

SOCIETY NEWS

BY GERTRUDE P. CORBETT

ONE OF THE ENERGETIC COMMITTEE WORKERS FOR SCOUT YOUNG AUXILIARY VALENTINE BALL.

CALENDAR FOR TODAY.

Society.
 Mrs. Frank Doty's bridge-tennis supper-dance at Hotel Benson; Mr. and Mrs. Charles F. Berg to be hosts for one of the parties given by the C. C. Club stepping party, St. Patrick's Hall, tonight; Myrtle Rose Club's Valentine masque ball tonight; Christensen's Hall; O. A. C. Club supper-dance to-night; Marlark Hall; Portland Heights dances resumed today.

SOCIETY was well represented last night in the great throng that attended the ice hockey game. Maids and matrons expressed as much enthusiasm as did the men. The most ardent devotees of the thrilling sport are found among Portland's society women.

Tomorrow night there will be the big charity ball, which will be the first of a series of benefit affairs that will be given for various worthy causes between now and the beginning of Lent.

Saturday night will be marked by the frolics and costumes party to be given by the students of the art school of the Portland Art Museum. Costumes ancient, modern and futuristic will be in evidence. Music and stunts will be featured.

On Monday night the Scout Young Auxiliary of the Spanish War Veterans will hold a Valentine dance at Cottillion Hall. The auxiliary does a vast amount of charitable work and is deserving of success in its enterprise.

Mrs. Frederick E. Moore, who left Portland early in November, returned Sunday from a most interesting trip. Mrs. Moore accompanied her niece, Police Lounge, the prima donna of the Boston Opera Company, on her Eastern and Southern tour, including Philadelphia, Boston, New York, Washington, Baltimore, Toronto, St. Louis, Detroit and numerous other places.

Later Mrs. Moore visited her mother, Mrs. Theodora Purdon, who also is well known in this city, at her home in Kansas City, passing the holidays with her, and also visited her old school in Kirksville, Mo.

Frank Dekum, who has been ill for several weeks, is now convalescing at St. Vincent's Hospital, where he expects to remain until the end of this week. He then will be the guest of his sister, Mrs. John Gill, for a short time before proceeding south to join his company, playing on the Orpheum circuit.

The G. N. C. R. Girls are completing arrangements for their annual ball to be given Tuesday evening at Cottillion Hall. Much time and effort are being expended in the ballroom and affair. A serpentine battle will be featured. Invitations for the original date will be accepted for this party.

A Valentine party will be given by the women members of the Rose City Park Club Friday evening. This will be the first affair of this popular club since the regular programme for the winter was broken by the recent severe weather and an attendance comprising practically all the women members, with many of their friends, is expected. There will be prizes, the games, refreshments, bridge and billiards. The programme will be conducted by a committee consisting of Mrs. Arthur Laidlaw, chairman, and Mrs. L. W. Baker, Mrs. John Peter, Mrs. G. H. Irwin, Mrs. A. B. Dickinson, Mrs. Arthur Dayton and Mrs. W. H. Miller.

All is in readiness for the Valentine masquerade ball to be given by the Myrtle Rose Club at Christensen's Hall tonight. The ballroom has been decorated with hearts and streamers and prizes will be given to the best and funniest dressed dancers on the floor. The grand promenade will be started at 8:30 o'clock. Following is the committee in charge of the event: R. J. Ambrose, Norma Jones, Andrzejewski, Helen Hansen, Gertrude Hill, L. W. Thomas, George Malmstedt, R. J. Belland, Jack Traynor, E. W. Belland, Norma Dawson and Kenneth Cliff.

Announcement was made yesterday that the postponed formal ball of the Multnomah Amateur Athletic Club would be held in the club ballroom Thursday night, February 24. Extensive preparations had been made for the event last Thursday by the entertainment committee composed of A. H. Bennett, chairman; Louis P. Besse and Harry Fisher; but it had to be postponed on account of the weather.

None of the social events of the Laurelhurst Club have been postponed, although the attendance at the affair has been smaller on account of the storm. On Friday night a jolly dancing party was well attended. Several affairs were scheduled for the week. On Tuesday afternoon Mrs. N. G. Pike and Mrs. P. D. Weber were hostesses at the Tuesday afternoon Card Club party. On Friday evening the regular weekly card party will be held with Mr. and Mrs. J. E. Anderson as hosts.

