WOMEN'S CLUBS

BY EDITH KNIGHT HOLMES

CALENDAR FOR TODAY.

Clubs.

MacDowell, 2:45 o'clock, Hotel Benson.

Tuesday Afternoon Club, with Mrs. E. L. Sanborn, 636 East Fifty-seventh street North.

Beaumont Parent-Teacher Association, tonight; Superintendent Alderman to speak.

Brotherhood of Atkinson Church to give a dinner for the women of the church.

Woman's Association, First Presbyterian Church, 10 A. M.; luncheon at 12:30 o'clock.

A CALL has been sent out by some of the leading suffragists of the state of Washington for a conference of the Congressional Union to be held in Washington Annex Hotel on March 30. The meeting will be for the purpose of indorsing formally the Susan B. Anthony amendment, now pending before Congress, which is as follows:

"The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any state on account of sex."

Plans to outline methods whereby the voters of our state can assist the disfranchised women of the East to secure the passage of this amendment during the present session of Congress also will be made.

There will be a luncheon at 12:30 o'clock. Reservations may be made by applying to Miss Margaret Wittemore, Hotel Lincoln, Seattle.

The speakers will be: Miss Doris Stevens, New York; Miss Margaret Roberts, Boise, Idaho; Miss Lucy R. Case, Seattle; Mrs. Wallis Williams, North Yakima; Mrs. Sarah Flannigan, Spokane; Mrs. Nellie Burnside, Seattle; Miss Margaret Whittemore, Washington. Organization session, Washington Annex Hotel, 2; adoption of state constitution, election of state officers and the meeting of newly elected officers at 8, is the programme.

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The Fortnightly Club met recently with Mrs. J. R. Cagles, 900 East Twenty-ninth street North. A splendid programme on Longfellow, with several musical numbers by Mrs. J. R. Bennet, was enjoyed by the members.

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A meeting of the social workers of the city will be held on Wednesday morning at 10:30 o'clock in room A, Central Library. All members of the Social Workers' Club and others who are interested in any social service activities are urged to attend.

* * *

The political meeting to be held at Central W. C. T. U. headquarters, 171½ Eleventh street, on Wednesday at 3 P. M., is open to the public. Prominent members of the Democratic party will be the speakers. Mrs. M. L. T. Hidden will preside.

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Lebanon Shakespeare Club is planning a Shakespeare's tercentenary memorial for the latter part of April. Miss Helen Crawford is instructor of the department.

* * *

A luncheon for business men and women will be given today at 12:30 o'clock at the First Presbyterian Church in connection with the annual meeting of the Woman's Association.

Sewing for the poor will fill the morning hours, and the proceeds of the luncheon will go to the charity fund.

A quilt, made up of patches embroidered by 50 little girls of the sewing school, will be on display. The quilt will be taken by Miss Marie Rustin as a gift to the Presbyterian Hospital, Pekin, China.

* * *

"What the Portland Schools Are Doing" is the topic on which L. R. Alderman, Superintendent of Public Schools, will speak tonight at the Beaumont School, Fortieth street and Fremont. Mrs. Herbert Eling, president of the Beaumont Parent-Teacher Association, will introduce the speaker at 8 o'clock, and Mr. Alderman's talk will be followed by discourses by members of the School Board.

* * *

The current literature department of the Portland Woman's Club will be entertained on Thursday in the home of Mrs. Charles E. Dant, 589 East Sixteenth street North. The hostesses will be Mrs. George E. Johnson, Mrs. A. C. Jackson and Mrs. C. W. Hopkins. Luncheon will be served at 1 o'clock. Rollcall will be quotations from Eugene Field. Mrs. N. T. Palmer will be the reader. Take Irvington car to Knott street.

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The McDowell Club will hold a meeting at 2:45 o'clock today in the Hotel Benson. Mrs. E. A. Beals will tell of the development of Italian opera and Mrs. Raymond Sullivan will sing arias.

* * *

Holladay Parent-Teacher circle met in the assembly hall of the school at 3 o'clock Friday. The opening number on the programme was songs by pupils of the school under Miss Boche's direction. The songs were "Long, Long Ago" and "Bonnemeer's Stream." Elizabeth Kirby sang "Just Awearing for You." After the committee reports an instructive talk was given by Miss Jessie Millard on "Parents' Responsibility in Choosing Their Children's Literature." This was followed by discussions entered into by teachers and parents. Miss Bertha Seer, accompanied by Miss Wither, rendered vocal solos, "At Dawning," by Cadman, and "Lights," by Marion Bauer. At the conclusion of the programme tea was served by the membership committee.

