

### COOK ADDS DASH OF ADVICE TO LESSONS

#### "Brains Better Than Dollars" in Buying Food, Mrs. Vaughn Tells Housewives.

### 1700 WOMEN HEAR EXPERT

#### Famous Connoisseur of Cuisine in Address and Demonstrations at Eleventh-Street Theater Wins Hearers by Wit.

"FOODS," MRS. VAUGHN'S TOPIC THIS AFTERNOON.

The menu to be prepared will include:

- Baked chicken.
- Cabbage bon femme, Dixie biscuit.
- Angel parfait, bride cake.

Mrs. Vaughn likes the Portland women and the Portland women like Mrs. Vaughn.

Evidence of this fact was seen yesterday afternoon at the Eleventh-street Theater, where 1700 women assembled to hear the second talk on domestic science, under the auspices of The Oregonian, and see the practical demonstrations made by Mrs. Vaughn and her assistant on the stage of the play-house, "Economy" was the topic of the day.

"In buying foods," said Mrs. Vaughn, "brains count more than dollars. Most of the domestic and financial troubles in families are caused by women not regarding housekeeping as a business.

#### Cuisine and Temperance Linked.

"The women of this state, I understand, are working for temperance and I fear that many are overlooking the kitchen as the cause of much of the intemperance. If the child is given highly-seasoned food when he is young, he gradually grows to manhood with his craving increases. He gets more and more of the condiments and spices, his stomach is injured and he adds to the trouble alcoholic drinks. On the other hand, foods not properly seasoned cause intemperance. If a man is served a tasteless dinner, he goes downtown and takes a drink to cheer him up and make him forget the dinner. There is a happy plane of 'just right' and all women may be successful cooks if they put their minds on the work. Don't trust to luck. Know the right way and do it. It's lots easier than the hit-and-miss.

#### Budget Plan Advocated.

Mrs. Vaughn told how to buy on the budget plan and how to get the best and most nutritious food at the least expense.

"But," she added, "don't be like the woman who couldn't afford to feed any meat or eggs to her children and then went downtown and bought an expensive hat."

When the time came to start making cake, salad and other good things nearly every woman in the audience got out a notebook and pencil and Mrs. Vaughn measured and mixed right before them. Her mixture was so good that she sprinkled into her mixtures just enough philosophy and just enough wit to make their success inevitable.

Not to make the women who were wasted. There was no unnecessary trotting about. It all looked so simple that it seemed to inspire all the women present to go and do likewise. When the cake was in the oven and the salad of fruits and the special "Apple day" salad were prepared, more helpful hints and gems of advice were served by the famous cook.

#### Housekeeping Termed Art.

"I haven't much sympathy for many of the girls who work in department stores," said Mrs. Vaughn. "I mean the girls who are standing behind the counters just to be able to earn money for fancy clothes. When their fathers have a good income they should attend to their home and help their mothers and learn to be ideal women and homemakers. Housekeeping is termed an art.

#### WATCHMAKER BOUND OVER

#### Ex-Wife's Charge Leads to Discovery of Stolen Goods.

Alexander Wullemier, a Swiss watchmaker, was bound over to the grand jury yesterday by Municipal Judge Stevenson on a charge of larceny. According to the reports of Detectives Craddock and Smith, Wullemier was arrested on complaint of his ex-wife, Mrs. Lena Wullemier, of Oswego, who accused him of stealing a watch owned by her.

#### COPPERFIELD CASE IS SET

#### Arguments in Appeal to Be Heard at Pendleton, October 26.

BAKER, Or., Oct. 20.—(Special).—The famous Copperfield case, by which the Copperfield saloonmen and Councilmen sought to enjoin Governor West and others from interfering either with their saloon business or their conduct of city affairs, will be argued before a circuit court at Pendleton, Oct. 26.

#### BAKER, Or., Oct. 20.—(Special).—

The preparations for the Rotary Club benefit, it was announced at the luncheon of the club at the Benson Hotel yesterday, have advanced rapidly in the past week, and already about \$227 worth of tickets have been sold. The benefit is to be given at the Baker Theater, at Eleventh and Morrison streets, on October 27, by Florence Roberts and the Baker players.

#### WORK UP FOR ACCEPTANCE

#### City Commission to Act on Contracts Aggregating \$38,455.89.

Street improvement contracts aggregating \$38,455.89 will be before the City Commission this morning for final acceptance, the work having been completed and approved by City Engineer Dator.