Much interest is being taken in the Portland O. A. C. Club's supper dance, which is to be given in Marlark ballroom tonight. The affair is being given by the members and their friends and the affair promises to be a most enjoyable one. The entertainment will be given by Mrs. Moore, Mildred Dyer Groves, Georgia Irvine, Ethel Dunner Kelly, Hedwig Hiesig, Mary Dammann Laine, Jessie Hawley, Lena Fisher, Minnie Woldi Weber, Harriet Stegengren, Marion Stoker, Carl Steinger, R. L. Thompson, H. M. Roberts, R. A. Wilson, Thomas Aulick, E. A. Olson, L. W. Heber, Maurice Sewald, Emma Crabbill.

EARLY MORNING FATIGUE

When you awake in the morning feeling tired out, feeling weak in fact when you want to bed, you are afflicted with one of the characteristic symptoms of neurasthenia. It is due to the run-down condition of the nerves that rest does not bring renewed strength and sleep refresh the tired brain. Nervousness and worry are the most frequent causes of this condition.

The treatment is one of nutrition of the nerve cells, requiring a non-alcoholic tonic. As the nerves get their nourishment from the blood the treatment must be directed toward building up the blood. Dr. Williams' Pink Pills for Pale People will be sent by mail on receipt of price, 50 cents per box; six boxes \$2.50. Begin the treatment at once before your condition becomes worse as there is a chronic form of neurasthenia. Two useful hints: "Business of the Nervous System" and "What to Eat and How to Eat" will be sent free by the Dr. Williams Medicine Co., Schenectady, N. Y., if you mention this paper.



Mrs. Harry J. Melly CUSHNELL-APPEL

Nichols. The patronesses are Mrs. Sarah Moore, Mrs. C. M. McKellips, Mrs. H. F. Irvine, Mrs. Dove V. Walker, Mrs. J. H. Miller and Mrs. A. C. McIntyre.

Owing to uncertain weather conditions, the regular party of the Irvington Thursday Night Dancing Club has been postponed until further notice.

New diversions are always welcome, and the series of dances sponsored by the Hotel Nortonia on Friday nights is added joyously to the list of amusements for the dance-loving community. Mr. and Mrs. Harlow are arranging special features for this week. It is to be a masquerade dance, and Thomas Lester will assist the Harlows. On Saturday afternoon from 4 to 6 o'clock tea dances will be given in the pretty tearoom of the Nortonia. Every effort is being made to have these affairs especially informal and delightful for all dancers.

Mrs. Charles A. Gray, of Salem, who has been touring the East and South since the close of the Exposition in San Francisco, where she acted as alternate hostess for the Oregon building, returned last night to her home. Mrs. Gray stopped off in this city for a few days' visit en route from the East. She has visited in New Orleans, Florida, New York and Chicago.

Mrs. J. H. Stanley, of 243 Cleveland avenue, has returned to her home after an absence of several months.

Mr. and Mrs. E. W. Mercereau and Mrs. L. R. Mercereau, of this city, are passing a few days at Hotel Raymond, in Pasadena, Cal.

The C. D. C. Club will give a stepping

INFLUENCE IS AMBITION REALIZED BY DANSEUSE

Gertrude Hoffmann Attributes Her Success to Earnestness of Purpose. Intention Is to Take Poor Children Into Her Care to Teach Them to Dance.

BY LEONIE CARR BARK.
 GERTRUDE HOFFMANN is an influence, and to be an influence is the sum and substance of most ambitions. Aside from everything else her dancing and her mimicries (the latter she has not discarded but merely laid aside for this season) are downright extraordinary; extraordinary for the rhythm and grace and beauty of her interpretations as well as the brain back of it. She is a dramatic dancer and is a dramatic actress. Artistically she is as head and shoulders above the average as she is actually physically. For Gertrude Hoffmann has an almost unbelievable beauty of body. She wears fine coatings of grease paint and several coatings of personality when I visited her in her dressing-room at the Orpheum.

Three-quarters of an hour of perfectly good time are used up to plaster the wonderful narrow body, fine and sinuous with the threat of a young Greek goddess, all over with pale chocolate colored paint. And three-quarters of an hour are used to get it off the aforementioned body. Gertrude Hoffmann is a disturbing combination of eyes and art. The eyes are lovely, big and teardrop-colored. The art is a life study of bodily rhythm and expression and follows the Hoffmann conclusions without reference to any school or self-constituted priests or priestesses of Terpsichore.

"To me it is a vital and necessary thing to dance," said Miss Hoffmann. "I love it and get absolute joy out of it. Always I have danced, ever since I was a little girl, conceiving and creating dances before many of the modern movements had come to light or had been recognized. I had only vaguest heard of other dances and in both matter and concept ideas were vastly different. My highest ideas were, and are yet, the expression of not merely a perfect outward form of beauty and body but a certain inward, subtle state of the mind, things going on down there in the consciousness which I believe can be expressed in rhythmic movement, but only from within, in an entirely individual manner."

