## WHERE STRIKES ARE UNKNOWN

Enthusiastic Over the Future of Coos Bay, He Predicts Big City Will Come With Deep Harbor and Entrance of Railroad.

One of the most prominent and most observing men in Portland once re-marked that Mayor Louis J. Simpson, of North Bend, son of Captain A. M. Simpson, the multi-millionaire, had done more to solve the differences between capital and labor than any other per-son on the Pacific Coast. This ap-pears to be a very broad statement when it is taken into consideration that Mr. Simpson is but 29 years of age and the son of a rich and an in-dulgent father, but his numerous friends are unanimously of the same opinion. It might be said that there are but few men in the whole wide world who have more sincere friends then Louis J. Simpson,

#### All Are His Friends.

In speaking of friends persons of an exclusive social circle are not rehave been brought in contact with the young man, whether the men of wealth, influence and education or the have been brought in contact with the young man, whether the men of wealth, influence and education or the mill hands and the common laborers. Mr. Simpson is the manager of a half police to arrest criminals and prevent people from the common process. dozen or more large conderns at Coos Bay, such as saw mills, foundries and factories and has "working with him" and prevent people from committing certain kinds of crimes, why not prevent all kinds of crimes? Some one factories and has "working with him" and prevent people from committing certain kinds of crimes? Some one factories and has "working with him" would be impossible." Yes, it would be impossible all at once. But when all these there cannot be found a sin-we. as a Nation, conclude to have all work gle enemy. The explanation is simple enough—he believes in justice to all and that there is good in every perand that there is good in every person. He has been fortunate enough to surround himself with men who are endowed with sufficient intelligence to appreciate the rare trait which governs the actions of the young captain of industry, which is humanitarianism in the strictest sense of the word.

He is a humanitarian and something to distribute the best kindergarten training, and when they are older will be taken around and shown all the industries and given a chance to choose an occupation for which they have taste and taken they are trained a part of the day by good trainers and when they are the interest and given a chance to choose an occupation for which they have taken around and shown all the industries and given a chance to choose an occupation for which they have the best kindergarten training, and when they are older will be taken around and shown all the industries and given a chance to choose an occupation for which they have taken around and shown all the industries and given a chance to choose an occupation for which they have taste and taken they have taken around and shown all the industries and given a chance to choose an occupation for which they have taste and taken they have taken around and shown all the industries and given a chance to choose an occupation for which they have taken around and shown all the industries and given a chance to choose an occupation for which they have taken around and shown all the industries and given a chance to choose an occupation for which they have taken around and shown all the industries and given a chance to choose an occupation for which they have taken around and shown all the industries and given a chance to choose an occupation for which they have taken around and shown all the industries and given a chance to choose an occupation.

He is a humanitarian and something of a philanthropist. In business he is a humanitarian and in private life a philanthropist. The accepted interpre-tation of the latter word is one who gives in charity. Some men are known as philanthropists because of the enormous amounts of money they have given in the name of charity which they accumulated by shady business methods and the oppression of their employes. He is not that kind of a person.

#### Pays Fair Wages.

Mr. Simpson pays his men fair wages and advances them if they are deserving because he believes he is doing what is right and that it is to deserving because at doing what is right and that it is to doing what is right and that it is to his own interests. He believes that every man has a right to live and that he is entitled to a good living and not a bare existence. This is humanitarianism. To the poor and needy he has been most charitable, as many he has been most charitable, as many Not at all. We will have to change people's minds. Our forefathers reaped wheat with the crooked sickle. Their descendants reap wheat he has been most charitable, as many persons can aftest, and has provided minds. Our forefathers reaped wheat with the them with work when really their crooked sickle. Their descendants reap wheat them with work when really their with the great harvester, where six men cut.

wages in other mills and factories does regulate his scale. If his business is prospering he raises the wages of his men whether or not the other concerns do. He works upon the research tie for life. We fear want, of being unable cerns do. He works upon the principle that every man who "works with
him" is interested in the business and
if that business flourishes they should

the for life. We fear want, of being unable
to pay the reant or grocer's, or dector's bills,
in not finding employment—all tending to
drive people to crime, drunkenness, insanity or
suicide. As for the rich, they have guards

that he will not go unappreciated and of the mill hands as well as the clerks and assistants in the offices. As a result the men are contented and labor Although a very busy man as the clerks and the new are contented and labor on is very sage.

