Interstate Commerce Commission to Hear Issues.

Wheat Growers of Interior Sections May Become Parties to Action for Satisfactory Tariffs.

Portland industry that has been asked for and bound to have influence upon future development.

"If it is actually a handicap to be nearer the wheatfields of the Columbia river basin, it is high time we find it out," said J. N. Teal, attorney for the Chamber of Commerce and Portland street. in the case, "We do not know when the hearing will be held, as that is a matter for the interstate commerce commission to decide. Importance of the matters involved are such that I think we may expect an early hearing." The defendant railroads and the United States railroad administration will have 30 days in which to make an-

tage of points located at the greater distance, as are Portland grain and milling institutions. For this reason there is little reason to doubt that be-cause of the close relationship between their prayer for readjustment of grain rates and that now made in asking for readjustment of rates on a basis that is equitable and fair to Portland, the wheatgrowers may be intervenors in

Owing to the fact that there is no lenger competitive operation of the railroads, there probably will be no appearance by attorneys for the individual lines. The United States railroad administration represents all of the roads, and there is no competition between lines for traffic theoretically. the roads, and there is no competition between lines for traffic—theoretically so, at least—hence the provisions of the federal control act for the movement of traffic along lines of least resistance and greatest economy would maturally serve to direct the inland empire traffic to and from Portland. As between shipments to Portland from Pendleton, the mileage is only about two-thirds as great as for movement of the same traffic to Asteria.

Movement to Scattle or Tacoma is correspondingly a much more excessive haul on equated mileage based upon movement over either of the lines crossing the Cascade mountains. Hauls on the average from points within the

Intervention Is Expected.

will intervene, and that would suggest like action by the utilities commission programme.

general, will be in attendance and her address will be the main feature of the will speak before the Woman's club and The map devised to accompany the

complaint filed with the Interstate Commerce commission is an excellent presentation of the geographic situa-tion. It reveals the situation of the three transcontinental lines that cross the Cascades at varying altitudes over lines of heavy gradient and sharp cur-vature, and the contrasting economic situation of the roads following down the water grade route of the Columbia river. It also discloses the relative lo-cations of the communities of traffic origin in the interior and the terminals cost of service must be greatly varied Main streets.

GRAND MARCH ABANDONED

Oregon Boys' Benefit Dance Will Begin at 7:30 P. M. Friday.

There will be no grand march at the Oregon boys benefit dance to be an active to an active and the auditorium Friday evening, active cording to announcement made yester-day by the united auxillaries reception will be served. The programme will begin at 7:30 and dancing will start promptly

AIR. WYCKOIT and Mr. Sherik will arrange for automobiles to take the vaudeville acts to the auditorium and return them to the show houses. Mrs. E. C. Ward will have charge of the floor on the south side of the auditorium and Mrs. E. J. Eivers will have charge on the north side. Captain Lee M. Clark and his assistants are arranging for decorations. Miss Viola ranging for decorations. Miss Viola Ortschild will be in charge of ticket

DON'T CHANGE YOUR HUSBAND

the Laurelhurst club over the anmual masquerade and Valentine party which will be an important event of this evening. The affair will be given in Christensen's hall and it is limited to members only. Many and varied are the most fantastic ever assembled, LOCATION POINT INVOLVED and others charmingly picturesque and

Filing of the complaint with the interstate commerce commission by attorneys representing Portland traffic organizations to obtain a determination of the question as to whether advantage for several days and will leave today for southern California, where they will of the question as to whether advan-tages of location have any right to rec-ognition in fixing freight rates has wakened public interest. Speculation was rife yesterday as to the probable date for the hearing, which it is conceded will be the most important to Portland industry that has been asked for any bound to have influence upon the seas. A great deal of entertainment has been done for the charming visitors, who have several old friends in Portland in the season of the charming visitors.

St. Ann's Charitable society will meet today at 2:30 o'clock at the residence of Mrs. P. J. Flynn, 151 Twenty-first

The Lady Elks' Card club will meet this afternoon to play 500. Mrs. R. J. P. Buchanan and Mrs. L. H. Kluge are in charge of the aftair.

Mrs. N. D. Singleton is ill at her

The defendant railroad administration in the States railroad administration will have 30 days in which to make answer to the complaint after receipt of sotice. Thereafter the commission will set the case for hearing before one of the members of the commission, or possibly more than one, and the testimony no doubt will be heard at Portland, as is customary in such cases. It is possible that the hearing may be held within 60 or 50 days. It also is deemed likely that the hearing on grain rates, upon complaint of the organization of wheatgrowers of the Inland Empire date.

