RELIEF FUNDS ARE STILL HERE

Mayor Lane Takes Committee to Task for Failing to Remit.

ANGRY WORDS EXCHANGED

Nearly Forty-Nine Thousand Dollars in Cash Besides Fair Certificates Not Yet Forwarded to

San Francisco.

There was nothing prosaic and com-nonplace about the meeting of the San relief committee yesterday morning in the office of Mayor Lane at the City Hall. In the strongest language the executive head of the city and of the general relief committee denounced the actions and attitude of the finance com-mittee, composed of R. R. Hoge, chairmittee, composed of R. R. Hoge, chair-man; I. N. Fleischner, T. B. Wilcox, W. M. Ladd and A. L. Mills, These gentle-men, in turn, loosed the floodgates of their wrath on the head of the Mayor. "You have withheld thousands of dol-

lars raised by popular subscription which long ago ought to have been sent to the relief of stricken San Francisco," said the Mayor to the gentlemen of the finance

We were acting according to our best judgment," replied the committeemen.
"You have refused to report to me, although time and again requested to do so, and have kept the public in ignorance of the status of the funds given into your keeping," continued the trate Mayor.

"You are acting without your authority. You have unlawfully set yourself up as a dictator and arbiter of our actions," re-joined the equally irate committee.

Flery Session Held.

It will be a long time before the com-mittee-room in the Mayor's offices will ever see such a flery session as that of yesterday morning or as prominent people bandying sizeling personalities. The meeting was of the general committee for the San Francisco fire sufferers. It was called presumably to close up the affairs incidental to Portland's work of relief. But few, if any, perhaps, excepting the Mayor and the members of the subcommittee on finance, were prepared for any such scene as was enacted.

T. B. Wilcox read the report of the finance committee. There was cash avail-able amounting to \$48,924.04 and a further sum in Lewis and Clark Fair stock of \$18.408.75. Supplies to the value of \$185,000 had been forwarded to the south, said Mr. Wicox, and he moved to put affairs in good shape, that the whole matter of disposing of the surplus be left in the hands of the finance committee. Then hands of the finance committee Mayor Lane opened his batteries. amittee. Then

Unfair Treatment, Says Mayor.

"Gentlemen, you are not treating the people fairly who subscribed that money," cried he, "neither are you just to the stricken people of San Francisco. It is a stricken people of San Francisco. It is a trust fund in your hands, and you should forward it at once; you should have forwarded it six weeks ago. I have letters here from prominent men of San Francisco, who say that they are in dire need right now of money, supplies, anything. It is not right, it is not just, to withhold this money, and I wash my hands of the whole affair if this money is not distributed at once."

Mr. Wilcox made reply for the committee by explaining that, after study of the had thought it better to conserve the money on hand, as they believed worse

distress would come later. J. B. Laber's Motion.

At this juncture J. B. Laber registered himself with the Mayor by moving that a committee of three be appointed by the Mayor to superintend the distribution of the funds still in the hands of the finance committee. This motion received to second and motion received no second and could not have been put anyhow, for Mr. Wilcox now called for a vote on the previous question. The Mayor replied by renewing his argument that the money should have already been distributed or the money should have already been distributed and the pot again began to boll. Messrs, Wilcox, Hoge, W. M. Ladd and Tom Richardson all interjected remarks more or less wrath; into the powwow and Mayor Lane did not even wait to put the motion of r. Wilcox, It was all too evident at he stood almost alone in demand-g an accounting from the finance mmittee and immediate distribution of the cash on hand. With the sigmark, "I wash my hands of affair. The blood be on your ficant remark I will have nothing more to do with this committee. You will see where this action will land you," the excited Mayor started for the door. But the thunder had not yet all been

expended. Hoge Intercepts Mayor.

Mr. Hoge intercepted him at the

threshold, and said:
"I consider that you were insulfing
me when you wrote me that letter
asking about the condition of the

"You'll find that you will hear from this and that it'll hurt every one of your men on the finance committee," replied the departing executive.

This is the Mayor's letter, which Mr.

Hoge termed insulting:

June 25, 1906.

R. R. Hoge, Chairman Pinance Committee, Portland, Or.—Dear Sir: In looking over the report of June 16, 1906, of the Portland relief committee, organized for the benefit of the people of San Francisco, I find, as I interpret it, that there was an unexpected balance upon hand at that time

As I urged at the special meeting held upon the 19th day of May. I do not believe that the money can longer be held in Portland. Either it should be sent to San Francisco, where it is now and at all times has been needed, or it should be returned to

Being firmly fixed in this epinion, I therefore call upon you to at once forward such sums as you now have upon hand to the persons properly authorized to receive it in San Francisco. Very truly yours, HARRY LANE,

Chairman Portland Relief Committee.

