acres of ground on Spring Garden avenue, Allegheny, was totally destroyed by fire tonight. Loss \$300,000. A large quantity of meat was destroyed.

Shortly before 2 o'clock this morning the fire at the Zoeller Packing Company's clarit on Spring Garden avenue Alleg

plant, on Spring Garden avenue, Alle-gheny, spread to a warehouse in which is stored 500,000 pounds of hard. The loss from the first fire is now esti-mated at \$400,000 and this will be greatly increased.

ALLOY IN BRITISH TITLES

Many Assume to Be Baronets With

out Legal Right. LONDON, April 24 .- Unlike the titles granted in some continental countries, those of the British aristocracy have

always seemed to rest upon a solid foundation, based as they have been on royal decrees, patents and preced-

ence and carefully enveloped in red

YIELDS NOTHING TO UNION CARMEN

Calhoun Issues Ultimatum for San Francisco United Roads.

STANDS BY ARBITRATORS

Ready to Sign Contract at Terms of Award, but Declares Demands Are Unjust-Union Will Take Time to Consider Action.

SAN FRANCISCO, April 24 .- A committee from the Carmen's Union presented to President Calhoun, of the United Railroads, this afternoon a formal demand for a new annual contract giving conductors and motormen a flat wage of \$3 for an eight-hour day and time and one-half for overtime. On Saturday evening the executive com-mittee will meet again and by that time it is believed an answer will have been received from the United Rail-The committee will then set the date for the final meeting of the carmen, which will decide what action shall be taken upon the reply of the United Railroads.

The demand will be unequivocally refused, according to a joint statement made to the Associated Press today by President Calhoun and General Manager Mullaly, who said in sub-

Absolutely Rejects Demands.

The United Railroads absolutely declines to pay its platform men \$3 for an eighthour day. This is positive and final. The company has gone the limit in the matter of wages.

The United Railroads will cheeren 1 1907.

The United Railroads will cheerfully sign a contract for one year from May 1, 1997, to May 1, 1908, to pay the scale awarded by the arbitration committee whose findings were returned only seven weeks ago. The officers of the company do not believe a strike will occur. They hope such an unfortunate move will be avoided They want peace, but in any event the \$3 and eighthour demand will never be granted. That demand is wholly unjust.

The United Railroads in San Francisco is now paying its piatform men the highest wages of any city in the world, with the single exception of Buite, Moni. The present scale was determined by an arbitration committee composed of Major Frank Mc-Laughlin, representing the company; the Rev. Father Peter C. York, representing the men, and Justice Beatty, of the Supreme Court, chosen by the two, it is as follows:

For men one year in service, 31 cents an hour and 35.2 cents overtime: men two years in the service, 32 cents and 38.4 overtime; three years or longer in the service, 32 cents and 38.4 overtime; three years or longer in the service, 32 cents and 30.4 overtime.

Recognition of Union Demanded.

In addition to the demands in rela-tion to wages and hours, the carmen make the following demands: Full recognition of the union and its aurecognition of the union and its authorized agent; employes to be discharged for cause only, and when a discharged employe feels aggrieved at having been discharged unjustly or without cause that the union shall interceds in his behalf and shall be granted a hearing by the company.

COAL STRIKE MEANS FAMINE

May Stop Food Supply of All Northwest Canada.

CALGARY, Alberta, April 24.-Calvary wholesalors and manufacturers, when interviewed regarding the coal way coal supply gave out and a tieup resulted, there would be a famine from Edmonton to MacLeed and Lethwere sure the grocery supply on the Calgary and Edmonton branch could not last more than five days. The wholesale houses here have large stocks, but most of it is perish

Burns & Co. are shipping cattle to Vancouver as fast as possible, an-ticipating a tic-up. This is done at great expense, and results in great loss to Calgary in food supplies. A weeks' tle-up on the would put many firms out of busi ness, it was reported.

Most manufacturing plants have not

more than a week's supply of coal on hand, and then must close, throwing hundreds out of employment. The city is well supplied for waterworks and lighting plants.

AGREES TO DISCUSS WAGES

Utah Light Company Refuses to Arbitrate With Union.

