TRAFFIC VIOLATORS GROWD COURT AGAIN

Judge Rossman Passes Out Advice and Fines After Active Day by Police.

MONTH'S FINES ARE \$9000

Emphasis Laid on Fact That Campaign Is Not Punitive but for Purpose of Making Drivers Respect Rights of Others.

"Your honor, it was this way-" And then the traffic violator, man or woman, standing before Municipal Judge Rossman, relates the story of the slip which brought about the arrest; the policeman tells his side of the case and His Honor announces a decision.

Very few are let off without a fine,
ranging from \$1 up and so busy have
the members of the traffic squad
been this month that Municipal Court Clerk Beutgen said yesterday that the city probably would receive \$9000 from this source alone during December. this source alone during December.
Yesterday and the day before were days of woe for the traffic violator, as Captain Jenkins and Sergeant Ervin, in charge of this work, had instructed the motorcycle squad to post themselves in the business center

Thursday and they did so with notable

Advice Mixed With Fines. Yesterday the Municipal Court was glutted with traffic cases. Judge Rossman dealt out fines and doled out advice where he thought it necessary.

Among the throng brought in were those who smiled at their fate, others who smiled until they were fined and some who were rather defiant—but not one admitted intentional fracture of the ordinance. Each had an excuse, but the court refused to accept most of them as reasons and the city till was enriched to a considerable extent. was enriched to a considerable extent. Judge Rossman again took time yesterday morning to state from the bench that the city administration is enforcing the traffic ordinance for the public good. He cautioned drivers to be more careful, not only to avoid arrest, but also for the sake of the "other fellow," and not to feel that it is a light thing to break the law "now and then" when in a hurry or for some

ordinance," said the judge, "something is radically wrong. The police are enforcing the various sections of the ordinance now and it behooves every driver to know the rules and to ob-serve them; otherwise, they will be brought in here."

Many Pennities Imposed. Disposition of cases in Municipal Court yesterday:

Disposition of cases in Municipal court yesterday:

J. A. Jeffrey, \$2.50; H. Carey, \$2.50;
J. A. Jeffrey, \$2.50; H. Carey, \$2.50;
J. A. Jeffrey, \$2.50; H. Carey, \$2.50; J. Care

Doing My BIT BY ALBERT BENNETT SAYRES

Money a Faseinating Duty.

WHAT thought in the past have correctly measure the value of food.

You may buy food for very little money, yet it may nourish you and your family perfectly. You may buy the most expensive food and fail to get the proper nourishment. No matter what the cost of a food may be, it is the height of extravagance if it falls in its purpose. Decreased earning power, lowered vitality directly due to inadequate food and increased doctor's bill are all traceable—thoush sometimes are all traceable—thoush sometimes difficult to trace exactly—to improper nourlshment. It isn't what food costs, but what it accomplishes that counts.

This isn't the first time the need has been pointed out in this column. It is repeated because this is the most important problem the housewife faces in trying to determine just what foods to buy, no matter what the price, and which to avoid, no matter how cheap. Into the solution of this problem en-

into the solution of this problem en-ter many things besides the foods. For instance, there is the problem of the ages of the members of the family, their physical conditions, the kind and amount of work they do, the climate and the season of the year. All must be

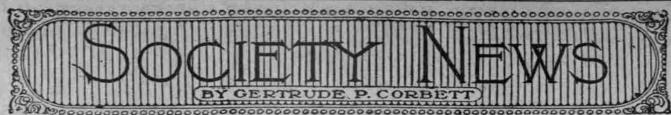
The human body is an expender of energy. How much energy do the bodies of your loved ones use up each day? This energy lost must be sup-plied by food—the proper food for a particular body doing a particular kind of work under special conditions. You should find out and must determine, for your family to do the best work in the best way, two things: First, how much energy is used up in

tigation. Go to the library and ask the person in charge to help you find a

fascinating in the world.

The result will be better food for your family at less money. A saving of money for your family pocketbook. saving of food for the Nation.

