the first Burbanks, too

teristic food of our country. They were

NE of the prettiest parties of the week was enjoyed Friday evening by members of the Waverly Tennis Club and their friends at the new residence of Miss Alice Meyers, in Waverly The reception-rooms were decorated with red carnations and greens, interwoven with strings of brilliant lights. The early part of the evening was devoted to "500," after which refreshments were served with covers laid for 21. "Five hundred" honors fell to Miss Gertrude Roehr. Dancing was enjoyed the latter part of the evening, with Miss Romona Killigan demonstrating the Romona Killigan demonstrating the

hesitation waltz.

Those present were Mr. and Mrs.
Noren, Alice Meyers, Clara Kneckt, Romona Milligan, Bertha Palmer, Madeline Sutherland, Gertrude Roehr, Francis Gardner, Gladys Noren and Jennie
Norm Bert Manage (1888) Poets Noren, Bert Meyers, Osco Roehr, Crom-well Noren, Earl Heltschmidt, Ray Pryer, Tom Gorman, Oscar Noren, James Hyde, Bryan McLeod and Errol

A pleasant surprise party was given A pleasant surprise party was given in honor of Mr. and Mrs. John Simon at their home, 144 West Webster street, Thursday evening. Five hundred was played. Mrs. N. M. Hall and J. I. Mackey held the highest score. Cards, music and singing were enjoyed, after which refreshments were served.

The marriage of Ida M. Angell and Luther E. Bender took place Wednes-day. Dr. Dyott officiated and the only attendants were Mrs. Clara Eldridge and Frederick McGillery. Mr. and Mrs. Bender are at home to their friends at the Lois Apartments.

Mr. and Mrs. C. S. Russell have returned from California and are living at the Nortonia Hotel.

Mrs. Dr. Conneil has taken a suite of rooms at Hotel Nortonia.

Mrs. S. E. Harris, of Astoria, and Mrs. Charles Steinbring, of San Fran-cisco, are visiting their nieces, the Misses Cameron, of Laurelhurst,

The Alegra Doncellitis Club, which was organized recently, was enter-tained Thursday at the home of Miss Mabel Mascot. The evening was spent in games and music. Only members and Mrs. Mascot were present.

A quiet home wedding took place March 3, when Karl Edling claimed as March 3, when Karl Edling claimed as his bride Kleah L. Hathaway, daughter of Mr. and Mrs. Frank Hathaway, of Ritter, Or. Rev. Dr. Sitler, of Long Creek, Or., was the officiating clergy-man, Mr. and Mrs. Edling will live in Montana after May 1.

Mr. and Mrs. Frank Blumauer re-turned last week to Portland after an absence of five months, during which they visited in New York, where they were entertained extensively, and also at points in Florida and at New Or-leans. They returned via Los Angeles and San Francisco. They are living at Hotel Multnomah.

The Scotch Thistle Social Club, under The Scotch Thistle Social Club, under the auspices of Clan Macleay and La-dies' Auxiliary, held an enjoyable dance Friday evening at Knights of Pythias Hall. The patronesses were Mrs. M. A. M. Coles, Mrs. D. A. S. Duncan, Mrs. Alex C. Brander and Mrs. C. L. Kellock.

Another dance by the Satelllites, Order of Eastern Star, will be given at the Masonic Temple March 12. The patronesses will be Mrs. Sheldon F. Ball, Mrs. Albert Gebhardt, Mrs. J. H.

Richmond, Mrs. J. M. Wheeler and Mrs. Alfred Niblin.

The Jewish Boys' Athletic Club basketball team gave a banquet Friday night at the home of Mr. and Mrs. Cohn, 147½ North Twenty-first street.

"They may be putting on a bright face, and enduring it. But I doubt if they are enjoying it."

"Yes, they are," persisted the Young Married Woman, her spirit warming to the argument, "because they are decoded." "But suppose you don't resurrect the good," persisted the Old Maid, skeptyleng they are they are decoded."

Mrs. Einer Jorgensen was hostess at luncheon Thursday. were Mrs. William Brundell, Mrs. N. P.
Jorgensen, Mrs. C. Van Wagner, Mrs.
B. Reeves and Mrs. G. W. Jorgensen. B. Reeves and Mrs. G. W. Jorgensen. Mrs. Jorgensen also gave a luncheon Saturday for Mrs. Gell, Mrs. H. Peters. Mrs. L. Kennedy, Mrs. C. Howland and Mrs. R. Coster.