Mayor Lane's Position.

It did not take Mayor Lane long to It did not take Mayor Lane long to state his case when seen yesterday afternoon. It is evident that he is dis-satished with the conduct of the finance committee throughout. He tells the story in this manner: "I appointed this finance committee under my authority as chairman of the general relief committee and made I. N. Fleischner chairman. Later I

the general relief committee and made I. N. Fleischner chairman. Later I learned that they had made Mr. Hoge chairman, but I took no notice of this. Time passed, and I heard no report from the committee, not even a word. I knew they were getting thousands of dollars, but I supposed they were turning them over to the San Fransisso authoriteis as fast as they could.

I naturally expected to receive some notification of the progress of the committee, but none came. Finally I heard from an entirely outside source that the committee was holding the money here which I and the public had all along supposed was being sent to the stricken city. I thought it now high time for action and I issued a call for a meeting of the committee and demanded a report of their work. This was the 39th of May and at this meeting I took the same issue with them as I did today. I demanded from them either a detailed report or a public accounting. They conceded me neither. I also demanded at that time that they send the money to San Francisco, and Mr. Fleischner alone stood with me. naturally expected to receive some stood with me.

Told Them Their Duty.

"I told them, as I do now, that it was their duty either to send the money to San Francisco or return it to the public contributors. These men even refused to make public the doings of this meeting.

"Wishing to satisfy myself that I was not not not public."

"Wishing to satisfy myself that I was not pursuing a mistaken course, shortly afterward I secretly called together some of the most prominent men of the city and asked their advice on the matter. Unanimously they agreed the only proper course was to forward the money at once to San Francisco, and they suggested that I write to Mayor Schmitz, ex-Mayor Phelan, and Edward T. Devine, of the Red Cross, at once to ask them if they still needed help. I did so and I submitted the answers of these men to the gentlemen of the finance committee this afternoon. Mr. Devine and Mr. Phelan both replied that they were badly in need of money and supplies at the present time. I received no answer from Mayor Schmitz."

What Mayor May Do.

What Mayor May Do.

When asked what would be his policy now and what he meant by saying he washed his hands of the committee, the Mayor replied:
"I will have absolutely no part in keeping that money here which is so hadly needed for the purposes for which it was contributed. But I assure you I am not going to take a back seat and let this matter pass without protest. I want it submitted to the people of the city. I shall wait several days and after I ascertain the sentiment of the public I shall make some ment of the public I shall make some move to enforce my authority as ex-officio chairman of that committee." Mr. Hoge declined to talk for publication. "Let Mayor Lane have his say now." said Mr. Hoge last night. "The finance committee meets tomorrow morning and we may have something of interest to tell after that meeting, but nothing now."

HEAVY FINE FOR KIENLAN

but nothing now."

CONVICTED ON FIVE COUNTS OF ASSAULT.

Patrolman Isakson Is Found Not Guilty of Attacking Petty Officers of Warships.

After a trial before Justice Reid which lasted several days, sentence was pro-nounced yesterday morning on Joseph Klenlan, patrolman upon the North End beat, upon charges preferred against him and O. Isakson, by petty officers of the Chicago and Princeton, who alleged that the patrolmen brutally assaulted them the patrolmen brutally assaulted them without any provocation on the night of Friday. June 15. Isakson, who was dismissed from the force by order of the Executive Beard last Friday, was acquitted by Justice Reid yesterday, as the testimony did not develop the fact that Isakson struck any one. The only witness against Isakson declared he saw Isakson raise his hand, but did not see whether he struck any of the party.

by Traffic Director J. C. Stubbs, of Chicago, who wired General Manager the patrol was month's pay by the Executive Board and transferred to another beat after his trial before the Police Commission, June 22, was found guilty yesterday on all five counts of assault and battery, and Justice Reid imposed the maximum penalty of \$50 fine on each count, a total of \$250. The defendant was not in court, but his attor-ncy, C. M. Idieman, asked for a stay of the execution until he could see his client. Later Mr. Idleman announced that he would appeal the case to the Superior Court.