Clarence Willard, of St. Louis, now at amp Funston, received by parcel post letter from his friends which was 300



CHARMING YOUNG SORORITY MAID WHO WILL ASSIST AT GAMMA; as possible and enjoy a social cup PHI BETA TEA NEW YEAR'S DAY.

Virginia Wilson order Met

Railway Engineers, the men and Members are now have address. then" when in a hurry or for some such trivial reason.

"When one policeman can go to a corner and in a few hours fill this courtroom with violators of the traffic chase some of the extra necessities night and join in a big frolic, the pro-

> The dance is given by the auxiliary of Company "E," which includes women of prominence and spirit, who are bent on doing all in their power for their men who are in service on French soil.

The dance will be informal, evening clothes being tabooed, and the numerous features planned by the committee, which is headed by Miss Polly Young, sister of Captain Young, of Company "E," will undoubtedly make the event one of the most notable and

Everyone in the city is cordially invited to attend and help the auxiliary in securing the comforts necessary for their men doing duty in the battleields abroad.

The Travelers' Protective Associathe dinner and dance to be given at the Multnomah Hotel tonight is the What thought in the past have you given, what attention are you giving today to the very practical measuring of your menus and of the food you get for the money you decked suggestive of the Yuletide season. Clyde Evans is challenged in the served at 6:30 o'clock in the assembly hall, which will be decked suggestive of the Yuletide season. Clyde Evans is challenged to spend? Dollars and cents alone do not son. Clyde Evans is chairman of the committee, and the affair gives promise of much pleasure and galety. About 250 have signified their intention of

Miss Virginia Wilson is one of the popular sorority girls who will assist at the tea to be given by the Port-land chapter of Gamma Phi Betas on

Mrs. Katherine Daly is passing the holidays with relatives in Astoria.

Mr. and Mrs. L. A. Vogel and daughter, the Misses Rae and Eunice Vogel, of Morse, Saskatchewan, have arrived to spend the Winter. They are visiting at the home of Mrs. Vogel's sister, Mrs. W. B. Glafke, at present.

First, how much energy is used up in a day
Second, what food will best replace that lost energy with an abundant supplied. A pretty home wedding took place at the residence of Mrs. J. K. Havely. 715 East Eleventh street, when her niece. Miss Idelen Harrison, and Claude ply?

Sounds like a "large order," doesn't it? It is, and it's the most important work in the world. Important as this knowledge and this duty are in times of peace, in war time the duty and the need are even greater.

How are you to acquire this knowledge? The foundations you already possess if you're a good cook. The rest is merely a matter of intelligent investigation. Go to the library and ask the

Lieutenant and Mrs. Harrison Monroe passed Christmas with the latter's mother, Mrs. Jennie Francis Evans. book on the subject. From that book there will lead forth lanes of thought there will lure you along by their very intensity of interest. The subject, properly approached, is one of the most fascinating in the world.

Toe passed Christmas with the latter's public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Monroe will spend an afternoon for those who for the most properly approached, is one of the most francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother, Mrs. Jennie Francis Evans. In public free of charge. There could be mother for the mother francis Evans. In public free of charge. There could be mother for the mother for the mother francis Evans. In public free of charge. There could be mother for the mother for the mother for the mother francis Evans. In public free of charge. There could be mother for the mot

Railway Engineers, the men and women of Portland will assemble Red Cross membership drive; prein the Multnomah Hotel bailroom topheum benefit and kent up the Red pheum benefit and kept up the Red Cross sewing during the holidays.

> Delta Delta Delta Sorority will give a tea today at the home of Miss Hazel Ralston. The affair is being given for the members and the alumni, as well as for a number of their guests.

> Rev. and Mrs. F. J. Eppling, 863 East

ful dancing will be given by Ruth
Alexander and Alfred Meikle, the dance
to contain many original steps. The
lighting effects, under the direction of
Mrs. Urdahl Smith, for this particular
dance are considered wonderful and
pleasing.