PROMINENT MATRON WHO IS ACTIVE IN SOCIAL WORK AS PRESIDENT OF THE WOMEN'S SOCIETY OF THE WHITE TEMPLE.

Mrs. S. L. Lockwood — GROVE-PHOTO

STYLE TIPS FROM PORTLAND STORES

CHILDREN are as great fashion fans as grownups. They adore a pretty frock every bit as much as their grown-up sisters and brothers and parents. What is more, according to sales people, they are far more fastidious as to detail.

Only yesterday a frock with a wide little skirt of silken ruffles that stood out to her heart's content was being shown an 8-year-old girl. But she would have none of it because there were bands about the bottom of the skirt, all of which showed that she knew what many a smart miss of her own age was wearing. A number of dresses displayed vary from light Spring serges to lingerie and silk.

At this time of the year the white serges are especially attractive for little girls and almost invariably popular with the children. These frocks come in many designs. Most of them have either box-pleated or knife-pleated skirts. Many are beautifully braided. A touch of bright green or red is given to some by the addition of a tie.

A number of suits suitable for girls from 12 to 16 are prettier even than those designed for grown people. Some are in checks, of colors; others of gabardine and some of poplin. They are caped and pleated and belted until they are fairly alive with style and idea. The schoolgirl suit is a near-Norfolk, of some rough, serviceable material, and made just a little smaller at the waist than in previous years. The peplum flares more, too, and the collar stands up a little higher, but none of the pristine charm of the girlish Norfolk has been lost in its modification.

Children's hats, too, have received diligent attention, with the result that the small maiden will be able to have a wide selection. She may wear a quaint little bonnet with Colonial streamers to fly in the breezes, or a wide Maud Muller hat, with black-eyed Susans lying flat on its brim, or she may be as business-like as a schoolteacher, with a natty sailor in bright, attractive hues. Some straw shapes for children are bonnet-like in front and turned up in the back. These are especially becoming to the child with long curls down her back, for scarcely an inch of her sunny hair will be hidden.

Silk coats for children are quite the thing now for dress-up occasions, and it is with delight that the prospective juvenile shopper spies the radiant brocade or silk crepe linings. The coats are full. Some flow straight from the shoulders, while others are gathered, shirred or belted at the waist.

THE SANDMAN STORY

BY MRS F. A. WALKER

How the Pigeon Saved Polly.

"LET'S go over on the island and picnic in the old lighthouse," cried Polly Beverly when she finished her breakfast one bright October morning.

"All right," piped up May and Ada at the same time. And Mrs. Beverly smiled her consent at the three children.

Out in the water about a quarter of a mile from the farmhouse was a small island on which there was nothing but sand, rocks and an ancient stone building, which had been used in Colonial days for a lighthouse. When the water was low the little girls would have no trouble in wading out. So the mother gave her consent at once and prepared a nice basket of lunch.

When the girls were about to set out Polly put her pigeon, Ray, in a small cage and said she would take it along for a trip. Ray was not an ordinary pigeon, but of the kind called carriers, which means that if they are taken from home and let free they will at once fly home.

So the girls started out. May, who was the eldest, taking the basket; Polly swinging the cage, Ada skipping along with a bucket and spade. "I will call you before the tide begins to rise to remind you to start home," said Mrs. Beverly, as she kissed each rosy cheek.

As the girls were barefooted, they easily waded through the surf, and in ten minutes were climbing the rocks. Then they ran about the old lighthouse, finding broken boxes and other interesting things, playing house and pirate till the morning wore on toward noon. May was hungry, and so they opened the basket and commenced their lunch.

Suddenly the sky darkened in the west. Polly also noticed that the water was growing deeper.

"The tide is rising and mother did not call us," she cried, her face white with fear. She did not know the reason why her loving mother had neglected this, but the fact was that, after the children had gone a few moments Mr. Beverly asked his wife to take a short drive, which she did. Unfortunately, when about two miles from home on the return trip, the buggy broke down and both were forced to get out. The father set out at breakneck speed, yet he knew he could not reach the farm before the storm broke.

