# CHARITIES AND CORRECTIONS

Conference Will Be Held Third Week of the Present Month.

#### PURPOSES OF GATHERING

It Is a Deliberative, Not an Executive, Body and Works for Full Individualism in the Social System,

Among the many notable gatherings to be held in Portland this Summer none is likely to attract more atten-tion than the Charities Conference. which will be held in the third week of this month. The attendance will be large and brilliant. This conference has always drawn crowds, and the fact that it has not met on the Pacific Coast rince 1889, when San Francisco well omed it, will be an added inducement

Probably there will be about 1000 here in conection with the meetings. The high-water mark of attendance passed into four figures at Washington two years ago, and last year's gather-ing at Portland, Me., found nearly as many registered. It is the hope that the session of 1905 will go down in the annals of the great organization as the best in its history, not only in the numher present, but in the interest awak-ened and the quality of the papers and

#### A Deliberate Body.

The National Conference of Charities and Corrections is a novel institution, it is a deliberative, not an executive, body. Composed for the most part of men and women whose daily lives are men and women whose da given to carrying into practice the among principles which it discusses, it makes no rules for their guidance and draws officer. no inference from their experiences. No resolutions are passed at its meetings favoring or condemning any systems of charitable work, and every participant in its sessions is left unbound at their close, free to do as he pleases with the information be have subpered with the information he has gathered What its speakers have learned in years that are past they tell to others, and a free and easy comment exposes fallacies or adds valuable data to the contributions. To quote the preamble to the few rules of procedure that form the constitution, the conference "exists to discuss the problems of charities and corrections, to dessiminate information and promote reform. It does not for-mulate platforms."

### Doing a Vast Work.

Negative to activity as its constitution is, however, the conference has done and is doing a vast work. Orig-inally, it was part of the Social Science Association, from which it separated erence celebrates its thirty-first drthday this year, and in its lifetime has witnessed many changes in the methods of charitable and correctional

Many of these changes have been the direct outgrowth of its deliberations, and a little study of its history would show the reason why its older members are its optimists. For the the direct outgrowth of its delibera-tions, and a little study of its history They see the misery all about them and ache to cure it out of hand. But the veterans look back over a third are century and remember that all the evils vice-president, and Dr. Joseph MacDonof today were pressing when the con-ference was born, and many more. Some of the things they discussed 39 years ago have disappeared. Others are being reduced to the vanishing point, and will be gone in good time, when the world is ready. Evolution is the theme of the old fighters. They believe in it, and have no more potent leagues who are in haste to bring on

# Individualism Its Effort.

Out of the apparent diversity aims seen at a meeting of the conference, a unanimity soon appears. These men and women, famous many of them, energetic workers all, have a clear con ception of the matters they are dis-cussing. One of the clergymen who preached a remarkable sermon before an annual session some years ago, summed up the aim of this body when he said that it desired to "secure a full individualism for the social system. That was before the expression of President Roosevelt's motto of the square deal, but its meaning is the To give every man a chance and to fit him to make the most of his chance, is the end in view at these

The good of society as a whole is the scheme of all the discussions. The undesignble elements of mankind are classified and studied with a view to their betterment or elimination. One classification, arranged by a former secretary of the conference, shows clearly the scope of subjects that come before the meetings. First, the delinquents, including the adult criminal, guilty of either felony or minor of-fence, and the juvenile offenders. Second, the defectives, handicapped in the struggle for existence through loss of reason because of insanity or feeblemindedness, through loss of a sense, either sight or hearing, and speech, or through epilepsy. Third, the dependents, whether from service, as soldiers sallors and their families, or from mis-fortune by reason of disease, deformity old age, poverty or sickness, or from the fact that they are children and are in orphanage or improper environment, or have parents who are incapable of caring for them, or who have abandon-

# Opens a Vast Field.

That classification takes in practically all the classes of persons whose existence and problems this conference discusses. It opens up a vast field, for not only does it include the criminal, the poor and the suffering, but necessarily it takes in the variety of institu-tions that exist to care for such people. How best to manage these institutions so as to cure these evils in the end, and to relieve misery at present, is one study of the conference. To go deeper and seek the cause of crime, poverty and suffering, is another. To lift up society so as to prevent the entailing of present evil conditions upon poster-ity, is the greatest of all.