The local chapter of the Alpha Phi
gave a knitting party for a number
of its members and friends Thursday
at the home of Miss Dorothy Parsons.
Christmas decorations were charmingly
arranged about the rooms and refreshments were served at the close of the afternoon. Presiding at the tea table, which was adorned with a basket of which was adorned with a basket of seasonable flowers and holly, was Mrs. Percy W. Blanchard. Among the alumni members present were Mrs. Alan Welch Smith. Mrs. S. Parsons, Mrs. Ashley Ely, Miss Elsie Lee and Miss Nellie Hill. The hostesses for the afternoon were Misses Dorothy Parsons, Lois Macy, Margaret Gray, Gretchen Colton, Roberta Scheubel, Aline Phillips, Seima Bowman, Ruth Graham and Bess Coleman.

EUGENE, Or., Dec. 28.—(Special.)— Miss Janet Knight, a student attend-ing the University of Oregon, and Wil-lard Colfax Cheney, a graduate of Ore-gon Agricultural College, were married at the home of Professor and Mrs. W. F G. Thatcher in Eugene last night.
Mr. Cheney is a son of Mr. and Mrs.
Colfax Cheney of Portland. He expects to enter the mechanical branch of the aviation service. will continue her studies at Eugene.

Women's Clubs

The conference Workers' club and the Confi-New Year's day in honor of the active chapter of Nu Sorority, of Eugene, many of whom are vsiting in this city for the holidays. The tea will be given at the residence of Mrs. F. P. Kendall.

The class will meet once a week for

The Phrenodican Debating Society of the Washington High School will hold its annual co-ed dance this afternoon at the Laurelhurst Club. All alumni members are cordially invited to attend.

Mrs. Katherine Daly is passing the holidays with relatives in Astoria.

Will direct the course. The class will meet once a week for 12 weeks. The first meeting for organizing, determining place and time of meetings, etc., will be held Monday at 4 o'clock, in room 446, Courthouse. But man was never a good climber, a competent competitor, with the study of Portland social problems and institutions and to make the results of the study public as a contribution to the common good.

to the common good.

It is hoped that the chairman of philanthropic committees in churches, lodges and clubs, also such persons as may in the future occupy such posi-tions, will enroll in the class. All pesons interested are invited to next Monday's meeting.

The Woman's Club will resume its lectures after the Christmas recess next Friday at the Central Library. At 2 o'clock in Library Hall Professor Lawrence, of the University of Oregon, will give his deferred illustrated lecture on "Portland Architecture." This is the fourth in the series of university extension lectures now ture." This is the fourth in the series of university extension lectures now being given to the art department of the club. The literature department will have the lecture by Professor Merriam, of Reed College, on "Mr. Britling Sees It Through" at ten minutes past 3 o'clock in room H of the Library. Both these lectures are open to the Both these lectures are open to the public free of charge. There could be

The Professional Woman's League will have a tea today from 4:30 to 6 at the University Club. Members have the privilege of bringing one guest. The tea is in honor of Dr. Burton, of the University of Minnesota.

Although a comparatively new organization, the Portland Woman's Re-

The Progressive Woman's League held its regular meeting at the home of Mrs. Alice M. McNaught on Wednes-day evening. The business meeting day evening. The business meeting was significant, taking up and discussing ways and means of devoting more time to Red Cross and patriotic work, as well as civic conditions. A committee of three was appointed to help on Saturday in getting memberships for the Red Cross. The league ships for the Red Cross. The league will resume its regular auxiliary work in the Red Cross sewing-room at Meier & Frank's Monday, December 31. The silver tea given last week at Mrs. Emilie P. Duke's residence was enjoyable and the next tea will be held at Mrs. Emili Johnson's. After the business session a social hour was enjoyed with light refresh-

The Portland Woman's Club mem-The Portland Woman's Club members held their regular meeting yesterday in the ballroom of the Multnomah Hotel. After an interesting business session Dr. John H. Boyd gave an address on "The League to Enforce Peace." Mrs. Gaylor Kellogg Mountain sang three delightful Cadman selections and responded to an encore. Mrs. Thomas accompanied the singer.

Yamhill County midyear executive will be held at Newberg January 3. Mrs. Lottie Hannon, who has been do-ing field work in Montana, will be the principal speaker.

