

# CARE OF SICK THEME OF TALKS

### Dr. Lindley Would Have Hospitals With Cheaper Charges.

## PREVENTION OF DISEASE

### Dr. Bridges Tells of Methods to Ward Off Sickness and Dr. Frankel Reads Paper on Convalescents.

Care of the sick was discussed by physicians and settlement workers at the Conference of Charities and Correction last night, with Nathan Bijur, chairman of that committee, presiding. A general report was made covering three phases of dealing with the sick—prevention of disease, care of the sick in hospitals and in their own homes and convalescents. Dr. Walter Lindley, of Los Angeles, read a paper on "The Actual Care of the Sick in Hospitals and in Their Own Homes," advocating the institution of a hospital at a rate of \$1 a day, which will be within the means of certain classes. Dr. Norman Bridge held that prevention of disease could only be accomplished by improved housing, sanitation and economic conditions. The care of convalescents from the medical standpoint was the subject of Dr. Lee Frankel's paper, in which he advocated suitable light employment for them. Mrs. B. H. Trumbull led this discussion and the others were led by Mrs. S. E. Wise and Dr. K. A. J. Mackenzie.

### Visit Open Air Sanatorium.

The sectional meetings were of exceptional interest yesterday morning and were well attended. In the afternoon many delegates accompanied Dr. Woods Hutchinson to the open-air sanatorium where they were received by Mrs. H. B. Trumbull and the nurse in charge. Much interest was excited by the little white city and the efforts of Dr. Hutchinson and the Portland citizens who have worked to make the sanatorium a success heartily commended. The election of officers will be an important feature of this, the last day of the session. There has been no intimation from the committee which is preparing a ticket for presentation to the conference who will be selected for the high offices, and under the rules there can be no solicitation for office.

### Dr. Lindley's Paper.

"The Actual Care of the Sick in Hospitals and Care of the Sick in Their Homes," was the subject of the paper by Walter Lindley, M. D., LL. D., Los Angeles, Cal., dean of the Medical College of the University of Southern California, and president of the Board of Trustees of the Whittier State School, in which he said:

"From my standpoint there is yet room for another kind of hospital, and that is a place where workmen and working-women can be cared for at from \$1 to \$2 a week. We should do everything possible to give the clerk in the store, the laborer on the street and the woman behind the sewing machine, good nursing and medical care without sending them to an institution that in any way tainted with condescending charity.

"In every city there is the clean, respectable, well-managed, profitable hotel where board and room can be procured for \$1 a day. The people who stop there are just as independent, just as worthy and just as far from being paupers as are patrons of the St. Regis in New York, the Bellevue-Stratford in Philadelphia, the Auditorium in Chicago or the hotel which bears the name of the beautiful city in which we are now staying.

"What we need is the dollar-a-day hospital for the sick—the independent, self-respecting sick.

"By fitting up a dollar-a-day hospital for the sick, on the same comparative general plan as the dollar-a-day hotel for the well, everything that is necessary for prompt recovery can be done for the patient, and it can be made a business proposition.

"The most irritating thing on earth is pity. It rasps the soul—what the sick person wants is care, not pity, and he is almost always willing to pay for that care, even beyond what his means justify.

### Open Way to Independence.

"Our greatest mission is to open the way to those who desire to maintain a laudable independence. There are many who should, if possible, be cared for at home. For instance, the mother who, although ill, can keep her family together; and the little child who can to a great extent be cared for by the mother. Wherever it is possible, in all homes, whether of the worthy poor or the worthy rich, parents should not be encouraged to hand over the self-sacrificing care of their children to others.

"It seems to me while thus advancing we must be careful and not become too paternal, as a government, in the care of the people. It is very important that the individual parent should not be relieved by his national parent of any of his responsibilities. Education, not care, should be, in a majority of cases, the chief work of 'visiting and hourly nursing.'"

Dr. Norman Bridge said, on "The Prevention of Disease":

"The influences that are potent in causing disease and death among the poor



### FIRST BATTERY FIELD ARTILLERY O. N. G., BREAKS CAMP AND RETURNS TO PORTLAND

First Battery, field artillery, O. N. G., which left Portland for Gresham July 13, returned to Portland yesterday, after a week's target practice and maneuvers. The battery camped at Cedar Creek, one mile from Sandy, where ample room was found for field practice and a good range found. Sunday the battery was inspected by General Finzer and Colonels Haddell and Jackson, and made an excellent showing.

The camp was named Camp Carl in honor of Lieutenant Carl. Pistol practice formed one of the features of the encampment and the average shooting of the members was much better than expected.

The encampment is said by the members to have been one of the most successful that the battery has had, and demonstrated that it would be able to go on a war footing on short notice.

### IN BATTERY CAMP AT SANDY

are not numerous and are easily catalogued. First is bad ventilation of houses in cold weather.

"It is safe to say that the breathing of bad air produces more diseases among the poor, directly and indirectly, than all other influences combined. Perhaps the second most important cause is the danger from disease germs coming in water, milk and other foods. Flies and mosquitoes often carry disease to people. Flies carry typhoid germs on their tangled feet

from infected excretions of the body to our food supply; they also carry tuberculosis in the same way. Doors and windows should be screened in the summer time. A fourth cause of disease is poor food, often poorly and even foolishly prepared, and too much stimulation."

