South America Calls!

FROM every centre in South America is coming calls for our goods. We have practically no competition in that rich market to-day. It is ours if we go after it—it is urging us to come.

There is enough business right on our own hemisphere to keep trade booming. Ships are being provided. Financial and exchange problems are being solved. The harvest is ready that spurs boom times for American industries. We have had our lean years, our period of retraction. It is now time to go ahead.

The Business Man Who Retrenches

Now Is Pulling Against the Tide

No War Prices

On This Food

With price of meats, flour, sugar and all other foods climbing by leaps and bounds, it is well to remember the economy and better health in

Grape-Nuts

FOOD

Made of choicest wheat and barley, this food is fully cooked, easy to digest, and full of rich nourishment. With cream or good milk, an economical, delicious dish for any meal. You can be independent and live well—with Grape-Nuts.

Packed dust and germ proof in wax-sealed packages—always fresh and appetizing, and—

There’s no advance in price!

Grocers everywhere sell Grape-Nuts.

MRS. LYON’S ACHEs And PAINS

Have All Gone Since Taking Lydia E. Pinkham’s Vegetable Compound

Torre Hill, Pa.—“I am only permitted to give you my testimony in favor of Lydia E. Pinkham’s Vegetable Compound. When I first took it, I had female troubles for several years and did not at all feel well. I took the Compound, as directed, and in the course of a year my troubles had all stopped. Since I have taken Lydia E. Pinkham’s Vegetable Compound the aches and pains are all gone and I feel like a new woman. I feel so well I feel as if I could do all the work of the world. I am a witness for the Compound.” Amelia M. Linson, Torre Hill, Pa.

It is true that no man or woman’s work has produced the greatest remedy for women’s ills the world has ever known. From the start and birth of the first, Lydia E. Pinkham, a remedy for that peculiar infirmity which has caused so many to suffer has been offered, and today, after a period of years, a compound of the most beneficial ingredients for every woman’s case, from profit to cure, is produced from every case to exact the standard remedy for women’s ills.

In the Pinkham Laboratory at Lynn, Mass., are found remedial marvels of the age, marvels that have improved the health of thousands. The benefits of the Compound are known everywhere—people use it for their own cases of ailments and send it to others suffering the same. Believing, then, that Lydia E. Pinkham’s Vegetable Compound is a remission for all women’s ills, we use it and send it to all suffering women in our communities.

Samples Free by Mail

To any who can spare a few pennies, we will send free a sample of Lydia E. Pinkham’s Vegetable Compound to afford a trial. Write to Lydia E. Pinkham, VegetaBle Compound, Lynn, Mass.