The president of the conference this year is a Western man, Rev. Samuel G. Smith, regent of the University of Min-Dr. Smith is an Englishman by birth, but came to America early enough in life to graduate from Cornell College in Iowa in 1872. He entered Congregational ministry at first. but has always been prominent in charitable organizations. He was seven years a member of the Minnesota State Board of Corrections and Charies, and served the same term as Sarsapar; casidant of St. Paul's associated char- strength.

OFFICERS OF THE NATIONAL CONFERENCE OF CHARITIES AND CORRECTIONS



ANNUAL MEETING TO BE HELD IN HOTEL PORTLAND,

One Hundred and Twenty-Five of the Professional Journals of America Are Represented.

This forenoon at 19 o'clock the American Medical Editors' Association will convene in annual meeting in the pariors of the Hotel Portland. This organization comprises the cream of medical journals of when its field of discussion had widened so much that the need of an independent organization was evident. The conpublications, out of a total in excess of 200 issued throughout the country. At-tendance usually reaches about half of the total membership, and the Portland gathering will have from 50 to 70 per cent. Should the session today fall to conclude ald, Jr., New York, secretary and treas-

> The programme follows: President's address, Harold N. Moyer, M. D., Chicago, III.; "Medical Editorship as a Profession as Distinguished From Medical Editorship as a Prop to James Evelyn Pticher, M. D., Car-Pa. "The Medical Journal Trust and the Independent Medical Press," P. E. Daniels, M. D., Austin, Tex.; "Medical Journalism as It Is," John Punton, M. D. Kansas City, Mo.: "Problems in Medical Journal Advertising." W. C. Abbott, M. D., Chicago, III.: "Abstracts of Original Articles and Society Reports." Daniel H. Boston, Mass. "Facts of Interest to Medical Journalists" Same F. Brothers, M. D., New York; "Advice to the Editor of the Other Journal," William Porter, M. D., St. Louis, Mo.; subject unaunounced. Surgeon-General Walter unannounced, Surgeon-General Walter Wyman, M. D., Washington, D. C.; "The Personal Element in Medical Journalism."
> William F. Waugh, M. D., Chicago, III.;
> "The Medical Journal Outside of Medicine," Walter Lindley, M. D., Los Angeles, Cal.: subject unannounced, Joseph MacFarland, M. D., Philadelphia, Pa.: "Personal Journalism," T. D. Crothers,

M. D. Hartford, Conn. The social event of the Editors' Asser clation will take place this evening at the Arlington Club, where the members will The gather around the banquet board at 7:20 o'clock for a menu of edibles and programme of intellect that will prove one of the features of the week. Dr. Henry Waldo Coe has been chosen toastmaster, and the following speakers will respond to topics to be suggested: Brigadier-General Robert M. O'Rellly, Surgeon-General, United States Army; Surgeon-General, Walter Wyman, Public Health and Marine Hospital service; Dr. Louis S. Mc-Murtry, president-elect, American Medical Association; Dr. Andrew C. president Oregon State Board of Health Dr. Henry O. Marcy, Boston, and Dr. Dudley S. Reynolds, Lousville, Ky.

# VANCOUVER TRIPS.

For an enjoyable short ride on the Columbia River to Vancouver, take steam-er Undine at Taylor-street dock, leaving as follows: Leave Portland at 8 A. M. and 1:20 P. M. Leave Vancouver, 10 A. M. and 4:45 P. M. Fare, E cents each way.