SALT LAKE CITY, April 24.—Prospects of an amicable adjustment of differences between the Utah Light & Railway Compeny and its men were made remote to-day by the reply of President Bancroft to a letter sent him yesterday by C. O. Pratt on behalf of the men. Mr. Pratt. who is chairman of the executive board of the Amalgamated Association of Electric and Streetear Employes, sent to Mr. Ban-croft a letter saying the employes were willing to leave all notices of seven to willing to leave all points at issue to an arbitration board

the reply sent today Mr. Bancroft the only question upon which the pany will treat is that of wages. He says the company will treat with a committee of the men, but will not treat with any one acting as their agent or in the capacity of union representative. The capacity of union representative. The men now have this letter under consideration.

FERNIE STRIKE AT AN END

Miners and Operators Practically Agree on Settlement.

VANCOUVER, April 24.-The Fernie miners' strike is believed tonight to have practically ended. The joint conference of miners and operators broke up at o'clock, after which the operators held a hurried meeting. It was admitted that the miners have made a proposition which was practically accepted. There will be another official joint conference late this

intervention of the Government is looked upon with disfavor by both sides. Deputy Minister of Labor Kings announced that the third arbitrator under William Muloch, formerly Minister of Labor in the Dominion Cabinet.

RESORTS TO ERDMAN ACT

Rio Grande Asks Government to Mediate With Trainmen.

WASHINGTON, April M .- Labor Con missioner Nelli today received a telegram from Denver, notifying him that the Denver & Rio Grande Ralfroad Company has invoked the Erdman act for the set-

stitutes the Labor Commissioner and the chairman of the Interstate Commerce Commission mediators between railroads and their employes if they find themselves unable to compromise their differences. The success of Mr. Neill and Chairman Knapp in settling the difficulties between the Western roads and their employes has not the effect of bringing the statute into favorable notice, it having recently been invoked in five cases.

Rhode Island Carmen Given More.

PROVIDENCE, R. I., April 24. — Announcement of a 10 per cent increase in wages on a basis of a 10-hour day, to go into effect next Sunday, was made today by the management of the Rhode Island Company, the corporation that operates practically all of the street railway lines in the state. This increase will be shared by 615 motormen and 338 conductors. General Manager Potter said:

"The raise is grantled the men without any request having been made by the men and would indicate that the railroad management is able to deal more liberally with its employes where no liberally with its employes where no unionism exists, for the reason that it is not obliged to hold back something at all times as a matter of trade."

ORDERS CHAPMAN FREED

Judge Gilbert Says Barber Manager Need Not Incriminate Himself.

Judge William B. Gilbert, of the United States Circuit Court, this afternoon decided that L. G. Chapman, manager of the Barber Lumber Company, of Bolse, in jail at that place for contempt of court, is illegally imprisoned, and ordered him discharged. Chapman was sent to jail for contempt to receive the books.

Chapman is entitled to the protection of the fifth amendment to the Constitution of the United States, which says that no man shall be compelled to give testimony against himself. Under this provision, says Judge Gilbert, Chapman was justified in refusing to deliver the company's books, on the ground that to do so might be to compel him to furnish evidence to incriminate himself. The case was argued before Judge Gilbert last week by United States Attorneys Bristol for the Government and Attorneys Lyttleton Price and A. A. Fraser for Chapman. Chapman has been in jail since April 3.

ARREST WOMEN IN SALOON

Folice Again Make Raid on Fritz' Concert Hall.

bitration Sullivan and Emma Duncan in Hugo ink Msny; the ting the Supreme follows: chell and Sherwood about 11:30 o'clock last night. The former woman is charged with disorderly conduct in having knocked a glass of beer from Patrolman ien two Sherwood's hand when the latter selzed to work the select the s it as evidence in making the arrest. The Duncan woman is charged with solicit-

On arriving at the station the Sullivan woman alleged that Patrolman Sherwood bad struck her in the face and that she intended to prefer charges against the officer. Sherwood admitted having slapped her, but said that the act was done inadvertently and that he had no intention of harming the woman.

MOYER'S FRIENDS PROTEST

(Continued from First Page.)

the dignity and the well-being of our commonwealth; since, as above intimated, it is indeed an intolerable violation of the basic constitutional principles of that commonwealth that men subjected to judicial proceedings on charges whose merits have net yet been distermined in the orderly method prescribed by the laws of the commonwealth should have their chances for a fair hearing impaired thus rashly and without precedent to the extent of that vast induence upon public opinion which must necessarily be exerted by even unofficial utterances attributed truthfully or untruthfully to the official head of the commonwealta.