Wheatgrowers literested.

Producers and shippers at the integrate points are as anxious to ascertain whether rates are based upon cost of service or for the preferential advansery of the commission will be the death the serve of part to the private viewing looking forward to the private viewing of particular of the commission will be held this eventance to which into the cards a suggestion of the valentine dark of particular of the club and their guests. It is possibly more than one, and the testimony of particular of the cards and more than 250 women. The profession of the existing dark of particular of particular of the club and their guests of the club and their guests. It is possibly the facture of particular of the cube in the professi

Another festivity scheduled for this evening is the third of the card parties and dances for which the Scottish Rite Masons are hosts. The affair will be given in their cathedral, Morrison and Lownsdale streets, and promises to be more than ordinarily interesting. Tables will be arranged for the non-

St. Valentine's day will be celebrated by the Portland Woman's club to-morrow afternoon at the Multnomah Willard memor morrow afternoon at the Multhoman hotel with programme and informal reception. Dr. W. W. Willard, who is filling the pulpit of the First Con-gregational church, will speak on "The Coming Internationalism." Raymond McKalsom will sing a group of old love

Following the programme a recep-tion will be held honoring Dr. Mary Thompson, a charter member of the club, who is celebrating her 94th birthday anniversary, and Mrs. Frank Nase, who will leave Portland soon to make her home in Ohio. Mrs. Nettle Greer Taylor will have charge of the arrange-

Important among the events of the Because of the big issues involved, there is every reason to expect that Seattle, Tacoma and Astoria will ask to intervene. It is not unlikely that the George Thatcher Guernsey, president of the Multi-George Thatcher Guernsey, president and doubtless be a social as well as an intellectual event.

After the luncheon Miss Francklyn

address will be the main feature of the programme.

One of the many interesting social affairs of the conference will be the luncheon to be held Wednesday at noon at the Multnomah hotel. Reservations may be made by calling Mrs. John Pearson, East 1842, or Mrs. Murray Manville, East \$695.

Will speak before the Woman's club and in the evening at the First Presbyter-lan church of Vancouver, Wash, at the request of the Atheneum club.

HOOD RIVER, Or., Feb. 12.—(Special)—Because the work of caring for charity patients of the community and similar tasks has been well handled by the philanthropic committee of the

The auxiliary meets each Monday and are finished. Thursday from 10 A. M. until 4 P. M. in the work rooms on Twelfth and HOOD RIV

A social hour of unusual interest has A social hour of unusual interest has been planned for the vesper tea of the paying honor to Abraham Lincoln, Mrs. Y. W. C. A. Sunday afternoon at 4:30. Lucien E. Beckner, organist of the First Congregational church will give the first of a series of musicales to which the public is invited. Mr. Becker will the public is invited. Mr. Becker will of the 12th division, and Captain George R. Wilbur, former commanding officer. be assisted by Mrs. Dudley Clarke, so-prano; Miss Beatrice Palmer, con-tralto; Raymond V. McKalson, tenor, and W. E. Robinson, baritone. A social The Lonesome club met Tuesday will follow the programme and tea

Dr. Louise Richter, official lecturer lawn districts at the Highland school in the city are welcomed this evening at 8 o'clock.

A lecture on social have

Mr. and Mrs. W. D. Palmer have re-turned from a month's sojourn at Los Angeles and its surrounding beaches.

The card party scheduled for January 27 by the Indies' auxiliary to Ancient Order of Hibernians, which was post-poned on account of the epidemic, will be held on February 24 in Hibernia hall, 360 Russell street. Five hundred will be played, after which dancing will be the feature.

Mr. and Mrs. Maurice Jay Woolach (Ida R. Wollins) are receiving congrat-

from Cincinnati and commenced writing night. Mrs. Bradner will remain here short humorous stories of the west, until Major Bradner is permanently which have been run in many publica-tions. When the influenza was at its height she went out as a nurse, and How Many Times Have You her stories and nursing have won her many friends. Mr. Robbins has been associated with the firm of Atkins & Co.