According to the story of the officers, they were making the rounds of the North End after having spent the evening at the Elks' Club, and had just left a resort known as the Paris House, when they were set upon by the policemen and or-dered off the street in a highly arbitrary unner. The policemen knocked down everal of the party and struck Charles Liessman, a civilian, with the butt of a revolver, inflicting a severe wound. The officers testified that they were not drunk at the time and offered no resistance to the patroimen. Testimony of several wit-nesses was taken, and prominent members of the Elks' Lodge were called upon to testify that the men were not intoxi-cated when they left the club after 2

"I am convinced from the evidence," said Justice Reid, in pronouncing sentence, "that the conduct of Kienlan was certainly unbecoming an officer, and I believe he was the cause of the whole trouble."

Isakson's friends are circulating a peti-tion for his reinstatement, and several sallors of the battleships have signed their names to it, assuring Isakson that the complaint was chiefly against Kienlan,

"DOLLAR BILL" IN TROUBLE

Fined Forty Dollars for Assaulting

Patron of His Saloon. Protesting his innocence and declaring

that he did not hit the complainant, "Dollar Bill" St. Clair, a proprietor of one of the resorts in the North End, at Seventh and Glisan streets, was fined \$40, yesterday morning, by Judge Cameren, in the Municipal Court, for assault and battery, Adolph Rudolph, a laborer, complained that St. Clair ejected him from his saloon and severely beat him on the head about a week ago. Testimony of four witnesses corroborated Rudolph's statement, and Judge Cameron found the sa-loonman guilty. Rudolph alleged that the loonman guilty. Rudolph alleged that the trouble started through wanting to buy a glass of beer at St. Clair's salcon and being told by the negro proprietor that he did not sell liquor to white dogs. His attorneys, Spencer & Davis, filed notice of appeal and deposited a cash bond of \$100.

EASTERN EXCURSION RATES

July 2 and 3, August 7, 8, 9, September 8 and 10.

On the above dates the Great Northern Railway will have on sale tickets to Chi-cago and return at rate of \$71.50. St. Louis and return \$67.50, St. Paul, Minneapolis and Duluth, Superior, or Sloux City and return, \$60. Tickets first-class, good going via the Great Northern, returning same or any direct route, stop-overs al-

SUCCEEDS CRAIG

Official Announcement Made of Appointment as General Passenger Agent.

STUBBS WIRES THE NEWS

He Is Given the Position With the O. R. & N. and Immediately Leaves for Chicago to Attend Conference.

William McMurray, assistant general assenger agent for the O. R. & N., has been appointed general passenger agent to succeed A. L. Craig, who goes to the Great Northern to head the passenger traffic department. Mr. McMurray's eye totally closed and the whole head appointment becomes effective July 1, when Mr. Craig retires from the office. The appointment was made yesterday

pointed assistant general passenger agent of the C. R. & N. by Mr. Stubbs, and came on to Portland.

Few men are better equipped by training and experience for the position just given to Mr. McMurray. His relations with the other officials of the local railroad offices are particularly pleasant, and the railroad colony will hear of his promotion with pleasure.

John M. Scott, chief clerk of passenger affairs under Traffic Director Stubbs, with offices at Chicago, has been appointed assistant general passenger agent for the C. R. & N. Mr. Scott was formerly chief rate clerk for the Union Pacific, with offices at Omaha. When Mr. Stubbs went to Chicago, he took over Mr. Scott and made him chief clerk in his passenger office. He is regarded as a very efficient official and local railroad men who know him speak of him very highly.

Mr. McMurray left last night soon for the passenger for

highly.

Mr. McMurray left last night soon after he received the appointment for Chicago, where he will attend the meeting of the heads of the Harriman passenger departments. The work of the passenger officials of the Harriman lines will be outlined for the coming year and appropriations made for advertising. Mr. McMurray will return to Portland in about two weeks, and will bring with him Mr. Scott.

QUARREL ON THE SATURN

Two Firemen Are Arrested for Causing Trouble on Cruiser.



WILLIAM M'MURRAY, WHO SUCCEEDS A. L. CRAIG WITH O. R. & N. ·····

Portland only since last September, when he came from California to be-come assistant to Mr. Craig, he has made many friends here, and the appointment is a popular one. He brings to the position a long experience in pas-senger work with the Harriman lines, and a special ability for dealing with

Mr. McMurray first entered the serv-ice of the Southern Pacific in 1885, when he was taken into the office of T. H. Goodwin, general passenger agent for the Southern Pacific at San Francisco, as clerk. He remained with the pas-senger work for almost 26 years, in numerous capacities, temporarily leav-

> T DON'T HAVE TO WORK; FATHER'S

GOT MONEYIN

a belaying pin. Ridings swore out the complaint against Colwell, charging him with assault with a dangerous weapon.

