VISITING DOCTORS PREACH ON HEALTH

Importance of Keeping Body Well Is Emphasized From Pulpits by Osteopaths.

SOUL'S FATE IN BALANCE

Philadelphian Says Needless Disease Is Offense Against Image of Most High—High-Heeled Shoes Are Criticised.

EXTRACTS FROM HEALTH SERMONS BY VISITING OSTEOPATHS.

Carved on the frowning portals of hell are these words: "I didn't know."—Dr. Ira W. Drew, Philadelphia, at First Christian Church.

Few people are cheerful, thoughtful and companionable with bad stomach or sluggish livers.—Dr. Asa Willard, of Missoula, Mont., at St. James English Lutheran.

To neglect or abuse the body is an offense against the image of the most high.—Dr. O. J. Snyder, president of Pennsylvania Board of Osteopathic Examiners, at First Methodist Church.

Something gets wrong with the machinery that causes it to stop and man dies.—Dr. C. C. Reid, of Denver, at Centenary Methodist Church.

That doctors may be excellent preachers was demonstrated yesterday, when a large number of Portland pulpits were occupied by visiting osteopaths, who are here as delegates to the National convention of the Osteopathic Association, which will open today in the Hotel Multnomah.

The importance of keeping the body "the temple of the living God" in a healthy condition was emphasized by all speakers. Dr. O. J. Snyder, of Philadelphia, who spoke in the morning at the First Christian Church, termed health "the first and chief possession of man and the ultimate promise of the world redeemed." Dr. Snyder said:

"Soul's Fate Depends on Body."

"The soul is held to be the chief part of man, that which lifts him above the brutes that perish and links him with the divine source of life. Yet in the only existence which we really know and experience, in the period we call life, it is the body alone which gives us entity; it is the state of the body that determines very largely the bent of the mind, and, so far as human influence is concerned, the fate of the soul.

"Does not this obvious truth open up to us reaches of solemn thought touching our individual and social responsibility and our duty towards our maker? Does it not give us an inspiring conception of the dignity of the body, and stimuated sober reflection upon the imperative requirements of its care? We know that it is the habitation of an immortal soul; we are warned that it is 'the temple of the living God.' Yet too often we subject it to abuse, to neglect, to the needless profanation of disease, and in our heedlessness we consider that the offense is against ourselves alone, ignoring the fact that it is also against the image of the most high."

High-Heeled Shoes Criticised.

High-heeled shoes were criticised by Dr. Asa Willard, of Missoula, Mont., who declared that for savages to put rings through their noses is more sensible than for girls to wear these styles.

He also declared that the trend of modern times should be to keep people well rather than to get them well. Dr. Willard said:

"The savages of Central Africa wear rings in their noses because it is the fashion. In America high-heeled shoes are worn for the same reason. It is a question which causes the greatest deviation from gracefulness. There is no question which causes the greatest injury to body structure, especially in the case of girls. The savages have the best of it.

"The Chinese pay their physicians when they are well. When sickness comes the physicians' pay stops. In principle that is ideal. The great trend of modern thought as regards health is not how to get people well, but how to prevent them from getting sick.

Health Held Duty to Country.

"It is our duty to our country, for a country is no better, stronger or more resourceful than its people. If called to fight for her in war or to work for those who are fighting, what Arnolds we would be if we did not give her our best. In time of peace our country still demands and should receive our best efforts as citizens, and we are capable of more with a good body than with a weak one, and, last and most important of all, it is our duty to God to care for our bodies.

"Undoubtedly a vast majority of the ills endured by mankind need not be suffered at all. They can be prevented. I would not have you think of your bodies to the extent of worrying over every little pimple or scratch, or adopting every foolish fad supposed to be good for them, but I would like to make you feel that not only are your bodies well worth caring for, but that it is your duty to care for them, and that a little intelligent understanding of them will stimulate this care along rational lines. It is to our advantage in the long run from the standpoint of mere dollars and cents, but higher than this we have a fourfold duty in caring for our bodies. It is our duty to self, for the realization of our hopes and ambitions in any trade, profession or field of effort which we may select is in large measure dependent upon good health, as is also our enjoyment of life's pleasures. It is our duty to our family and friends that we may be enabled to meet their hopes and expectations for us, and, too, that we may make their lives happier; for few people are cheerful, thoughtful and companionable with a bad stomach or a sluggish liver.

