

WOMEN ARE SHOWN HOW MEATS CUT

Practical Demonstration Given
by Mrs. J. D. Spencer Be-
fore Woman's Club.

GREAT WASTE IS REBUKED

Poorer Cuts Declared Better Flavored Than So-Called Prime Ones, and Poor Cooking Is Blamed for Divorces.

Husband your fat, that you may faten your husbands. This, in effect, was one of the bits of advice given several hundred Portland women yesterday afternoon at the library hall by Mrs. J. D. Spencer, who gave a practical talk in connection with a demonstration of meat cutting. How to get the best results out of the cheaper cuts of beef was the general topic.

Mrs. Spencer emphasized the need of good management in the household and the collecting of fats and their use in cooking was a salient feature of her remarks. The meeting was held under the auspices of the Portland Woman's Club. Mrs. C. B. Simmons presided. A butcher's block, two quarters of beef and a white-aproned butcher, Frank Christman, provided the most unusual stage setting that the refined atmosphere of the library hall ever saw. Under the eyes of the audience the side of beef was chopped up, the various cuts pointed out, the cheaper ones recommended as being of better flavor, and economy advised in purchasing meats.

Questions Asked Freely.

It was not a meeting to cheer the heart of a packing-house but to instruct. They asked questions freely and voluminous notes were taken. Further meetings along the same line were advised as profitable.

"Economy is the object of the meeting," said Mrs. Simmons in calling it to order. "We feel that a food boycott is destructive; this, we believe, is constructive." Accompanied by a chart on a blackboard depicting a blocky steer with his edible portions chalked off and numbered, the object lesson was given, with the frequent hacking and sawing of the butcher. Every part of the animal was shown to be useful. At 6 cents a pound to sweetbreads at 60. "If tripe were as scarce as sweetbreads, it would undoubtedly be as high in price," was one of Mrs. Spencer's observations.

Tenderloin steak, for example, was described as being the tenderest part of the beef, and therefore the highest priced, but it was declared that cheaper cuts have far more flavor and, if properly cooked, are just as good.

Slow Cooking Recommended. Slow cooking, in fact, a good simmer, was emphasized and recommended for the parts of the beef least appreciated, but really higher in food values than the portions most highly prized. For example, it was said that a cross-rib pot roast at 14 cents a pound can be made to equal a prime-rib roast at 20 cents.

Flank steak, at 20 cents, could be cooked properly and made to equal in appetizing qualities a T-bone steak at 25 cents. Even the lowly chuck, the brisket and the neck were declared to be full of possibilities for one who understands cookery.

"It is better, in my opinion," said Mrs. Spencer, "to select a second-class cut of meat from a first-class animal than a first-class cut from a second-class beef."

She told of the use of fats other than butter, such as suet and lard, and a pound, that could be used largely to replace the more expensive fats in the kitchen with equally good results. The European housewife, she declared, has Americans outdone when it comes to practicing real efficiency. She cited the fact that chickens' feet are skinned and utilized for food in Europe, whereas they are sold as pig's feet here.

Good Cooking Is Urged. The importance of good cookery for other reasons than that of economy was mentioned by Mrs. Spencer. "I have yet to find a divorce in a family where the wife is a good cook," she said.

"A man has as much right to expect his wife will have dinner ready for him when he gets home as she has the right to expect his pay envelope on Saturday night."

L. D. Mahone, chairman of the mass meetings now being held to attack the high cost of living, announced that arrangements were being perfected for the direct interchange of food products from the producer to the consumer, and that within a very short time this new thrust at living expenses is expected to become an accomplished fact.

Two Firms Incorporated. SALEM, Or., Dec. 12.—(Special).—Among leading articles of incorporation filed with the Corporation Commission today were those for the Flanders estate, Portland, capitalized at \$600,000, and the Santa Barbara Telephone Company, of Portland, capitalized at \$700,000.