The W. C. T. U. of Baker held a programme and social meeting recently at the home of the president, Miss Susan Moore. The spacious rooms were decorated. Seventy-five members with their friends from several other wom-en's clubs were present. Mrs. Lottie Hannon, who has been lecturing in

Montana, gave a patriotic address, which was enthusiastically received.

The Minnesota State Society will hold its monthly meeting Tuesday evening in the assembly-room of Hotel Portland, when all former residents of Minnesota will be welcome.

How To KEEP WELL BY DR.W.A.EVANS.

Questions pertaining to hygiene, sanitation and prevention of diseases, if matters of general interest, will be answered in this column. Where space will not permit or the subject is not suitable, letters will be personally answered, subject to proper limitations and where stamped addressed envelope is inclosed. Dr. Evans will not make diagnosis or prescribe for individual diseases. Requests for such services cannobe answered.

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MAN NEVER A CLIMBER. CHILD wears the soles of his

shoes on the outside. A quiet-atease youngster is very apt to stand on the outside of his feet with Glisan street, entertained at dinner on Thursday in honor of the birthday anniversary of Dr. Eugene Reinartz, M. R. A. C., of the Vancouver Barracks. Covers were laid for nine and the deconstruction of the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the birthday anniversary of Dr. Eugene Reinartz, with the covers were laid for nine and the deconstruction of the birthday anniversary of Dr. Eugene Reinartz, with the covers were laid for nine and the deconstruction of the birthday anniversary of Dr. Eugene Reinartz, with the covers were laid for nine and the deconstruction of the birthday anniversary of Dr. Eugene Reinartz, with the covers were laid for nine and the deconstruction of the birthday anniversary of Dr. Eugene Reinartz, with the covers were laid for nine and the deconstruction of the birthday anniversary of Dr. Eugene Reinartz, with the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deconstruction of the covers were laid for nine and the deco baby's legs are relatively short, being but little longer than his trunk or his arms. The legs of a paby some weeks prior to birth are shorter than his

A young baby will grasp an object with its hands very early in its life. He can be made to grasp a bar and support his weight suspended long before he can hold his head up. In fact, an article in the Journal of Heredity says that a baby can do this a few days after birth, but that the power begins to be lost at about one month of

the meaning of these several qualities? They mean that we are by inheritance a breed of climbers. Some of us grow away from it every day we live. Some retain the qualities of their Simian ancestors and are climbers so long as life lasts.

A baby can wiggle his toes, a small boy can pick up a marble with his toes, certain races retain some pre-hensile power in their feet, but most men are without this power. It seems that man at his best as a climber in those earlier days in his evolutionary history was a poor climber as compared with the members of the monkey tribe. The Journal of Heredity suggests that the fact that he was not a good climber, as climbers went, was one reason why he evolved faster and farther than the climbers.

He got on his hind legs slowly. Probably he crouched and sat up many generations before he habitually stood up. A baby learns to sit before he learns to stand. Time was required to readjust the hanging of all the organs hat they might operate all right when the posture was upright. But when the habitual upright pos-

ture was attained it became possible for the animal to advance in evolution. The freed forelegs and hands were put to better use than those of locomotion. Soon they lost their callus, and guidance through touch began to divide responsibility with guidance through smell. The head being carried high, sight and hearing also began to replace smell as average of discourse.

smell as avenues of discovery.

But no tree climber is ever a good breeder. The pregnant female cannot get about in the limbs of the tree. Young cannot be readily secreted there. In consequence of this handicap the

good climber's foot. And that was lucky for us. Had we been better monkeys we might have been content tells us that monkeys are very ego-

The calf muscles bend the foot downward tising on the toes exercises the calf muscles Do this 30 times twice a day. Dancing ex-ircles these muscles.

COLD IN THE HEAD.

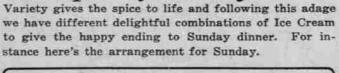
M. A. C. writes: "I have a woman friend who caught cold about three years ago. It seems to have settled in the head, causing considerable pain there. Her memory is falling. I understand there are canals in the head.

