

Society News By Gertrude P. Corbett.

SILK CREPE GOWN HAS TUNIC OF BEADED CHIFFON



Beautiful Evening Gown Underwood & Underwood

A GORGEOUS EVENING GOWN DESIGNED IN VIENNA IS ATTRACTIVE. It is a model of silk crepe with corsage and tunic of chiffon heavily embroidered with beads. Additional trimming of white tulle makes the robe distinctive.

Mrs. Joseph Supple and Mrs. F. H. ... The Ladies' Aid Society of the Vancouver Avenue Episcopal Church held its annual meeting last Wednesday with election of officers. The following were elected: President, Mrs. J. Jones, 402 Colonial avenue; vice-president, Mrs. A. Verelid; secretary, Mrs. J. Pedersen; treasurer, Mrs. T. Norby. The society was entertained by the retiring president, Mrs. Holm, at 422 Blakstone street.

was responded to by quotations from Washington Irving. Mrs. Breckenridge gave several splendid piano selections. Mrs. R. A. Willison's paper on "Evolution of the Home" was a credit to the club. Mrs. H. C. Raven gave an interesting paper on "Relation Between Home and School." Good reports were made from the various departments and committees and plans were fixed for the Woman's Overlook Club to exhibit roses at the Peninsula Park Rose Show in June. Plans also were made to give a big card party Friday evening, April 17, at the residence of Dr. and Mrs. O. Miller Habbitt, on Alhambra avenue.

The regular monthly meeting of the Ladd Parent-Teacher Circle was held in the school auditorium Thursday. The president being absent, Mrs. L. T. Newton presided. A short business meeting was held. The matter of changing school hours, so as to close at 3 o'clock instead of 2:30, was referred to the Board of Education for final consideration. William L. Finley, State Biologist, addressed the circle on birds found in and about our city. Views taken by Mr. Finley were shown. Mr. White, of the manual training department, assisting.

The Ladies' Aid Society of the Fourth Presbyterian Church will give a silver tea on Tuesday at the home of Mrs. Peter Oberle, 957 First street. Miss Lillian Tingle will leave Sunday for Seattle and other Puget Sound cities and later will join the Inland Empire Educational Association in Spokane. She will visit the economic and domestic science departments of colleges.

At the regular meeting of the Woman's Overlook Club, held yesterday at the residence of Mrs. C. E. Johnson, on Colonial avenue, roll call was taken. Questions pertinent to hygiene, sanitation, and prevention of disease, if matters of general interest, will be answered in this column. Where space will not permit or the subject is not suitable, letters will be personally answered, subject to proper limitations and where a stamped, addressed envelope is enclosed. Dr. Rossiter will not make diagnoses of individual diseases. Requests for such services cannot be answered.

rhematic. There is no scientific ground for this theory. There is absolutely nothing in apples or strawberries or these other fruits that can of itself cause rheumatism or aggravate it. If fruits, in combination with other foods, cause fermentation and poison in the digestive canal the absorption of these products of indigestion may make rheumatism worse. Gooseberries and raspberries give rise to acids, and this is hard on the kidneys. The acids of fruits do not make acids in the body. On the contrary, these organic acids are broken up and unite with the salts in the blood and tissues to make alkalies, the very opposite of an acid. Hence the eating of fruit increases the alkalies of the blood, and the more alkaline the blood the greater is its healing powers. When a person's blood approaches the acid-like point, and a person is in danger, and the blood has little healing power. Man was intended to eat the fruits of the earth, and fruits are not a cause of disease when eaten properly and in proper combination.

Women's Clubs By Edith Knight Holmes. The clubrooms of the Portland Woman's Club were transformed into a bower yesterday afternoon. Dogwood and cherry blossoms banked the platform, while lanterns and banners hung overhead gave the effect of a Japanese tea garden. The receiving party all wore handsome Japanese costumes and took logically of the great economic waste and the devastations of war. After his talk he answered many questions. It was suggested by any of the members that boys be discouraged from entering the Army and Navy. Another asked what would then become of these adjuncts of the Nation. "There wouldn't be any," replied the speaker.

TALKS ON DOMESTIC SCIENCE By LILLIAN TINGLE. PORTLAND, March 22.—Kindly give directions for making plain bread for a diabetic patient. Thanking you MRS. R. C. B. Be very careful in your selection of a gluten flour. Probably your doctor can give you the name of a reliable brand suitable to the condition of your particular patient. Find out, also, from him whether milk is allowed in the bread making or whether water only must be used. The addition of one egg as in the recipe given below not only improves the texture but adds to the nourishing quality of the bread. Finally, when the small fat, one or two cups milk or water, one cake compressed yeast dissolved in one-half cup lukewarm water, and about five cups small flour. When light add one well-beaten egg, one-half teaspoon salt (or more according to individual taste), two tablespoons melted butter. In some cases a small amount of "margarine" may make the bread more palatable for the patient. Add gluten flour to make a "kneading dough." Knead until smooth and elastic, and shape into loaves. Let these rise again and bake about one hour. One-half cup liquid yeast may be substituted for the compressed yeast and water, if preferred, but it is not quite so reliable, and will need longer time for rising.

