# POLITICAL POT HAS STARTED TO BOIL

Many Republicans Already Avowed Candidates for Various Offices.

### COUNTY CONTESTS MANY

Present Officeholders Promised Plenty of Opposition in Competition for Nominations by Assemblies of County and State.

Although the time for holding county and state Republican assemblies is two months away, there is marked activity among aspirants for office, especially for county offices. With hardly an exception these candidates intend having their names presented to the assembly for its indorsement. Most of them say they will not seek the nomination for the office in question further than the assem-This may be said to be generally of seekers of state office nomina-

The county mass primaries will be held July 9, which occurs on Saturday. The county assembly will be held one week from that date, July 19. The state assembly will be held the following Thursday, July 21. These will be largely representative, the Multnomah County assem-bly consisting of 354 delegates and the state assembly of 1248. The direct prim-ary of each party will be held at the same time, September 24. The election will take place November 8.

### Many State Terms to Expire.

State offices in which the terms of incumbents expire are: Governor, Secre-tary of State, State Treasurer, Attorney General, Superintendent of Public In-struction, State Printer, four Justices of the State Supreme Court, Labor Commissioner, State Engineer, one Railroad Commissioner, two Representatives in Congress, three Circuit Court Judges of the Fourth Judicial District, comprising this county; two State Sena-tors and 13 Representatives in the State Legislature. The county offices are: County Judge, one County Commissioner, Sheriff, County Clerk, Auditor, Treas-urer, Coroner, Surveyor, two Justices of

the Peace and one Constable.
For county offices numerous candidates already, have sprung up. For state of-fices, such as Justice of the Supreme Court, Attorney-General, Representatives and State Senator, few local names are

### Gubernatorial Race to Be Keen.

In the gubernatorial race, more names are being mentioned than for any other state office. In Portland there are two who are said to be in a receptive mood. Dr. Andrew C. Smith and State Food and Dairy Commissioner J. W. Balley of Port-land; Judge Grant B. Dimick of Oregon City; Jay Bowerman of Condon, president of the last State Senate; Judge Stephen A. Lowell of Pendleton; State Superintendent of Public Instruction J. H. combe of Corvallia, who received the Re-

publican nomination four years ago, are among those being mentioned.

For Secretary of State, thus far, only two definite announcements have been made. They have been by State Senator John B. Coffey and Governor Benson. Governor Berson's announcement is not formal, though it is understood he would rather take chances on securing that nomination than the gubernatorial hon-

# Robinson Will Run.

the Republican nomination for State Superintendent of Public Instruc Schools for Multnomah County during the last 10 years and whose term does not expire until 1913, is among those prominently mentioned. Mr. Robinson yester day practically confirmed the rumor that he will be in the race. "I am thinking it over very seriously," he said. "There are several features to consider. I have received letters from leading educators all over the state urging me to make the race and I suppose I will."
Others who are said to be aspirants for the office are: Professor L. R. Alderman

of Eugene, Professor E. D. Ressier of Corvallis and Superintendent J. A. Churchill of Baker City.

For State Treasurer, no names have as yet been mentioned, at least within hearing of local political "dopsters." George A. Steel, the present incumbent, it is said, will not be a candidate to succeed himself.

# Lineup Shows Change.

Since the resignation of Judge Bronaugh as Circuit Judge and the appointment as his successor of John P. Kavanaugh, City Attorney of Port-land, a change has been made in the lineup for Attorney-General Frank S. Grant, who had been mentioned in that connection, now Chief Deputy City At-torney, probably will succeed Kavanaugh and will not make the race for Attorney-General. A. M. Crawford, of Salem, who now occupies that office, probably will be a candidate to succeed himself, it is said.

For State Printer, Willis S. Duniway, the present incumbent and W. I.

the present incumbent, and W. J. Clarke, of Gervais, who was an aspirant for the nomination four years ago, will be candidates, it is understood. Others are also said to have aspirations for this office, though none has yet made positive announcement of it. made positive announcement of it.

No names of candidates for the of-ce of State Labor Commissioner, other than O. P. Hoff, the present holder, and that of the one State Railroad Com-missionership expiring next year, now held by Oswald West, have been heard generally here. This is also true of the two State Senators who will be elected this year. Out of the seven Senators, five hold over. The two whose terms expire are S. C. Beach and A. A. Bailey. It is not known whether either will or will not be candidates. Of the thirteen Representatives to be elected, few names have been men-

# Logan Seeks Toga.

For Congress to succeed Representative W. R. Ellis, John F. Logan sentative W. R. Ellis, John F. Logan says he will be a candidate. A. W. Lafferty and George S. Shepherd have been mentioned, though it is said the latter will not make the race for the nomination if Logan is a candidate.