Salem School Board Acts. SALEM, Or., Dec. 12.—(Special).—The Salem School Board has indicated the action taken by the W. C. T. U. in urging anti-cigarette legislation at the coming session of the Legislature.

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MRS. HANLEY VISITS

Medford Woman Campaigner
En Route to Seattle.

POLITICAL TALK IS TABOO

Time Too Occupied With Planning
Christmas for Children to Give
Thought to Other Things.

Portland Friends Met.

Registered at the Imperial Hotel yesterday were Mr. and Mrs. E. R. Hanley, of Medford, who are on their way to Seattle on business trip and to select a residence for the rest of the winter. Mrs. Hanley, who was prominently identified with the success in carrying Oregon for Hughes, needs no other introduction than her name.

With her husband, she came to Portland yesterday, conferred with friends during the day, attended to some Christmas shopping, went to the matinee at the Orpheum and had dinner last night with the family of B. B. Piper and left at midnight for Seattle.

The Hanleys will spend a week in Seattle, and plan to stop off in Portland en route to Medford, where they will celebrate Christmas.

"I absolutely refuse to talk politics," said the charming ranch girl-woman. "I'm too interested in my children's Christmas just now to think about anything else."

Junior Selects Tree.

"Junior, that my big 14-year-old boy, has already got the tree. Or at least he has it picked out. He's had his eye on it ever since last Christmas and rejoices daily at its spreading limbs and splendid greenery. And it isn't because the tree looks as if it would hold all the presents in the world's shops that he chose it. My kiddies are so satisfied with just any thing that comes on Christmas."

"Junior wants a small shotgun and a pair of knee pads for football, and Kathryn wants dolls. She is the most devoted mother of a big family of dolls, but she constantly is adding to her household. Her most recent addition is Hughesette, a dolly I sent her on her birthday in October and which she named for Mr. Hughes."

"Our ranch home is filled with children at Christmastide, for my kiddies always have a big time. It is as if the other children for miles around to see their tree."

Asked what she thought of Jeanette Rankin, Congresswoman, Mrs. Hanley said: "I look to see a future in which a Senate and House are equally divided. Mrs. Rankin is the herald that goes before. She is clever and has won her spurs. I cannot see but that she is a match for any man in the House of Representatives. She is going there with the kind of accomplishing things. The personal element does not enter into her work."

Wonderful Things Possible.

"The situation is such that a clever woman in her position can do wonderful things not only for women, but for the whole world."

"From all I learn, Miss Rankin is a sensible woman with a good mind—she is purposeful and resourceful and she is going there to accomplish results."

"Men follow precedents and, through obsolete conventionalities, often hamper legislation. A woman goes directly to the point. If she desires certain changes, she takes the most expedient way to perform them. Because a thing has always been done in one certain fashion is no reason with a woman why it should continue to be done that way if it needs any remedying."

"The extremely interesting situation of the balance of power in the House will give Miss Rankin a wonderful opportunity to obtain from both sides an intelligent hearing, and I think co-operation."

Mrs. Hanley reports that Marshall, the porker sent her by Eastern Oregon friends of Wilson, is thriving nicely. "He belongs to Kathryn, and she and Junior feed Marshall a dozen times daily, trying to get the poor little creature into some semblance of a real pig."

TWO AFFIRM CONVICTION

Dissenting Opinion by Burnett Provides for Reopening Cases.

SALEM, Or., Dec. 12.—(Special).—While a strong effort made about two years ago for the pardon or parole of Roy Farrum, serving a sentence in the Oregon State Penitentiary for manslaughter committed in Douglas County, was dropped, information developed here today that, in the light of a strong dissenting opinion handed down by Justice Burnett in the Supreme Court to an affirming opinion of two other justices in the Farrum case, that another effort will be instituted in a short time to gain executive clemency for the man.

In an opinion by Justice McBride, concurred in by Judge Harris, the court affirms the decision of the lower court of Douglas County, G. P. Skipworth, Judge.