Said:

I would like to dress just like that lady crossing the street? Well, you can. Next time just drop in at Cherry's. If they haven't the exact duplicate, they have many more individually suited to your own style. Terms are easy and some wonderful reductions yet being offered. 389-91 Washington street.

here for several years and like that The young ladies' sociality of St. Patrick's church entertained with a card party last night in the parish hall, celebrated turned here. The soldier has been in party last night in the parish hall, celebrated from the army and man reduction with a card party last night in the parish hall, celebrated from the army and man reduction for the your style. The soldier has been in service 15 months, having been stationed at the North Island air station, near San Diego.

Antonina and Frances Sebecki, Edna Blake and Marie Shadle. Prizes were nian. Phone Main 7070, A 5095.

REAT enthusiasm and rivalry pre- awarded the highest scorers and the

the characters to be portrayed, some of card party at the Multnomah hotel Fri

and others charmingly picturesque and artistic. Every available character has been drawn upon for the evening's party tomorrow night. A special augprogramme, and the members are most enthusiastic and eager for the event. Considerable mystery, of course, surrounds the plans and preparations of the hundreds of members, all of whom are eager to avoid recognition as long as possible, which always increases the merriment considerably.

The committee in charge is composed of Mrs. Mary J. Brown, chafrman, and Mrs. W. P. Richardson, Mrs. R. H. Stephens, Mrs. E. W. Dingman, Mrs. H. W. Lyons, Mrs. J. W. Mount, Mrs. H. C. Hemenway and Mrs. Norman C. Taylor assisting.

Mr. and Mrs. Frank Perkins, promi-nent residents of Boston, are the house guests of Mr. and Mrs. Carleton B, Swift. Several interesting social affairs have been planned in their honor.

uncheon on Tuesday at the Benson a honor of Mrs. Russell Hawkins of Tillamook county. Other guests were: Mrs. W. C. Alvord, Mrs. Wheeler, Miss Genevieve Thompson and Mrs. Harrison Tillamook county.

Mrs. N. D. Singleton is 111 at her apartments in the Norton, where she is recuperating from an attack of in-

given by the Monday Musical club, of which Mrs. Reed is director.

The Portland Research club will meet Friday afternoon at the home of Mrs. Hamilton, 568 Madison street, at 1:45 P. M. Mrs. MacElwain will have a paper on Gertrude Atherton and Mrs. Hayes will tell of the life and works cially offered to the American high command." The Portland Research club will meet more than ordinarily interesting.
Tables will be arranged for the nondancers and an excellent orchestra will
furnish music for the devotees of the
art of dancing.

Tables will be arranged for the nondancers and an excellent orchestra will
furnish music for the devotees of the
art of dancing.

The Sunnyside W. C. T. U. will hold a Willard memorial service at the home of Mrs. Mildred Hanson, 374 Marguerite avenue, this afternoon at 2 o'clock. Miss Mary Mallett will speak on children's problems dren's problems.

Auxiliary to company F, 18th engineers, will meet tonight in the peacock room of the Multnomah hotel. Important business will be discussed and all members are urged to be present.

Miss Brenda Francklyn will speak at Movement to Scaitle or Tacoma is correspondingly a much more excessive baul on equated mileage based upon movement over either of the lines on the average from points probably would average 25 per land.

Miss Brenda Francklyn will speak at the University club Friday at the lunch-ground the University club Friday at the inch-ground the University club Friday at thoroughly. She has been twice to France during the present war and knows at first hand the scenes which

Manville, East \$695.

Despite the increasing lack of interest which has seriously interfered with the work on refugee garments and the work on refugee garments are the work on refugee garments and the work on refugee garments and the work on refugee garments are the work on refugee garments and the work on refugee garments are the work on refugee garments and the work on refugee garments are the work on refugee garments and the work on refugee garments are the work on refugee garments and the work on refugee garments are the work of t

HOOD RIVER, Or., Feb. 12 .- (Special.)—The Hood River Woman's club, in celebration of "American day," de-voted a portion of its programme in

of 12th company.

The Lonesome club met Tuesday evening in the clubrooms of the Alisky building. A pleasant informal evening of dancing and music was enjoyed and Miss Helen Gray, recently of Chicago, spoke on the lonesome clubs of that for the social hygiene division of the spoke on the lonesome clubs of that war department will address women city. The next meeting will be held and girls of the Highland and Wood-Tuesday, February 18. All strangers

A lecture on social hygiene will be given at Thompson school this afternoon at 2 o'clock by Dr. Louise May Richter, official representative of the government. The audience will compose the women and girls of Thompson and Shayer school districts. and Shaver school districts.

