

ENGINEER IN COURT- HOUSE FOODS OUT

Clark Rye, Said to Have Revealed Secret Liquor Tap to Officers, Ousted.

BOILER CONDITION PROBED

Grand Jury Investigates Trouble Among Employes at Charge That Emery Dust Has Been Thrown in Courthouse Machinery.

Co-incident with a grand jury order yesterday that one of the Courthouse boilers be disconnected temporarily until competent inspectors can give it a thorough examination...

It was learned, however, from other county officials, that Mr. Rye is alleged to be the man who played the boiler in question...

The grand jury is now making a thorough probe of the engine-room through the aid of the engineers and other employes of that part of the building...

The County Commissioners declared that this grand jury order is not the result of any fear that four play has been attempted...

Ever since the liquor pipe line scandal was unearthed by Sheriff Hurlburt and Special Agent Gen. of District Attorney Evans' office...

One charge which was made to District Attorney Evans was that emery dust had been thrown into some of the Courthouse machinery...

Secret Tap Revealed. One charge which was made to District Attorney Evans was that emery dust had been thrown into some of the Courthouse machinery...

How to Grow. PLANT sweet corn about the time of the last killing frost in spring...

WOMEN'S PATRIOTIC SERVICE. An interesting event of today is the talk to be given by Mrs. William Carls...

MRS. JOHN JUSTICE DIES. Walla Walla Woman Resident of City Since 1862.

WALLA WALLA, Wash., March 8.—(Special.)—Death about midnight on Wednesday removed one of Walla Walla's oldest residents...

SOLDIERS TO BUILD ROAD. Vancouver Troops Reach Toledo to Help Logging Operations.

TOLEDO, Or., March 8.—(Special.)—The Warren Spruce Company is constructing two additional buildings at this place to accommodate soldiers...

WOMEN'S CLUBS. The Portland Federation of Women's Organizations will meet today in the assembly-room of the Portland Hotel...

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ONE OF THE PATRONESSES FOR 318TH ENGINEERS' BALL TONIGHT AT MULTNOMAH HOTEL.

THE gayest event planned for tonight is the benefit dance to be given by the 318th Engineers, Company B, in the Multnomah Hotel.

Both the ballroom, assembly hall and tea gardens will be used for the affair and, judging from the amount of interest evinced in this dance, it will surpass by far the expectations of the energetic committee.

Colonel Richard Moore will be an honor guest of the ball and Captain Donald G. Miller, of Company B, also will be a guest of honor.

The patronesses are: Mrs. John C. Almonorth, Mrs. George L. Butler, Mrs. A. Benson, Mrs. W. H. Bissell, Mrs. W. J. Burdett, Mrs. W. H. Bissell, Mrs. W. J. Burdett, Mrs. W. H. Bissell...

Major Ian Hay Health, the celebrated Scott soldier, who has delivered several stirring addresses in Portland recently, was at Hotel Portland early in the week.

Mrs. A. L. Richardson and Miss Mary Newton, of La Grande, are spending several days in the city and are at Hotel Portland.

A number of Army officers from Vancouver Barracks will entertain tonight in strict accordance with Mr. Hoover's plan, was served by the club at the home of Mrs. J. G. Fontaine...

The regular quarterly meeting of the Women's Auxiliary will be held this afternoon at 2:15 o'clock at the Pro-Cathedral. The meeting will be addressed by Bishop Sumner.

Mrs. Charles H. Castner, president, and Mrs. Mattie Beatty, first vice-president, of the Women's Club, were guests of the Jefferson Woman's Club, of Jefferson, on Wednesday.

The executive board of the Multnomah County Women's Christian Temperance Union will meet in room G, Central Library, at 1:30 o'clock, Monday, March 11.

Mrs. C. B. Simmons yesterday received the highest number of votes nominating her for re-election to presidency of the Women's Club.

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Mrs. Jane Tedder writes that the women of the Red Cross Auxiliary, of Detroit, Or., gave a dancing party last Saturday night and realized therefrom \$25.35, which will be devoted to the work of the organization.

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much about carrying through that we all know what it means.

Along with the acquirement of mental poise there goes slow, poised speaking. An essential is that fear should be allowed to pass.

The cure of stammering is a matter of going to school to some one regardless of the age of the student. Those who are willing to persist can be cured. There is no magic about it.