# San Jose Sends Delegation.

The delegation from San Jose Chamber of Commerce will reach the city this morning 55 strong, and will visit the Exposition and the city for several days Reservations have been made for the party at the Portland, and while in the city the California visitors will be under the wings of the Portland Chamber of Commerce and of the Commercial Club. The party is directly in charge of Paul Shoup, district freight and passenger agent of the Southern Pacific at San

No definite arrangements have be made for the entertainment of the visitors as yet, the plans of the Portland hosts being held in abeyance pending the arrival of and consultation with the visitors,

# ALASKA EXCURSION.

Pacific Coast Steamship Company's steamer Cottage City, July 15, Alaska and return, via Sitka, 165. The palatici steamer Spokane, August 17, calling at glaclers, Indian villages and Alaska cities, 11 days' trip, 1806. Office 249 Washington street. Phone Main 229.

When weak, weary and worn out, Hood's Saraaparilla is just the medicine to restore

Chosen Manager of Columbia River and Northern.

### HAS IMPORTANT MEANING

Shows First Step Has Been Taken Toward Carrying Out the Plans of the Hill Interests in the Northwest.

Appointment of Marcus Talbot, as Northern Railroad, and The Dalles, Portland & Astoria Navigation Company is believed to be the first step toward carrying out the plans of the Hill in-terests heretofore so successfully conorganization, may be used as the means of accomplishing for the Northern Pacific the objective toward which have been directed the genius of executive officers and counsellors—building a water grade line down the north bank of the Colum-Physical difficulties of constructing such a route are slight, although som portions of the line would necessarily entail expensive rock work, but the most protracted difficulties will probably be the opposition to be offered by the Harriman interests, the great competing trans-

# Engineers at Work.

Engineers of the O. R. & N. are at present engaged in making a survey of the eight and one-half miles of right of way owned by that company on the Washington side of the river opposite Cascade Locks. Frowning cliffs of basalt rise almost perpendicularly along a large portion of this narrow ledge at the base of the mountain laved by water that the instructions to those engineers were to complete surveys for clearing a right of way 100 feet in width from the water's edge, which would prevent the Northern Pacific or any other uring trackage through the gorge for a time at least. This is taken by railroad men familiar with the situation as indicative of the progress made in plans that the opposition system feels must now be blocked by decisive "Distinctions are pretty finely drawn operations of big railway systems said one ratiroad official yesterday, "and in my judgment the Columbia River & Northern is the company that will build the line down the north bank of the Co-lumbia from Lyle, and also in the other ection to a connection at Wallula with the Northern Pacific and Washington &

Will it be Northern Pacific?" The official repeated the question reflectively and went on: "Well, it may not be opand went on: "Well, it may not be op-erated as such or become a part of the system even in name, but there are con-siderations entering into the situation that make it almost certain a subsidiary company will build the line, although the financial houses that take the bonds will be those with whom are deposited securities of the Hill railroads.

# North Bank Line.

That a line is to be built down the north bank of the Columbia is no longer doubted by any well informed railroad officials. It is the route of least resistence, officials. It is the route of least resistence, where a locomotive can haul the neaviest tomage that yields largest dividends. Immense sums have already been expended by the Northern Pacific in making investigations and the only point that has baffled skill of engineers has been in working out the best place for bridging the Columbia, which will require as long in construction as th from Vancouver to Eastern Wash-

ington. "i'nder the agreement in existence and supposed to be sacredly regarded by Northern Pacific and Harriman officials, which was entered into at the behest of capitalists owning majority interests in both systems, the Northern Pacific could not operate steamers on the Colum-bia and Willamette Rivers in competi-tion with the O. R. & N. That explains why secrecy has been maintained as to ownership of the D. P. & A. and for equally pertinent purposes the construc-tion soon to be authorized will be an-nounced in the form of information that new company or one having only small a new company of the succeeded in float-ing a large bond issue. It will be aning a large bond issue. It will be another of the magic operations of the fine hand of finance that has made James J. Hill rank among the shrewdest of Amer-

# Bonds Floated Abroad.

From another source it is asserted that

### the bonds for projected building in Wash-Ington to run trains of the Northern Pacific and Great Northern Into Port-land over tracks yielding revenue to owners of stocks and bonds of those com panies, are to be floated abroad. Lord Strathcoma, of the Bank of Montreal, a close friend of James J. Hill, is now in London and it is claimed his mission is to close details with large British bankers for the entire issue contem-