For the four nominations for Supreme Court Justices, few names have been heard. Index Gartenbeit. been heard. Judge Gantenbein of the Circuit Court is the only candidate here. Possible candidactes are the present Justices, Frank A. Moore, Will R. King, W. T. Slater and Thomas A. McBride. The only one holding over is Justice Robert Eakin. is Justice Robert Eakin.

There are three judgeships of the Circuit Court which will expire this year. They are occupied by Judges Bronaugh. Gatens and Cleland. Judge Bronaugh has resigned and the vacancy has been filled by City Attorney Kavanaugh. Mr. Kavanaugh will be a candidate to succeed himself as well as will the Beach lota See Sunday Oregonism.

other two, it is said. Judge Gatens was appointed to fill out an unexpired term by Senator Chamberlain when he was Governor and is a Democrat. He will seek the Democratic nomina-

Barnes Drops Out.

County Commissioner Barnes, whose term expires next year, will not be a candidate for renomination. The names of W. J. Miller, of Linnton, and Dan V. Hart, of University Park, have been mentioned as his possible suc-cessors. County Auditor Brandes, also, will not make the race again. His chief deputy, Hazel T. Page, and Sam Martin, chief deputy of the tax col-lection department of the Sheriff's of-fice, are candidates for the office. Sheriff Stevens. County Clerk Sheriff Stevens, County Clerk Fields, County Surveyor Holbrook, County Judge Cleeton, and County Treasurer Lewis, all, it is said, will be candidates to succeed themselves. Sheriff Stevens probably will have op-Sheriff Stevens probably will have opposition for the nomination in George W, McMillan and Nathan Bird, the latter a deputy in his office. Martin Pratt, at present a deputy county assessor, may be a candidate for County Clerk. County Judge Cleeton may be opposed by John Shillock and John Middleton. No opposition has thus far developed to Surveyor Holbrook and Treasurer Lewis.

Treasurer Lewis. Justices of the Peace Olson and Bell will have plenty of opposition, it is rumored, though no names, may be positively stated, aside from those of James E. Craib, a young attorney, and J. H. Jones, who was recently admitted to practice. For Constable, Lou Wag-ner, who has held the office eight years, will have the opposition of no less than half a dozen. Among these are Sig. Werthelmer, Andy Weinberger, Patrick Maher, F. A. Frischkorn and

# COURTS ASK FOR HELP

ADDITIONAL JUDGES SOUGHT FOR MULTNOMAH DISTRICT.

Unless They Are Assigned, Judge Morrow Says There Is No Chance of Catching Up With Work.

Application will be made to the Sureme Court to assign two additional circuit judges to the Multnomah district, give as much time to cases here as their own business will permit, from now

until the end of the term.

Presiding Judge R. G. Morrow said last night that he is preparing and will dispatch presently a letter to the Supreme Court, setting forth the crowded condition of the local courts and the amount of business that remains undisposed of and asking for two judges to relieve the situation. This action is taken under a law of the session of 1909, authorizing the Supreme Court to transfer judges

under such circumstances.

It is the contention of the presiding judge that Multnomah County is inade-quately supplied with judges, the number not having been changed for years until recently, and then insufficiently. It is said that King County, Washington, which includes the City of Seattle, has ten judges.

Circuit Court is now 16 or more cases behind its calendar; that is, there are that many cases that have been set and have not been reached on the day set. The situation of late has been greatly complicated by the cramped quarters allowed the judges during the construction of the new Courthouse, and Judge Morrow says that it will be impossible to catch up unless additional help is catch up unless additional help is

Demonstration Meant to Frighten Husband, Enraged at Dog.

Shooting a revolver in her house as a means of frightening her husband proved a costly experience to Mrs. Charles Thornton, of 167 Park street, for Municipal Judge Bennett fined her \$25 Wednes-day for disorderly conduct. Her husband also was fined \$25 for contributing to the "general disorder"

"general disorder."

A targe crowd collected in front of the Thornton home Friday, believing a murder was being committed, when several shots were fired inside of the house. Police Officer Ennis was called and to him the Thorntons said their the Thorntons. him the Thorntons said that they had had a "family row," in which Thornton hurled flower vases and bean-pots in promiscuous fashion about the room, and his wife grabbed a revolver and shot several times into the floor.

fired the pistol to scare me. She didn't Bennett instructed that he be released shoot at me, however. She never gets on his own recognizance, angry enough to do that."