In defense, therefore, of these basic principles of our republic, in attempted rebuttal of the wrong which, whether you have been correctly quoted or not, has already been done to the cause of two American citizens standing in jeopardy of their lives and sacred honor, and, finally, in defense of your own reputation for conformity to that "souare deal" policy of which you are your-chase and couli the most strange situation of all is that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & Eastern Railroad finds that in which President Hammond of the Corvallis & that in which President Hammond of the Corvallis & that in which President Hammond in the tormon whealth that in which President Hammond in the that in which President Hammond in the torvalli standing in jeopardy of their lives and sa-cred honor, and, finally, in defense of your own reputation for conformity to that "square deal" policy of which you are your-self a most widely recognized advocate, the Moyer-Haywood-Pettibone Defense Concer-ence of Chicago and Cook County makes formal and respectful request that, with the same publicity which has attended your alleged attack upon the right of these citi-zens to an unprejudiced hearing, you either frankly deny or manfully retract that un-just characterization of Moyer, Haywood and Pettibone which has been attributed to you.

Ask for His Reasons,

Ask for His Reasons.

In making this request we are actuated by no desire to place you in a humiliated or humiliating position or to urse you to any utterance or attitude that might not be properly assumed by any American gentleman in making correction of an error; but, in default of such denial or retraction as we primarily ask for, our conference would respectfully request that the people of the United States shall at least be enlightened as to the reasons which in such case will presumably have convinced you that in thus placing the vital cause of a fellow-citizen under the ban of your official prejudgment there has been achieved a public good sufficient to counterbalance not only the accompanying violation of American principles, but also the moral effect of your quoted words in lending official confirmation to the already widespread belief that the Government of the United States today is not a government of, for and by the whole people of the United States, but is rather a Government by a numerically small capitalistic class and for the short-sighted material benefit of that class.

Trusting that this note will receive from you at your early convenience the attention which is merited by its subject matter, we

you at your early convenience the attention which is merited by its subject matter, we subscribe ourselves, with the respect which is due from all United States citizens to the official head of the United States Re-

EXPLAINS ATTITUDE TO LABOR

President Satisfies Officers of Con-

ductors He Is Friendly.

WASHINGTON, April 24.-The President today talked with two of his visitors about his attitude toward labor organizations. These were S. B. Hamer, chief conductor of the Order of Railway Con-ductors, and R. H. Graham, an attorney ductors, and R. H. Graham, an attorney representing the West Virginia conductors. The President conversed with them about the Haywood and Moyer cases, taking the same position as in his letter made public yesterday. He told them of what he had done for the benefit of the rallway organizations in his advocacy and support of the rallway employers' liability bill and the safety appliance law.

pliance law. The two men left, expressing satisfaction with the position the President has taken in the Moyer-Haywood contro-

Edward and Alexandra Leave Naples NAPLES, April 24.—King Edward and Queen Alexandra salled last night for Paiermo, on hoard the royal yacht Vic-toria and Albert, with the cruisers Lan-caster and Suffolk as an escort.

Mills Hope to Compel Southern - Pacific to Reduce Rate to Portland.

RATE SOUTH, ALTERNATIVE

Big Valley Lumber Companies Be lieve Railroad Commission Will Force \$1 Rate North, Permitting Shipments by Water.

SALEM, Or., April 24 .- (Special.) -- As matters now stand, viewed from the position taken by the lumbermen of the Willamette Valley, the Southern Pa-cific has brought itself under a crossthe Barber Lumber Company, of Boise, in jail at that place for contempt of court, is illegally imprisoned, and ordered him discharged. Chapman was sent to jail for contempt, in refusing to produce the books of the company before the United States grand jury at Boise City.

Judge Gilbert's decision allows the writ of habeas corpus asked by Chapman. His release will follow the receipt of the writ by mail at Boise.

Judge Gilbert holds, in his decision, that Chapman is entitled to the protection of the fifth amendment to the Constitution of cars to handle the traffic under a cross-fire and, if it does not within a a reasonable time elect to voluntarily the a reasonable time elect to voluntarily the same of the stablishing the same recard as arbitrary, unreasonable, prohibitive and retaliatory, or grant the low rate of \$1 per 1000 into Portland, it is morally certain that the Railroad Commission will be urged to rule in favor of the latter rate and compel the railroad company to furnish cars to handle the traffic under the tresscars to handle the traffic under the reciprocal demurrage feature of the rail-road regulation law, which goes into effect August 18.

effect August 18.
Valley millimen feel that the estab-lishment of the \$5 rate is a discrimina-tory move in favor of the Portland manufacturers, who it was asserted voiced their satisfaction with the new voiced their satisfaction with the new tariff in remaining away from the hearing. What they desire most now is that they be given a reasonable rate to tidewater, to place them upon an equal footing with the Portland mills, where their product will have the ad-vantage of several markets and the benefit of competitive rates, whereas now they have but one market and are shut out from that because of the in-

Trust in Commission.