At the Ladies' card party last Thursday afternoon at Laurelhurst club, Mrs. L. F. Kluge and Mrs. J. P. Buchanan were hostesses. In "500" the honors fell to Mrs. W. W. Graves and Mrs. T. J. Mountain. In bridge, to Mrs. E. T. Hall and Mrs. H. E. Alger.

A simple wedding which interests a wide circle of friends both here and in the east was solemnized Tuesday evening in the First Methodist church when Miss Madge Jewett was married to E. Robbins of this city, the Rev. Joshua Stansfield officiating.

Miss Jewett came here two years ago

Miss Jewett came here two years ago

Miss Jewett came here two years ago

Miss Bradner will remain here

Centralia Soldier Discharged.

settled.

CENTRALIA, Wash., Feb. 12 .- Mil-

BASIS OF STATEMENT \$15 IS ALL YOU NEED IS CITED BY DR. BOYD To Secure a Fine Piano During Factory Clearance Sale in Rebuilt, Refinished or New 1918 Models and Used Pianos—Now in Progress —Save \$95 to \$355—While You Can. Soon Your Opportunity

French Offer of Prostitutes to U. S. Army Held True.

Portland Minister Calls Attention to Assertion of Chairman of Training Camp Commission.

Statements made in last Sunday night's sermon at the First Presbyterian church, delivered by Dr. John H. airs have been planned in their honor.

Miss Isabella Gauld entertained at relative to the supplying of the American army in France with prostitutes—an offer which was promptly de-clined—are maintained by Dr. Boyd with the quotation of his authority, none other than Raymond B. Fosdick, chairman of the commission on train-ing camp activities.

Saturday Mrs. Genevieve Thompson has asked a few friends to luncheon at Forest hall to meet Miss Brenda Francklyn, who recently returned from Seattle and will leave shortly for Pendleton, Boise and Salt Lake. Covers will be laid for 12.

Chairman of the commission on training camp activities.

One of those who heard the sermon, and who later met Irving S. Cobb, noted war correspondent, author and lecturer, then in Fortland, asked Mr. Cobb if the statement was correct. Mr. Cobb replied with emphasis that it was will be laid for 12.

but the second statement attributed to him. Dr. Boyd directs attention to the issue of the New Republic for November 39, wherein Raymond B. Fosdick, chairman of the commission on training camp activities, deals with the subject in a signed article. The arti-cle itself is discussed in the editorial columns of the publication of that date. In Jt Mr. Fosdick declares that the attitude of the French in this re-spect is diametrically opposed to that of America, and that their helief is of America, and that their belief is firm in the theory that prostitution is essential to the morale of troops.

French Surprised at Refusal, The French official report, states Mr. Fosdick, expressed naive surprise when their offer to the American high command was declined without dis-

In view of the discussion anent his sermon and the statement made there n, said Dr. Boyd, he felt that the pub

lic should be advised of the high au-thority upon which it was based. VESSEL IS ABANDONED

Eight Feet of Water in Engine-Room of U. S. Steamship.

NEW YORK, Feb. 12.—The American steamship Acoma, a 3500-ton wooden vessel, which sailed from New York for Marseilles, February 7, was abandoned taxed at noon yesterday with eight feet of water in her engine room, according to a message received today by the naval communications service from the British steamer Dongarra.

The man is believed to be the same party who recently visited Elberton and negotiated for the purchase of a big farm, lie came to Moscow some time ago, using the name of Oldfield. He arranged to buy two fine farms

BUY W. S. S.

The disease germ

is more dangerous

than the mad dog

If a foaming-mouthed, wild-eyed maniac of a mad

dog charged at a crowd of children, you know what

Every ounce of chivalry in your being would be in the quick spring that would land you between the children and

But how about the maseen mensce-more threatening-

more fatal-more cruel-than a million mad dogs-the disease

The danger spots in the home—places where germs posi-tively will breed unless these places are regularly disinfected, are garbage cans, cuspidors, toilets, sinks, drains, dark, sun-

You can make the danger-places in your how completely

Lysol is economical; a 50c bottle makes 5 gallons of powerful disinfectant, enough to last for months; a 25c bottle makes 2 gallons. Get a bottle today—use it regularly—you

will then make a better fight against disease than disease

Remember, there is but one true Lysel—the product made, bottled, signed and scaled by Lehnic Fink.

