

The Oregonian

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PORTLAND, WEDNESDAY, JULY 4, 1917.

REDUCING THE GERMAN SUPPLY.

Despite restrictions, it is now revealed that neighboring neutrals have made enormous shipments to Germany of essential foods, such as butter, lard, sausages and pork products, that would not have been possible if they had not been replaced by shipments from America.

While we were out of the war, our position as a neutral required that we should insist on the right to trade with other neutrals. Now that we are belligerent, we shall see to it that no aid, direct or indirect, reaches the enemy.

HUNT DOWN THE REAL INSTIGATORS.

Not without a sense of shame can the American people read of the outbreak of mob murder and incendiarism at East St. Louis, or of the failure to deal sternly with the rioters.

"WITH THE JACKET ON."

Science having come to the support of the potato cooked "with the jacket on," the potato is being prepared in a more elegant manner to decree it a fashion to make the complete tuber the piece of resistance of the American table.

W. H. HUDSON, who writes in the National Review, tells of the horror he felt when, on a visit to England, he was served with a "sodden mass of flavorless starch and water" that was by the name of potato.

FACTS COMING TO LIGHT CONCERNING THE SUBSCRIPTIONS TO THE LIBERTY BELL.

The Liberty Bell, which has become a present some inspiring examples of another sort. For thrift by itself is a form of patriotism these days.

PATRIOTISM AND THRIFT.

On this anniversary of the greatest and most glorious day in the history of this Nation, those who work all day will feel the best at nightfall.

THE RUSSIAN ARMY HAS THE CHANCE OF ITS LIFE, IF IT ONLY KNOWS IT.

The Russian army has the chance of its life, if it only knew it, to earn the lasting gratitude of the people of the world.

ONE THING MAY BE SAID FOR THE FOURTH OF JULY.

An Irishman is the champion talker in Parliament, of course, and he says something.

IF YOU MUST GO AWAY FOR THE FOURTH, YOU CAN TAKE YOUR OWN PART.

The man who sleeps late misses the best part of this holiday.

GOING SOMEWHERE TODAY?

There is no holiday for the woman who has to put up the lunch, look out for the children all day and bear all the blame at night.

CONSCIENTIOUS OBJECTORS.

The Army exemption boards are not to have an agreeable task. They will be subject to pressure from many quarters to find some way to excuse this or that unwilling person from military service.

THE ORIENTAL WAY.

One does not often find amusement in an imperial edict unless it issues from a comic-opera potentate or a Chinese ruler.

BETTER OFF AS YOU ARE.

W. V. writes: "I am 18 years of age and weigh 117 pounds stripped; am 5 feet 4 inches. I am a member of a gymnasium and visit there twice weekly. I use the chest machines and box for about half an hour. I would like to increase my weight, but I understand gymnastics keeps your weight down."

DELIGHT FREE FRAG.

"Mulliger," whispered Mrs. Tawney, "I hear something moving in the next room."

FLAG ETIQUETTE.

TROUTDALE, Or., July 3.—(To the Editor.)—Kindly inform me relative to the law governing the display of our flag. Is there any objection to draping the stage with an American flag and having one draped in front of a folding table which might be (the table and draping) carried in front of the curtain later? ED S. ALLEN.

it up beyond, say, the 10th of March, or, in extreme cases, to the Fourth of July. Since the days of Samuel Peppys, men who could start a daily record of their downings and uprisings and stick to it have been as scarce as proverbial hens' teeth.

MEN, NOT BOYS, TO BE DRAFTED.

The American Army which is to fight this war will be composed in the main of much older men than those who fought to preserve the Union in the Civil War.

A NEW FOURTH OF JULY.

Freedom is not shrieking today and the Eagle has its soft pedal on the scream.

REMARKS BY THE PRESIDENT.

The man who reads the Declaration of Independence at the gathering thinks to himself that George the Third was not such a bad old scout at all and wishes it had proper allusion to him in the new Declaration.

FROM PASSAMAQUODDY TO PUGET.

From Passamaquoddy to Puget, from the northernmost township of New Brunswick to the waves of the Gulf, this Nation celebrates its first real grime Fourth of July.

IT IS A SANE AND SAVING FOURTH.

Nobody will miss the noise of cannon nor the sputter of fireworks. We are saving our powder for effective work and we are saving the price of fireworks for the solace of the stricken.

WE ARE A NEW KIND OF AMERICANS TODAY.

With the sword of righteousness in one hand and comfort for the wounded in the other, we are seeking the goals of liberty. We will win, we cannot help win, as our progenitors of 1776 won, and as their descendants of 1861 won.

TODAY, JULY 4, 1917, WE AFFIRM OUR ALLEGIANCE TO THE PRINCIPLES ENUNCIATED 141 YEARS AGO WITH THE ASSURANCE OF A BODY GROWN WISE WITH YEARS.

now taking place in the industrial system. The necessity for promptness in filling orders is becoming widely realized and will have a marked effect on the future business of that country.

BANANA FLOUR.

The London Lancet's statement, which is quoted by the Trinidad growers, that "banana flour" contains more nitrogenous matter than wheat flour, will be received with surprise by our own scientists.

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How to Keep Well. By Dr. W. A. Evans. Questions pertinent to hygiene, sanitation and prevention of disease, if matters of this general nature are to be answered in this column, where space will not permit, the subject is not suitable, letters will be personally answered, but will not be published unless accompanied by a stamped envelope or prescribed for individual disease. Requests for such services cannot be answered. Published by arrangement with the Chicago Tribune.

SAVING THE COST OF THE COUGH.

THE Medical Critic and Guide quotes a German statistician as calculating that a man who coughs four times an hour for ten hours uses up as much nourishment in doing so as is furnished by three eggs and two glasses of milk.

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