Bennett instructed that he be released on his own recognizance.

"There is another thing I want to

Women of the underworld who are taken before the Municipal Court these days get scant mercy from Judge Ben-nett. Those who have been before the nett. Those who have been before the court on a precious occasion are sentenced to jail for at least 30 days, while those who are making their initial bow in the dock are fined \$25.

May Bain, a pretty girl 20 years old, entered a plea of guilty to a charge of vagrancy before Judge Bennett yesterday morning and will have, as a consequence, 30 days in jail to consider her evil ways. She had been released only a short time before after spending only a short time before after spending a month in jall. Myrtle Porter, Helen Wheeler and Mrs. Hazel Jesse were fined \$25 each, and warned by Judge Bennett that if they were brought before him again they would be treated All the women were arrested pseudo lodging-houses.

# MISS STANLEY GOES EAST

Member of Opera Company Gets Word Her Mother Is Dying.

Miss Josephine Stanley, member of the National Opera Company at the Portland Theater, who has been cast for several of the smaller parts since the company came to Portland, received a telegram late last night that her mother was dying in Chi-

The company hastily raised a liberal purse for Miss Stanley's benefit and she left within a short time of the receipt of the telegram on the midnight train for her Chicago bear.

Best proposition ever made. Tillamook

# ON CAR SERVICE

Accommodations on Portland Heights Line Abominable. Declares Attorney.

MR. CRONAN'S CASE CITED

To Stop Car, Resident Throws Plank on Track, Whereupon His Arrest Is Sought Near Midnight Week Later-More Cars Ordered.

"If I were District Attorney of this county I would have the Portland Railway, Light & Power Company paying fines so fast it would have no time to send money back to its stock-holders in Philadelphia, as it does now," declared Dan J. Malarkey to the Council committee on streetcar com-plaints yesterday afternoon. Mr. Ma-larkey was attacking the company for larkey was attacking the company for its "abominable service on Portland Heights." He was speaking of the fact that no fenders, such as the state law requires, are used in this city. "Another thing," said Mr. Malarkey, "It is a crying shame and disgrace that

a business man of high standing, like John Cronan, should be pulled out of his bed at midnight Saturday by order of the streetcar officials to be thrown into the City Jall in an effort to make him remain in a dirty cell over night without ball because he had the nerve to assert his rights in stop-ping a car to put his sister on board. "He had to throw a plank on the track to do it, and he has been painted as a criminal, as one who would have wrecked a car and killed a lot of people. He is nothing of the sort; he is as good a man as lives in Portland and not a man of us living on Portland Heights but would do anything to bell him. It was more than wask help him. It was more than a week after he did this very justifiable thing that the company sent its special offi-cer to his home at 11 o'clock at night with a warrant. They thought they would land him in jail over night, but they got fooled, for Municipal Judge Bennett refused to allow him to be

## Heights Residents Protest.

Mr. Malarkey, Adolph A. Dekum and other prominent business and profes-sional men living on Portland Heights sional men living on Portland Heights were present at the committee meeting yesterday afternoon to protest against the alleged poor car service on their line. The committee, composed of Councilmen Lombard, Rushlight and Ellis, made an order as a result that there be a 14-minute service on week days and a 16-minute service on Sunday afternoons to Patton road.

Not only did Mr. Malarkey denounce the company, but Mr. Dekum as well said some severe things.
"I want to relate one experience,"
said Mr. Dekum. "It will serve to
show you what we are up against on Portland Heights. I had to go down town one Sunday for some medicine. while it is probable that the request of the presiding judge will be granted by the Supreme Court upon receipt of his letter, no statements are being made in anticipation of the event, and it cannot be said what judges will likely be assigned to sit here.