Captain J. Newell, of the Saturn, filed a complaint against James Hackett, another fireman, charging him with disor-Both men were put in irons aboard the ship until transferred to the prison by Policemen Maloney and

HOW'S YOUR COMPLEXION?

Here is something which will clear the ing the service about two years ago to engage in promotion work at the St. Francisco. After of the stomach, kidneys and bowels about a year spent there, he was ap-

THE PRIMROSE PATH

VOLEKES!

For a Time Incumbent of Sheriff's

MUCH WRANGLING GOES ON

He Is Now Two Votes Ahead

of His Rival, Word, in

the Recount.

THE LEAD AGAIN

Office Had Best of It, but Last Precinct Counted Went Against Him.

With the end of the recount in sight Robert L. Stevens is now two votes ahead But 22 precincts remain to be gone over and as only about 2000 votes were cast in these precincts, it is possible that the recount will be concluded by tonight. Monday 2200 votes were counted with ease, but this morning Judge Frazer will rensider rulings on several ballots and this may result in much wrangling be tween the attorneys and prevent the reount from being finished by tonight.

Stevens exhibited wonderful recuperative powers late yesterday afternoon, Word had the lead nearly the whole of the day. Tuesday Word also took the lead, but at the close Stevens made a spurt and succeeded in effecting a tle. Several times Word has gained the lead and had victory almost within his grasp to have it wrested from him when least expected.

Session Devoted to Argument,

Most of the morning session yesterday was devoted to arguments and discussions regarding marked ballots previously passed, and but one precinct was counted Judge Frazer reversed his decision on six ballots which had been rejected, four of which were for Word and two for Stevens. This gave Word a lead of two votes at the beginning, which was a very bitter mouthful for Stevens and his friends to swallow. O. M. Lance and G. W. Allen, election judges in Precinct 45, testified to ballots which they had marked to facilitate the world of counting, and George S. Allen and H. S. Paddock, election judges of Precinct 53, testified to a ballot that had been torn. On the strength of this testimony Judge Frazer reversed his rulings.

Stevens gained a vote in Precinct 61 the first precinct to be counted, but in Precinct 62 he lost two votes, which in-creased Word's lead to three votes, which is the greatest advantage he has had since the recount began. It looked very discouraging for Stevens, but in Precinct 63 the Republican candidate gained one vote. In Precinct 65 he gained another vote leaving Word but one ballot to the good. good.

Gains Lead of Two.

Stevens and his friends anticipated making a showing in Precinct 67 sufficient for them to carry off the honors of the day, as Word had obtained a large majority vote in that precinct. They were not disappointed in the least, as Stevens gained three votes, thus giving him the lead with two votes to the good. The court adjourned with the count of Pre-

anct 67. Stevens apparently has the advantage. as there are 500 more of Word ballots to be counted than his out of the 2500 that remain. But his advantage is so slight that it could be easily overcome if the show a tendency to favor Word. The pendulum may swing either way, and both pendium may swing extret way, and not sides are greatly worried but hopeful. From the present indications it looks as though the recount will be as close as the election itself, and it is generally believed that the case will be appealed to the Supreme Court by the unsuccessful conditate. candidate.

Ballots Objected To.

Several hundred ballots objected to by the opposing counsel have been preserved for reference, in case there is an appeal Several dozen were added to the accumu skin of blemishes and give you a natural color. Wild Pigeon Springs Mineral Water. Is also recommended for complaints of the stomach, kidneys and bowels. Or- were for Word and one for Stevens. Judge Frazer believed that the mutilation of the

ballots was purely accidental, and allowed them to be counted. The result of the recount for yesterday

Stevens, || Word, PRECINCT 247 Totals 8339 8903 7813 7780

MAY GET HAWTHORNE PARK

Park Board Arranges to Submit Proposition to Vote.

At the next election, the acquisition of Hawthorne Park by the City of Portland will be submitted to the people. The pur-chase price for the park and the three adjoining blocks is \$150,000, and at a meeting of the Park Board, held yesterday after-noon, it was decided to submit the proposition to the Council and then to the people of the city at the election next year. The plot in all consists of nine acres

Hawthorne Park consists of but six acres which had been offered to the city for \$100,000. But the Park Board thinks it advisable to include in the purchase three more acres which adjoin the park, and for which an additional \$50,000 is asked. The nine acres are bounded by East Ninth, East Twelfth, Hawthorne and East Thurman streets. The Park Board has secured an option on the property and papers will shortly be signed giving the city a lease of the park until October, 1907.

