

# The Oregonian

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 Portland, Wednesday, May 31, 1916.

## LAST YEAR'S OR NEXT YEAR'S?

A disgruntled citizen protests in a letter against the nomination of Justice Hughes, because "nobody knows where he stands on preparedness, watchful waiting, and the like," and if he is nominated "it would certainly look as if the Republican party is only after the offices and doesn't care a cent for politics or principles."  
 The Oregonian has no warrant to speak for Justice Hughes, but it is quite ready to trust his known Americanism and high idealism to deliver us from the torpid, unpreparedness, watchful waiting and unpreparedness in which the country has been involved by President Wilson. Justice Hughes, by the way, on January 31, 1908, before the Republican Club of New York declared for adequate preparedness, in a speech heretofore printed by The Oregonian. For obvious reasons he has been silent since. But where does President Wilson stand on anything?

He took over a year ago he publicly sneered at preparedness; now he stamps the country for large armament and the greatest fleet in the world.  
 Once he was for Panama tolls; later he was against them.  
 Once he denounced secret diplomacy; now he is a secret diplomat.  
 Once he was for a single term for President; now he is for another term.  
 Once he was against a non-partisan tariff commission; now he publicly proposes it.  
 Once he was for free sugar and for free trade; now he is for a tax on sugar and for protection against dumping after a tariff is levied.  
 Once he was for civil service; now he is a principal in the greatest spoils-men's raids by his party since Jackson's day.

Once he was against Bryan, then he took him in, open arms, now again he is snarled against Bryan.  
 Once he was against pork-barrister legislation; now he signs anything the pork raiders are able to get through Congress.  
 Once he has been against intervention in Mexico, but he has intervened twice; and now he declines to withdraw the American Army in Mexico—and will continue to decline, no doubt, until after the national convention.

President Wilson is for the rights of Americans on the high seas, and would go to war to protect them; but he ignores utterly the just claims of Americans in Mexico for protection, and orders us to leave for fear of war with Mexico.  
 He talks effusively and eloquently of our duty to humanity, but he does nothing for humanity.  
 No doubt the Democratic party supports President Wilson because of his principles and policies.  
 But what principles and policies? Last year's? Or this year's? Or next year's?

## OUR GROWING FOREIGN COMMERCE.

The course of foreign trade in March showed a decided decrease in exports of crude material for manufacture and partly manufactured, and a decided increase in exports of crude foodstuffs and of manufactures, both ready for consumption and for further manufacture. Comparing March with February in round millions, there was a decrease from 59 to 41 in crude materials, from 59 to 52 in partly manufactured foodstuffs, while there was an increase from 32 to 29 in crude foodstuffs, from 59 to 64 in manufactures for further use, and from 179 to 212 in completely manufactured goods. The increase of 3 1/2 millions in total domestic exports is due to an increase in sales of manufactures which was sufficient to wipe out all decrease in other items.

March, compared with February, imports shows the effects of the war in increases from 89 to 98 millions in raw materials, and recovery from the war's effects on industry is seen in increases from 28 to 32 in manufactures for further use, and from 28 to 29 in finished manufactures, while crude foodstuffs show a slight decrease. Our factories work up increased quantities of foreign raw material, but foreign factories increase their sales to us, though in a far less measure than our factories increase their sales abroad.

But a smaller proportion of our imports came from Europe, Africa and Oceania, and a proportion from Asia and other parts of North America in March than in February. The total from Europe decreased from 60 to 57 1/2 millions, from South America from 5 1/2 to 5 1/4 millions, from Oceania from 14 to 13 millions, while there are increases from 48 to 55 millions from North America, from 32 to 44 millions from Asia and from nearly 8 to nearly 10 millions from Africa. The bulk of Asia's increase is from the British Empire. India, their exports to this country having swollen from 1 1/2 to 2 1/2 millions.

Our exports to Europe in March, as compared with February, increased from 10.8 to 11.2, Italy from 18 1/2 to 19.5, Denmark had a decrease from 3.3 to 3.2 millions, the Netherlands a decrease from 11.7 to 10.5, Norway an increase from 3.8 to 6.7, and Sweden an increase from 2.4 to 4.2 millions.

Direct sales to the central empire have practically ceased, nothing having been exported to Germany and only \$450 worth to Austria. Sales to Spain almost held their own, having almost doubled the one of March, 1915. Among Latin-American countries, Mexico increased purchases by \$800,000, Cuba by \$1,500,000, Argentine by nearly as much, Brazil by over \$400,000, but Chile showed a decrease from 3 1/2 to 1 1/2 million. They must hurry into the early evening hours by sunlight.

For the nine months of the fiscal year ending March, 1916, as compared with the same period of the last fiscal year, our exports to all grand divisions show an enormous increase. Europe from 371 to 2,098 millions, North America from 347 to 593, South America from 63 to 129, Asia from 76 to 157, Oceania from 53 to 74 and Africa from 21 to 32 millions, while the grand total has increased from 1931 to 2997 millions. Of our total for each of the three remaining months of the fiscal year holds up to the March total, the year's exports will approach 4 1/2 billions, and the favorable balance of trade will exceed two billions.