#### DR. COLEMAN FALLS DEAD

#### Former President of Willamette University Passes Suddenly.

RETLAND, Vt., Oct. 20.—Dr. John H. Coleman, a former president of Willamette University, Oregon, dropped dead in the street. He was 61 years old.

#### UNITED STATES CRITICISED

#### Italian Naval Officer Says America Behind in Aerial Craft.

NEW YORK, Oct. 20.—Enea Bossi, an officer in the royal Italian navy, attached to the aviation corps, who has been in the United States several weeks as a passenger on the San Guglielmo sailing today for Naples. He said he had been looking over American hydro-aeroplanes, but would not say whether he had purchased any for his country.

#### Biology Club Elects.

UNIVERSITY OF OREGON, Eugene, Oct. 20.—(Special).—The Biology Club of the university, organized by students and members of the faculty to follow development in scientific fields, has elected the following officers: Cleveland Simkins, of Salem, president; Alvin Auperle, vice-president; Wilmot Foster, of South Junction, secretary and treasurer.

### BENEFIT SEATS SELL FAST

#### Seventy-Five Newsboys to Be Among Guests at Baker Play.

### NEWSBOYS GNASH

#### APPLES FOR PRIZES

#### Youngsters Numbering 150

#### Bespatter Selves in Fruit Juice and Skin to Win.

### THROUGH HOWLS IN GLEE

#### Whistling Being Part of Race, Lads Can Barely Pucker Lips, So Vexement Is Their Rush to Gobble Core and All.

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### Y. M. C. A. RELIGIOUS WORK SECRETARY GOES TO CANADA FOR BRIDE.

Cupid called R. E. Randall, religious and social work director of the Y. M. C. A., back to his former home in Canada, where yesterday he married Miss Helen Weber, one of the most popular members of Edmondson society.

News of the marriage reached Y. M. C. A. officials yesterday. For the past 15 months Mr. Randall has been in charge of the religious work of the association. He came to Portland from the ministerial field in Canada and decided that he wanted to locate in Oregon. He was given his present post and has increased the efficiency of the department wonderfully since he has been at it.

The bride is an American girl, born in Illinois, but has lived in Canada for a number of years. She has been prominent in musical circles and is expected to be a valuable acquisition to those of Portland.

#### Large Displays Give Sales Impetus

#### and Menu Is Feature of Home.

BAKER, Or., Oct. 20.—(Special).—Apples were on display everywhere when Baker observed Apple day in a royal fashion and this day crowned the apple king.

Sales on every hand were large. One heavy fruitgrower, W. E. Barst, of Snake River, brought in a large supply of excellent fruit, especially chosen for being free from blemishes. Before noon the entire stock was gone. Grocers found trouble in filling all the demands.

Restaurants and hotels featured apples and dishes made from apples on their bills of fare, and hardly a housewife in Baker failed to serve apples in some fashion during the day.

### BOND BIDS TO BE OPENED

#### Many Offers Expected for \$163,000 in Improvement Securities.

Bids will be opened by the city Thursday for \$163,000 in 10 year, 6 per cent local improvement bonds, issued to finance street improvements completed within the last two months. The bonds are to be issued on the strength of the property owners' agreement against property benefited by improvements.

### Election Law Violation Charged.

WHITE SALMON, Wash., Oct. 20.—(Special).—A warrant has been issued for the arrest of J. J. Conner, a prominent White Salmon orchardist and the manager of the local Fruitgrowers' Union, on a technical charge relating to alleged violation of the election law pertaining to electioneering within a certain distance from the polls.

### Junction City Society Elects.

JUNCTION CITY, Or., Oct. 20.—(Special).—The Parent-Teacher Association of Junction City held its first meeting for the school year in Washburne schoolhouse Monday, October 19, and elected Mrs. George Young president and William Pitney secretary and treasurer.

### Final Slaughter Begun.

The judges went down the line gathering the names of the competitors for the grand prize. Only a wild imagination can conceive the sound that arose when the 30-odd contestants, with their mouths still half filled with apple pulp, answered to the array of names. Here is the muster roll: Albert Dickistoforo, Sol Rosecraft, James Anderson, William McCarthy, David Rosen, Moses Mosher, Dinnor Roberts, John Boseow, Ralph Leonard, Herbert Zunger, Ben Kulehinsky, Verlin Masterson, Isaac Sirkus, Robert O'Connell, Venendo Valfrida, Henry Rosen, Isidore Tessier, Sam Pearlman, N. Lippmann, N. Lencher, Max Gordon and Albert Schockert.