J. D. Meyer announced at the meeting yesterday that about \$3000 had been donated for free band concerts in the parks

****************** ATTORNEY FOR SHERIFF WORD IN THE CONTEST CASE.



and that \$1500 more had been promised and would be forthcoming. Beginning about July 1 it is planned to give five concerts every week for eight weeks in the City Park, Holladsy Park and Hawthorne

The big bull buffalo at the City Park is to have a mate, as yesterday Mr. Denizen, of Montana, was authorized to contract for one cow buffalo, the purchase price for which is not to exceed \$425. It is understood that the buffalo will be installed at the City Park within the next two months.

MOUNT TABOR GRADUATES

Presented With Diplomas and Admissions to High School.

J. H. Ackerman, State Superintendent of Public Instruction, in his lecture last night in the Methodist Church of Mount Tabor, to the class promoted from the grammar grade of the Mount Tabor School, said that it was the real and proper function of the public school to prepare the boys and girls to meet the practical conditions of life, and that the practical conditions of life, and that the public schools of the day must so readjust itself that it will do this thing. Mr. Ackerman traced the expansion of the course of study from reading and writing to the present standard, and declared that every advancement was made because of consider downed. outside demand.

At the conclusion of his lecture, Mr. Ackerman urged each member of the class to enter the High School. He then presented the certificates. There was a short programme in connection with the address. E. G. Adams, retiring principal, was in charge. Following are the mem-bers of the class who were honored with receiving their certificates from the State

Superintendent: Mildred Middleton, Ethel Lewton, Carrie Fitzpatrick, Lillian Guddy, Lloyd Violet Sawtelle, Carl Shelton, Laura win, Rose Nisbet, Fred Garner, Lois Bis-sonette, Edith Whitcomb, Boyd T. Fish-er, Ursul Smith, Mae Fearing, Heisier Sherrod, Cora Ewing, Howard Sigsby, Andrew Moodie, Otto Spillman, Clara Perkins, George Obertuffer, Hazel Davison, Charles Thomas, Jeanle Thomson Professor Wiley, of Hood River, will in all probability succeed E. G. Adams as principal of the West-Avenue School, ne having been elected by the Mount Tabou oard of Directors.

Young Wife Tries to Die.

One month of wedded life was too much for Mrs. George Lieding, of the Kingston lodging-house, and last night she turned on the gas. No flame emitted from the jet, and she lay down on her bed to pass away. Her forced slumber was interrupted by her husband, a barber, who entered the room, turned off the gas and summoned a physician. Policemen Price also moned a physician. Policeman Price also became aware of the attempted suicide and summoned City Physician Wheeler. Mrs. Lieding was resuscitated and will

The attempt to and her life is said to have followed a quarrel with her husband, to whom she was united in matrimony by Judge Cameron about three weeks ago, when, as Miss Susie Kerr, she was arwhen, as Miss Suale herr, and was ar-rested by Detective Kay, charged with a misdemeanor while in company with Lied-ing. Before her marriage she made an attempt to end her life by taking poison.

Charges Wife With Cruelty.

Alleging cruel and inhuman treat-ment as his cause of complaint. Charles C. Naeve yesterday began suit in the State Circuit Court, asking for a decree of divorce from Margaret P. Naeve, whom he married at Oregon City, November 25, 1892. There is one child, Charles C. Naeve, Jr., aged 4 years, who is now in the control and custody of the grandparents, Mr. and Mrs. Robert J. Wooley, of this city.

SPECIAL SLEEPER FOR ELKS.

On Saturday morning, July 14, the O. R. & N. Co. will run a special standard sleeper Portland to Denver by the way of Huntington and Union Pacific, for the Elks, account the annual convention Grand Lodge Elks at Denver, July 17, 18

Willamette Valley Baptists Commend President,

RESOLUTIONS ARE ADOPTED

Also Urge That All Guilty of Election Frauds, Whoever They May Be, Should Be Pun-

ished for Offenses.

BAPTISTS ADOPT RESOLUTIONS Ringing resolutions were adopted tion commending the efforts of President Rossevelt to curb the public trusts, crush out corruption in high places and to compel the corporations to respect the law.