All three of the girls dropped their lunch at the sight of the rising water. And as a flash of lightning tore across the darkening sky, little Ada began to sob.

"Oh, Polly!" sobbed the child (they called Pauline Polly). "We will be drowned. We cannot get home now."

May was just as much frightened as Ada, but determined to be brave. Yet she saw that the deepening water was now impossible to wade, and that within half an hour the storm would strike the island.

"I don't know what has happened that mother did not call us," said Polly at last. "But I know what to do—write a message, tie it to Ray's foot, and let him free. He will be home in two minutes, and they will see him fluttering at the coop door."

Taking a lot of the paper which had been wrapped about their cake, Polly wrote in big letters: "We are over on the island—send for us at once." Then she tied it to Ray's leg and opened the cage.

Out through the darkening air the pigeon sped like a shot out of a gun. A white flash over the rising waters, and then he disappeared in the porch of the farmhouse.

The cook saw him fluttering and pecking at the door of his coop.

"Why, bless my soul," cried Dinah. "If there isn't a bit of paper on the bird's leg." She untied the paper and handed it to Joe, the farmhand. The moment he read it he dashed to the shore.

"Don't be frightened," he called to the three girls huddled up in a corner of the lighthouse. "I will get the boat and bring you back in a moment."

The waves ran so roughly it was a dangerous trip, but the man managed to get them safely through. Just as they stepped on shore the storm broke, and a fierce storm it was. Yet the girls did not care, for a few minutes more and they were in the house in their mother's arms. Mrs. Beverly had just got to the gate as Joe brought the children up the lane from the shore.

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WOMEN WHO LEAD THE WAY

BY MARIE DILLE.

Marguerite Josephine Duprez Lahey—Bookbinder.

THE exquisite work of Miss Marguerite Josephine Duprez Lahey, of New York, who is perhaps the most famous woman bookbinder in America, has been seen in practically all made-in-America exhibits and many art collections. Her vocation is entirely an artistic pursuit. The work is so slow when done with an artist's care that it cannot be made a paying profession.

She spent 10 years in learning her art, and declares that the time spent has been comparatively short in acquiring so complicated a profession. She spent a small fortune in accumulating her knowledge. She devoted a year in New York and then went to Paris for a Summer. Beginning in 1900 she spent 14 consecutive Summers in France in the pursuit of her art.

Her work requires that she spend practically all of her time standing. More pressure may be had in gilding in this position than sitting. She may sit only when paring the leather or sewing. Each book that is bound by Miss Lahey passes through 80 processes. Each of the processes is done by hand. The only machines used are identically the same as those used in the 15th century. Special tools must be purchased for each book that is to be tooled, and when binding books for other people the owner of the books must pay for the tools. They then belong to him when the work is finished.

Miss Lahey began bookbinding because she felt that she must have a vocation. She had a genuine love of designing, and her ability to bind artistic books was an outgrowth of this inclination. She began lessons in the work and gradually increased them from three a week to daily studies. In Paris she learned the relationship between designing and bookbinding, and acquired the art of tooling from one of the most famous French artists. While abroad she also learned the preparation of the book for gold tooling, the gold tooling itself, blind tooling, designing and the history of our ornament.

Miss Lahey had originally intended to confine her efforts strictly to the binding of her own books, but when she had bound a few for exhibition purposes so many requests for work came from others that she never completed her own library. Her first client was Mrs. Michael Van Buren, for whom she bound a single simple volume that required about a month to complete.

Some of her most excellent work is to be found in the library of J. P. Morgan, where she has bound about 35 volumes in covers characteristic of the books. Among them is a history of Troy printed in 1472. It is the only perfect copy of this book in the world. It was rebound in the French style of the 15th century. The dark morocco of the period was used, and the blind tooling characteristic of the period when no gold was used in this way was employed. This book is valued at about $50,000. She has rebound many other famous volumes in the Morgan library. The average time spent on a single book was about two months. Practically every collection of famous books in America has at least one proof of her genius among them.

HEARING STARTS TANGLE

New Charges Develop Out of City Sewer Inspector Fuss.

At the outset the Municipal Civil Service Board started to hear a recital of the charges on which Harry Gurr, a city sewer inspector, was dismissed by Commissioner Dieck. Now nearly everyone who testified in the case is asking for an investigation of charges and accusations brought out against them. The board will resume the case at 9:30 o'clock this morning. Some sensations are promised.