Lysol Shaving Cream

Contains Lysol, and kills germs on razor and shaving-brush

(where germs abound), guards the tiny cuts from infection, and

gives the antiseptic shave. It your dealer hasn't it, ask him

to order a supply for you.

less corners and wherever flies gather or breed.

germ-proof by the regular use of

for no germ can live in its presence.

can make against you.

to order it for you.

Lysol Toilet Som

Contains Lysol, and therefore protects the skin from germ in-fection. It is refreshingly sooth-ing and healing and helpful for improving the skin. Ask your dealer. If he hasn't it, ask him

Lysol is invaluable for Personal Hygiene

This \$475 \$315 Model for, \$315 \$25 Canh, \$10 Mthly.

Unparalleled in Present Local Piano Market Prices

\$15 AND \$25 SENDS HOME

Steger & Sons, M. \$300 Shea Women's Clubs

Was directed to this denial that he produced the evidence which he holds to substantiate his statement, and which was not named in the sermon.

Authority is Cited.

In speaking on the Ten Commandments, Dr. Boyd pointed various examples of the danger of their infraction, and, with respect to this, added that he had recently been held up to by the Portland Woman's Research club in the crystal room of the Benson hotel. Appointments and decorations hotel. Appointments and decorations hotel. Appointments and decorations in botel. Appointments and decorations abroad. He then made the estatement attributed to him.

Provided the evidence which he holds to substantiate his statement, and which he holds to substantiate his statement, and which was not named in the sermon.

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Thompson, Mahog. 500 365
Thompson, Mahog. 500 365
Thompson, Mahog. 500 365
Thompson, Oak. . 590 365

A Mendenhall, M.,

5 Mendenhall, M., Oak, Walnut... 650 485 Steger & Sons, M. 500 363

3 Thompson, Ma-hagony, Wainut \$750 \$485 1 Reed & Son, W. 750 595 1 Reed & Son, M. 900 685 Singer, Mahog., 850 2 Singer, Walnut 900 675 2 Reed & Son. M., Walnut 900 675 New Electric Players. Mahogany 1050 695 Used Electric Player

LOT 4-Used Pianes and Organs. Burdette Parler 125 30 Cottage 123 38 Enabe Sq. Plano, 350 Emerson Square Plano 350 65

. Bord, Paris Up. 275 75 Hallett & Davis 350 115 \$32.50 See Upright 350 Kneisel, Fd Oak, 375 248

Large Mahog ... 425 284 hompson, Fine Mahogany 450 268 Thompson, Large Mahogany ... 475 230 Thompson, Pol'd Mahogany ... 475 290 Singer, Dull Wal. 300 345 nger, Dull Mah. 525 360



ORDER YOUR PIANO BY MAIL Read, study and compare our quality, prices and terms as advertised and you will learn cash and \$7 monthly, and secure a musical education now. OUT-OF-TOWN BUYERS—WE PREPAY AND MAKE FREE DELIVERY OF PIANO TO YOUR HOME within 200 miles, and the piano will be shipped subject to exchange within one year, we allowing the full amount paid. This virtually gives you a one-year trial of the piano you order, Every piano or player-piano purchased carries with it the Schwan Piano Co. guarantee of satisfaction, as also the usual guarantee from each manufacturer of these new musical instruments.

Manufacturers' Coast Distributors. Schwan Piano Co. MARY MILLIONS at Washington. Schwan Piano Co. MANY MILLIONS IN CAPITAL

Church Calls Probation Officer.

YAKIMA, Wash., Feb. 12,-(Special.)

cording to an order made by the today that a letter mailed at San Franboard of county commissioners yester-day. The action of the commissioners is a result of a prolonged campaign in Selah in fayor of incorporating.

Germany, February 4. "This is regarded as record mail service," the dispatch said. Mail from the United States is arriving satisfactorily.

BAD CHECK MAN WANTED

Moscow Officers Issue Warrant for Arthur Jones, Alias Oldfield. MOSCOW, Idaho, Feb. 12 .- (Special.) A warrant was issued yesterday for Arthur D. Jones, alias Oldfield, on a charge of issuing checks on a hark in which he had no funds. The warrant was issued on complaint of C. Darson, cashier of the First Bank of Troy, on which Jones is said to have drawn a check for \$5000 as part payment on a

YAKIMA. Wash., Feb. 12.—(Special.)
—Election in the town of Selah upon the question of incorporating that town will take place Tuesday, March 4. Pershing notified the war department

Read The Oregonian classified ads.