The present campaign against disconcerned it is inferred from the nature of the comments of the members, although and Emma Duncan in True though not prepared to render an opinion as yet, that not only is the new rate regarded as prohibitive, but it is plain, and practically admitted by Freight Agent Miller, that the company does not want to handle the product of the in-terior. Therefore the only salvation for the Valley manufacturers is a tidewater outlet for their product, which can only outlet for their product, which can only be secured by a low rate to Portland. The millmen contracted the sale of their product upon the basis of their own price, plus the \$3.10 freight rate, and they instead of the commission man, stand to lose the difference in the increase. It has developed since the meeting that many of the millmen received verbal assurance from Freight Agent Miller, of the Southern Facilic, that he would see them through with the \$3.10 rate in the event of an advance, and some of the millmen claim to have this promise in their possession in Mr. Miller's own handwriting and bearing his signature.

signature.

chase and equip their own docking facili-ties at Portland, where the lumber can be hauled in and unloaded the same day. They figure that the \$1 local rate will off-set the difference in the cost of logs be-tween Portland and Valley points and put the aVliey product upon the same footing with that of the Portland mills. The Charles K. Spaulding Logging pany today launched a 250-ton which was built in their yards here, and will proceed immediately with the con-struction of a second one. These will, if necessary, be used in floating the product of the Salem and Newberg mills down to Portland, where it will enter into direct empetition with the Portland mills and have the advantage of the Oriental, Eastand Southern markets, which the Portland millmen now enjoy.

MAN AND WIFE ON TRIAL

Italians Charged With Murder of a Prominent American.

CASERTA, Italy, April 24 .- The hearing of the case against Andrea Innoco and Catherine Esponito, his wife, on the charge of murdering Miss Catherine MacCready, of New York, in her villa near here February 25, 1905, began to-

Miss MacCready, whose father was Dennis MacCready of New York, and whose sister was the first wife of the late Frederick R. Coudert PUBLIC.
THE MOYER-HAYWOOD DEFENSE CONFERENCE OF CHICAGO AND COOK
COUNTY.
Attested by Frank C. Lewis, Secretary of
MacCready's maid servant. The police believe they have conclu-

Meeting of April 17.

Countersigned by Honore J. Jaxon.

Chairman Committee in Charge. Pittsburg Meat Plant Burns.

PITTSBURG, April 24.—The Zoeller without a rival in curing every pain. Safe and sure.

tape.

It developed this evening, however, that there is alloy in the gold of the baronetage, for a special departmental committee has issued a report saying that there is no doubt that a number of persons have assumed the title of baronet either wrongfully or upon the most doubtful basis. These cases approximate five or six per cent of the entire baronetage. The committee recommends legislative action to create a tribunal that shall prevent the unlawful use of any title. ful use of any title,

volved in Camorra's Crimes. NAPLES. April 24.-The police of

WAS ACCOMPLICE OF ALFANO

Naples Police Arrest Woman In-

NAPLES. April 24.—The police of this city made an arrest today that has a bearing upon the recent apprehension in New York of Enrico Alfano, the head of the Camorra in this city. They took into custody a woman named Maria Stendardo, who has been mixed up with all the leaders of the Camorra. She was the mistress of Nicola Morra, one of the murderers of Cuocolo and the man who secured for Alfano the passport upon which he left Italy for passport upon which he left Italy for the United States.

STRIKING BAKERS RIOTOUS

Storm Paris Bakery, but Are Routed by Spectators.

PARIS," April 24 .- The strikers attacked several bakeries today in at-tempts to intimidate the bakers, who were at work. Many windows were broken with stones. Some men stormed a bakery in the Rue de Ramey and maitreated the workers, whereupon bystanders joined in the fight and rout-ed the strikers. Twenty arrests were

Premier Clemenceau, with a view to arranging the difficulties between the striking waiters and their employers, has appointed a Justice of the Peace to conduct the negotiations, and both sides have accepted this plan to arrive at an understanding.