## FOR THE GOOD OF THE SERVICE.

The School Board appears to have dismissed Manual Training Supervisor Kerchen for the broad reason that it was for the "good of the service." Kerchen, entertained and expressed his own and other views on many subjects. The charges against him were that he was unpatriotic, infidel, Socialist and altogether troublesome; but they were not wholly sustained. Yet it is not vigorously denied that he was not in accord with the accepted views of theology, science and government.

The Constitution of the United States declares that "no religious test shall ever be required as a qualification to any office of public trust under the United States," and the constitution of the state of Oregon has it that "no religious test shall be required as a qualification for any office of trust or profit." It would seem that the people of Portland just need to be sharply reminded of the certain rights and privileges of public office-holders.

We do not assume that Kerchen has been dismissed because as an individual he is a heretic, religiously, or on any opinion. He has lost the regard and confidence of teachers under him, and he was not careful in his classes to confine himself to the study in hand. If he was not a capable instructor, or if he held private opinions or special prejudices to intrude themselves in his classes, he had lost his usefulness. For the "good of the service" he was released.

There are other candidates who moved against Kerchen and other teachers who sympathized with them would be willing to have restored to the School Board its former power to remove any teacher or principal from the school on other than moral or without specific charges against them?

## RIDICULOUS CANDIDACY.

The Oregonian felicitates the people of Oregon upon the gratifying fact that through the convenient medium of its columns the great unknown who is now called popular choice for Vice-President at last reveals his identity. It had been known before that his name was William Grant Webster, of Illinois; but that is all.

His appointment as Honorable Webster, a lawyer and a graduate of Harvard, and that he is an indefatigable seeker of public office, for he has been three times a candidate for United States Senator, with the unvarying result that the people of the United States have rejected him. Moreover, the corrective and cure are simple. Simply walk and play with the toes straight to the front, we are told, and make possible a proper function of the muscles of the feet. Then golf will lose the only menace that has ever been discovered and become the staunch ally of sound health.

## FASHION AND FITNESS.

Fashion should not be reviled hereafter by thoughtless moralists, for if it is a bad thing, it is because of the true Dame Fashion in these days when the tendency is towards flabbiness of physical fitness. Dr. Sargent is director of physical education at Harvard, and he attributes the rising tide of physical fitness to the influences of fashion more than to any other force at work in the country today. People want to be thin, because it is fashionable to be thin, and the only way to become thin and stay thin is through exercising the muscles. The increasing popularity of physical exercise.

## SAVING DAYLIGHT.

Saving daylight seems to be the newest conservation fad held up as a bait to set the people seriously about the way of doing things. The British Empire has adopted the idea, not all new, of setting the clock ahead. Her purpose was to get her people to work earlier and perhaps give them an extra hour in the afternoon for recreation, at a time when the nation's nerves were taut with the stress of war. A deeper reason or excuse might have been to synchronize her days with those in the heart of Europe, which she has done, and to minimize hours of danger from Zeppelin raids. The exigencies of the occasion may be the valid excuse for England saving at the spot in order to spend at the bureau of the day. The valid excuse for America, especially Pacific Coast America, turning the clock ahead is not so easily found. Vigilant Senators at Washington, and not a few cities, Portland among them, have undertaken to advance time in one way or another for the benefit of the common people. As a people, we do not get up early enough. Therefore we must be ousted artificially out of bed in the morning in order that we may take our rest at the other end of the day by sunlight. We have become so lazy—the common people of us—that scientific faddists will now enable us to stir from bed just as we are getting our beauty sleep, and will hustle us to sleep again just when the quietness of evening and the softening shades of night bring surcease from the busy day. If we have recreation, we must hurry into the early evening hours by sunlight.

What a travesty this must be for the millions of mothers who are up before the day dawns and who cannot conscientiously go to their couch until the daughters are in for the night. The day is not long enough for her. The shopgirl who now pokes her way to work through the bright, invigorating morning air, and who earlier and poke her way through the dark, advancing day, in order that she may take her recreation earlier and perhaps longer at night. She will feel so like playing tennis when she is so tired as years of superhuman toil at Dallas and years of superhuman toil to land Federal job, or any job with good pay and little work, writes down from Dallas to say that some years ago The Oregonian made a gross blunder in its election returns by announcing "with big headlines" the defeat of Frank Benson to be Secretary of State. "A few of us," writes Fliske, "were spending the evening (of primary election day) at Keith's restaurant. By 2 o'clock the next morning we went home satisfied by our figures that Benson had carried the state." Keith was a great caterer. No gentleman who partook of his untimely hospitality ever went away unrefreshed. Politicians who lingered until after midnight never failed to leave with the benignant feeling not only that they had carried the state but the entire earth. On the cold, gray dawn of the morning after, when they read The Oregonian, they may have had to modify their claims; but no one ever felt like blaming the attentive Keith. Incidentally, it may be remarked that The Oregonian made no such statement about Mr. Benson, in big headlines or otherwise.

The irrigation project voted into existence in Malheur County last week will put 25,000 acres under cultivation in the Malheur Valley. With men like Mallett and Halliday in control it will succeed. These men have given thirty years to practical work in that region and can avoid the mistakes that swamp these projects.