son is very easy to approach. A logger with a grievance can see Mr. Simpson in his office just as readily as a banker. It is said that should one of the employes meet with adversity and be is need of a friend that he would go straight to "Louis Simpson," as he is affectionately known by the people of

It has been shown that his system pays At has been shown that his system pays in the long run as all of the concerns of which he is manager are in a flourishing condition and yielding good profits. The men take an interest in their work and do not labor solely because of fear they will be discharged. They work because they know that it will be to their own that rests and not solely for the beause they know that it will be to their own interests, and not solely for the ben fit for those who employ them.

#### Began at the Bottom.

For a young man Mr. Simpson has seen a great deat of the world and has much beneficial experience. He has had many 'hard knocks' although his father is very wealthy and has known what it is 'hard knocks' although his lather is very wealthy and has known what it is to have had to work for a living. He has worked in the saw mills as a laborer and has gone home at night fired and exhausted from physical toil. Maybe this has something to do with the governing of his actions, but for the most part his broad and wholesome belief in that which is human comes natural to him. which is human comes natural to him Mr. Simpson is now a guest at the Hotel Portland for a few days. Although his home is in North Bend he has large an acquaintance in Portland as many men who have lived here all their He is a man who not only makes

but accumulates friends.

He was seen at the Hotel Portland yesterday afternoon and an endeavor was made to draw him into conversation relative to perfect understanding that exists between himself and those he employs. He expressed a deep dislike for men who devoted their energies to the selfish accumulation of wealth. Other than that, he would not discuss the subfect. He is not looking for notoriety.

#### Good Man to Work For.

Mr. Simpson impresses one as being "a good man to work for." If appearances do not belle him all that has been sald about him in this article is con-firmed. As a business man he gives the impression that he would be reasonably strict but not too exacting and that he is not unmindful of the rights of others. He is a man of education, energetic to a high degree and has a most engaging personality. Few persons have more magnetism in them than he. Un-doubtedly were he not the son of Capson he would make just as big a success and do fully as much good as

was a manifestation of his wealth of en-thusiasm. He believes that Coos Bay is a favored portion of the Pacific Coast and that it is destined to become a great sea-port and commercial metropolis. "There cannot help being great cities in Coos Bay before many years," said he.

Coos Bay before many years," said he, "With the assistance of Portland and the whole of the state we expect to obtain a Congressional appropriation for the deepening of our harbor. We are satisfied that Portland will aid us. Portland is getting all of that trade now, and there is no reason why Portland should not re-Louis J. Simpson, of North

Bend, Solves Labor and
Capital Problem.

Capital Problem

#### ILLS WE ARE HEIR TO.

Soothing Balm Offered Along Lines of Socialism.

PORTLAND, June 17.—(To the Editor.)— There is at present a great deal being said about the impure and diseased meat that is

about the impure and diseased meat that is propared for sale to the guotie.

In a condemnation of the packers' methods of slaughtering and preparing meats, I fail to note any remety proposed by any newspapers except the Socialist ones. When a person is sick and employs a physician, he wants to be relieved of pain. It is no use the physician telling the patient that he is suffering and keep on repeating the statement. So it is with the meat business.

The profit system is the sole cause of human troubles—directly or indirectly. If all human energy was expended for the purpose of benefiting the whole race, instead of profit

f benefiting the whole race, instead of profit or self, there would be no incentive to do wrong. If the public can have postage stamps made without adulterations or imitations and made without adulterations or imitations and formished to all persons alike, at the same price, I do not see why the public cannot furnish themselves with food, clothing or shelter—the three first necessities of life. We could possibly live without mail service, but not without food, clothes and shelter. Every ill of humanity is caused by the profit system. As the ills are the effects, it is useless to waste so much energy fighting the effects and allowing the cause to remain.

How long could the liquor curse last if the

done by the Nation and Just as methodically as is done in the muli service, we will then have a system wherein the children will have

Now, according to official reports, there are 2,000,000 children under 16 years of age in the industries of this Nation. Many of them are overworked and underfed and don't last longer than two or three years after they begin to work. Thousands that reach the age of 20 years are sinited and dwarfed. The best men, physically and mentally, many of them, are put into armies and in battles are killed or crippled for life.