"Beginning of Death" Topic.

"Analysis of the Beginning of Death" was the subject of the address by Dr. Charles C. Reid, of Denver, Colo., delivered at Centenary Methodist Church. Rev. T. W. Lane, the pastor, in introducing Dr. Reid, said that there had been a time when it was fashionable to be weak and sick, and that the religious person was supposed to be half sick, but that time has passed, he declared, and the church has come to see that good health and religion go together.

"There is no reason in the world," declared Rev. Mr. Lane, "why we all can't live as long as Father Flinn, and we can if we will take care of ourselves."

"I see your pastor is a progressive," said Dr. Reid, when he began his address, "and that the church is recognizing good health as one of its essentials. You cannot have a good, robust Christian man or woman without a healthy body and structure. And hence it is proper to talk health from this pulpit as well as the Bible. It should be proper that Christian people study that an ounce of prevention is better than a pound of cure, and that they should understand the beginning of ill health, which is always due to some perversion or disturbance of the function of the human body."

Thoughts Held Factor.

Dr. Reid pointed out the close relations of thinking to good health, and declared he could tell what a young man would come to if he knew what he was thinking about. He said that at the start the right foundation for a moral life should be laid, the same as a life of health and efficiency. Pitfalls and temptation, he said, must be avoided and one's surroundings must be as wholesome as possible. The battle, he said, is self-mastery.

"Morality and health are closely related to each other," said Dr. Reid, "and right thinking is just as essential to good health as to morality. Deterioration begins easly where the thinking is wrong and wears away the health, while clean thinking builds up morality and good health."

Dr. T. J. Ruddy, of the faculty of the Osteopathic College of Physicians and Surgeons, of Los Angeles, Cal., delivered a stereopticon lecture in the interests of public health on the subject "Medical Inspection of Schools" as a Preventive of Tuberculosis, Deafness and Blindness" at the Forty-fifth-street Baptist Church last night. He said that the progress of the world was coincident with the health of its people.

"The castles of the Russian empire, the cathedrals of France and the military power of Germany are not the outgrowth of disease; the magnificent railroad systems, the towering skyscrapers, the wealth of agriculture, lumber and manufacturing are the expressions of a most vigorous and robust physique crowning the people of our own Nation. Your grand old home state of Oregon, the Garden of Roses, the Eden of the great Northwest in fruitgrowing, stockraising, stately pines and beautiful and progressive cities, is the reward of clear and creactive minds in bodies of sound brawn and brain."

PASTOR OUT CREDENTIALS

Kiss Given Young Married Woman While Ill Causes Suspension.

SPOKANE, Wash., Aug. 1.—The credentials as a minister of the gospel in the Pentecostal Church of the Nazarene of the Rev. Charles V. Lafontaine, known throughout the Pacific Northwest as an evangelist, have been revoked for a year pending good behavior, it was announced today. The assembly of the church at a meeting in Walla Walla a month ago tried the Rev. Mr. Lafontaine on charges of improper conduct and found him guilty.

The charges were based on the allegation that while on a pastoral call he kissed Mrs. Ellsworth E. W. Cheeseman, aged 19, when she was ill in bed. The former pastor admitted that he had been indiscreet and said that he had made every reparation possible. The former pastor, who is about 50 years old, was at the time in charge of the First Pentecostal Church of Spokane.

2000 SEE RESCUE EXHIBIT

Cannon Bursts and First-Aid Team at Cle Elum Is Almost Needed.

CLE ELUM, Wash., Aug. 1.—(Special.)—Before 2000 persons here Saturday the state-wide first aid and mine rescue contest was staged. Genuine need for first-aid was narrowly averted when the cannon used to make an explosion in the improvised mine tunnel burst into fragments, two of which passed over the heads of the crowd. In first-aid work Cle Elum teams won three firsts and two seconds; Roslyn teams won one; Tono teams won two seconds, and Roslyn Fuel Company teams took one first and one second.

In mine rescue features No. 6 team of Northwestern Improvement Company of Roslyn took first honors, second went to the Tono team and third to the No. 5, of Roslyn.

