. does not not provide so that the proposal call in the naval proposal call i

"It will place upon the Pacific coast very much larger naval activities than have ever been enjoyed here," announced Mr. Padgett. "Let us remember, as I am sure we do, that this is not a Pacific fleet, it is not an Atlantic fleet: it is an American fleet."

If there was hopeful presage in this, from a veteran of the naval affairs committee, there was fully as much in the address of William J. Browning of New York, who will be ranking republican member of the committee next seszion. He voiced his delight in knowing that the Pacific coast is to receive half the fleet.

"This fleet has to be taken care of."

"This fleet has to be taken care of."

"I don't know if you want a naval has each are of womens, with An pot compete age that is manned to the proposed fleet prometative fleets of the western to coast," he said, "in order that we may intelligently provide for it. We shall always feel that your enchanted land is ours, too, and that we are sharers in your goodly heritage."

"Another this the merchant is the safe may from the western coast," he said, "in order that we may intelligently provide for it. We shall always feel that your enchanted land is ours, too, and that we are sharers in your goodly heritage."

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has served it well.
"I want to say this about 'Pat,' observed Representative Hicks, solemn
and rotund-voiced, "He's a bully fine
fellow, and some day you good people of Oregon want to send him to the

Everyons laughed and applauded and Mr. McArthur beat his gavel joyously upon the table. "Pat asked me to ear that for him,"

concluded Mr. Hicks, dryly.
"Haw! haw!" roared the dining hall Highway Trip Enjoyed.

Yesterday afternoon the congres-sional guests were taken on a tour of the Columbia highway. This morning at 8:10 they leave for Astoria, together at 8:10 they leave for Astoria, together with members of the Chamber of Commerce committee. G. B. Hegardt, engineer of the public docks commission, and Captain Jacob Speler, harbor-master, will accompany the party. It was Captain Speler who went to San Francisco to escort the navai affairs committeemen to Portland.

Today and tomorrow will be spent at Astoria. The committee will visit the proposed naval base site at Tongue Point, in the harbor entrance, and will also inspect Fort Stevens. Committees of Astoria business men will advise

of Astoria business men will advise with the party. Tomorrow night the committeetien will return to Portland, arriving at 10:30. They will spend Saturday in this city, making tours of har-bor inspection and visiting industrial plants. Saturday night they will be entertained at dinner at the Waverley

club. Early Sunday morning they will centinue their trip to Puget sound. Accompanying the official party are Mrs. Daniel J. Riordan, Mrs. William J. Browning, Mrs. George Thayer, Miss Jeanette Duncan and Miss Browning. A reception committee, consisting of Mrs. J. N. Teal, Mrs. J. B. Montgomery, Mrs. C. H. Carey and Mrs. C. S. Jack-son, is arranging various affairs of entertainment for the guests.

Some naval station should be established between these two points. We must not draw our conclusion now. When I next visit Portland——." The speaker paused, "But in the meantime I think we shall have acted officially," he said.

Hold Shipping Lead Gained in War, Says Representative.

COAST NEEDS TO BE SEEN

Friend of Late Colonel Roosevelt Proposes to Use I. W. W. and Bolsheviki as Ballast.

All members of congress have their saddle-broke hobbies, with which to ride the handicap of national progress. Mostly they ride them to good enough effect, but none better than does Repesentative Frederick H. Hicks, mem ber of the house from the Long Island district on New York. His is the restoration of the American flag on the

high seas of oceanic commerce They call his own particular district "the Roosevelt district." The late colonel of the Rough Riders was a near neighbor and close friend to Representative Hicks. They must have been and fanciful of metaphor as was Theodors Roosevelt.

Use Agitators as Ballast, Plan Representative Hicks came to Portland yesterday with his fellows of the house naval affairs committee. And in the lobby of the Hotel Portland he talked interestingly of the need for an American merchant marine-or rather the necessity for gripping to America the tremendous lead that her shipping gained in the great war.