The Scinlists propose to get all nations to at once lay down their arms. One nation dare not lay down its arms while others keep theirs. Then we will have a world of peace instead of war. Pionica instead of battles; pleasure instead of pain; joy instead of sor-row. In all the past history of the human cace there has always been strife and con-tention. Each one with his hand signing his

philanthropy.

He pays all of his many employes as much as he possibly can from a business standpoint. The scale of mind of man has passed through evolution

With the present industrial systematt is we hare the presperity.

Good Work Rewarded.

Each one of the hundreds of men knows

mround their houses, and by their side, if they go on the street or travel by train or boat.

With all their precautions some of the rich

get killed because they are rich. Fear rules

#### SPRAYING OREGON TUBERS

J. H. Reid Believes Potato Yield Can Be Increased.

J. H. Reid, horticulture commissioner at Milwaukie, has just received from the East the first machine for spraying po-tatoes which has been brought to Oregon, and it is a curiosity. He will use it to spray his grape orchard, but it v spraying three 10-acre tracts of potatoes. Ten acres have been reserved for this purpose by a farmer at Canby, Risley and Gresham. The intention is to spray cer-tain rows of these tracts and some of the rows will not be sprayed at all. Some rows will be sprayed twice and others three times, and the yield will then be compared.

Reports from different states in Union on potato blight and fungicides show that the yield of potatoes sprayed is very much larger than when not sprayed. Extensive experiments have been made in Vermont and New York. A builetin published by the New York Agricultural Experiment Station shows a remarkable gain in profits to farmers raising potatoes. One illustrated experi-ment is given which shows that potatoes that have been sprayed every two weeks produced 380 bushels of first-class tubers, and where sprayed three times the yield was 350 bushels an acre. As a contrast for these a single tract is shown where the potatoes were not sprayed at Here the yield was 161 bushels per Numerous other instances are given. The

gain in many cases is given as 50 and 100 per cent.

This spraying experiment will be the first conducted in Oregon on a large scale, and will be conclusive. It is considered of great importance by members of the Horticulture Association. Commissioner Reid believes that the yield of potatoes in Oregon will be largely increased over the past year as soon as spraying is generally introduced. The cost, he says, will be small compared with the increased yield. The results of the experiments that have been started will be watched

### SPECIAL RATES EAST.

On June 23, 25, July 2 and 3, August 7. 8 and 9, and September 8 and 10, the Canadian Pacific wil sell round-trip tickets to Eastern terminals at very low rates. Tickets will be good for stopovers, with long time limits. For he already has.

When questioned regarding the resources routes available call on or address F. R. of Coos Bay his tongue loosened and there

Johnson, F. & P. A., Portland, Or.

Solemn Memorial Service Held by Oregon Episcopalians.

#### MANY CLERGYMEN ATTEND

Great Congregation Assembles Trinity Church to Hear Tribute to Right Reverend B. Wistar Morris.

Fit tribute to the memory of the late Bishop B. Wistar Morris was paid last night in an impressive memorial service at the Trinity Church, at which I'd piscopalian clergymen officiated. beautiful church presented an impressive cene, as the clergymen, all in white restments, together with the many choir boys, entered the chancel. All the seats were filled in the church, over 1000 people

attending the memorial service.

The rector, Rev. Dr. H. A. Morrison, opened the service with prayer, which was followed by a short memorial address by Rev. D. E. Loveridge, of Eugene. Dr. Loveridge, who is one of the oldest clergymen in the Oregon diocese, spoke of the unassuming greatness of the late Bishop and the deep impression he made on all those who knew him. Men-tioning the great amount of good achieved by Bishop Morris during his life, the speaker said that the memory of the good bishop will ever be honored by the Oregon

Dr. Morrison then spoke a few words, saying that nothing would have pleased the "dear old bishop" more than a great missionary hymn. "The late bishop," said Dr. Morrison, "was a missionary first and always. It was the theme of his life." And as a tribute to him the whole congregation joined in the hymn "Publish the Chal Thilager."

the Glad Tidings."