The contest was judged by Dudley Mitchell, of Victoria, B. C., assisted by H. M. Wolflin, of the United States Bureau of Mines, and Dr. W. M. Lipscomb, of the American Red Cross.

A newspaper man published an article in Petrograd and was praised fo rit. One in Kursk, in another part of Russia, copied the article and was "sent up" for three months.

A filling station uptown says 'Free Air,' showing that—

The Monday Crawfish

"IT NEVER CRABS"

—even John D. don't want to hog everything on earth.

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THE MONDAY CRAWFISH. "It Never Crabs."

Monday, Aug. 2, 1915.

DEAN COLLINS, Editor.

EDITORIAL

We decided a number of years ago that Nature, instead of being the wise and beneficent character she is generally believed to be, was in many cases as incompetent as a newly imported housemaid who sweeps things under the rug and uses your razor to peel potatoes with.

Nature, however, has put it over on humanity so long that only a few advanced thinkers like us and Emma Goldman and Rex Lampman and Frank Coulter (and at times Alf Cridge and Hen. Wagnon) have ever really become wise to her shortcomings.

The editor of The Crawfish, moved by a sense of chivalry, had intended not to expose Nature, even when she plantd a family of green aphides on one of his rosebushes and turned a big green worm loose to forage on his sweet pea hedge.

But Nature has gone further than that. She has discriminated against the great mass of the people for the benefit of a privileged few in the past month, and although that privileged few includes one of our personal friends, we feel that it is time for us to sound a trumpet note of warning and call the attention of the people to her misbehavior.

For almost ever since we can remember, the captious weather experts have been announcing periodically that the rainfall for the month, or the year, was below the average. We have seen Ed Beals make that statement over his own signature many a time.

And now Nature, catering to the clamor of this privileged few, has provided not only enough but more than enough rain, according to their own schedules, quite regardless of the vast population of the city that has been paying for the privilege of sprinkling since the first of June and hasn't gotten a fair chance at the hose yet this season.

The Crawfish makes this fact public not with the intention of appearing unfriendly to Nature, but to awaken the American people to the realization that special privilege is ever trying to get a whack at them from a new angle and that eternal vigilance is clamoring in vain for exercise in this particular case.

LOCAL AND PERSONAL.

Charley Berg returned the other day from sojourning in the East and San Francisco and deplored the fact that the Ad Club is not holding regular Summer meetings, because he says he has heard several good ones and he's afraid he won't get to tell 'em first if he has to wait.

Tom Hanley, the w. k. and prom. Grants Pass pillar of soc., was in our midst the other day, accompanied by Mrs. Hanley and their prize baby, than which, says Tom, there is no finer baby on the Pacific Coast, and he's even willing to extend his estimate over a bigger territory.

Irwin Brooks, whom we used to know in college, was in our midst the other day and said he was helping run a bank in Eastern Oregon. We told him that if we ever moved out that way we would deal with his bank exclusively, but the news didn't appear to cheer him up greatly, and on second thought we couldn't see any reason why it should either.

Will Irwin writes to Mr. Piper, ed. of our est. contemp., The Oregonian, that he has been in Spain a week and that he don't think it will go to war. Will has been pretty busy the past Summer following the movements of the statu quo in Europe, but still seems to hope for the best.

Clark Williams, of Gladstone, who works on our est. contemp., The Oregonian, recently left on his vacation, and we now understand that there are only a few bachelors left on the staff of our est. contemp., he being no longer one of them. He telephoned to the office the other day that he expected soon to return and go to work with redoubled zeal, which we predict he will do from now on if we are any judge.

Ed Glitner and Mrs. G. left Wed. for a tour of the Northwest in an automobile. Ed only broke his automobile to drive about a year ago, at which time we went for a ride with him, and we now feel thoroughly justified in asserting that Mrs. G. is a courageous woman.

Jitney Inspector Gallup and Commissioner Daly ordered all jitneys to post their rates the first of last wk., and Inspector Gallup granted licenses to several under the new jitney regulation ordinance.

Dave Young, a prom. doc of McMinnville, who one time tinkered with our spine, is sojourning in Portland, as are osteopathic docs from other parts of the United States, there being a National convention of them here, so we are informed by F. E. Moore, another prom. doc. Doc Moore went on to state that they are not at all alarmed by the news that the war has boosted prices on pink pills and epsom salts, for they hope to be able to step in and assume the burden.