SEEK MAUCHAMP'S SLAYERS

Morocco Sends Out Troops-Ger-

many Smuggles in Arms. TANGIER, April 24.—Five hundred gov-ernment troops left here today for Mo-rocco City to assist in the search for the

rocco City to assist in the search for the murderers of Dr. Mauchamp.

A dispatch from Mogador says that a German steamer recently trans-shipped arms and ammunition to the steamer Rosario, which then conveyed the cargo to Sheik Maelalenin, at Cape Jubl. According to reports from Magazan, anarchy reigns there and the Europeans dare not leave their houses.

The Eikmes tribesmen, in whose territory the bandit Raisuli is now lurking, have refused to surrender the fugitive.

IF FIRST-BORN IS A GIRL

Spain's Legendary Title Is Princess

of Asturias. MADRID, April 24.-There is intense as to whether the expected ld, if a girl, shall be given the title of Princess of the Asturias or merely infanta. The first-born of the King and Queen of Spain always has been given the title of Prince or Princess of the Asturias. If the first-born is a girl, however, she oses, in the event of the birth of a direct beir, the title and rights of inheritance, on this subject.

Will Build Twelve Big Ships and Three Drydocks.

capable of caring for a vessel of 20,000 tons will be undertaken at Cadiz, Ferrol and

Honor for Winston Churchill.

LONDON, April 24 .- Winston Spence Churchill, under-secretary for the col-onies, has been made a privy councillor and will be sworn in shortly. It is understood this honor is a mark of Premier Campbell-Bannerman's appreciation of his work in the Colonial Office, especially in connection with the imperial conference.

Stromboli Has Convulsion.

CATANIA. Sicily, April 24.—The Stromboll volcano was in eruption to-day. There was a series of loud explosions like artillery and an enormous quantity of incandescent stones were thrown out of the crater. After this activity the volcano returned to its normal state.

Is certain if you take Hood's Sarsaparilla. This great medicine cures those eruptions, pimples and boils that appear at all seasons; cures scrofula sores, salt rheum or eczema; adapts itself equally well to, and also cures, dyspepsia and all stomach troubles; cures rheumatism and catarrh; cures nervous troubles, debility and that tired feeling.

Sarsatabs—For those who prefer medicine in tablet form. Hood's Sarsaparilla is now put up in chocolated tablets called Sarsatabs, as well as in the usual liquid form. Sarsatabs have identically the same curative properties as the liquid form, besides accuracy of dose, convenience, economy,—no loss by evaporation, breakage, or leakage. Druggists or promptly by mail. C. I. Hood Co., Lowell, Mass.



Mrs. C. K. Tyler, Burlington, Vt., says: "The cares of a large farm, so much to do and so little health to do it with, caused almost a complete break clared and the control of the con-lities and the control of the con-lities are presented by the control of the amostice, natural sleen, nerton them in

GUARANTEED under the Food and Drugs Act, June 30, 1906. No. 324



EVERYTHING FOR BOYS

-except Shoes-in our handsome, roomy **IUVENILE DEPARTMENT where** shopping is most comfortable and the assortment the most complete in the city.

WASHABLE SUITS FOR BOYS

PETER THOMPSON STYLE DRESSES and REEFERS for Ladies and Misses. ALL AT OUR USUAL MODEST PRICES.

BEN SELLING

LEADING CLOTHIER

noon and during the afternoon by the engine used in the construction of the Brooklyn sewer, at East Sixth and Taggart streets, because of the sparks engine used in the construction of the Brooklyn sewer, at East Sixth and Taggart streets, because of the sparks thrown out of the stack. A small fire was started, which resulted in another run for the Fire Department, and an order from Battalion Chief Holden to the SPAIN'S NAVAL PROGRAMME contracting firm of Glebesch, Joplin & Paquet to cease operating the engine until it is equipped with a good spark-

After the withdrawal of the firemen, MADRID, April 24—It is understood that the government has decided to construct six battleships of the Lord Nelson type, six fast cruisers and several torpedobat destroyers. Three of the battleships will be built at Ferrol by British firms, and the remainder of the warships in Chief of the Fire Department to enforce Brighand. The construction of drydocks exceeding to act. Last wish citizens in the clips in the regulations in such cases and deciding to act. Last wisht citizens in the clips of the district to take immediate action. Chief of Police Gritzmacher, however, had investigated the ordinances and concluded that it was the duty of the City Engineer and the Chief of the Fire Department to enforce the regulations in such cases and deciding to act. Last wisht citizens from the high school here. clined to act. Last night citizens in the

Main 550 Home Phone A2357

SPARKS ALARM NEIGHBORS

and calls were received at police head-quarters for police interference. Captain Slover dispatched Policeman Sinnott to the scene with orders to stop the engine until a proper spark-arrester should be put on.