The principal address of the evening

The principal address of the evening was made by Rev. W. S. Short, of Astoria. He said in part:

"A young man once found a book in a little hotel in a small town in Pennsylvania. It was a book on religion. The young man could not find the owner of the book and read it through. The result of that incident was the grand old bishop, the late Benjamin Wistar Morris. And probably due to that the late bishop. And probably due to that the late bishop scattered religious books during his whole lifetitme broadcast amongst his friends.
"Real greatness in man or woman consists in their love for little children. And that is where the late bishop was supreme. How well I remember the vensupreme. How well I remember the ven-erable form of the man, head bowed and eyes dimmed with tears, when some lit-tle crippled child would walk up to the late bishop. A great institution for these comfortless little souls is due purely to the unceasing energy of the late bishop. "Let us all follow in his footsteps and

do as he did. He fought a grand fight, clear to the end." The speaker concluded his eloquent address with the words: "Grand in his simplicity, noble in his self-sacrifice, he has passed on to a glorious and noble reward." When the speaker finished there were many tear-dimmed even in the conclusion. were many tear-dimmed eyes in the congregation. Recollections of the late head of the Oregon diocese forcibly came back to the old members of the church, who remembered when the late B, Wistar Mor-

ris succeeded Bishop Scott,
The services were closed with prayer
by the rector of Trinity.

LOGIC OF REPORMATION.

Sermon by Dr. D. A. Waters at University Park.

"The greatest task given to man is that requires unselfish devotion on the part of of self-mastery, and only when he has all officers and people. All true reform mastered himself is he fit to rule over must take into account the value of man, others; what is true of the individual is no can one give out that which is not in in a large sense true of the Nation. Russia's hope is centered in internal reform, dividual life and heart, Just here is where individual and national, declared Rev. D. A. Watters, D. D., at the University Park Methodist Episcopal Church, inst night, pact, the strength of which is to be reck.

The Sunnyside Methodist Episcopal Church has a handsome new American pact, the strength of which is to be reck.

n his sermon on "The Logic of Reforma-ion." Continuing, Dr. Watters said:

"It is the universal opinion of mankind that the world is not as good as it ought to be; neither is it as good as it shall be. That it is better than it once was is clear to most people. The world is going forward for better and not for worse, or else the work of the ages has been for naught, for very marked and excellent are our attainments, moral, civil, social and commercial. The world-wide interests of mankind will advance or recede according to the motives and judgments of men. One of three ends we all choose; either self, or the good of men, or the glory of God. These are perhaps better reduced to two, God or self, for true love for the race is the glory of God. We are directed to go forward, not with selfish motive but with world-wide philanthropy. Only love for God and mankind can make for reform and true progress. "It is the universal opinion of mankind

'It is a familiar fact that man was born into the world the most helpless of all animals. It is a less familiar fact, though more important, that he is born the most selfish of all animals, always crying "Give; give!" there being no cessation, except by the grace of God, to his imperious animal demands. Under the control of selfishness, man is the worst of brutes. Discipline and chastisement must enter in "The selfish motive has built much into

oned by the sum of the virtues of the several members of the same. Reform estimates man not by what is on him or around him, or in his possession, but by what is in him. Man is more than an animal. He is a spirit building for the eternal ages. All true reform is personal, and men who are not right or will not reform cannot according to any sense of propricannot, according to any sense of propri-ety or safety, be the custodians of the people's interests."

TALKS TO THE GRADUATES.

Rev. Gilman Parker Addresses the Montavila School Class.

By invitation the grammar grade graduates of the Montavilla school attended services last night at Grace Baptist Church, Montavilla, and listened to an address by Rev. Gilman Parker. The class is composed of the following memclass is composed of the following members: Ethel Dickinson, Harriet Vilas, Hazel Washburn, Charles Wheeler, Forrest Jenne, Helen Sullivan, Bernice Scott, John Schwartzman, Victor Hibbard, Alice May Sisley, Mignon, Myrtis Payne, Lulu Bell Merts, Lillie Stein, Ruth Alderman, Anna Graf, Louis Simonsen, Arthur Small, Harry Gibbs, Clarence Farrier, Bessie Zidell, Clifford Lancaster, Franklin Graf, Marie May. The church had been handsomely deco-

#### PORTLAND MEDICAL STUDENT WINS HONORS IN THE EAST



John Francis Ortschild.