Developments demonstrate that when the adjustment was made recently con-cerning Idaho territory mere was noth-ing included either in reference to a line down the north bank of the Columbia, or entrance of Harriman trains into Fuget Sound cities over tracks of the rival system. It is therefore probable that the sudden decision to clear a right of way long neglected is to form the basis for another adjustment in which it is hoped to incorporate more satisfactory terms concerning features that are important to both companies

# MISSOURI VALLEY DOCTORS

manager for the Columbia River & FIRST LARGE DELEGATION TO REACH PORTLAND.

> It Comprises Leading Physicians of Kansas City, St. Joseph, Omaha and Cities of Middle West.

> First of the large delegations to arrive in Portland for the annual convention of the American Medical Association was the special train party of the Missouri Valley Medical Association at 7 o'clock yesterday morning, including 125 persons from Kansas City, St. Joseph, Omaha and intermediate points, and including special cars of Wisconsin and Minneesta Charles Wood Passett, M. D., Joseph, Mo., managing editor of the Med. ical Herald, is the active manager of the Missouri Valley delegation, and says that the entertainment accorded the doctors en route was of a character to sustain fully the good reports that have been heard concerning the hospitality of Fassett says, was especially manifested by the total profession of Spokane, Seat and other points along the road.

Arriving here at 7 o'clock this morning, the doctors will remain here all the week in attendance upon the sessions of the society, the majority remaining over to take in the Exposition. They expect to return home by various lines of travel. Among many names prominent in th medical profession of the Missouri Val-ley enrolled on the itinerary of the special appear those of Drs. R. C. Moore and niece, W. O. Bridges, Omaha; A. A. Ash-by and wife, Red Oak, Ia.; J. M. Knott and family, Sloux City, Ia.; J. O. De-Bord and family, Omaha; S. F. Sanders Bord and family, Omaha; S. F. Sane and daughter, Holdredge, Neb.; C. Chamberlain and daughter, Cincinnati; C A. Dannaker, William Frick and wife, T J. Beattle and wife, A. H. Cordler and wife, John Punton and wife, Kansas City; Charles Wood Fassett, St. Joseph M Dally and wife, Beloit, Kan.; B. Caffey and wife, Pittsburg, Kan.; I. N. Pickett and wife, Broken Bow, Neb.; H. B. Gasser, Platteville, Wis.; N. R. Niel son, Milwaukee; A. R. Sheldon, sin; G. R. Blickhahn, St. Louis,

# CONGRESS OF THE MEDICS

(Continued From Page 1.)

ladies who will gladly accompany then upon any expedition they may desire to take around the city. Tomorrow evening they are expected to attend a reception at the American Inn. Wednesday morning they will accom-pany the gentlemen of their party on a trolley ride to points of local interest.

and in the afternoon, from 3 to 5, a reception will be given them in the Oregon building at the Fair, in the course of which they will be escorted over the grounds. In the evening they will be acorded private receptions, Mrs. R. B. Wilson, Mrs. K. A. G. Mackenzie, Mrs. William Jones and Mrs. H. W. Coe being th ostesses upon this occasion.

Another trolley ride is planned for Thursday morning, and at 2 P. M. th-visiting ladies will start from headquar ters in the Concordia Club for a carriage drive, stopping at 4 o'clock at the resi-dence of Mrs. E. DeWitt Connell, where a reception will be given in their he on the lawn. The same evening they will be given a reception at the Oaks by the City Medical Society. Friday they are expected to take a trip up the Columbia River, leaving here at

#### up the Columbia River, leaving here a 8 A. M. The ladies' headquarters will b open every day from 5:30 A. M. to 5 P. M. SEWING-MACHINE BARGAINS

Real ones, at Singer stores. Buy here and deal with the manufacturers. The Singer Company is permanent and responsible; its representatives are always at hand to care for Singer machines. Singer machines, Look for the red S. 254 Morrison st.,

400 Washington st., 540 Williams ave., Main St. Oregon City, Or.

# COLLEGE IT IS Dr. McMurtry Describes the American Medical As-

POST-GRADUATE

sociation.