Sunday for some medicine. Returning, I had to allow several cars to go by because they would not stop for me, they were so crowded. Finally I jumped onto the front step and the motorman said I would have to get off. I refused to do so and he said he would put me off. I defied him and he did not do it, but what kind of service is this, anyway, for people who want to ride on street-

people who want to ride on street-WIFE SHOOTS INTO FLOOR cars? It is outrageous."
Mr. Malarkey detailed the incident when Mr. Cronan threw a plank on the track to stop a Heights car week ago. He said Mr. Cronan's sis ter had been visiting at his home of Ravensview Drive and wanted to go to the Union Depot. She went to the track and six cars passed her, the mo torman refusing to stop because the cars were filled. She returned to the house and told her troubles to Mr. Cronan, who said he would stop a car for her. Three cars passed by. Then he stood in the middle of the track,

### thinking the motorman would stop rather than run him down, but not so; he was nearly run over. Plank Stops Car.

Then he seized a plank and hurled it on the track, where it is up-grade and there could be no danger of a wreck. The motorman stopped the car and Mr. Cronan's sister boarded it. A week later at 11 P. M. he was called out of bed to be arrested by Special out of bed to be arrested by Special out of bed to be arrested by Special Officer Lillis, of the streetcar company, said Mr. Malarkey. He called out of bed to be arrested by Special Officer Lillis, of the streetcar company, said Mr. Malarkey, He called Mr. Malarkey who lives opposite him, and Mr. Malarkey telephoned to Judge Mr. Malarkey telephoned to Judge Bennett the circumstances. Judge

Judge Bennett, in imposing sentence, warned the couple that their domestic troubles must be made less noisy in the future or he would send them to jail.

WOMEN TO BE PUNISHED

Jail Sentences Will Follow Fines,
Police Judge Declares.

"There is another thing I want to call your attention to," said Mr. Matarkey, "and that is the Council Crest dancing pavilion. It houses a very rough crowd and the decent people who patronize the streetcars, both to Portland Heights and the Crest, have to listen to the foulest language and witness the most disgusting acts right along when they have dancing at the Crest Park. I tell you right now that, sooner or later, you will have to face the question of a nuisance in this regard and you may as well prepare gard and you may as well prepare for it."

Council Crest Park is the only pub-lic dancehall of its kind in Portland now, the others having been closed be-cause of the complaints from all sources. The police committee of the executive board recently granted to A. Duchamp, proprietor of the place, au-thority of a special officer for his es-

# MOTHERS ELECT MRS. TATE

Oregon Congress Indorses Rules on Corporal Punishment.

A full and representative meeting of the Oregon Congress of Mothers was held yesterday afternoon at the City Hall. There were full reports from all circles, There were full reports from all circles, from several important committees and an election of officers. The committee on resolutions regarding corporal punishment in the public schools reported that the printed rules of the public schools of Portland were all that could be desired on the subject. Mothers who had grievances were recommended to go to the principals of the schools for investigation and remedy. The Mothers' day committee reported a satisfactory recognition of this day and a generous sarplus of funds from the sale of flowers and buttons.

buttons.

The officers elected for the ensuing year are: President, Mrs. R. H. Tate; vice-presidents, Mrs. H. J. Hawkins, Mrs. C. F. Clarke, Mrs. J. D. Sullivan, Mrs. Thomas Hanks, Mrs. C. N. Southworth and Mrs. Hayhurst; corresponding secretary, Mrs. W. R. Litzenberg; recording secretary, Mrs. A. King Wilson; treasurer, Mrs. E. L. Hart; librarian, Mrs. E. L. Beiley; auditor, Mrs. R. L. Donald.



# LAW'S ACTION QUICK

Forger Tried and Sentenced to Prison in Two Hours.

## **NEW COURT RECORD MADE**

Prisoner Is Arraigned, Jury Selected, Witnesses Heard, Verdict Returned and Punishment Meted Out in Double Quick Time.

Consuming two hours from the arraign ment of the prisoner to the passing of sentence, the trial yesterday of Norman Henderson on a charge of passing a bad check probably set a new record for jury trials in the local Circuit Courts.

Twelve jurors were selected after three nen had been examined and excused, the pening statements were made, the dence presented, argument submitted, the jury charged, the verdict found and returned and sentence passed, all between the hours of 10 A. M. and noon. Court officials say that a jury trial never was accomplished in so brief a period in this

Henderson was indicted for forging the name of the firm of Tull & Gibbs. was tried on only one charge, that of passing one of the checks, for \$8.50, upon R. Glover, proprietor of a rooming-ho at Second and Burnside streets. check operator was smooth and well-dressed and completely deceived his vic-tim. Later, the fraud was discovered

and he was arrested. When Attorney Wilkins placed the accused man on the stand in his own de-fense, it developed that he was an old offender at the game, having been convicted for similar offenses in several states. He had served terms of im-prisonment at Westminster, B. C., and at San Quentin, California,

A plea of lemency was made by the attorney for the defense, but Judge Cleland said that he could see no reason for elemency in this case and passed a sentence of five years imprisonment. The jury, when it retired, was gone from the courtroom but a minute when it returned with a verdict of guilty.