J. H. Nolta was in town the other day and says he would rather be called a farmer than a statesman or a lawmaker, which we presume makes it unanimous.

City Atty. La Roche began preparing a new jitney regulation ordinance Fri., the Supreme Court having eliminated the other ordinance shortly after Com. Daly and Jit. Inspct. Gallup had just begun to get it working well. There will be no fumigation clause in the new ordinance, and A. W. Lafferty suggested that we might make a joke about that. And we said we might, too, and so we might.

Allen Albert, nat. pres. of the Rotary Club, was in our midst mingling with Fred Spoerl and Tommy Swivel and Nels Pike and the other boys last wk., and he said Portland was destined to be one of the greatest cities of the West, and then he went on to mingle with the boys in Seattle, and we have not yet learned what he said to them.

Theatric Notes.

Nick Pierong, who has been running the Empress, will renovate the Orpheum to open its season, and we feared that his departure would militate against our continued enjoyment of the entertainments at the former place until Frank McGettigan told us he was going to stay on with the Empress and then we felt safer, though the shock was great.

The present Empress, we understand, will remain at the Orpheum, while the Orpheum will reopen in the old Empress; Carl Ritter, of the Orpheum, of Seattle, will manage the Orpheum in the old Empress, and T. R. Conlon, who formerly managed the Orpheum, will manage the Empress, which is in the building formerly occupied by the Orpheum—all of which is very clear after one has figured it out with sufficient care.

Ted Lansing, the noted publicist who assists Jack Johnson in maintaining the high standard of Pantages, dropped in and assaulted us the other day for publishing the information that he looked like Onion Jones, which he did, but not so much so now, since he has let it grow for a week.

We attempted to mollify him by expressing our belief in the unvarying high standard of his and Jack Johnson's show, but he said the only thing we could do was to deny that he looked like Onion Jones.

Which prompts us to say at this time that he doesn't—as much as he did at first.

Our Weekly Sermonette.

The Rev. Corinthians I. Bett, in his sermon yesterday, said, in part, as follows:

"The trouble about torpedoing neutral food ships is that the command didn't say anything about casting other people's bread upon the waters."

TIGE'S AWAY, BUT WE'RE AFTER 'EM JUST THE SAME.

RABBITVILLE NEWS.

Things is on the q t hear in Rabbitville for the reazon that we may moove the old town intwo sum other county bef long. We air thinking of this because 2 of our feller citizens, Sim Dipp and Jeff Myers, air democrats and they air at this righting down to Portland confering with Billy Bryan with the hopes that Billy will awlso becum one of our leading citizens. We may say without no breech of confidents that Billy has promised to becum 1 of us if we can assure him that they is more munney in creating and marketing Kiote Skeips than they is in chautauquasing around the country talkin for peace at from 10 cents to 2 bits per talk. Rabbitville is awlso for peace and always has been and always will be (so long as it draws and pays). * * * The only drawback is this hear grape jewce talk. Just how Sim and Jeff can reckonsile their copper-lined throtes to grape jewce is a democratick conundrum as yet unsolvabel. * * * AT THE CITY DRUG STORE WILL BE FOUND FREE SAMPLES OF BILLY BRYAN GRAPE JEWCE. THEY HAVE A TWO MONTHS SUPPLY (TWO PINT BOTTLES). * * * A snaik, a adder snaik, crept up ontwo Hank Stifel and bit him in the legg and the snaik died. His snakelets maid the vital error of biting intwo the meat legg, had he bit intwo the woodden legg he would have died * * * Liza announces that she will not be at home to callers Saterday nor Sunday nite. Her steddy is in town. * *

Addison Bennett, spec. cor.

Pleasant Time Had.

Col. R. A. Miller, Hon. Milt ditto, Postmaster F. S. Myers, Sens. Chamberlain and Harry Lane, and many other prominent Democratic warhorses, among whom was Col. C. E. S. Wood, who we believe is a warhorse all right, but don't think he belongs regularly in that pasture, held a luncheon of the Jackson Club at the Chamber of Commerce Sat., at which they heartily indorsed the principles of the Democratic party, than which, they asserted, there were few, if any, better.