Construction Company. Men other them published so that others will know what to do under the same circumstances. Behind every one of the strike the work is being held up. The writer to be of use to someone else.—

Sandy boulevard crossing is not so Adv. that do not always clear without an operation. Do you think an operation would help her? Is there an institution in this state that makes a specialty of head troubles? Her age is 65 years and health good."

DIET FOR DIABETES. G. F. L. writes: "Does the starvation ure for diabetes continue to be as nuch of a success as ever? Do patients

The Spice of Variety



Dinner Brick No. 1—Bavarian Ice Cream With Cranberry Sherbet Center.

Dinner Brick No. 2-French Frozen Salad.



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("AN ALL-THE-YEAR-ROUND REMEMBRANCE") 24 of the Latest Songs and Orchestra Selections (your choice) and the latest regular \$75.00 model. All now for only.....

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even a record cleaner and needles included FREE. Note—The New Regular \$100.00 \$96.75 Models Are Now Only...... Including Records

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"Joan of Arc." "Some Sunday Morning." "Cheer Up, Liza." And thousands of others.

completion.

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BROADWAY AT ALDER

learning how to use our hands and these other steps made possible this last task. The Journal of Heredity says that we have evolved far when it comes to brain, but that our hands, our feet, our arms and legs, and other organs are primitive, poorly developed, and even inferior to the members of

ome lower animals.

Records

RISE ON TOES, EXERCISE. I. L. writes: "As I have broker arches and wish to correct the defect I intend to follow the instructions you gave recently. Will you please publish the method of developing the calf muscles also, for I am anxious to stor wearing supports, which are not help by a physician.'

REPLY.

there. Her memory is failing. I unerstand there are canals in the head

REPLY. There are canals in the bones of the face and head. Not infrequently "colds infections" extend to these canals. But I do not think such infection would cause loss of mind or loss of memory or affect the mind in any way whatsoever. Any well equipped nose specialist can illuminate these canals and discover infection in them. It is possible to treat such infections. All large general hospitals have nose specialists on their staffs.

on their staffs.

tistical, satisfied-with-themselves individuals.

Since we could not excel as climbers we tried another tack. That was brain development. Getting on our hind legs, until worse off?"

find their tolerance of carbohydrates hard hit as the others because of the and protein. Would it be advisable fact that it is far enough along so that the men employed are of a different class from those striking. Efforts are being made by the contraction.

REPLY.

The treatment is in high favor. Such patients as permanently change their habits and especially their starch and sugar enting habita, remain free from serious symptoms. Many of them continue to have a little sugar in the urine. My advice is that a person with a small percentage of sugar decrease his starch and sugar intake without waiting for his percentage to go higher.

CROSSING PLANS TIED UP

Employes of Pearson Construction Company on Sympathy Strike.

Work on the O.-W. R. & N. grade crossing elimination project is now tied up by strike, according to infor-mation given City Engineer Laurgaard esterday by the Pearson Construction

It is said that the steel workers and carpenters have been called out in sympathy with strikers on an Eastern project being handled by the Pearson Construction Company. Men other tor and the city to get the strike the crossings can be rushed to

Auxiliary to Serve Tea.

The auxiliary to Company B, 182d Infantry, will serve tea today from 3 to 5 o'clock in the Liberty Shop, court of the Portland Hotel. At the table will be Mrs. P. B. Vanciel, Mrs. Ladd Fisher, Mrs. M. F. Daniel. All are invited to call and visit the shop and enjoy a cup of tea.

"One Touch of Nature Makes the Whole World Kin," It's a commendable trait that when something has been of benefit to us we want to share it with others who stand in need of the same help. It's the ouch of Nature that makes the whole touch of Nature that makes the whole world kin—the wanting to be helpful to our fellow men. That is why people who have used Chamberlain's Cough Remedy write letters to the manufacturers about it, and ask to have them published so that others will know what to do under the same circumstances. Behind every one of these letters is the warm-hearted wish of the writer to be of use to someone else.—

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