The hands of these were tied behind their backs and on a bench in front of them, resting on their caps, the apples were laid. The rules of the game were to eat apple, core and all.

Behind every contestant stood his judge from among the Muts turned into a strong booster, patting the snorting apple eater upon the back and urging to yet greater achievement.

After an agonizing struggle Ben Kulehinsky and Sam Pearlman emerged above the benches disguised in apple juice and apple skin. The order of first and second place respectively.

Then the crowd broke through the ropes and what was left of the 2000 apples disappeared like magic down hundreds of throats that were dry and parched from cheering and laughing at the apple-eaters in the contest.

### EUGENE DOES APPLE JUSTICE

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## To the Ladies of Portland

MRS. KATE B. VAUGHN, the lecturer in THE OREGONIAN'S Free School of Home Economics, uses

# Royal Baking Powder Exclusively

Teachers of cookery, and baking experts generally use Royal Baking Powder because they know it can always be relied upon to make the finest and most wholesome food. Experience has taught them that it is not economy to risk the loss of flour, butter and eggs by the failure likely to result from the use of an inferior Baking Powder.

## Royal Baking Powder Contains No Alum

Perfectly leavens and leaves no unhealthful residues in the food.

### BALLOTS SENT OUT

#### Action Taken Despite Suit to Compel Change in Form.

### CANDIDATE MAKES ATTACK

#### E. E. Smith Asks Supreme Court to Eliminate Question "Shall H. R. Albee Be Recalled?" and Make Vote Only on Aspirants.

Disregarding officially the fact that Eugene E. Smith, one of the two recall candidates for Mayor against Mayor Albee, has taken action before the State Supreme Court to mandamus City Auditor Barbur to change the form of the recall ballot, City Auditor Barbur yesterday issued sample ballots for distribution. The ballots, in the form provided by City Attorney LaRoche, will be kept in the corridors of the City Hall for general distribution.

E. E. Smith and W. M. Davis, an attorney of Portland, appeared before the Supreme Court yesterday and presented petition for mandamus to require a change in the ballot form eliminating the question, "Shall H. R. Albee be recalled from the position of Mayor?" City Attorney LaRoche appeared representing City Auditor Barbur and supporting the contention that the ballot form as printed is correct.

Immediate Decision Expected.

It is thought the Supreme Court will render a decision today or tomorrow. Mr. Smith, who is aspiring to the position held by Mayor Albee, says the ballot form is not correct because it

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## To Chicago



### Kansas City, New York --- Through California

Superior service via Santa Fe from San Francisco, through Los Angeles, and you can stop and visit Earth's Scenic Wonder, the Grand Canyon of Arizona, on your way. Let me make up your next itinerary. Will be glad to make all your reservations. Drop me postcard for descriptive folders.

H. E. VERNON, Gen. Agt. Santa Fe Ry.  
122 Third Street  
Portland, Or. Phone Main 1274

## STOMACH TROUBLE OF FOUR YEARS' STANDING IS CORRECTED BY AKOZ

Mrs. Stella Peterson, 346 N. Ninth St., Portland, Rtd of an Old Ailment



After suffering four years from stomach trouble, Mrs. Stella Peterson, 346 North Ninth street, Portland, was so pleased with the first three weeks' treatment of Akoz, the wonderful California medicinal mineral, that she almost became a nervous wreck. I wanted others to know what it did for her. She says:

"For four years stomach trouble caused me great suffering. My main trouble was gas. The gas would form, pressing against the heart, which made it dangerous and caused me to almost become a nervous wreck. I was constipated greatly and the suffering I underwent caused my eyes to become greatly weakened. I tried three or four medicines without results. Three weeks of Akoz did more than all of them ever started to do. The gas pressure has gone, my eyes are getting stronger and my bowels are becoming regulated. I shall take the internal treatment for three months, that I may be permanently relieved. I am glad to recommend Akoz to anyone suffering from stomach trouble of any kind."

MRS. STELLA PETERSON

Akoz is as effective in rheumatism, diabetes, Bright's disease, liver, kidney and bladder trouble, catarrh, blood diseases, eczema, ulcers, piles and other ailments. For sale at all leading drugstores where further information may be had regarding this advertisement.

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BUFFUM & LEWIS  
BEN SELLING  
OLDS, WORTMAN & KING  
AUGUST FAUTZ & SON