"I'll tell you of some mighty fine "Fil tell you of some mighty line ballast for our ships when they go abroad," abruptly exploded the member from Long Island. "A lot of these I. W. W., and bolsheviki should be loaded up and sent back. If they don't like this country of ours, let them get to—well, let them get out of it! Why waste good sand and water for ballast? Tumble them in and send them back!" l'umble them in and send them back!

Needs to Be Learned.

league of nations, denying that the republican party is opposed to it, and predicting that the publican party is opposed to it, and predicting that the failure of the league of nations plan will mean that America must reverse herself and become the mightiest military power on eartheat it is progress. This later visit, he said, is a revelation beyond his expectations.

"I come today with much more pleas."

Then arose Representative Oliver of the failure of the league of nations plan will mean that America must reverse herself and become the mightiest military power on earth—at an expense of approximately \$5,00e, will be impossible for them to hold forth any definite promises.

Then arose Representative Oliver of "We must know your needs and facili-

forth any definite promises.

"We must know your needs and facil-

"Another thing about our future—
the merchant marine must remain on the seas. I cannot express myself too emphatically on the need for 'equalization,' aid from the government, that will permit our shipping to compete with foreign-built and foreign-manned vessels. In effect, of course, this would be a subsidy.

Equalization Plan Wanted.

while still affording them ample opportunity to see the beauties of the surrounding country and to partake of Portland hospitality.

The party includes Mrs. Daniel J. Riordan, Mrs. William J. Browning. Mrs. George A. Thayer, Mrs. Will Brown, Mrs. George A. Thayer, Mrs. Will Brown, Mrs. George A. Thayer, Mrs. Will and J. Browning.

Mrs. George A. Thayer, Mrs. William J. Browning.

Miss Jeanette Duncan. Mrs. Riordan is suffering from a broken arm sustained in an automobile accident while in California.

Yesterday afternoon the guests were

"As it is at present, American ship-

FLEET IS PROMISED PACIFIC

Chairman of House Naval Commit-Not only is America to have a grand

fleet, but the blue waters of the Pacific are to see it pass in reviewand that on a day not far distant. Such is the prediction of Represen-tative Lemuel P. Padgett of Tennessee, chairman pro tem. of the house naval affairs committee, and one of the eight members who are now in Portland to investigate and discuss the proposed establishment of a naval base at As-toria.

"He knows more about the navy and naval affairs than anyone else in con-

naval affairs than anyone else in con-gress," is the compliment that his col-leagues pay to him.

Concerning the Tongue Point naval project at Astoria, which has been pro-posed as a watchdog at the gateway to the Columbia, Mr. Padgett was gent-ly reticent, with a genuine old-fash-ioned courtesy that left no sting in the refusal to discuss it.

"I am traveling with my eyes and

the refusal to discuss it.

"I am travelling with my eyes and ears open, and with my mouth shut," he said smilingly.

"We have been having a delightful visit everywhere, and have heard and seen much of great interest. All that we are trying to do is to gather every bit of information available on various subjects—subjects that may come un subjects-subjects that may come up

later for action in congress.
"With respect to the mouth of the Columbia, or to any other proposed naval project, we will be quite unable

naval project, we will be quite unable to announce any immediate conclusion because all of these involve real study and long-drawn-out investigation.

"Our purpose here is to see all that we can of the different projects, with a view to obtaining first-hand information. One thing, however, I may speak of unreservedly. And that is a word of commendation for the great country you have, your fine city and the push and enterprise of your people. "But to revert to the naval future of the Pacific coast, and the need for development and increased facilities. It velopment and increased facilities. It is the purpose of the navy department to base a large part of the first on the Pacific coast approximately on a divi-sion of 50-50.

"Such a policy will be a great departure from the policy heretofore pur-sued, and will involve greater naval activity on this coast. It also will necessitate adequate facilities, properly dis-tributed along the coast, for the care and maintenance of the fleet.

"It is further the purpose of the department, in carrying out this policy have the Atlantic fleet at times join the Pacific fleet in maneuvers, and also to have the Pacific fleet visit the Atlantic

It was Representative Padgett who put through the house a naval programme measure, calling for the expenditure of \$412,000,000 in three years, and comprising the construction of 10 battleships and 10 scout cruisers.