Story is Like Fairy Tale.
 The story of Gertrude Hoffmann's "opportunity" reads like a fairy tale. It was some other Miss Florence Roberts saw that it was possible for this little girl with the big eyes and bigger ambitions to get somewhere in



Gertrude Hoffmann, Danseuse, Who Attributes Her Success to Earnestness of Purpose.

of the dark greens, are especially woven to be made into handsome suits. There are a number of new patterns in the new black and white plaid serge and woolsens that will be in this Spring in sport suits and street garments. The plaids vary from wee checks to great four-inch plaids. There is also an interwoven stripe that is rich-looking and conservative. This material is woven of two weights of thread so that, although it is all of one color, the stripes or squares, as the case may be, stand out in relief.

Now is the time to buy organdie also. The daintiest and prettiest plaids are those that are shown the earliest, for the demand for this and kindred dainty materials is so great that the best designs soon are purchased and only the plain left. The new organdies are unique, with wide stripes of yellow, green, violet, blue and rose. Flowered patterns are also shown.

The jet set which will have a great run this Spring, also has arrived, and will be in demand soon. Surprisingly low is the price of the attractive plaid taffeta, some of the plaid patterns, some subdued in hue, while others are of gay egyptian tones.

Women with ingenuity and a little artistic ability delight in draping and looping the new soft gray crepe de chine into cloud-like costumes.

SNAPSHOTS BY BARBARA DOYD.

A "See the Best" Day.

OUT in one of the Western states where they are always doing the unexpected and helpful, they inaugurated "See the Best" day. From the smallest rural community to the state capital, from the railroad hand to the Governor, from the farm school to the state university, all along the line every one saw the best in people, institutions and causes.

It was an education. It was an impulse for progress. Being the best cleared the vision for perceiving the next step.

Seeing the best in their schools, for instance, immediately helped them to "do something better." "If we can do this," said they, "why can't we do that?"

It was the same with conditions in their cities and in the state government. Everywhere there was a feeling of optimism, of desire to push ahead. The people were happy with the good that had been achieved, with what they could see ahead to be accomplished.

It is an idea one might apply with good reason to one's immediate surroundings, is it not?

Suppose we would have a "See the Best" day for our home, a day in which every one in the home would see the best there. Wouldn't it bring to the home atmosphere a spirit of gladness and brightness and greater content?

Look about your home, visit the "See the Best" thought in mind, and get the other members of the family to do so, and see if you do not all find a great deal more in your home to make you happy and satisfied than you were aware of, or at least consciously appreciating.

Turn the same vision upon your business position and see the best in it. It may hearten you for your work. Or if you see that what you are doing does not truly or sufficiently express you, that, in a word, it is too small for the capabilities you feel within you, this "seeing the best" effort may help you into something bigger.

For after all, I believe, there is more than mere optimism or goodwill in it. Underneath, scarcely understood, I think, a principle that has to do with the life forces of the universe. When we see good we somehow bring ourselves in touch with the force of good which is the underlying principle of all things. This power has to do with the infinite and when it begins to pour through us, when we feel its presence in our consciousness, it immediately begins to open up to us the larger and ever broadening possibilities ahead to help us, as it were, to glimpse the infinite.

This may be but a theory. But at any rate, take the first step to prove it. See the best in your home, in your work, in the things about you and see if this new vision, this brighter and happier spirit that comes from seeing good, does not lead you on to still better things.

MANY APPLY FOR WORK

North Portland Relief Bureau Aiding Poor Families.

At the headquarters of the North Portland Relief Bureau, 140 Killingsworth avenue, there have been many applications for work, and the women delegates are busy raising to supply employment of some sort for quite a number. Supplies have been received and distributed to many needy families. During the past few days there have been many calls for shoes and rubbers.

Many of the men who applied for work were out of work for a long time and it was reported at the headquarters that several children in the neighborhood have been unable to attend school for want of shoes.

MORALS MEETING CALLED

Plans to Aid City in Raising Standard Will Be Discussed.

To cooperate with the city in improving moral and social conditions, a call has been issued for a meeting of the young "extra girls" in Sapho at the old Alcazar in San Francisco and gave her money to buy a ticket for New York. Before that Miss Roberts saw to it that the little dancer had a few lessons from a good teacher.

"My gratitude to Florence Roberts is very great and I owe her thanks for material help and encouragement when I worst needed it," said Miss Hoffmann.

And with the spirit of appreciation and thankfulness strong upon her, what do you think this Hoffmann one does? Helps dozens of poor girls and particularly little children to learn dancing.

