Is Coffee a Poison?

Read this

The average cup of coffee contains about 2 1/2 grains of “caffeine”—the drug that you read about here.

Coffee drinkers often suffer from headache, nervousness, indigestion, biliousness, heart irritation and other symptoms of ill health—due to “caffeine,” the drug in their coffee.

The cause is often not understood until expert medical test shows up the bald facts.

One can get relief from the ills caused by coffee by quitting it for 10 days and using

POSTUM

A pure, palatable food beverage that tastes much like high-grade Java but is absolutely free from Caffeine or any other drug.

If the 10 days’ trial shows you some facts, perhaps you may conclude it's worth more to be well than to drink coffee—it's up to you to decide.

“There’s a Reason” for Postum

POSTUM CEREAL CO., LTD., BATTLE CREEK, MICH.