Col. R. A. Miller was toastmaster and spoke; also William J. Bryan, formerly employed with W. Wilson, the w. k. cabinet maker of Wash., D. C.

Mr. Bryan is now working for himself, he said.

Mr. Bryan heartily commended his work in the past and said that he believed the Democratic party was a great party, which aroused large enthusiasm among those present.

FIFTY WEEKS AGO TODAY.

Rain was needed.

A. L. Mills told the visiting buyers that there would be no financial stringency, showing that he was not familiar with ye scribe's private affairs.

Collector of Customs Burke, following the order from Wash., D. C., that gov't officials should not discuss the war, took up astronomy as the only safe neutral study.

Painless Parker dropped in as we were going to press and said that he suspected the dental trust of conspiring against him.

Horace Thomas returned from his vacation and said that the sea was unusually sad that season.

J. Hennessey Murphy was one of the commentators on the war.

Tom McCusker got back from Wash., D. C., which he said was so hot that he would ratner live in Seattle.

HIKER MAKES PLEA

Double Platoon System for Firemen Is Advocated.

IRREGULAR HOURS CITED

J. H. Mooney, of New York, Tells How Physically Fit Become Wrecks and How Health Can Be Saved at Slight Expense.

The two platoon system for city firemen will be brought up for discussion and probably for agitation in Portland as the result of the visit of John H. Mooney, fireman of New York City, who reached Portland Saturday night on a walking trip from New York that had taken him more than 5600 miles and left him pretty much a nervous wreck from trying experiences on the Mexican border and the Arizona desert.

Mr. Mooney rested yesterday in Portland, and in a few days will leave, probably by train, for New York, to resume his work in the city service there.

"Generally speaking," said Mr. Mooney yesterday, "the average city fireman spends 281 nights of the 365 in the fire station. That means, for the married men, that they are forced to leave their families alone that much of the time.

"In many cities, not particularly Portland, but in many cities, the fireman eats breakfast one morning at 6 o'clock and the next morning at 8; the next at 10 and the fourth or fifth morning anytime from noon to 5 o'clock in the afternoon.

"It is such practice that makes many of the best men of a community physical wrecks after a few years in the service.

"It is to be remembered that the firemen represent the picked men of a community. They are not accepted unless they are physically sound.

"In Portland, I believe, the two platoon system could be installed at an additional expense of $300 to $500 a month and this sum could be trimmed from other places. Firemen now do practically continuous duty, in some cities more so than others.

"In Portland the firemen have one day off every so often, but this does not relieve them of the irregular meals, sleep and ways of living that undermine their health.

"The two platoon system, which merely is a system of making each fireman responsible for 12 hours' work a day, at given regular hours, is in effect in Seattle, Spokane, Kansas City, Lincoln, Neb., Youngstown, Ohio, Butte, Great Falls, Yonkers, N. Y., and Berkeley, Cal. Beginning this month it goes into effect in Los Angeles, Scranton, Pittsburg, Paterson, Trenton, Newark and Camden, N. J., and is being agitated in Atlantic City."

Mr. Mooney started on a walk from New York to San Francisco and return in the interest of the two platoon system. He is the pioneer in the movement.

He left last January and until he reached the Mexican border his hike was uneventful. There, however, he was arrested as an American spy and sentenced to be shot after 72 hours. He kicked a hole in the jail and escaped after 29 hours' incarceration. But it was almost to perish on the desert crossing Arizona. His canteen leaked and he was found exhausted on the hot sands by the fireman and engineer of a railway train. They provided him with water and he continued his trip.

Mr. Mooney will pass several days in Portland studying conditions and proposing the two platoon system. His principal work is interesting the community in the system from a humanitarian viewpoint and letting the cities take it up themselves.

School Near Gresham Rising.

GRESHAM, Or., Aug. 1.—(Special.)—The new high school building for Union High School District No. 2 is rapidly nearing completion and will be inspected in about two weeks by the Board and Architect Ernest Kroner. The high school board, at its meeting Wednesday night, let the contract for the window shades to the Oregon Trade Supply Company. K. A. Miller, the present clerk, was re-elected for the coming year.