Roy Farrum was convicted of manslaughter for the slaying of Edna Morgan in the Cow Creek Valley, man. In his dissenting opinion Justice Burnett declares, in brief that three errors clouded the proceedings of the court, one, the admission of hearsay, detailing a statement of Edna Morgan

about her thought concerning the possible future movement of the defendant; two, the faulty instruction of the court, wherein it assumed that abortion alone was a crime without stating the other elements of the offense defined by statute; and, three, charging the jury about forms of manslaughter of which no intimation was given to the defendant by the indictment upon which he was tried.

In the case of S. G. Sargeant, as Superintendent of Banks, on behalf of the creditors of the American Bank & Trust Company of Portland, insolvent, vs. G. W. Waterbury, et al, the cause is dismissed in an opinion by Justice Benson.

Other decisions were:

Edwin B. Hill et al. vs. The American Land & Livestock Company, appellant, appealed from Harney County, suit to adjudicate the rights of various parties in the use of waters of Trout Creek; opinion by Justice Burnett. Judgment of Circuit Judge Biggs for plaintiff affirmed. Only Pacific Livestock Company appeals from adjudication of lower court.

Turner Oliver, appellant, vs. Susan Crain, appellant from Union County, action to recover for legal services; judgment of Circuit Judge Knowles for defendant modified, per curiam.

Western Piquahar Machinery company, appellant, vs. E. P. Burnett, appellant from Union County; action to recover on promissory note; opinion by Justice McBride. Circuit Judge Knowles' judgment for defendant affirmed.

J. A. Best, appellant, vs. Joe H. Parkes, Justice of the Peace, appellant from Umatilla County, involving change of venue; Circuit Judge Phelps affirmed. John Hodges vs. S. E. Blaylock et al, appellant, appealed from Malheur County, an action founded on a promissory note, opinion by Chief Justice Moore; Circuit Judge Biggs' judgment for the plaintiff affirmed.

Mount Emily Timber Company, appellant, vs. Oregon-Washington Railroad & Navigation Company, appellant from Union County, action for damages for failure to deliver logs; Circuit Judge Knowles' judgment for defendant affirmed. In the case of State vs. Scott Goodall, appellant, appealed from Union County, which absolutely refuse to talk politics; judgment was affirmed.

CREDITORS CHARGE RUSE

BANKRUPTCY HEARING OF EUGENE REALTY MAN IS HELD.

Handwriting Expert Declares Signatures of Supposed Owner of 49 Shares Are by E. J. Frazier.

Declared by J. A. Wesco, a handwriting expert, to be forgeries, signatures of W. J. Rogers were scanned yesterday in the bankruptcy proceedings of E. J. Frazier, a Eugene real estate man, being heard before A. M. Cannon as referee. It is claimed that belief of counsel for creditors of Mr. Frazier that Mr. Rogers does not exist and that he is a mythical person who has been called into existence by Mr. Frazier himself to retain property that creditors say should be used in paying Frazier's debts.

The case is a long and tedious one, with numerous hearings, both in Eugene and Portland. Of the 100 shares of the Frazier Real Estate Holding & Loan Company, of Eugene, which owns property valued at between \$70,000 and \$150,000, Rogers holds 49 shares. Various deeds and other documents that bear Rogers' signature were examined yesterday with care and it was the declaration of the handwriting expert that Mr. Frazier wrote the Rogers signature.

Rogers cannot now be produced, and the last heard from him is a letter, written 10 months ago, at the request of Mr. Frazier, he says, to Referee Cannon. He was then supposed to have been in San Francisco.

BAR EXAMINERS APPROVED

Supreme Court Confirms Selection of New Committee.