JUDGE IS LENIENT TO CULPRIT

Suspended Sentence Gives ex-Husband Chance to Make Good. Divorced on "scriptural" grounds,

vorced by his wife, Alice Locke, last February, the principal ground being his relations with other women. It was then ordered that he should pay his wife \$25 a month for the support of herself and seven children, but he failed at all times to do so. Yesterday he was brought into court to answer to the non-support charge. His attorney told the court that the estranged couple had come to an understanding and wished to end court proceedings and be remarried. This statement was supported by the wife, and ment was supported by the wife, and the oldest son also made a plea for his father, saying that he thought the man ought to be given a chance to right himself.

right himself.

Locke was profuse in his promises, declared that he would never drink another drop of intoxicants and would profit by the mistakes of the past.

Judge Cleeton said: "We could send this man to the rockpile, but some time his sentence would be out, and then he would not be restored to his family. I will give him this chance and then if he skips out, his family is well rid of him. I will suspend sentence." rid of him. I will suspend sentence."
"Thank you, judge," said Locke,
"that suits me just fine."

Inmediately upon leaving the court-room Locke went to the County Clerk's office and secured a license to marry his divorced wife. He gave his age as 47 and his wife's as 42. They have had \$3 children, seven of whom are living with the mother.

MAN TIRES, SO WIFE SUES HIM

Jake Noah, However, Compelled to Pay Woman \$20 a Month.

Telling his young wife that he was tired of married life and could no longer support two persons, Jake Noah, a rallread fireman, left his home a month ago. A short time afterward he returned, thrust an envelope containing \$15 under the door and disappeared. Lucile Nosh, the wife, did not see him from that time until yesterday, when she appeared against him before Judge Cleeton to prosecute a charge of non-support.

Mrs. Noah said that she and the defendant were married at Salem in May,

1907, and that she was never well provided for by her husband. She said Noah earned not less than \$75 a month and would not pay his bills. The court suspended sentence contingent upon Noah's depositing a bond of \$250 to insure the payment of \$30 a month to the wife.

Edward R. Frank Fined and Told to

Dispose of Canine. Because he allowed his vicious bulldog to run at large, even after the canine had bitten a United States mailcarrier, Edward R. Frank was fined \$50 | auditorium of the Young Men's Christian

prosecuted for non-support and by Judge Bennett in Municipal Court awarded a suspended sentence by Judge Cleeton, J. A. Locke yesterday remarried the partner of his joys and the action of the dog's owner in persorrows and assured the court that he intended to lead a new life.

Locke, a plasterer by trade, was divorced by his wife, Alice Locke, last mitting the animal to have its freedom.
"Many complaints have come to me regarding this dog." said Judge Bennett,
"and it seems that matters had gone so far that women were afraid to pass the house in front of which the animal stayed. The defendant cannot offer the excuse that he did not know the dog was vicious, as it had attacked other

people previous to this case. I haven't a very high opinion of the man who will endanger the lives of women and children in so careless a manner.' With the lower part of his face swathed in bandages, Walter F. Peterson, 6 years old, was in the courtroom as prima facie evidence of the ugly disposition of Frank's bull-dog. While playing in the street, little Walter was suddenly attacked by the animal, which sunk its teeth into his chin.

YOUNG WOMAN SUES CHARLES

Frank promised the court to dispose of

Man, Who "Lost" Money From Bank, Defendant in \$1300 Case. Suit to recover money lent by Miss

Jeane Ellsner to B. R. Charles, filed in Circuit Court yesterday, revived a tale of financial manipulation which had its beginning in Honolulu two years ago. Charles and Miss Ellsner then lived in that city and became acquainted through interest in Oriental philosophy. Charles, it is alleged, used that relation to borrow \$1000 from Miss Ellsner. He then worked on her fears of a Japanese uprising to get her to leave the islands

and she says she gave him another \$1000

to pay her agent the previous loan, fear-ing that unless her agent thought the debt was paid he would not allow Charles to leave the Islands. Later, she alleges, Mrs. Charles tore up the note for \$1000 and left her without any evidence of debt. She advanced him \$300 at another time and now sues for \$1300. Charles excited some interest a short

time ago by declaring \$5000 had been stolen from his safe deposit box in the German-American Bank.