Perhaps Overfed. R. E. W. writes: "My son is 4 1/2 months old, weighs 13 pounds 10 ounces. At birth he weighed eight pounds. He is breast fed, nurses 20 minutes or more at a time and very often throws up part of his food after a nursing. But he is not getting enough sleep, and is especially bad at night, making it necessary to feed him at 3 o'clock in the morning. I think his bowels distress him and I have been following my doctor's advice by giving him three small doses of milk or nuxia during the day and an enema at bedtime, with rather unsatisfactory results, however."

REPLY. "Has he gained sufficiently?" "What can I do to make him comfortable so that he will sleep from his 9 o'clock feeding until 6 A. M.?"

REPLY. I think he has had case of dyspepsia and will do better if fed somewhat less. Try four-hour feeding and decrease his nursing periods to 15 minutes. His gain in weight should satisfy you.

Baby's Food. E. P. A. writes: "Will you please tell me to feed a baby 1 year old, and how often? He is going to be weaned now."

REPLY. 6:30 A. M.—Six to seven ounces of warmed milk from a cup. 9:30 A. M.—One to two ounces of fruit juice. 10 A. M.—Milk, two-thirds; oatmeal gruel, one-third. 12:30 P. M.—One to two ounces of beef juice with a little piece of hard toast; a little finely chopped vegetable; four ounces milk and gruel. 3 P. M.—Same as 10 A. M. 10 P. M.—Same as 6:30 A. M. This can be varied by giving a little oatmeal, or rices, or scones and butter.

Past Forty-five. A. M. M. writes: "(1) Can a woman just past 45 years of age give birth to a child without endangering her life? She has never had any children before, is in good health now. (2) Did you ever know of anyone who gave birth to a child at this age without loss of life?"

REPLY. One and two. Yes. Danger Seems Passed. A. E. C. writes: "Is there any danger of moving into a house where people are thought to be tubercular? The family living in the house now have lost two of their children with tuberculosis. My children were not living at this location then. There is none that are afflicted now in any extent to be noticeable by outsiders. If you think fumigation is necessary, how should one proceed?"

REPLY. As I understand it, nobody in the family now occupying the house has tuberculosis or any other disease. Fumigation is not necessary. Clean, air and sun will.

DOMESTIC SCIENCE BY LILIAN TINGLE. DOLPH. I understand the rules correctly, pumpkin seed will be in the same class with wheat bread after March 1, and therefore unsuitable for wheatless days. Pumpkin seed with all the bran in it, rather than rye flour, sometimes combined with some whole wheat flour, and is frequently raised with sour dough instead of yeast. A little skill and experience is needed in making bread, and a substantial cereal product, home as it is better baked in large loaves in a baker's oven. I give a recipe below: I do not think a bread such as you describe (half graham and half rye), could be regarded as suitable for wheatless days. The card states distinctly "no wheat products." It is, however, an excellent bread for other days. Straight corn bread, well made, or wholemeal Boston bread, is the best thing I know for wheatless meals. I suggest the plan of making the meal complete in itself (without bread and butter), by using large quantities of potatoes and vegetables, a substantial cereal product, including (if it is a "main" meal), or by adopting an old-fashioned "mush and milk" or "porridge and milk" or "potatoes and milk" breakfast or supper. Pumpkin seed rye bread—One cup sour

How To Keep Well By Dr. W.A. Evans. Questions pertaining to hygiene, sanitation and prevention of disease, if matters of general interest, will be answered in this column. Where space will not permit, the subject is not suitable, letters will be published, subject to proper limitations and when stamps are enclosed. Dr. Evans will not make any charge for his services, but requests that requests for such services cannot be answered. 1918, by Dr. W. A. Evans. Published by arrangement with the Chicago Tribune.

Stammering. PEOPLE stammer because they think at one speed and talk at another. They do not throw the two processes into the same speed. Miss Stedman says: Stammering is of purely mental origin. Defined, it is the expression in faulty speech of the neurotic temperament. Whether acquired or inherited, it is always mental. There are no phlegmatic stammerers. There are some stammerers who are very brilliant people. Some are noted as witty and after-dinner speakers, some as brilliant board of trade men, some as prominent actors, and some as agitators. But I never heard of a judge who stammered. I opine that if a stammerer should become a judge he would be able to make the card states distinctly "no wheat products." It is, however, an excellent bread for other days. Straight corn bread, well made, or wholemeal Boston bread, is the best thing I know for wheatless meals. I suggest the plan of making the meal complete in itself (without bread and butter), by using large quantities of potatoes and vegetables, a substantial cereal product, including (if it is a "main" meal), or by adopting an old-fashioned "mush and milk" or "porridge and milk" or "potatoes and milk" breakfast or supper. Pumpkin seed rye bread—One cup sour

KITCHEN ECONOMIES BY ISOBEL BRANDS. What's Wrong With Your Bread. MANY amateur home bread bakers are sending in SOS signals these days. "Why does my bread get too dark?" "Why is the bread so doughy?" "Why is my bread so coarse?" and dozens of other inquiries.