The city ordinance requires such engines to be equipped with a 20-foot smokestack. Policeman Sinnott measured the stack. It fell short of the requirements and he ordered the engine shut down for the night.

Deputy City Attorney Fitzgerald says the proper procedure is a written notice to the contractors to properly equip the engine, and arrest in case they fall. Baltallon Chief Holden, in charge of the East Side fire district, declares the firm had official notice last week, but that they have refused to obey the order.

ing with the ordinance. Residents in the vicinity live in fear their homes will be destroyed. The con-tractors declare the citizens are unduly exercised and that there is no danger.

Portland Boy President.

STANFORD UNIVERSITY, Cal., April however, word reached police headquar-ters that the engine was again running, today A. A. Murphy, '08, of Portland, without compliance with Chief Hoiden's Or., was chosen president of the associ-

Ireland has about 20 bacon factories which slaughter annually 850,000 pigs.

EVERYBODY GOES TO WAVERLEIGH FREE TALLY-HO RIDE

Reserve Your Seats Now by Telephone

Tally-ho Will Start Running Saturday

H. W. LEMCKE COMPANY 6th and Washington

We Treat and Cure All Diseases We Cure Women and Children

The doctors who are in charge of the different departments of this institution are graduates of the best colleges of Europe or America and have credentials from the highest medical boards in the United States.

All diseases of the eye, ear, nose, throat and lungs, heart, kidneys, bladder, brain and stomach, Catarrh, Rheumatism, Indigestion and Constipation PERMANENTLY cured.

Tumors and Blemishes Removed All private and wasting diseases promptly cured and their effects permanently eradicated from the system.

Diseases of women and children given special attention. Nervous diseases and nervous prostration made a specialty. Eczema and all skin diseases promptly cured. Consultation and Examination Free and Strictly Confidential

If patient cannot call at the Institute, write for full instructions. All medicines are furnished to patients from the laboratory of the

New York Medical Surgical Institute Permanently Located in Raleigh Building at Corner of Sixth and (323%) Washington Streets. Phone Main 2993. PORTLAND, OREGON.

resovene. " Cures While You Sleep."

Bronchitis, Coughs, Diphtheria, Catarrh. Confidence can be placed in a rem edy, which for a quarter of a century has earned unqualified praise. Restful nights are assured at once.

Whooping-Cough, Croup,

Cresolene is a Boon to Asthmatics

All Druggists Cresolene Antiseptic
Throat Tablets for the
irritated throat, of
your druggist or from
us. 10c. in stamps.

Vano-Gresolene Co.,
N. Y.

Do it Now! Don't Wait Until It's Too Late!

EEP your body clean! Most people are very neat and clean in their outward appearance, but how about the inside?

Are you clean inside? And if not, how can you face the world with clean thoughts, clear intelligence, a fair, just, bright mind and get your full share of capacity for work and enjoyment?

Neglect of exercise, rich over-feeding and carelessness about stools, often leave the delicate internal mechanism in a nasty mess.

The small intestine is compelled to absorb the poison of decaying matter instead of wholesome nourishment.

The liver gets inactive; the bile doesn't

"work off"; the eyes get yellow; the skin gets dead like putty and pale like dough, disfigured with boils, pimples, blackheads and liver-spots.

There's only one solution to the problem: Keep clean inside all the time. That's the answer.

If you can not diet, or keep your mechanism going by proper exercise, take Cascarets, the sweet, fragrant, harmless little vegetable tablets, that "act like exercise" on your bowels, and gently but powerfully clean out and disinfect the whole digestive

A Cascaret every night before going to bed will "work while you sleep" and make you "feel fine in the morning."

If you have been neglecting yourself for some time, take a Cascaret night and morning and break up the "constipated habit" without acquiring a "cathartic habit."

Cascarets are sold by all druggists, 10c, 25c and 50c. The 10c size trial box is a neat fit for the vest pocket or lady's purse.

Be sure to get the genuine with the "long-tailed C" on the box and the letters "CCC" on each tablet. They are never sold in bulk. 744