

Better Foods Better Homes

KITCHEN HEATERS

ONE OF OUR KITCHEN HEATERS ATTACHED TO ONE END OF YOUR GAS RANGE WILL NOT ONLY HEAT YOUR KITCHEN THESE COLD, WET MORNINGS, BUT WILL ALSO SUPPLY YOU WITH PLENTY OF HOT WATER FOR ALL YOUR KITCHEN NEEDS WITHOUT EXTRA FUEL EXPENSE. THE HEATER IS MADE WITH A TWO-HOLE TOP FOR COOKING PURPOSES AND REQUIRES BUT LITTLE SPACE, AS IT IS BUT 14 INCHES WIDE. SAVE YOUR HEALTH AND MORNING GAS BILL BY INSTALLING ONE OF THESE MODERN HOUSEHOLD CONVENIENCES CALL AND LOOK THEM OVER.

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FOURTH AT ALDER.



THE OREGONIAN'S FIRST ANNUAL FREE HOME ECONOMICS SCHOOL

Eleventh-Street Playhouse, Formerly Heilig Theater
Doors open 1:30 P. M. Lecture-Demonstration 2:30 P. M. Mrs. Kate B. Vaughn, Domestic Science Expert, in Charge—Musical Concert 2 to 2:30 by Sherman, Clay & Co.

PROGRAMME FOR WEDNESDAY AFTERNOON.

Lecture Subject: "FOOD."

MENU:
Baked Chicken.
Cabbage Bonne Femme.
Angel Parfait.
Chocolate Marshmallow Roll.

1. Good-Bye (Tost). McCormack Victor Record No. 7846.
2. Coquette Mazurka (Larregia). Weber Grand Pianola Victor Record No. 62046.
3. Ernani—O Sommo Carlo (Verdi). Victor Record No. 62046.
4. Blue Danube Waltz (Strauss). Weber Grand Pianola (Schubert-Euler Arrangement).
5. Tenor Solo (Selected). F. K. Hollister

MRS. VAUGHN'S SPECIAL RECIPES.

VEAL LOAF.
2 lbs. veal ground in meat chopper, 1 teaspoonful minced onion, 1 teaspoonful salt, 1/2 teaspoonful ground cloves, pinch sage, 4 cupful crisco, 2 eggs, 1 cupful bread-crumbs. Add crisco to chopped meat season with spices, add bread-crumbs and put together with well-beaten eggs; place into well criscoed pan and steam for two hours. If open oven is used, place the pan containing the veal loaf in larger vessel containing 1 cupful water to prevent crust being formed; bake one hour. Serve on platter garnished with watercress and tomato sauce.

FROZEN SALAD.
6 medium-sized tomatoes, 1 large cucumber, 1 cupful celery, 1 green sweet pepper, 1 tablespoonful grated onion, 1 teaspoonful Kitchen Bouquet, 1 teaspoonful fresh grated horse radish, 1 teaspoonful salt.
Put together with boiled dressing and press in criscoed mold. Pack in salt and ice, one part salt to two parts ice, for two hours. Dip mold in hot water for a second before unmolding on salad dish. Garnish with lettuce and celery curls.

BOILED DRESSING.
Yolks of 10 eggs or yolks of 4 eggs may be used, in which case add 1 tablespoonful flour to dry ingredients; 1 teaspoonful prepared mustard, 1 teaspoonful salt, 1 teaspoonful celery seed, 1/2 teaspoonful white pepper, dash cayenne, 1/2 cup sugar, 1-3/4 cupful melted crisco.
Beat yolks very light, add sugar and other dry ingredients, pour melted crisco in last, beating well; have boiling in double boiler 1 cupful mild white vinegar, pour egg mixture into boiling vinegar and stir until thick. This keeps indefinitely if sealed in a glass jar. When ready to use, add 1 cupful of whipped cream or 1 cupful of sweet cream to 1 cupful of the dressing.



One of the essentials of good cooking is

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CARNATION Rice Pudding

One can Carnation Milk diluted with same quantity of water; one-half cup rice, one-half teaspoonful vanilla, 4 tablespoons of sugar, pinch of salt. Stir together thoroughly and bake in a slow oven until rice is done.

At your grocer's or delicatessen



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Six tins Pineapple sold at dozen price.
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