Mr. John Francis Ortschild, son of Mr. and Mrs. J. B. Ortschild, of 282 Vancouver avenue, graduated at Johns Hopkins Medical College last Tuesday, June 12. He graduated seventh in a class of 87,

Dr. Ortschild has done excellent work throughout his entire four years. While others were content to follow the regular routine of the course, he was ambitious and de-voted considerable time during each of the feur years to original re-search and extra work, besides keeping up the regular work, thereby gaining much that cannot be ac-

quired in any other way. At the end of his second year he was selected on his standing, with 20 others, to receive a special course In operative surgery. At the end of his third year he ranked eighth in his class. His present standing entitled him to an interneship in either medicine, surgery or gyne-cology at the Johns Hopkins Hosbut being offered a position on the faculty of the Medical School to become an assistant in teaching operative surgery and also to be-come private personal assistant to

Dr. Harvey Cushing, surgeon to the Johns Hopkins Hospital, he decided to decline the interneship and take the higher, more practical position, which offers many advantages clinically and brings the holder into closer contact

with the great teachers of this famous school.

In April of 1906 Dr. Ortschild was one of the six of his class elected to membership in the Phi Beta Kappa Society.

In 1889 he was graduated from Stanford University.

Dr. Ortschild will not return home this Summer, but will spend the time in the East. The doctor expects to settle in the East eventually. 

the civil, commercial and social fabrics ; rated in honor of the presence of this that calls for speedy reform. This call large class and the auditorium was well just now is loud and persistent, nor will filled. Rev. Mr. Parker spoke on the It cease to be heard while men in power hesitate to correct the ovils of their day and generation. The call is not alone for the reform of general evils but the reform the reform of general evils but the reform of men. It every one kept sacredly the Golden Rule, would the world be any better than it ought to be? If every man received the fruit of his own labor and in turn gave at least at lithe to religion and benevolence, the world would be much happier and no better than it ought to be. "If there were no corruption or graft or fraud or class oppression or class legisla-tion in our Government, would the Gov-ernment be any better than it ought to be or you would have it?" Ours is emphatical-

or you would have it? Ours is emphatically a government of the people, for the people and by the people. A higher conception of the liberiles and rights of man is nowhere to be found. To work out successfully this problem of self-government requires unselfish devotion on the part of

subject, "Ye are the Light of the World," and he said that the moral character was everything, while education was sim-

was everything, while education was simply the development of that moral character, or rather the instrument of the moral character—the individual.

"Each life," he said, "was a power plant, sending forth its light, either bright or hiurred, according as the moral character had been developed. I went to a lighthouse on this coast once, but the keeper would not admit me until I would promise that I would not touch the reflecting lense that sent its rays over the waters of the ocean. A single blur, howwaters of the ocean. A single blur, how-ever small, on the lense would cast a great shadow out over the waters, and mayhap, cause a wreck on the rocks or shoals. So if there be a blur, young women and young gentlemen, upon your moral character, it may cause shipwrecks

Sunnyside M. E. Church Gets Flag.

# Scott & Munsell

## VEHICLES **IMPLEMENTS**

321-329 EAST MORRISON STREET



An additional assortment of COLUMBUS BUGGY COM-PANY'S NOVELTIES just arrived, and all styles can now be seen on our floor. COLUMBUS quality, style and finish make the finest vehicles. See our stock for proof.

ANCHOR Buggies, Surreys, Bike Wagons. BIRDSELL Farm Wagons and Teaming Gears. AUBURN Delivery and Business Wagons. WALTER A. WOOD Mowers, Rakes and Binders.

yesterday morning at the regular services in the presence of a congregation that overflowed into the lecture room and crowded every space. By subscription 315 was raised and a flag 12x8 was purchased, surmounted with a slivery eagle.

chased, surmounted with a silvery eagle. Presentation remarks were made by J. R. Chamberiain and Rev. T. B. Ford, D. D., paster, received the banner on behalf of the church. Dr. Ford declared that every church should have an American flag, as a symbol of its patriotism and love of the institutions of freedom and for all it stands for. Rev. Cullen E. Cline, D. D., a member of the G. A. R., also spoke a few words along patriotic lines, emphasizing the things which the national colors stand for, and said it was particularly fitting that a flag, representing freedom and progress. flag, representing freedom and progress, should be in the church of God. Also in connection with the presentation of the flag was a short programme by the juve-

