

## ARE YOU

ONE OF THE HUNDREDS THAT LEAN UPON OTHERS, OR ARE YOU SUFFICIENT UNTO YOURSELF?
It takes energy, brain-power, concentration to make a livelihood.

Vitality-and the power to keep it, must be considered.

To be a Tower of


Strength, you must have staunch nerves, with brain and body working in harmony.

## Scott's Emulsion

is the best nerve, brain and body - builder. It is pure, wholesome, invigorating.


Avoid Cheap Substitutes

## Baker's Breakfast Cocoa

## IS OF UNEQUALED QUALITY



For delicious natural flavor, delicate aroma, absolute purity and food value, the most important requisites of a good cocoa, it is the standard
Sold in $1 / \mathrm{lb}, 1 / 4 \mathrm{ib}, 1 / 2 \mathrm{lb}$, and lb. cans, net weight

WALTER BAKER \& CO. LIMITED Eatablitbed 1780, DORCHESTER, MASS.