WHAT IT STANDS FOR

Research and Progress Are Its Aims and Thousands of Physicians Throughout Country Benefit by Its Accomplishments.

"The American Medical Association is a post-graduate college at which men of National attainment gather annually to exchange ideas and to discuss the results and findings of their year's work and investigations. It has no politics and many of the members will return to their homes after the sessions without knowing who has been elected the president of the association. Its object is to promote the science and art of medicine, to unite in one compact organization the medical profession of the United States and to ele-

vate its standards." Dr. L. S. McMurtry, of Louisville, Ky., president of the American Medical Asso-ciation and therefore the dean of this great National post-graduate college of eminent physicians and surgeons, sat last night in his room at the Portland Hotel and told of the aims and objects of the organization. After long search the man who will wield the gavel during the convention to be held in the city this week, was found in one corner of the lobby surrounded by members of the association interested in the coming meetings.

#### Tells of the Profession.

"Come upstairs," he said when told he was about to be interviewed. "We can talk better there." He led the way around innumerable turns in the corridor and opened the door.

"Now." he said, "if you know how to turn on those lights I will let you do it. I have not been able to find any button to push

The lights on, President McMurtry settled is his chair and told of the history the organization and what it stood for and had accomplished.

"The American Medical Association." said the speaker, relapsing into history, "was founded in 1846 and is the largest medical association in the world. Last year it met at Atlantic City and the year before that at New Orleans, Since its membership is made up from the pro-gressive medical men throughout the United States the meeting places are chosen is different sections of the country in order to give the members in each district an opportunity to attend while at the same time the members are given the privilege of visiting the different sections

of the country. "The object of the association is to promote the science and art of medicine, to unite the medical profession into one compact organization and to elevate the standards of the profession. It is an as-sociation to the sessions of which the medical men of the Nation may come and learn of the advance made in the year through the researches and investigations of the men who have attained high place | dad, Colo. the ranks National and oftentimes of worldwide

# Its Scientific Work.

"Its scientific work is carried on in 12 sections representing the various spe-cialties and departments of procedure. In these different sections the men engaged in scientific research present the ten essays or papers which are discussed

by those attending the congress.
"The medical profession is the progressive of all for the reason that medicine is not yet ranked among the exact sciences. At these meetings the methods of treatment and operation and of procedure are discussed and presented to men engaged in the same lines of in-

vestigation and practice. "The association embraces in its mem-bership all of the progressive element of the profession in the United States and is in effect a great post-graduate and is in effect a great post-graduate college in which the men of attainment in the profession meet to exchange ideas

# Diffusion of Research.

"For the diffusion of its researches the association publishes a weekly journal which has come to be the foremost medical publication of the world. The asse ctation owns valuable property in cago where the journal is published, to gether with other medical publications. The journal has a weekly circulation of 25,000 copies, the subscriptions being distributed throughout the United States."
Turning from history Dr. McMurtry chatted pleasantly of the work done by the association and of the difference tween the physician of the ploneer days and of the present time. The associa tion, the speaker held, was respon large part for the advancement made by the medical profession of the Union, it kept alive and fostered the spirit of progress more than any one agency, as it brought every man of progressive close in touch and harmony with his

# Old Methods Gone.

The old-time of the man who studied few short months in some office and then went forth to cure all ills had passed and in its place had come the specialist, the man highly trained to do ome certain branch well, the man who knew his subject as thoroughly as it might be given in the power of man to inderstand. Thus it was that the assoclation had done and would continue to do much excellent work for the advancement of the profession. The association was a college from which none could ever graduate for it would ever hold new things to be learned and taught, new investigations and dis new investigations and discoveries to be nade, new results to be achieved.