SALEM, Or., Dec. 12.—(Special).—The Supreme Court today confirmed the nominations of Samuel White, president of the Oregon Bar Association, of the names of the members of the committee to pass on applicants for admission to the bar, the committee being Harrison G. Platt, Portland; James B. Kerr, Portland; Oscar Hayer, Dallas; Arthur Clarke, Corvallis; Thomas G. Greene, Portland.

The new committee dates its appointment from January 2, 1917. The only change made in the personnel from the present committee is the selection of Thomas G. Greene, in the place of John M. Gearin.

CARROLL S. CUMMINGS DIES

Prominent Kelzer Bottom Rancher Succumbs Following Operations.

SALEM, Or., Dec. 12.—(Special).—Carroll S. Cummings, prominent rancher of Kelzer Bottom, a few miles north of here, died today following two operations. He had been a resident of this section about 29 years and is survived by a widow and three children.

He was a member of the Odd Fellows and 49 years of age. Funeral services will be held tomorrow.

Governor Joins Moose Lodge.

SALEM, Or., Dec. 12.—(Special).—Governor Withcombe was one of 18 local citizens who became members of the Salem Lodge of Loyal Order of Moose tonight. Tom Radcliffe, of Portland, National director of the organization, had charge of the ceremonies. A banquet was served following the initiation.

Two Cases Advanced by Court.

SALEM, Or., Dec. 12.—(Special).—In an oral order today, the Supreme Court



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advanced on its calendar the two causes of Rose and Stevenson vs. the Port of Portland, in which plaintiffs seek to enjoin the Port from making certain improvements and from entering into the business of selling coal. The causes are set down for hearing on December 20.

CHRISTMAS TREE PLANNED

Sheridan Civic and Church Organizations United for Programme.

SHERIDAN, Or., Dec. 12.—(Special).—Sheridan will, through the efforts of Rev. C. L. Dark, pastor of the Methodist Church, and Rev. A. N. MacDonald, of the Congregational Church, enjoy a Community Christmas tree this year.

All the local churches, clubs, lodges and other organizations are co-operating with the Mayor and the City Council towards the erection of a Christmas tree 100 feet in height at the corner of Bridge and Second streets.

Exercises will be held on a large elevated platform.

Women Plan Banquet Friday.

The 25th anniversary of the founding of the Portland Woman's Club will be observed Friday night with a banquet at the Hotel Benson. Charter members will be guests of honor and arrangements have been completed that seem to assure a most successful gathering. Reservations must be made not later than tomorrow night. Telephone Mrs. Bert Denison, East 2168, or Mrs. Charles Runyon, East 2124.

Amity Hears Hygiene Talks.

AMITY, Or., Dec. 12.—(Special).—The Oregon Social Hygiene Society held two meetings here today, one in the afternoon, at the Christian Church, for women, and another at night in the High School auditorium for men. The speaker at the afternoon meeting was Mrs. G. H. Bettinger, of Portland. At the night meeting Mayor Watt, of this city, Dr. C. R. Matheson, and W. G. Elliott spoke.

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VANCOUVER COUNCIL, HOWEVER, IS OPPOSED TO LOOP.

Property-Owners Not Willing to Give \$4000 Bonus Requested by Portland Railway Line.

VANCOUVER, Wash., Dec. 12.—(Special).—The City Council last night adopted a resolution that it would grant a franchise for the Portland Railway, Light & Power Company to run its tracks from Main to Third street.

It is implied that the company can make arrangements with the North Coast Power Company to run over its tracks from Main to Third to Washington and down Washington to the bridge. The company had asked permission to loop around the substation

between First street and the Columbia River, but the Council would not permit it.

S. J. Fuller, of the Portland Railway, Light & Power Company, has written the Council that the company will build around as indicated if the property owners will give a bonus of \$3000, which, it seems, they are not inclined to do.

First street is about to be paved from the bridge to Main street and now is the practical time for the laying of the streetcar tracks.

Platinum is becoming so scarce that Russia, where most of the mines are, is seeking new deposits.

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