### Paper on Convalescents.

Dr. Lee K. Frankel's paper on "Convalescents" contained many valuable suggestions. He said:

"If our hospitals and dispensaries are unable to provide properly for the sick from the standpoint of time, if they must be discharged when they are technically cured, but still weak and impotent, additional institutions must be created to meet their needs. Of equal importance, however, in effecting a complete cure of our patient is provision for his family in his absence. It is better public policy, viewed from the standpoint of economy or any other, to make adequate provision

for the man's family who is incapacitated by illness and whose savings are exhausted, than by permitting him to return to work in an enfeebled condition, to sow the seeds of more serious illness and probably bring into the world offspring puny and undersized."

### Public Utilities Discussion.

An open meeting regarding municipal ownership of public utilities will be held

at the Y. M. C. A. auditorium, Monday evening. The leading speakers of the evening will be Richard Cornelius, of the Amalgamated Streetcar Employees of San Francisco; Thomas Burke, of the United Mineworkers' Association, and Miss Florence Kelly, who is here at the Conference of Charities and Corrections.

Rich red blood naturally results from taking Hood's Sarsaparilla. It tones the whole system.

# SAENGERFEST IS TO BEGIN TODAY

### Delegates of Seattle and Tacoma Singing Societies Arrive.

## GREETED BY LOCAL BODY

### German-Americans Plan a Great Entertainment of Song Which Will Be Given at the Lewis and Clark Exposition.

De Caprio's Administration Band last evening marched at the head of more than 1000 enthusiastic members of the North Pacific Saengerbund up Sixth street from the Union Depot and to the Turn Verein Hall at Fourth and Yamhill streets, preparatory to the fourth annual Saengerfest, which begins an interesting season today. Seattle Germans, members of the musical and kindred societies, those from Bellingham and Tacoma, arrived on special trains last evening, the first and largest of which arrived at 7 o'clock, bearing about 700 members of the Seattle Liederkranz and Turn Verein, of whom more than 100 are women. Several hundred Portland members of the organizations having charge of arrangements met the train with the band. At Turner Hall elaborate decorations have been employed to welcome the visitors, and last evening dinner awaited the throng of Puget Sound visitors, tables having been provided for seating 600 at one time.

Paul Westinger and Louis Dammach welcomed the visitors in brief addresses, after which the singers were provided with complimentary tickets to be used at the Exposition during the festival of music and song, and then all members were directed to rooms engaged for their occupancy by the local committee.

This morning Wally Walls and Spokane Turners and musicians composing their singing societies will arrive by special train, and will be welcomed at Arion Hall.

This evening at 8:15 o'clock there will be a grand festival concert at the Exposition Auditorium, at which a very interesting programme will be rendered. Saturday will be "German day" at the Exposition. In the morning at 9:30 the Saengerbund will hold a business session and elect officers for the year, and select a place for holding its next annual meeting. In the afternoon at 1:30 o'clock the "German day" parade will march from the Courthouse to the Exposition grounds, where an interesting time will be had, consisting of music, speaking in English and German, gymnastic performances and other entertaining features. In the evening there will be a banquet at the Exposition Auditorium, given by the Arion Society, to which all visiting singers, all active Turners, prominent Germans, including the German Consul, and presidents and delegates of German societies will be invited.

### Sacred Concert Sunday.

Sunday there will be a sacred concert at the Exposition Auditorium. The music will be selections from the best German composers.

Sunday evening there will be a little social session at Arion Hall, and Monday the steamer Pottier will be employed for a trip up the Columbia, given the visiting Germans by local brethren.

Following is the programme to be heard at the Exposition Auditorium this evening, beginning at 8:15 o'clock:

- "Am Altar der Wahrheit," chorus with orchestra (Mahr); "O Wald mit Deinen dultigen Zweigen," chorus a capella (Hansen); "Die Danube Waits," piano solo (Strass-Rosenthal); "Verlassen, Verlassen," chorus a capella (Kochel); "Altniederländisches Volkslied," chorus a capella (Kremer); "Lena," chorus with orchestra (Handel-Dammach); prologue, "I Pagliacci," baritone solo (Leon-cavalla); "Es steht eine Lind," chorus a capella (Dreger); "Bismarck-Liedchen zu Ehren," chorus a capella (Pfeil); "Walkürenritt," piano solo (Wagner-Tausig); "Das Deutsche Lied," chorus with orchestra (Schmid).

### Organizations Which Take Part.

The organizations participating are: Seattle Liederkranz, Tacoma Saengerbund, Spokane Harmonie, Bellingham Concordia, Wally Walls Maennerchor, Portland Turn Verein, Portland Arion, and individual members of the San Francisco Turn Verein, and other kindred organizations and German societies generally.

President William Hensel, head of the Seattle Liederkranz, and Secretary W. L. Niehorster and Treasurer (Hensel), Hensel, are also present, and President William Heitz is leader of the Seattle Turn Verein. These officers made arrangements with the Northern Pacific Railroad for a special rate of \$5 return limit of eight days, by guaranteeing that business would total 200 persons. A guaranty of \$1000 was exacted and posted by the organization, and was returned to the officers several days ago. Then it was estimated that one train of a dozen cars would be sufficient to accommodate all who would come. Yesterday, when the Seattle Germans went to the depot to start they found a large number of persons not entitled to travel on the special train already aboard the cars. When the entire train had been filled to its capacity there were still 270 remaining who held tickets, and the railroad officials hurriedly made arrangements to start another section, which arrived last evening about 3 o'clock, about one hour behind the first section, and which was crowded to the platforms with the singers and other passengers.



OREGON NATIONAL GUARD CAMP ON GOLDSMITH TRACT NEAR EXPOSITION GROUNDS.