Mr. and Mrs. Benjamin Reeves en-tertained at a 500 party Friday night at their home on Belmont street. Hon-ors fell to Mrs. L. M. Kennedy, Mrs. G. Jorgensen, H. Peters and J. E. Wil-

Mrs. Dalsy Dean Struble and daughter, of Holyoke, Mass., are visiting rel-atives at 663 Wasco street.

Miss Edith Gregory will leave tonight

Bonhomme Bridge Club was enter-tained recently by Mrs. W. S. Hamacher at her home, 403 East Fortieth street North. The guests were received in the drawing-room, which was attractively decorated in pink blossoms. The din-ing-room was adorned with pink and white carnations and ferns. Card hon-ors fell to Mrs. Elmer Walker and Mrs.

W. C. Beaumont. WASHOUGAL, Wash., March 8.-(Special.)—An event of interest was the marriage of E. D. Clapp, of Washougal, assistant cashier of the Clarke County Bank, to Miss Laura Mae Wiest, a daughter of Jacob Wiest, of Skamok-awa. The wedding was the culmination of a romance which began some years ago while they were both students in Pacific University, Forest Grove. The marriage ceremony was solemnized at the bride's home in Skamokawa, Rev. C. F. Clapp, father of the bridegroom, officiating.

Little Discussions Love AND Marriage

Love in a Cornfield. *A FRIEND of mine declared to me the other day that she would rather live in a cornfield with Jack, than in a palace with any other man," said the Young Married Woman.
"She's got a new version," sniffed the Old Maid. "It used to be love in a cottage. But I presume she wanted to be a little more dramage, and so said cornfield."

"No," explained the Young Married Woman, "I think she real Woman. "I think she really meant some unpleasant place like a cornfield, some unpleasant place like a cornielo, stubs, and rough ground, and without shelter. One could have a real pleasant time in a cottage," sighed the Young Married Woman. "There with wouldn't be any maid to bother with, nor china and silver to look after, nor bridge and such things. One could bridge and such things. One could cut out all the non-essentials, and en-

"If you cut out everything but Jack, you'd find life rather monotonous," scoffed the Old Maid. "You tell your

LATEST IDEAS EMBODIED IN NEW PARISIAN GOWN



Charming Dinner Gown By Photo Underwood

A stunning creation was designed by La Croix, Paris. It is a model of tulle and applique, with a tunic of black and white lace. A double frill around the tulle overskirt is a most charming addition to the gown. The high collar is a new feature. It is relieved by a cascade of white lace that falls gracefully over the front of the blouse.

friend not to be so foolish. She needn't to the surface when poverty and trials take the palace and the other man, but come, what then?" sareastically asked let her wait until Jack can provide the Old Maid.

the admirable traits each has. Their than to lie supine and rest, or some-thin was elected knowledge of each other doesn't go that effect. I rather think much deeper or ring much truer than the knowledge one gets of a person right. She will get more out of life was hostess at through his society manners. It takes pulling with the man she loves to get trials and hard work and struggles to out of the cornfield into a nice green

patience, and cowardice and untrustthings that are just as likely to come pack of fools.

But the Old Maid only sniffed and said she was afraid they were all a things that are just as likely to come pack of fools.

something beside a cornfield for habitation."

"I don't know," objected the Young Married Woman, and her eyes grew soft, "that the good in the one you love is being swamped by plest couples I know are the ones who are struggling together to get ahead."

"They you feel a great compassion." said the Young Married Woman, and her eyes grew soft, "that the good in the one you love is being swamped by seeming evil, and you go to work to bring forth the real man. And when

you pessimist," laughed the Married Woman. "What is it Young Married Woman. "What is it the poet says, Better the endgavor, show what is in one. And when you lane, or even if he refuses to pull, she see patience and courage and stead-fastness coming to the surface, you will still find greater zest in life try-fastness coming to the surface, you can't help loving more and more."

"But suppose instead of patience and sitting in a palace chair and never

By Edith Knight Holmes

ple's Institute was held at the home of Mrs. Helen Ladd Corbett Friday. Those present were Dr. K. A. J. Mackenzie, Dr. Robert Tucker, Dr. George Storey, Dr. Gertrude French, Miss Valentine Prichard and Miss Kinney. A report for the last two months of the tuberculosis division estimated that there had been an average of 29 patients a day there since the last report, and that some days as many as 50 and that some days as many as 50 patients had called. For this reason the funds have run low and additional money is needed.