## DANGERS OF THE GOLF COURSE.

Beware of the golf course! A new and frightful danger haunts the innocent expanses of green. Golfer's foot, a distortion that makes one fretful and unlovely, is the latest discovery of medical science. A San Francisco surgeon makes the diagnosis of the New York Medical Journal. He finds that the distortion comes from a broken arch. The strain of turning as one poses for a drive is more than usually extreme, and especially so since many golfers wear the entire front part of the foot. He notes that some golfers turn on the inside of the foot so as to rest the weight on the anterior portions or the toes, and that this is a bad habit. It is to develop a large blister on the inner side of the great toe. In playing or walking with the toes out the metatarsal of the great toe is the only one used as the fulcrum and hence the other becomes weakened from lack of employment.

It is hoped that the warning does not come too late. No doubt many golfers already suffering from golfer's foot are afflicted with golfer's feet. At any rate, they can console themselves that the symptoms, so far as revealed, are not so serious as athlete's heart, smoker's nerves, office work at Harvard, and he attributes the rising tide of physical fitness to the influences of fashion more than to any other force at work in the country today. People want to be thin, because it is fashionable to be thin, and the only way to become thin and stay thin is through exercising the muscles. The increasing popularity of physical exercise.

## How to Keep Well

By Dr. W. A. Evans.  
 Questions pertinent to hygiene, sanitation and prevention of disease, for matters of general interest, will be answered in this column. Where space will not permit or the subject is not suitable, letters will be personally answered, subject to proper limitations. Damaged stamps and postage will not be returned. Dr. Evans will not make diagnosis or prescribe for individual diseases, except for such services as may be arranged by arrangement with the Chicago Tribune.

## Cancer Signs.

"The Mortality From Cancer Throughout the World," by Frederick L. Hoffman, we find reproduction of a notice in regard to cancer issued by the health department of Portland, England:  
 "First—Cancer in its early stage gives rise to no pain or symptom of ill health whatever. (At the time when shooting pains manifest themselves in a cancer the disease is moderately advanced.)  
 "Second—A large proportion of cancer situations, the signs of it in its early stages are conspicuously manifest. To wit:  
 "Third—In case of any swelling occurring in the breast of a woman after 40 years of age a medical man should be consulted. A large proportion of such swellings are cancer.  
 "Fourth—Any wart or sore occurring spontaneously on the lower lip of a man or woman is a very large proportion of such swellings are cancer.  
 "Fifth—Any sore or swelling occurring on the tongue or inside of the mouth in a man over 45 years of age should be investigated. A large proportion of such swellings are cancer.  
 "Sixth—Any bleeding occurring from the bowel after 45 years of age, commonly supposed by the public to be piles, should be submitted to investigation. A large proportion of such cases are cancer, which at this stage is perfectly curable.  
 "Seventh—When warts, moles or other growths on the skin are exposed to constant irritation they should be immediately removed. A large number of them, if neglected, terminate in cancer.  
 "Eighth—Avoid irritations of the tongue and cheeks by broken, jagged teeth and of lower lip by clay pipes. Many of these irritations, if neglected, terminate in cancer.  
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 Questions pertinent to hygiene, sanitation and prevention of disease, for matters of general interest, will be answered in this column. Where space will not permit or the subject is not suitable, letters will be personally answered, subject to proper limitations. Damaged stamps and postage will not be returned. Dr. Evans will not make diagnosis or prescribe for individual diseases, except for such services as may be arranged by arrangement with the Chicago Tribune.

## Cancer Signs.

"The Mortality From Cancer Throughout the World," by Frederick L. Hoffman, we find reproduction of a notice in regard to cancer issued by the health department of Portland, England:  
 "First—Cancer in its early stage gives rise to no pain or symptom of ill health whatever. (At the time when shooting pains manifest themselves in a cancer the disease is moderately advanced.)  
 "Second—A large proportion of cancer situations, the signs of it in its early stages are conspicuously manifest. To wit:  
 "Third—In case of any swelling occurring in the breast of a woman after 40 years of age a medical man should be consulted. A large proportion of such swellings are cancer.  
 "Fourth—Any wart or sore occurring spontaneously on the lower lip of a man or woman is a very large proportion of such swellings are cancer.  
 "Fifth—Any sore or swelling occurring on the tongue or inside of the mouth in a man over 45 years of age should be investigated. A large proportion of such swellings are cancer.  
 "Sixth—Any bleeding occurring from the bowel after 45 years of age, commonly supposed by the public to be piles, should be submitted to investigation. A large proportion of such cases are cancer, which at this stage is perfectly curable.  
 "Seventh—When warts, moles or other growths on the skin are exposed to constant irritation they should be immediately removed. A large number of them, if neglected, terminate in cancer.  
 "Eighth—Avoid irritations of the tongue and cheeks by broken, jagged teeth and of lower lip by clay pipes. Many of these irritations, if neglected, terminate in cancer.  
 "Ninth—Although there is no evidence that cancer is communicated under circumstances, it is probable that rooms occupied by a person suffering from cancer should be cleaned and disinfected from time to time.  
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