PORTLAND ARRANGES TO CARE

while still affording them ample op-

Yesterday afternoon the guests were "As it is at present, American shipowners, with American-paid crews, cannot compete against foreign shipping
that is manned by cheaply-paid foreight it oyou."

Representative Carl Vinson is also
from the south. When Georgia first
sent him to the hall of congress, he
was the youngest member in the house.
He is young yet, and he has a smile
that ought to go a long way with constituents, as it doubtless does. The
hour for departure on the highway
trip was near to hand, so be contented
himself with a few felicitous observations, commendation of Oregon's good
roads programme, a tribute to Representative McArthur, and a gallant word Yesterday afternoon the guests were honored at a handsomely appointed luncheon at the University club, at which Mrs. Montgomery, Mrs. Teal, Mrs. Carey and Mrs. Jackson presided. Covers were placed for 25 and the tablest were decorated with daffodils and African daisies, Mrs. Riordan, Mrs. Browning, Mrs. Thayer, Miss Jeanette Duncan, Mrs. Brown, Mrs. Charles H. Martin, Mrs. George F. Wilson, Mrs. Elliott Corbett, Miss Genevieve Thompson, Mrs.

HOLSUM

Good Bread and Picnic Sandwiches

Picnic weather is fast approaching and you will be ordering bread for sandwiches. Let us tell you that if you want delicious onesorder Holsum. It slices and butters without crumbling. It keeps fresh and moist and its appetizing, homemade flavor will greatly add to your tasty luncheon.

We will be delighted to have you visit our plant and see for yourself why Holsum bread is so popular.

Log Cabin Baking Co.



"We've never had a big part of the fleet over here, but it is recognized that we have more naval yards on the Atlantic coast than would be established now, if the proposition was to be taken up originally on the proper basis."

It was Representations are entire fleet to
Mrs. Jackson.

This afternoon Mrs. Teal will be the hostess at a luncheon of 15 covers at hor home. This evening the guests will spend quietly at their hotel, preferring the opportunity for a muchneeded rest to any formsi entertainment.

Today and

To

committee will spend in Astoria. The women will not accompany them, but will remain in Portland enjoying motorthe highway. Friday afternoon Mrs. Carey will entertain them informally at tea and they will probably dine at Forest hall in the evening the guests of another Portland hostess.

Saturday evening the women will 1919, ostensibly to collect rental for the lodging house at Water and Clay streets of which Mrs. Rosa is lessee, David Penni, owner of the property, put his arms about the neck of Mrs. Rosa, she alleges in a suit for \$5000 damages filed in the circuit-court yesabout the city and country and up

Teal, Mrs. Montgomery, Mrs. Carey and join the men's party on a boating trip up the river which will end at the din-This afternoon Mrs. Teal will be the ner dance at the Waverely country club.

AFFECTION IS RESENTED Tenant Objects to Landlord Putting

Arms About Her Neck. Coming into the private apartments of Mrs. Lillie M. Rosa on March 4, 1919, ostensibly to collect rental for the lodging house at Water and Clay streets of which Mrs. Rosa is lessee,

terday. Attempted assault is alle or which reparation is desired. Mrs. Rosa asserts that she is a who overheard the conversation tween herself and Mr. Penni or casion related have since treated with coolness and disrespect. plaintiff says that Mr. Penni was the habit of collecting the rent in p son every month. She accuses him coming up behind her and grabb

Dry slabwood and inside wood, gree stamps, for cash. Holman Fuel Co Main 353, A 3358.—Adv.

FOOD WILL PREVENT DISEASE

Food is always a better preventive of disease than serums, toxins or other drugsbut be sure the food is pure, clean, nourishing and easily digested.

Shredded Wheat

is the most thoroughly cooked cereal in the world, it is the whole wheat boiled in steam, drawn into filmy, porous shreds and then baked crispand brown in coal ovens. Epidemics of disease may be traced to under-nourishment. Keep yourself fit by eating foods that fortify you against disease. Serve Shredded Wheat with hot milk or cream and fruits.