The Albina Mothers' Club of the People's Institute met at the Albina branch Wednesday. Mrs. C. W. Hay-hurst gave a talk on the widows' pen-sion bill, explaining the conditions under which a pension may be obtained. A vocal solo was rendered by Miss Marie Roberts.

Miss Isabella Gauld served refreshments. Mrs. George Whiteside and Mrs. Robert Strong were a special committee which visited the branch. About 50 mothers and 48 children attended the

Amusements for the children was provided by the caretaker. Professor Ogburn, of Reed College,

gave a lecture at the Josiah Failing CALENDAR FOR TODAY.

Clubs. East Side division, Pertland Shake speare Study Club, with Mrs. J. G. Callison, 631 East Twelfth street North, 2

Chapter A. P. E. O. Sisterhood, with Mrs. G. H. Wardner, 796 Wasco street.

Portland Study Club, with Mrs. R. H. Gebr. this afternoop

Monday Musical Club, meetings of five iepartments today, Annual meeting of directors of Baby

Board of directors, state, Daughters of American Revolution, room G, Library Michigan Society, hanquet tonight, Ma-

Parent-Teacher Associations. Multnomah, C. E. Warrens to speak "Boy Scout Movement."

THE quarterly meeting of the joint | School Thursday night under the auspices of the People's Institute, for the Italian residents of the district. His subject was "Naturalization, or How to Become an American Citizen." The lecture was largely attended and many questions were asked. Lectures on san-itation and other subjects requested by those who attended this lecture will be given in the near future.

The Senior Motners' Club of the Peo-ple's Institute had its regular meeting at the South Portland branch, First and Gibbs streets, Thursday. Mrs. J. C. Elliot King gave a talk on simple dressing, illustrated by colored pictures of costumes of many nations mothers are sewing for the Katherine Foster Memorial Home chest, which they aim to keep filled with baby clothes for distribution.

Woodstock Woman's Christian Tem perance Union will meet on Tuesday at the home of Mrs. Fannie McCourt, 1124 East Fortieth street.

Chapter A, of the P. O. E. Sisterhood, will meet this afternoon with Mrs. George H. Wardner, 794 Wasco street. Election of officers will be the event.

The Portland Study Club will meet today at the home of Mrs. R. E. Gehr. Mrs. John Shaw and Mrs. L. R. Bailey

Economical ~ Housekeeping By Jane Eddington.

Real Indian Breads. N one of the most charming of Western college songs there occurs the line, "The prairies their strength reline. "The prairies their strength reveal." The line has a romantic appeal to those who have seen acre after acre, if any appetite.

fere with the appetite, and there are perintendent many diseases in which there is little ing address. and even mile after mile, of full height Indian corn in all its strength and

ajesty of growth. Though their hunting grounds were sometimes thousands of miles away, the Indians made their homes on the fertile prairies in order that they might raise

In what is a sort of supplement to the new bulletin sent out by the United States Department of Agriculture, which has the title "Corn meal, the American Indian's gift to civilization," we have a statement which proves that they were really true Burbanks. This fact should be encouraging to those who are trying to increase our food variety by the introduction of tropical

"Originally Indian corn' was a tropical or subtropical plant," it says, "but the Indians, who made it one of their staple foods, succeeded finally in producing varieties which would ripen as far north as Canada. Since the discovery of America, this staple food of these aborigines has been generally raised all over the world. It now ranks with wheat, rye, barley, oats and rice as one of the most important food grains, and may be called the Ameri-can Indian's greatest gift to modern civilization. civilization.
"Indian corn, therefore, has special

historical interest for Americans from the fact that it is generally recognized as being native to American soil. Its cultivation and use even in the early colonial days was very widely distrib-uted. The desire to produce it was probably the incentive which most frequently led the Indians to abandon nomadic life and to form settlements. Because of the quickness and ease with which it can be raised, it was undoubttion many of the pioneers who came from other lands. So important was this food in the days when the country was being settled that both natives and colonists in their troubles with one another found it was a greater blow to other found it was a greater blow to destroy corn crops of adversaries than to make war upon them."

"There are many other simple breads which were first made by the Indians and are very old types, closely resembling the breads of other primitive people. Though easy to prepare, they are nevertheless very palatable. Two of these are 'ash cake' and 'hoe cake.' Ash Cake—"One quart corn meal, two teaspoons salt, one tablespoon lard or other shortening, boiling water. Scald the meal; add the sait and shortening, and, when the mixture is cool, form it into oblong cakes, adding more water f necessary. Wrap the cakes in cab bage leaves, or place one cabbage leaf under the cakes and one over them, and cover them with hot ashes."