Hints on Health Dr. Frederick M. Rossiter. Questions pertinent to hygiene, sanitation, and prevention of disease, if matters of general interest, will be answered in this column. Where space will not permit or the subject is not suitable, letters will be personally answered, subject to proper limitations and where a stamped, addressed envelope is enclosed. Dr. Rossiter will not make diagnoses of individual diseases. Requests for such services cannot be answered.

children might be broken up. The latter has seen mistakes, and so all its contents cannot be given. Reply. This biting of the finger nails is a habit that children of a nervous disposition often acquire. The best way to get a child over this habit is to keep the nails trimmed very close to the flesh. Trim the nail round, leaving no corners or rough edges. It may be necessary to cut the nails two or three times a week. In addition to this try to get the cooperation of the child that, whenever it is right, and then by offering some reward or pleasure because of obedience for a certain time, and denying them some pleasure when the habit is repeated. Beating the child will not succeed, and close continually is one of the best measures for breaking up this habit.

Divorced Life By Helen Hessing Fuesle. Copyright—The Adams Newspaper Service. The Future Grows Bright. "To be candid," said Marian to Mrs. Van Dine, her chance companion on the train dinner, "I've never been an actor. But I've given readings on social occasions—but never for money, or publicly," she made haste to add. The old haughty feelings had come trooping upon her—the blind prejudices of idle women against receiving pay for work performed. "Then, of course, you wouldn't think of teaching?" inquired Mrs. Van Dine casually.

"Teach? For money? The table swam before Marian's eyes. Her chance, perhaps, at last. She did not know the first words of the evening, reading or dramatics, but try it she would, and learn as she taught! "Oh, if the pupil has talent, I sometimes do a little of it," Marian returned blandly. "Someone, you know, who would really care to study and apply herself in earnest," she added. "I'm glad to hear you say that," said Mrs. Van Dine quickly. "My daughter is especially eager for a good teacher. She has also a number of schoolmates who have been planning to study under an instructor. If you would consider taking them—"

"How soon do you suppose you could start?" demanded Mrs. Van Dine presently. "As soon as you like," answered Marian, trying not to seem too eager. "That's very good of you indeed. Let me know this Tuesday. I'll be free Friday afternoon at say 2:30, won't you, dear?" she inquired, turning to her daughter. The latter nodded. "I'll be there at 2:30," she said. "Could you meet my daughter for the first lesson next Friday, then?" asked Mrs. Van Dine, turning to Marian. "Yes, indeed," she answered. "Good. Where shall it be? At your home, or ours?"

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be that he ought to get his happiness out of having her to work and sacrifice for, and wait upon. "I never supposed she was that selfish," indignantly exclaimed the Woman From Across the Street. "It is a rather high price, though," said the Woman From Across the Street, taking her baking powder. "Yes, but not the highest. He might have dropped under the burden he has been carrying. But as it is, he has only rested by the roadside a while, and now will go on more joyfully."

PORTLAND, April 9.—Summer is coming and a garden gate opens the "door" to the woman who must have a side line, and looking over the seedsmen's Baedeker we voted for tomatoes. We have a sunny back yard, and here with but little expense of cash and time we started and tended our garden. After the tomatoes began to ripen there was one long succession of this succulent, luscious fruit on our table, saving the cost of this important item of food all through the season, and giving the family a real luxury long after they had soared high in the markets and finally disappeared. It was a last coup of the season, tomatically speaking, we sold all the green ones in November at a good price, long after the markets had said good-bye to tomatoes of any complexion. R. L. E.

WHY FAMOUS PASTRY COOKS USE K C BAKING POWDER. The patrons of our first class hotels and restaurants are exacting—they demand the best. Women go where the pastry and cakes are noted for their excellence. Men are attracted by hot bread and biscuits—when fresh and moist and light. The pastry cook with a reputation uses K C Baking Powder because he knows that results are certain; every time everything is as good as his best. Then, too, with K C Baking Powder he can mix the various kinds of batter before the rush of the meal begins and bake as needed so that every order goes to the table fresh and hot, yet the last he bakes are just as good as the first.

How To Earn Money At Home. PORTLAND, April 9.—Summer is coming and a garden gate opens the "door" to the woman who must have a side line, and looking over the seedsmen's Baedeker we voted for tomatoes. We have a sunny back yard, and here with but little expense of cash and time we started and tended our garden. After the tomatoes began to ripen there was one long succession of this succulent, luscious fruit on our table, saving the cost of this important item of food all through the season, and giving the family a real luxury long after they had soared high in the markets and finally disappeared.

Little Discussions OF Love and Marriage BY BARBARA BOYD. One Path To Wifely Appreciation. "MORTON'S sickness was a mighty good thing," said the Neighbor. "A good thing!" exclaimed the Woman From Across the Street, who had run in to borrow some baking powder. "How do you make that out? The doctor's bill must be dreadful. He came three times on some days."

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Albany Dance Scheduled. ALBANY, Ore., April 10.—(Special)—Elaborate arrangements are being made for the second annual ball of Camp Phillips, No. 4, United Spanish War Veterans of this city, which will be held next Friday. It will be attended by people from Portland and many of the Willamette Valley cities. The committee in charge consists of F. H. Westbrook, F. C. Stollmeyer, M. L. Peters, A. C. Baker and W. V. Merrill. The patronesses will be Mrs. William Bain, Mrs. J. K. Haight, Mrs. C. C. Page, Mrs. C. W. Teabutt, Mrs. William Fortmiller, Mrs. J. C. Hammett, Mrs. W. B. Stevens and Mrs. J. K. Weatherford.

We make the grocer's prices; both prices, the one he buys-at, the one he sells-at, are fair. We make his terms in one particular: he returns a dissatisfied customer's money and tells us; we send him the money and 2c more for his postage. This is fair. Complaints are few; there are some. Schilling's Just was your first definition of money-back. A Schilling & Company San Francisco

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