"Someday and soon," she says, "I shall have my dream-come-true, a school where I shall teach dancing to children. The rich will be asked to pay, but the little ones who cannot will be my special care." So you see the bread that Florence Roberts cast upon the waters years ago will return again and again unto her.



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HELP FOR WORKING WOMEN

Some Have to Keep on Until They Almost Drop. How Mrs. Conley Got Help.

Here is a letter from a woman who had to work, but was too weak and suffered too much to continue. How she regained health:—

Frankfort, Ky.—"I suffered so much with female weakness that I could not do my own work, had to hire it done. I heard so much about Lydia E. Pinkham's Vegetable Compound that I tried it. I took three bottles and I found it to be all you claim. Now I feel as well as ever I did and am able to do all my own work again. I recommend it to any woman suffering from female weakness. You may publish my letter if you wish."—Mrs. JAMES CONLEY, 516 St. Clair St., Frankfort, Ky.

No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism.

All women are invited to write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special advice,—it will be confidential.

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It Is Harmless, No Dye, but Darkens Gray Hair so Evenly No One Can Tell—Also Stops Dandruff and Falling Hair.

Whenever your hair falls out or takes on that dull, lifeless, faded, streaked or gray appearance, simply shampoo hair and scalp a few times with Q-Ban Hair Color Restorer. All your gray hair then turns a beautiful dark shade, and entire head of hair becomes evenly dark, wavy, soft, fluffy, abundant, thick and charming—just as hair appeared when you were 16 or 15 years old. Q-Ban is a ready-to-use delightful hair color restorer, perfectly harmless, but applied 3 or 3 times a week, besap darkening gray hair, makes scalp healthy and clean. Stops dandruff and falling hair and promotes its growth. Give it a trial. Sold on a money-back guarantee. Only 50c for a big 7-oz. bottle at Huntley's Drug Store, Portland, Or. Out-of-town folks supplied by mail.—Adv.

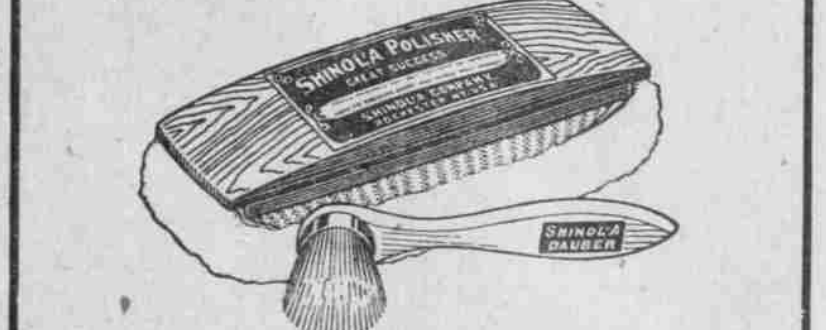


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Send for The Cook's Book By Mrs. Janet McKenzie Hill It's FREE

Our instructions to the famous editor of the Boston Cooking School Magazine were: "Get up a book of recipes of the things people like best. Find the best way to make and bake each one. Then write it out so plainly that even an inexperienced housewife can't have a failure."

"The Cook's Book" was the result. Some of the 90 recipes were originated, many of them were improved upon, and all were personally tested by this best known authority on cooking in America, and she tells so clearly how she made everything that one cannot go astray.

While some of the cakes and pastry are elaborate enough for any occasion, the recipes are all thoroughly practical and call for no expensive and unusual ingredients. In addition to telling how to make them, the book is beautifully illustrated in colors showing how to arrange and serve the dishes appetizingly.

More than half a million of "The Cook's Book" are now in use in American households. Yet the demand is constantly increasing. Many send for two or three at a time to give to friends or young housekeepers. Don't depend on borrowing one from a neighbor—have one of your own.

How to Get "The Cook's Book" In every 25c. can of K.C. Baking Powder is packed a colored certificate. Send us one of these certificates (packed on a postal card if you like) with your name and address plainly written, and "The Cook's Book" will be mailed free of charge. Only one book for each certificate.

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Don't worry about skin troubles. You can have a clear, clean complexion by using a little Zemo, obtained at any drug store for 25c, or extra large bottle at \$1.00. Zemo easily removes all traces of pimples, blackheads, eczema and ringworm and makes the skin clear and healthy. Zemo is neither water, sticky nor greasy, and stains nothing. It is easily applied and costs a mere trifle for each application. It is always dependable. Zemo, Cleveland.

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For Colds and La Grippe. So good that you can afford to insist and see that you get the genuine. Large Package Shown. Sold by best druggists everywhere.



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