Good bread should be golden brown in color and the same color on all sides. It should be smooth in texture, fine-grained, and the crumb should spring back after being touched. You can test bread by cutting into the loaf, pressing the crumb, and noting if it springs back as it should; or, if you do not wish to cut the loaf, tap it with the finger, and if it sounds hollow it is properly baked throughout.

Here are a few hints on bread-making that may help: First—Be sure to knead the dough well. Second—Allow one hour for baking ordinary sized loaves, and one hour and 15 minutes for the larger sized loaves. Third—The oven should be hot enough to raise the bread the first 15 minutes of baking, but not hot enough to brown the crust. The second 15 minutes of bread should be brown, but if it browns too quickly cover with paper.

After the mental habits and speaking methods have been established the difficulty is much greater. Persistence and patience are necessary for cure. It may be necessary for a stammerer to learn to use his mouth and throat muscles differently from his habit. It is difficult for a baby to learn how to use these muscles to make sounds recognized as words. It is truly difficult for an older person who has habitually used these muscles wrongly to learn the right way and then learn the right way habit.

And then the mental part of stammering may become a habit as well as the method of using the muscles of speech. In a young child mental training is the whole of the process of curing stammering. In an older child or in any adult Miss Stedman estimates it at two-thirds. The other third consists in breaking the habits of mind and muscle.

The treatment begins with the treatment for mental processes. The pupil learns to think calmly, quietly, logically, and to carry through. This carrying through of the thought is important. Our war literature has contained so

BAKER'S MARKET

169 Fourth Street Near Yamhill—Across Street From Fire Department AGAIN OFFERS THESE

Extra Prime Meat Specials

FOR ALL THIS SATURDAY Parker thanks you all that visited his market last Saturday. Again Parker is offering for this Saturday the best prime meats that money can buy, and selling them at the lowest possible prices consistent with the quality. Remember:

WE SAVE 20% ON OVERHEAD No Charge Accounts No Deliveries Therefore, these low prices for quality:

Table listing various meat products and prices: PORK FOR SUNDAY DINNER, LAMB, VEAL, BEEF, BUTTER AND EGG DEPTS.

FARMERS—Highest prices paid for Veal, Pork, Dressed Beef. We remit promptly. You don't have to wait a month for money.

Centralia High School, has purchased \$824 worth of war savings stamps to date.

John Masfield to Lecture. UNIVERSITY OF OREGON, Eugene, March 8.—(Special.)—John Masfield, famous English poet who saw service with Britain's forces in the Gallipoli campaign, is to include the university in his list of lectures on his present tour of the Pacific Coast. Mr. Masfield will appear before the students and faculty April 3. The lecture is to be held as a benefit for the Red Cross.

The Japanese practically work all the time, and take very little sleep or rest.

Mrs. Housekeeper LISTEN!

Now is the opportune time to serve your city and the Nation—buy local products—you will receive fresher goods and your dollars will do a double service.

PE ELL SUBSCRIBES \$1500 Business Men Organize to Promote War Stamp Sales.

CENTRALIA, Wash., March 8.—(Special.)—At a meeting held early in the week by the Pe Ell Business Men's War Savings Society a total of \$1500 was subscribed for the purchase of war savings stamps. The society will meet monthly in the future.

A war savings society was organized Tuesday in Napavine by the business men of the town. Mabel Kaason was elected president and Viola Ingalls secretary of a thrift club formed at Rochester Wednesday. Susie Pitcher, a sophomore in the

possesses a direct beneficial action that invigorates and cheers. Order a can Today.

Women With Wavy Hair Enjoy a Greater Advantage Over Their Less Fortunate Sisters The Thomas Lasting Wave makes lank, straight locks into "naturally curly" hair. We have been doing this wave for six years. We have hundreds of satisfied customers. SIX CURLS FOR \$5

The Sanitary Beauty Parlors 400-412 Dekum Bldg. Phone Marshall 1702.

Eat HOLSUM Bread. Save What Is Delicious

PARKER'S HAIR BALM A toilet preparation of merit. It is in evidence daily. For Restoring Color and Beauty to Gray or Faded Hair, etc., and \$1.00 per jar.

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