MALICE THE GREATEST EVIL

The Worst Thing in the World, Says

Dr. E. L. House. Malice was characterized as "the Worst Thing in the World" by Dr. E. L. House in his sermon upon that subject at the First Congregational Church last night. He contrasted malice with love as set forth by Drummond in his sermon upon "The Greatest Thing in the World," and showed that inasmuch as malice is the opposite of love, it is properly classed as the superlative of all that is evil. He

"Carlyle has written: 'Somewhere in this world there is the stupidest man.' So there must also be somewhere the wickedest and the best man. And each one of these men must be actuated by the best and the worst thing in this world. The world is familiar with Drummond's little book, "The Greatest Thing in the World." That greatest thing, Drummond

The greatest sentence that has ever been written is: 'God is love.' And the worst sentence that can be written about a man is: 'Living in malice and envy, and hating others.' Malice is the opposite of love.

What is malice? It is a propensity to inflict injury or suffering or to take pleasure in the misfortunes of others. It is active ill-will. If malice had its way, every home would be broken up, every social circle would be destroyed, every fraternal tie would be cut, every compact of good-will would be rescinded and chaos would reign. Malice puts out the true light of the soul. Where love streams malice repels; where love would

the true light of the soul. Where love attracts, malice repels; where love would help, malice would strike; where love comprehends, malice misinterprets.

"Laterature is full of filustrations of the ruinous effect of malice upon those who nourish it. Hamlet has had many interpreters, but his is an example of harbored malevolence. The master passion of Shylock was not avarice, but malice. Listen to his words: 'I hate him for he is a Christian,' and 'I'll go in hate to feed upon the prodigal Christian.'

"He is a foolish man that would set his own house on fire, but more so the

"He is a foolish man that would set his own house on fire, but more so the man who sets his own heart on fire, and burns himself through with anger, malice and revenge. To avoid the worst thing in the world, we must califivate the best thing. 'Love believeth all things, and when the facts do not seem to square with belief, it 'hopeth all things,' and when hope falls, it 'endureth all things.'

#### Preaches His Farewell Sermon.

Rev. E. M. Bledsoe, a well-known Portland Baptist minister, yesterday morning preached his farewell sermon in Portland in the Second Baptist Church, East Side, just prior to his departure for Tekoa, Wash., near Spokane, where he has been called to the Baptist Church. Rev. Mr. Biedsoe was pastor of the Calvary Bap-tist Church, Stephens Addition, several years ago, and from there he was called manuel Baptist Church, from which pastorate he retired several months ago. At the conclusion of his sermon yesterday nearly the entire congregation came for

## EASTERN EXCURSION RATES

June 23, 25, July 2 and 3, August 7, 8, 9, September 8 and 10.

On the above dates the Great Northern Railway will have on sale tickets to Chi-cago and return at rate of \$71.50, St. Louis and return \$57.50, St. Paul, Minneapolis and Duluth, Superior, or Sloux City and return, \$50. Tickets first-class, good go-ing via the Great Northern, returning same or any direct route, stopovers allowed. For tickets, sleeping-car reservations, or any additional information, call on or address H. Dickson, C. P. & T. A., 122 Third street, Portland.

Those who wish to practice economy should buy Carten's Little Liver Pills Forty pills in a vial; only one pill a dose

THE OLD PLEA He "Didn't Know It Was Londed."

The coffee drinker seldom realizes that coffee contains the drug Caffein, a serious poison to the heart and nerves causing many other forms of disease, noticeably dyspepsia.

"I was a lover of coffee and used it for many years and did not realize the bad "At first I was suffering from its use.