The resolutions recited the condi-tions and the vigorous efforts of the President in behalf of public purity and public morality,

Resolutions were also adopted strongly commending the officials of Multnomah County for their efforts to search out the men who had committed frauds in the late election and expressing the hope no one gulity of violating the election laws of the country should be allowed to escape just punishment for his orime, no matter who he might be. A resolution was adopted as the sense of the association that the

liquor business should be annihil-

The Willamette Baptist Association held a busy session yesterday in the Second Baptist Church, East Side, Rev. E. O. Leonard acted as moderator in place of Rev. C. A. Nutley, who was called home, Rev. A. L. Black reported on home mission work, setting forth the needs in this department for personal exertions. He said it was the time for moral reform and progress. Rev. W. P. Pope, the new missionary

superintendent for this state, delivered a vigorous address on the home missie pointing out the opportunities for forward movement in this line. He was followed by Rev. R. H. Robins, Rev. G. W. Griffin and Dr. W. T. Jordon. Rev. John Bentzein spoke for the Baptist publications, particularly the Pacific Eaptist. Rev. Gilman Parker and others

spoke along this line. Home and Foreign Missions.

In the afternoon the Women's Home and Foreign Missionary Society was in charge; Mrs. James Failing presided. Mrs. D. C. Latourette delivered an address on the foreign field. Miss Milispaugh, evangelist, talked of her work, stating that an effort would be made to raise \$650 for the coming year. A collection of \$26 was

Officers for the ensuing year were elected as follows; Moderator, Rev. C. A. Nutley, and clerk, Rev. G. A. Learn.
The B. Y. P. U. held a session, which was addressed by Rev. G. W. Griffin on was addressed by Rev. G. W. Griffin en the subject, "Efficiency in the Young Peo-ple's Work." This was followed by a short business session. Rev. Mr. Griffin read the usual resolutions. The resolution on temperance provoked discussion. It read that the association favored "tem-perance" work a word considered perance" work, a word considered too tame. It was first amended to "prohibi-tion," but this, in turn, was stricken out

Resolutions Are Adopted.

Rev. E. M. Bliss introduced resolutions at the night session commending President Roosevelt for his efforts to crush out public corruption, and also commending and supporting the officials of Multnomah County in their efforts to convict and punish the men who had been guilty of fraud

in the recent election.

The session of the association closed last night b" an address by Rev. W. T. Jordon on "The Parting of the Ways," and by the adoption of the resolutions from Rev. E. M. Bliss.

SPLENDID SEASIDE SERVICE It Pleases the Public and Everybody

Smiles.

Saturday, June 30, marks the initial trip of the "Portland-Seaside Flyer," the crack train of the A. & C. R. R., which will leave Union Depot every Saturday at 3:30 P. M. during the Summer season, for Clatsop Beach points, arriving at Seaside 6:50 P. M. making only such stops en route as are absolutely necessary to the successful operation of this fast train, excelling everything in point of modern equipment and a model of comfort and

connection with this strictly new train service. Saturday special round-trip excursion tickets will be sold from Port-land to all Clatsop and North Beach points at rate of \$2.50, good to return Sunday evening. Tickets on sale at city ticket office, 248 Alder street, and Union Depot.

Milwaukie Country Club.

Eastern and Seattle races. Take Sell-wood or Oregon City car, starting from First and Alder streets.

THE DOCTOR'S WIFE

Agrees With Him About Food. A trained nurse says: "In the practice of my profession I have found so many points in favor of Grape-Nuis food that I unhesitatingly recommend it to all my

patients. "It is delicate and pleasing to the pal ate (an essential in food for the sick) and can be adapted to all ages, being softened can be adapted to all ages, being softened with milk or cream for bables or the aged when deficiency of teeth renders mastication impossible. For fever patients or those on liquid diet I find Grape-Nuts and albumen water very nourishing and refreshing. This recipe is my own idea and is made as follows: Soak a teaspoonful of Grape-Nuts in a glass of water for an hour, strain and serve with the beaten white of an egg and a spoonthe beaten white of an egg and a spoon-ful of fruit juice or flavoring. This affords a great deal of nourishment that even the weakest stomach can assimilate

without any distress.
"My husband is a physician and he uses Grape-Nuts himself and orders it many times for his patients. "Personally I regard a dish of Grape-Nuts with fresh or stewed fruit as the ideal breakfast for anyone—well or sick." Name given by Poetum Co., Battle Creek,

Mich.

In any case of stomach trouble, nervous prostration or brain fag, a 10 days' trial of Grape-Nuts will work wonders toward nourishing and rebuilding, and in this way ending the trouble, There's a receon" and trial proves.

Look in pags, for the famous little book, "The Road to Wellville."