Woman Asks \$10;000 for Injuries. Asking \$10,000 damages for injuries alleged to have been received by Sarah Strucker, his wife, suit was filed by John Strucker yesterday in Circuit Court against the Portland Railway, Light & Power Company. The complaint alleges that Mrs. Strucker attempted to board a car at Third and Yamhill streets on March 16, 1909, when the car was suddenly started, throwing her to the pave VICIOUS BULLDOG COSTS \$50 ment and causing a permanent fracture of the neck of the femur, from the result of which she will be a cripple for

> Dr. Buchanan Lectures on Comet. While the earth is passing through the tail of Halley's comet tonight, Dr. Davidson Buchanan will give an address in the

# Alveolar Dentistry It's the Only Method

TALKS on TEETH

of teeth restoration when you know what it really is. Anything cheap commends itself to some people. There are others who realize that the very best is the cheapest. If you have lost some or many of your teeth it will certainly be worth your while to investigate the Alveolar method, it costs nothing to have an examination to see samples of the work, and to inquire of those who have had the Alveolar work done for them. It's the acme of perfection, beautiful, comfortable, life-like and everlasting.

Alveolar Teeth-Where Bridgework In Impossible.

Alveolar Teeth—Where Bridgework is impossible.

If only your front teeth are left, say three or four or more, we can replace all those that have been lost on both sides, clear back with perfect Alveolar teeth, whilst bridgework would be impossible even if you had eight or ten front teeth to lie to. If you have only two back teeth on each side, say molars, we can supply all the front teeth that are missing with beautiful, serviceable, lifelike Alveolar teeth. This could not possibly be done by the bridge route. And where bridgework is possible there is no comparison between the two. A very large percentage of our work is taking out bridgework put in by supposedly high-class dentists, and replacing it with the beautiful and artistic Alveolar teeth. And, unlike bridgework in another respect, it is practically painless. No boring or cutting into the gums, nothing to be dreaded. Now, then, prices being equal, which would you choose?

Curing Pyorrhea (loose teeth), a dis-

you choose?

Curing Pyorrhea (loose teeth), a disease given up by other dentists as incurable, is another of our specialties. We cure it absolutely. It's a boastful statement to make, but we can do anything that is possible in dentistry, and what we do is always of the very highest class. Our booklets, Alveolar Dentistry, are free. Write for one if you cannot call. We have samples of our work to show at all times, and the very best of reference, an army of them in this city and state.

THE REX DENTAL CO., DENTISTS, 311 to 314 Abington Bldg., 100% 3d St. Terms. Keep the address. Sundays, 10 to 12.

Association on the subject, "The Comet." Dr. Buchanan, while not an astronomer, has made a study of astronomical phe-nomena. Dr. Buchanan is known as an unusually interesting speaker and it is expected that there will be a large attendance at the lecture which is free to the public. The lecture will begin at 8

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So be sensible. Smoke a Havana by all means. Get the best, in fact one that's made in Tampa, Fla., but of the best tobacco grown in

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"Quality" Cigar 3 - for - 25c and Upward M. A. GUNST & CO. - "The House of Staples"
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FOR DEVELOPING THE BUST and to restore those shrunken through nursing or sickness, making them plump and rounding them into a beau-tiful contour, nothing equals this won-derful preparation. ON SALE AT

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is a pure, partially pre-digested food and is made for the purpose of building up and keeping good health.

It has received the voluntary testimony of thousands who have used it and regained health. You, too, can do this.

Sick or well it is excellent food which brings results.

Attached to every third package of Grape-Nuts is a little booklet, "The Road to Wellville"-it is worth its weight in gold to people who realize the value of good health and how one must guard it.

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A physician over in Ohio says: "For the last few years I have been a sufferer from indigestion and although I have used various remedies and prepared foods with some benefit it was not until I tried Grape-Nuts that I was completely cured.

"As a food it is pleasant and agreeable, very nutritious and is digested and assimilated with very little effort on the part of the digestive organs. "As a nerve food and restorer, Grape-

Nuts has no equal and as such is especially adapted to students and other brainworkers. It contains the elements necessary for the building of nerve tissue and by so doing maintains an equilibrium of waste and re-Grape-Nuts also enriches the blood

by giving an increased number of red blood corpuscles and in this way strengthens all the organs, providing a vital fluid made more nearly perfect. "I take great pleasure in recom-mending its use to my patients for I value it as a food and know it will benefit all who use it." benefit all who use it.'