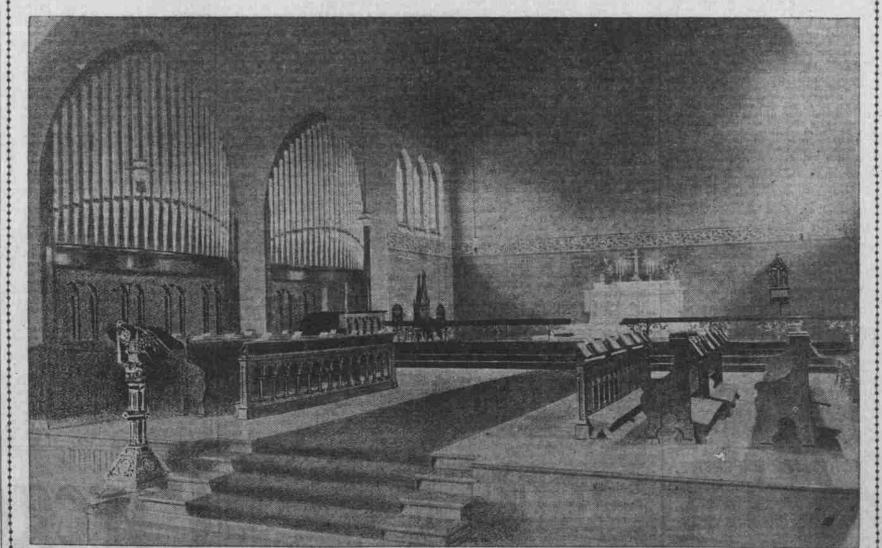
"At first I was troubled with indigestion but did not attribute the trouble to the use of coffee, but thought it arose from other causes. With these attacks I had sick headache, nausea and vomiting. Finally my stomach was in such a condition. I could accept yetsile any food.

tion I could scarcely retain any food.
"I consulted a physician, was told all
my troubles came from indigestion, but
was not informed what caused the indigestion, so I kept on with the coffee and kept on with the troubles, too, and my case continued to grow worse from year to year until it developed into chronic diarrhea, nausea and severe attacks of vomiting so I could keep nothing on my stomach and became a mere shadow re-

duced from 158 to 128 pounds.
"A specialist informed me I had a very severe case of catarrh of the stomach which had got so bad he could do noth-ing for me and I became convinced my days were numbered.

"Then I chanced to see an article set-ting forth the good qualities of Postum and explaining how coffee injures people, so I concluded to give Postum a trial. I on saw the good effects-my headache were less frequent, nausea and vomiting only came on at long intervals and I was soon a changed man feeling much better. "Then I thought I could stand coffee again, but as soon as I tried it my old troubles returned and I again turned to Postum. Would you believe it. I did this three times before I had sense enough to

quit coffee for good and keep on with the Postum: the result is I am now a well man with no more headaches, sick stomach or vomiting and have already gained back to 147 pounds." Name given by Postum Co., Battle Creek, Mich.



CHANCEL AND SANCTUARY OF TRINITY PROTESTANT EPISCOPAL CHURCH, NINETEENTH AND EVERETT STREETS

"OH SING UNTO THE LORD A NEW SONG."

A perfect picture of chastened, artistic beauty is that made by the sanctuary, chancel, organ and altar of Trinity Protestant Episcopal Church at Nineteenth and Everett streets. The church property is valued at about \$150,000, and is admitted to be the best and most valuable of its kind in the Pacific Northwest, if not the Middle West. The building is of stone, and has a most durable appearance. The peal of bells in the belfry is the gift of Miss Rachel Morris to the memory of her late brother. Bishop Morris. The altar of white marble cost \$500 and the pipe organ \$10,000. The whole stands as a monument to the praiseworthy energy and personal popularity of the rector, Dr. A. A. Morrison.

No one who has ever worshiped in this church can have failed to be impressed and made to think of better things, after distening to the service of solemn beauty and the helpful aid rendered by the male choir of about 40 men and boys, the organist and choirmaster being Carl Denton. He has drilled his choir to a high standard of efficiency. Only one improvement is suggested—that Trinity choir should have at least six women's voices in it to help the boys who sing soprano and contraits. At present these boys sing very well, but they require just the assistance women's voices would give. The interior furnishings of the church are plain yet dignified, but they are not yet complete, nor is the church beautified by ornate stained-glass windows. The latter will come some day through the liber-

In the calm restfulness of a Sunday morning, whatever be your creed, if you have not visited Trinity Church and seen the sunlight stream through the windows and like a beneficent blessing cast its beams over altar, organ, lectern, pulpit, white-robed choristers and the congregation, you have missed one of the beautifully ar-