During the first hearing about two weeks ago some of the evidence cast reflections on M. McCarthy, also a sewer inspector. Other testimony went against C. H. Smith, chief sewer inspector, and he demands an investigation. Still other testimony was to the discredit of C. D. Jameson, another sewer inspector.

BILLY SUNDAY PLAN O. K'D.

United Brethren Evangelical Pastors Indorse Invitation.

At the regular meeting of the United Brethren Evangelical Ministerial Association yesterday, a resolution was adopted indorsing the plan to invite Billy Sunday to hold revival meetings in Portland as soon as the arrangements can be effected. The association represents 12 city churches and several suburban churches. The resolutions were adopted in response to a request of the Portland General Ministerial Association.

Rev. H. H. Farnham spoke on "Experience Is the Best Interpreter of the Scripture." Mr. Farnham declared that no amount of culture and education can take the place of experience when it came to finding the real meaning of scripture.

SLEIGH-AUTO SUIT IS ON

Court Action for $10,100 Is Echo of Unusual Winter.

An echo of Portland's unusual Winter, when sleighs were as common as automobiles, was heard in the Circuit Court yesterday, when suit for $10,100 damages for injuries received in a collision between a cutter and automobile on January 20, last, was filed.

Mr. and Mrs. Gay M. Lombard are the defendants named in the suit, which is brought by Otto Williams. The accident happened on Lovejoy street, between Twenty-fourth and Twenty-fifth streets. Each vehicle was proceeding west on Lovejoy when the crash occurred. The plaintiff alleges that he sustained serious internal injuries.

WHY HAIR FALLS OUT

Dandruff causes a feverish irritation of the scalp, the hair roots shrink, loosen and then the hair comes out fast. To stop falling hair at once and rid the scalp of every particle of dandruff, get a 25-cent bottle of Danderine at any drug store, pour a little in your hand and rub well into the scalp. After a few applications all dandruff disappears and the hair stops coming out.

CROSS, FEVERISH CHILD IS BILIOUS OR CONSTIPATED

Look, Mothers! See if tongue is coated, breath hot or stomach sour.

"California Syrup of Figs" can't harm tender stomach, liver, bowels.

Every mother realizes, after giving her children "California Syrup of Figs," that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleansing" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Beware of counterfeits sold here, so don't be fooled. Get the genuine, made by "California Fig Syrup Company."—Adv.

WOMEN LISTEN TO REASON

You who suffer, why do you hesitate to try what has removed the sufferings of others? That good old-fashioned remedy, made from roots and herbs—Lydia E. Pinkham's Vegetable Compound—has stood the test. It has no rival in overcoming the ailments peculiar to your sex. Why should it not do for you what it has done for others? Give it a chance.—Adv.

THIS WILL INTEREST MOTHERS

Mother Gray's Sweet Powders for Children, a Certain relief for Feverishness, Headache, Bad Stomach, Teething Disorders, move and regulate the Bowels and destroy Worms. They break up Colds in 24 hours. They are so pleasant to the taste Children like them. Over 10,000 testimonials. Used by Mothers for 28 years. They never fail. Sold by all Druggists, 25c. Sample mailed FREE. Address, Mother Gray Co., Le Roy, N. Y.

Why Suffer With Backache, Kidneys or Rheumatism Now?

Dear Readers:

Before using "Anuric Tablets" I had such a terrible backache that I could hardly do my housework, but after taking one box I could do my work with comfort. I take pleasure in recommending both "Anuric" and "Favorite Prescription," as they have done wonders for me. I would advise others to try them because I know they will find great relief. You all have undoubtedly heard of the famous Dr. Pierce and his well-known medicines. His late discovery, "Anuric," is one that has been successfully used by the physicians and Specialists at Dr. Pierce's Invalids' Hotel and Surgical Institute, in Buffalo, N. Y., for backache and kidney complaint. It is good for diseases arising from disorders of kidneys and bladder, such as backache, weak back, rheumatism, inflammation of bladder, scalding urine and urinary troubles. MRS. S. M. SIMONS.

Note—No matter where you live, Dr. Pierce can help you if you suffer from any of the chronic complaints, pains and aches which so often afflict mankind and womankind. You and Dr. Pierce can get together, by mail, without anybody knowing it, and he will give you his careful, simple, expert advice as a physician, without fee.