Oregon Congress of Mothers

will hold an open meeting at a "social tea" on Tuesday, at 3 o'clock, in the Meier & Frank Company's tea-A report of the sale of flags will be made by the committee in Dr. Mabel Aiken, Mrs. E. E. Coovert, Mrs. J. H. Stanley and Mrs. H. L. Chapin will tell how the campaign for child welfare was carried on In the downtown districts and in the city Parent-Teacher Circles. The work of the Congress of Mothers will be told by the chairmen of the departments.

Mrs. Thomas Burke has arranged the musical numbers, which includes selections by Miss Edna Blake, Miss Ruth Johns, Miss Dagmar Kelley and Miss Dorothea Bliss.

All interested in the work of the Oregon Congress of Mothers are cordially invited.

dially invited



Questions pertinent to hygiene, sanitain this column Where space will not permit or the subject is not suitable, letters will be personally answered, subject to proper limitations and where a stamped, addressed envelope is inclosed. Dr. Rossiter will not make diagnoses of individual diseases. Requests for such

Appetite and the Emotions.

A PPETITE is aroused by a variety of circumstances, such as smell, taste, sight of food, exercise, bathing, stimulating air, flowers, music, agreeable companionship, lively conversation, laughter, pleasurable surroundings and having the food prepared and served in a pleasing manner. The emotions exercise a tremendous

nfluence both upon the appetite and the digestion. Joy and pleasure pro-mote both. A little anger or quarreling at meal time interferes immediately with both. Sudden excitement of a depressing nature immediately deprives one of an appetite. A woman sitting at the table, who had partaken liberally of everything and was having a most enjoyable time, was cating her pud-ding. A mean joker told her that she had just taken a fly with the last reading on "Parental Influence." The ding. A mean joker told her that she cance B had just taken a fly with the last reading spoonful. She was promptly relieved circle of her meal.

The joyous emotions assist appetite,
the depressing emotions hinder. Those
who laugh and take the vexations of
daily life easily always have a good
Mrs. Hersey, president; Mrs. Charles appetite, and some to spare.

than dietetic errors. A dog that is worried a little by the presence of a cat while eating secretes less gastrie inice, and Pawlow found that a dog that was made angry by the close presence of a cat while it was being fed meat had a complete cessation of the flow, and this continued for 15 minutes. Experiments made with the X-ray upon cats and rabbits after feeding show that fear completely stops the action and movements of the stomach and intestines from hanf an hour to two hours.

day.

The members of the association held a reception in the schoolhouse for the citizens of the district on Saturday. February 21, entertaining about 75 guests.

The rooms were beautifully decorated with ferns, Oregon grape and flags. An interesting programme was presented. An especial feature of the programme was a lecture given by Mrs. Hawkins, of Portland. A delightful uncheon was served and games were played until a late hour. than dietetic errors. A dog that is wor-ried a little by the presence of a The members of the association held

Therefore it is best to refrain from Therefore it is best to refrain from eating when greatly worried or when under some great excitement, or deling at 8 o'clock Wednesday night. In the pressed by a mental shock. Some people have a better appetite if they take some mild exercise before meals, others are better off if they rest for give readings. Vocal selections will half an hour before eating. One should be given by Miss Clara Grove and Miss not eat a hearty meal when greatly fatigued. It is best to rest for a while first.

Eating between meals, piecing, or Eating between meals, plecing, or taking a little something to eat a short time before meals takes the edge off of appetite and slows the diges ion. Late suppers and overeating spoil the appetite, also sleeping in a hot, poorly ventilated room. Constigation and a good appetitite do not go together. Nervousness is incompatible with a good appetite. There is always a poor appetite when the tongue is badly coated. Mergens played a piano so ded, Much drug taking is likely to inter. d. Much drug taking is likely to inter-

If you have a poor appetite and are Indians made their homes on the fertile prairies in order that they might raise slow digestion, or it may simply lie in the stomach and ferment. Divorced Life

Helen Hessong Fuessle.

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A Visit to a Hospital. occurred to Marian one morning to visit her friend Margaret Hale, who was taking a course for nurses at Lake View Hospital. In certain moods nearly

every woman who has her way to make thinks of taking up the occupation of nurse. The idea of devoting the rest of her life to the service of the sick often comes as a reaction after a cer-tain amount of self-pity.