# MILWAUKIE COUNTRY CLUB

Eastern and Seattle races, Take Sellgood and Oregon City cars, First and

# Fitger Found Little Wind.

rived in port at 7 o'clock yesterday morning, and will today begin dis-charging cargo at the Greenwich dock. She brings cement and coke from Bremen, and has been 144 days on the pas-sage. Except for the usual rough weather in the Cape Horn region, the Fitger did not find enough wind, and made a slow, uneventful passage. She is the first of this year's ships from Europe, and is the only sailing vessel on the disengaged list here.

Hotel Hamilton, San Francisco's newest hotel. Steam heat and telephone in each room. Centrally located. Rates. Il and upwards. 125 Ellis street

# Odd Men

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Smart

Clothes

mourn their figures, and lanky ones who feel laughable, dislike to order new clothes. They mistrust the tape-liners who measure their expanses.

Chunky chaps who

Stein-Bloch tailors have mastered the science of fitting every style of figure. That is why Stein-Bloch Smart Clothes will fit men of every size and shape to perfection.

Write for "Smartness," an education in correct dress, which also explains the wonderful Wool Test and tells you where Stein Bloch Smart Clothes are sold in your city.

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# LIFE INSURANCE THEMES

EXAMINING SURGEONS TO HOLD CONVENTION.

Leading Physicians in That Particular Line Gather in Portland to Discuss Papers.

The American Association of Life Insurance Examining Surgeons, one of the organizations that convene annually at the same place as the American Medical Association, will meet in annual session this morning at 10:30 o'clock at the Imperial Hotel, and the afternoon session convenes at 2 o'clock. Officers of the as-

sociation are: Dr. Denslow Lewis, president, Chicago, Ill.; Dr. Henry W. Cook, vice-president, Richmond, Va.; Dr. Charles H. Harbaugh, vice-president, Philadelphia, Pa.; Dr. Frank B. Cross, vice-president, Cincinnati, O.; Dr. Henry W. Dewey, vice-president, Tacoma, Wash.; John Guy Monihan, Represident, Tracoma, Represident, Tracoma, Represident, Repr secretary-treasurer ad interim, 59 William street, New York City; Dr. William F. Amos, assistant secretary, Portland,

The programme follows: Presidential address, 'The Medical Exum-ner and His Work'-Dr. Densiow Lewis, "Requirements for Special Instructions of

Medical Students in Methods of Examinations for Insurance"-Dr. W. B. Cluness, San Fran cisco, Cal, The Influence of Heredity in Life Expec tancy'-Dr. John Nevin, Jersey City, N. J.
"The Relation of the Medical Examiner to
the Medical Director'-Dr. H. T. Inge, Mobile,

"More Uniformity in Examination for In-prance"-Dr. J. C. Twitchell, Portland, Or. "The Relation of Rectal Diseases to Life Expectancy"-Dr. Joseph M. Matthews, Louis-"Appendicitie as a Factor in Life Insur-

"Women as Risks"-Dr. Mae H. Cardwell, Portland, Or.

"Little Things That May Influence an Insurance Bisk"—Dr. E. E. Maxey, Boire, Idano, "Deficiencies in the Routine Examinations of the Kidneya"—Dr. G. Kollecher, Chicago, m.

ance"-Dr. H. C. Marxmiller, Cincinnati, O.

"Life Insurance for Nephritics"-Dr. J. H. Bristow, Portland, Or.

"The Medical Examiner in Relation to Accident and Health Insurance"—Dr. Samuel Horton Brown, Philadelphia, Pa.

"The General Appearance of Persons Exam-ined for Life Insurance, Independent of the Formal Examination".-Dr. M. Benhoar, Triniin the Ten Their Practical Relation to Life Insurance"-Dr. John F. Barnhill, Indianapolis, Ind. "Ignorance of Sexual Hygiene and Life In-

"We Can Do Hetter Work for Our Compantes. Do They Want It?"-Dr. William Moore, New York, N. Y.
"Cellision or Collusion?"-Dr. William P.