"CAN I BE CURED?" SAYS

THE SUFFERER How often have you heard that and cry from the victims of disease. Per-haps the disorder has gone too far for help, but oftener it is just in its first atages and the pains and aches are only nature's first cries for help. Do not despair. Find out the cause and give nature all the help you can and she will repay you with health. Look after the kidneys. The kidneys are the most overworked organs of the human help. overworked organs of the human body, and when they fail in their work of filtering and throwing off the poison that constantly accumulates in the system, everything goes wrong. GOLD MEDAL Haarlem Oil Capsules will give almost immediate relief from kidney and bladder troubles and their kindred ailments. They will free your body from pain in short order. But be sure to get GOLD MEDAL. Look for the name on every box. In three sizes, scaled packages. Money refunded if they do not bely you.

QUICK RELIEF FROM CONSTIPATION

Get Dr. Edwards' Olive Tablets That is the joyful cry of thousands since Dr. Edwards produced Olive Tableta

the substitute for calomel.

Dr. Edwards, a practicing physician for 17 years and calomel's old-time enemy, discovered the formula for Olive Tablets while treating patients for chronic con-stipation and torpid livers.

Dr. Edwards' Olive Tablets do not

contain calomel, but a healing, soothing vegetable laxative.

No griping is the "keynote" of these little sugar-coated, olive-colored tablets. They cause the bowels and liver to act normally. They never force them to

If you have a "dark brown mouth" now and then — a bad breath — a dull, tired feeling—sick headache—torpid liver and are constipated, you'll find quick, sure and only pleasant results from one or two little Dr. Edwards' Olive Tablets at bedtime. Thousands take one or two every night just to keep right. Try them. 10c and 25c per hox. All druggists.

PUT CREAM IN NOSE AND STOP CATARRH

Tells How To Open Clogged Nos-trils and End Head-Colds.

mucous discharges or dryness; no struggling for breath at night.

Tell your drugglet you want a small bottle of Ely's Cream Baim, Apply a little of this fragrapt, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heat the swollen, inflamed mucous membrane, and relief comes instantly. It is just what every cold and ca-tarrh sufferer needs. Don't stay stuffed-up and miserable.—Adv.

Rev. E. W. Wilder, for the past year and a balf Yakima county probation officer, has received a call to the pastorate of the Mennoulte Dethren in Christ church in Filer, Idaho, and will accept if the county authorities will release him here. of Uric Acid.

> Rheumatism is no respector of age, lex. color or rank. If not the most langerous of human afflictions it is one of the most painful. Those subject o rheumatism should est less meat, freas as warmly as possible, avoid any undue exposure and, above all, drink

tion of the kidneys to filter this sold from the blood and cast it out in the uring, the pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin pores are closed thus forcing the kidneys to do double work, they become weak and sluggish and fall to eliminate this uric acid which keeps becommulating and circulating through he system, eventually settling in the oints and muscles causing stiffness, oreness and pain called rheumatism At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a tablespoonful in a glass of water and drink before break-fast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impuri-

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which gvercomes uric acid and is beneficial to your kidneys as well.—Adv.

Hot Water for Sick Headaches

Tells why everyone should drink hot water with phosphate In it before breakfast.

Headache of any kind is caused by auto-intoxication — which means self-poisoning. Liver and bowel poisons alled toxins, sucked into the blood, brough the lymph ducts, excite the east which pumps the blood so fast that it congests in the smaller arreries and veins of the head producing vio-lent, throbbing pain and distress, called headache. You become nervous, despondent, sick, feverish and miserable,
your meals sour and almost nausents
you. Then you resort to acetanilide,
aspirin or the bromides which temporarily relieve but do not rid the
blood of these irritating toxins.

A class of how water with

only wash these poisons from your sys-tem and cure you of headache but will cleanse, purify and freshen the entire alimentary canal.

Ask your pharmacist for a quarter pound of limestone phosphate. It is in-expensive, harmless as sugar.

If you aren't feeling your best, if

You feel fine in a few moments. Your cold in head or catarrh will be gone. Your clogged nostrils will open. The digestion, biliousness, constitution or air passages of your head will clear and you can breathe freely. No more dullates, headache; no hawking, snuffling, phated hot water cure to rid your system of toxins and poisons.—Adv.

A glass of hot water with a teaspoon-ful of limestone phosphate in it, drank before breakfast for awhile, will not only wash these poisons from your sys-

Persistent Coughs