To prove that "Anuric" is a certan uric acid solvent and conquers headache, backache, kidney and bladder disease, and rheumatism, send 10 cents to Dr. Pierce for a large trial package of ANURIC, and send for FREE medical treatise on any chronic disease which you may name. Scientists affirm that this remedy is 37 times more potent than lithia. If you are a sufferer, go to your druggst and ask for a 50c box of "Anuric."

Get good blood through the use of Dr. Pierce's Golden Medical Discovery. Sold in either tablet or liquid form.—Adv.

Charge Purchases Made Today Go on April Account Payable May 1

Next Wednesday Will Be "Red Letter Day"--Premium Parlors, 4th Fl.

Olds, Wortman & King

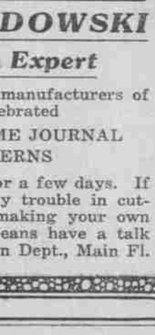
Reliable Merchandise—Reliable Methods

Pacific Phone Marshall 4800 — *Home Phone A 6231*

Tuesday -- Second Day of Our

SPRING STYLE EXHIBIT

And Showing of New Spring Merchandise in All Depts.



The Fashion Salons, on the Second Floor, are the center of interest in this great style event, for here are shown the marvelously beautiful new Dresses, Waists, Gowns, Suits, Coats, Skirts and wearing apparel of all kinds. The Millinery Section also comes in for its share of attention, with its wonderful display of new Spring Hats. If you have not visited the style exhibit, come today and bring your friends.

New Arrivals in Other Sections

New Wash Goods	New Muslin Wear	New Dinnerware
New Silks	New Corsets	New Draperies
New Wool Goods	New Footwear	New Furniture
New Gloves	New Ribbons	New Rugs
New Hosiery	New Embroideries	New Art Novelties
New Neckwear	New Trimmings	New Men's Wear

Don't Fail to See Our Opening Displays of Spring Goods in the Windows

Basement Underprice Store

PORTLAND'S LARGEST AND BUSIEST DOWNSTAIRS STORE

Boys' 2-Pant Suits $4.48

Basement—Serviceable dark patterns in gray, brown and green mixtures. Made to resist the wear and tear of active boys. Smart Norfolk models with belt and plaits to waist. Two pair of pants with each suit **$4.48**

$3, $3.50 Silk Petticoats Special $2.69

Basement — New full styles, with deep flounce, trimmed with narrow ruffles. Made from splendid grade soft taffeta silk—or silk jersey top with taffeta flounce. Shown in a good assortment of the new Spring shades, also in black. All lengths. Petticoats such as usually sell at $3 and $3.50. Priced now at **$2.69**

We Give S. & H. Stamps.

Extra Special Offering

25c to 50c Wash Goods Tuesday 19c Yd.

Basement — Ten thousand yards of white and colored Wash Goods in a stupendous cleanup sale today. By all means take advantage of this special offering. In the lot are Voiles, French Marquisettes, Plain and Fancy Rice Cloth, Plain and Fancy Ratine, also Figured Crepes, dainty colored patterns on white grounds. Wash Goods worth up to 50c on sale at, the yard **19c**

Women's Silk Dresses $10 Grades $6.98

Basement—Women's New Spring Dresses of silk poplins. Attractive styles, with shirred waistline and cuff-bottom skirt. Colors, rose, light blue, navy, black, brown, green and gray. Excellent $10 Dresses. Priced now **$6.98**

$1.00 Aprons at 48c

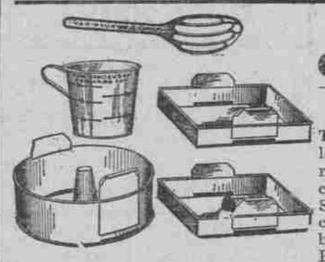
Basement—Tea Aprons, Maids' Aprons, Nurses' Aprons and Bungalow Aprons in white and the staple colors. Great variety of new styles. Made of good grade materials and nicely trimmed. Aprons worth up to $1. Special at **48c**

Bleach Muslin 6c Yd.