It was in such a mood that Marian telephoned to Miss Hale, and made ar-rangements to go for a walk with her at 2 that afternoon. On her way to the gloomy, rambling hospital build-ing Marian made her way down a somber street which bobs out of the gray waters of the lake, and is lined with ramshackle dwellings of the poverty-stricken. Taverns leered at her as she passed nervously by, and tattered women eyed her sullenly as they hurried from musty grocery stores back to their sordid homes with parcels of food. Marian had never had occasion to pass this way before, and she had never literally brushed elbows with dire and sickening need. This picture of life strengthened her resolution to become a nurse. The chance to sink her other ambitions into the task of helping a suffering world hung like a helping a suffering world hung like a romantic nimbus on her horizon, and she hurried with faster steps toward the hospital at the end of the street.

She was ahead of her appointment, and was directed to the reception room. The air was heavy with the smell of medicines. On the walls of the waiting room were dignified and gloomy por-traits of surgeons of former days, and of fat philanthropists who had tossed the hospital benefactions. A little wo-man in black, seated in a corner, was weeping silently, as she waited word

from the operating room.
"Come on, Marian," said Miss Hale, as she made her appearance, dressed for the street. "Let's get out of this." for the street. "Let's get out of this."
"Don't you find your work fascinating?" began Marian as they emerged.
"Say that again," replied Margaret.
"It may be fascinating in story books, but in real life—whew! I've been on the job for a month, and I'm going to quit. If scrubbing floors, dusting and pollshing furniture, and doing other housemaid chores is supposed to be the proper training for a nurse, then excuse me! I'm done—or will be, as soon as the folks can send me a railroad

cuse me? I'm done—or will be, as soon as the folks can send me a railroad ticket back to the old homestead."
"Is it as bad as that?" put in Marian.
"It's worse than that. It's the positive and unmitigated limit. The nearest I've come to medical experience has been the privilege of watching a doctor take several stitches out of a man's wrist. No more nursing for mine. I'm through. Why, I'd rather go to work in someone's kitchen. There'd be a litin someone's kitchen. There'd be a lit tle money in that."



Marian had never had occasion to pass this way before, and she had never brushed cibows with dire need.

"Well, I'm' mighty glad to get your idea of it all," answered Marian. "I've had half a notion to go in for it my

'For heaven's sake don't do it. ieve me, it's awful you want to work for? You're mar-"And divorced," put in Marian.
"You are! Well, that's different. Tell

me about it. You're the fourth girl I know who couldn't go it in double har-ness. What was the trouble?" When Marian had given a swift recital of her affairs, Miss Hale said:
"Well, if you must go to work, get a real job. Don't, whatever you do, get mixed up with a hospital. I'd rather enter a convent." (To be continued tomorrow.)

Parent Teacher

A LOHA-HUBER Parent-Teacher Association held its fourth meeting Wednesday, March 4, at the school house. Sixteen members were present. A course of lectures on social hygiene for the children of the school was dis cussed and decided on. Mrs. Charle E. Thompson gave an interesting read will meet again the first Wednesday in April,
The Parent-Teacher Association of

appetite, and some to spare.

Worry, either conscious or unconscious, and a high nervous tension is well, treasurer. The first Wednesday responsible for more poor appetites in each month is the regular meeting

Chapman Association will meet Wednesday night. Herman Bohlman will speak on "Common Birds of Ore-All men and women of the dis-

Davis Parent-Teacher Association met on Friday, Mrs. A. E. Whiteside, vice-president, presiding. Miss Frieda Keller sang several selections from Schubert and DeKoven. Miss Elsie Mergens played a piano solo and Allan McDonald gave a clever reading. Superintendent Alderman gave an inspir-

At the last meeting of the Fulton free from a known disease, one of the best ways to get a good appetite is to stop earling until there is a wholesome thungar and a desire for food. When one theoretiness, politeness and economy of time. Dr. Wadsworth will give a stere option lecture Wednesday at 8 o'cloc on "The Care of the Teeth" in the clubGet Free Copy of "Good Dressing" Today Portland Agents Royal Worcester Corsets

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house. All neighboring circles are cor-dially invited.

South Mount Tabor Association will meet Friday with Mrs. W. J. Hawkins as the principal speaker.

Miss Jessle Millard will speak "Story Telling" at the meeting Glencoe Association Friday.

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