Basement—This is of very soft finish, similar to nainsook, and is especially adapted for underwear. Full 36 inches wide and full bleached. Don't miss this bargain, for it is most unusual. 36-inch Bleached Muslin priced at, the yard **6c**

Women's Suits $10

Basement — You'll wonder how such smart suits could possibly be made to sell at this price. They are exceptionally well finished, styles are new and the materials most attractive. Some in checks. On sale today at **$10.00**



Van Deusen Cake Moulds 75c Set

Third Floor—Set consists of one loaf and two layer moulds, round or square, one measuring cup, one egg whip and a copy of Scientific Cake Rules and Recipes. One of these sets should be in YOUR HOME! Priced, set of 5 pieces **75c**

MRS. SADOWSKI Pattern Expert

representing the manufacturers of the celebrated LADIES' HOME JOURNAL PATTERNS will be with us for a few days. If you have had any trouble in cutting, fitting or making your own clothes, by all means have a talk with her. Pattern Dept., Main Fl.

CUT OUT MEATS IF KIDNEYS ARE TROUBLING YOU

Uric Acid in Meat Excites Kidneys and Irritates the Bladder.

Noted Authority Says We Must Flush Kidneys With Salts if Back Hurts.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys, to neutralize the acids in urine so it is no longer a source of irritation, thus ending urinary and bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.—Adv.

Phone Your Want Ads to THE OREGONIAN Main 7070—A 6095

Everyone Should Drink Hot Water in the Morning

Wash away all the stomach, liver, and bowel poisons before breakfast.

To feel your best day in and day out, to feel clean inside; no sour bile to coat your tongue and sicken your breath or dull your head; no constipation, bilious attacks, sick headache, colds, rheumatism or gassy, acid stomach, you must bathe on the inside like you bathe outside. This is vastly more important, because the skin pores do not absorb impurities into the blood, while the bowel pores do, says a well-known physician.

To keep these poisons and toxins well flushed from the stomach, liver, kidneys and bowels, drink before breakfast each day, a glass of hot water with a teaspoonful of limestone phosphate in it, to sweeten the liver, flush the kidneys and start the bowels functioning. It is a wonderful fact that the most successful people in all walks of life are those who have their bowels move regularly every day. This is the secret of health, clear skin, sparkling eyes, good appetite, good spirits and good brains. It is the most wonderful method of keeping young and staying young. Adv.

BAD BREATH

Dr. Edwards' Olive Tablets Get at the Cause and Remove It.

Dr. Edwards' Olive Tablets, the substitute for calomel, act gently on the bowels and positively do the work.

People afflicted with bad breath find quick relief through Dr. Edwards' Olive Tablets. The pleasant, sugar-coated tablets are taken for bad breath by all who know them.

Dr. Edwards' Olive Tablets act gently but firmly on the bowels and liver, stimulating them to natural action, clearing the blood and gently purifying the entire system.

They do that which dangerous calomel does without any of the bad after effects.

All the benefits of nasty, sickening, griping cathartics are derived from Dr. Edwards' Olive Tablets without griping pain or disagreeable effects of any kind.

Dr. F. M. Edwards discovered the formula after seventeen years of practice among patients afflicted with bowel and liver complaint with the attendant bad breath.

Dr. Edwards' Olive Tablets are purely a vegetable compound mixed with olive oil; you will know them by their olive color.

Take one or two every night for a week and note the effect. 10c and 25c box. O.—Adv.

The Olive Tablet Company, Columbus, O. All druggists.

Nervous Periodical Headaches

This trouble commonly called "sick headache," is said to be due to the retention of urea in the system. Often it is stated that a poor condition of the blood is a cause of these headaches, or that it is a nervous condition; and in certain cases, no doubt this is true.

Where treatment is demanded, it is more for the pain than anything else, and Dr. A. F. Schellschmidt of Louisville, has found anti-kamnia tablets to give prompt and satisfactory relief. "Rest should be insisted upon," he says, "and the patient should go to bed, darken the room, and all the attendants and family should be as quiet as possible. An emetic will sometimes shorten the attack. The bowels should be kept open with "Actolds"; a hot bath and a thorough rub-down with a coarse towel, often give grateful relief. Two anti-kamnia tablets when the first signs appear, will usually prevent the attack. During an attack, one tablet every hour or two will shorten the attack and relieve the usual nausea and vomiting." These tablets may be obtained at all druggists. Ask for A-K Tablets. They are also unexcelled for nervous headaches, neuralgia and all pains.

The inhabitants of Cochin, China, prefer rotten eggs to fresh ones.