Amos, Portland, Or. "The Value of Life and Accident Insurance to the Medical Practitioner"—Dr. Winslow Anderson, San Francisco, Cal.
"The Recognition of Drug Addictions in Life Insurance"—Dr. T. D. Crothers, Hartford,

"Japaness Methods of Life Insurance" Dr. C. W. Sharplea, Scattle, Wash, Papers are also expected from Dr. Fenton B. Turck, Chicago, Ill.; Dr. J. R. Wetherbee, Portland, Or.; Dr. W. C. Cox, Everett, Wash. Dr. W. S. Watts, Peorfa, Ill.; Dr. C. J. Smith, Pendleton, Or., Dr. E. E. Heg. Seattle, Wash.: Dr. H. B. Buck, Springfield, Ill.; Dr. Charles Lyman Greene, St. Paul, Minn.

#### PERSONAL MENTION. C. W. Cochran and family, of West Su-

perfor, Wist, are visiting at T. H. Cochran, in this city. Wist, are visiting at the home of Frank D. Hobbs, Register of the United States Land Office at Salt Lake City is in the city, visiting the Exposition, ac-companied by Mrs. Hobbs and their

daughter, Miss Edith. Mayor William Glassman, of Ogder Utah, who is also editor of the Standard and of the Examiner, of that city, ac companied by the 16 Utah young ladies whom he is entertaining at the Exposition, composed a line party at the Belasco to witness the performance of "The Con evening, as the guests of

Manager Sackett. NEW YORK, July 9 .- (Special.) -F.

> GOT IT Got Something Else, Too.

"I liked my coffee strong and I drank it strong," says a Pennsylvania wom an, telling a good story, "and although I had headaches nearly every day just wouldn't believe there was connection between the two. I had weak and heavy spells and paintation of the heart, too, and although hus band told me he thought it was that made me so poorly, and did not drink it himself for he said it did not agree with him, yet I loved my coffee and thought I just couldn't do without it.

-that was a year ago. I spoke about how well she was looking, and she Yes, and I feel well, too. It's be-

"One day a friend called at my home

cause I am drinking Postum in place of ordinary coffee."
"I said, 'what is Postum?" "Then she told me how it was a food-drink, and how much better she

felt since using it in place of coffee or tea, so I sent to the store and bought package, and when it was made ac cording to directions it was so good I have never bought a pound of coffee The German ship Arthur Fitger arsince. I began to improve immediate-"I cannot begin to tell you how much

better I feel since using Postum and leaving coffee alone. My health is bet ter than it has been for years, and I cannot say enough in praise of this de licious food-drink." Name given by Postum Co., Battle Creek, Mich. Take away the destroyer and put rebuilder to work and Nature will do the rest. That's what you do when

Postum takes coffee's place in your

diet. There's a reason."

Get the little book, "The Road to Wellville." in each packar-

J. Holman and wife, of Spokane, regis-tered today at the St. Denis.

CHICAGO, July 9 .- (Special.) -- Orego-Auditorium—J. C. Orcutt, Portland.
Morrison—G. F. Wittmer, Portland.
M. Butler, C. E. Gill, Independence.
Kaiserhoff—G. H. Robinson, Portland.

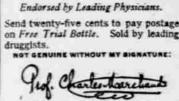
### Windsor Clifton-R. G. Jacobs, Portland, Paimer House-J. M. Callaway, Astoria, PORTLAND TO HAWAII.

Oceanic S. S. Co. and the Pacific The Oceanic S. S. Co. and the Pacific Mail S. S. Co. announce special excursion rates for Honolulu via San Francisco, including five days' hotel expenses, carriage drives, excursions round the Inland and trip to the volcano. Full information at 254 Washington St., C. W. Stinger, Agt., or 248 Washington St., J. H. Dewson, Agt.

# RATIONAL TREATMENT Stomach Diseases

MEANS : Discard Injurious Drugs

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# The Pacific Slope

People of the slope know a good thing when they get it.



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MITIMORERY

isfies and never disappoints.

Its quality and faultless flavor won for it the **Grand Prize** at the St. Louis

Exposition.

Solid at all first class cafes and by jobbers. WM. LANAHAN & SON, Baltimore, Md.

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# A Living Monument.

If we were to assemble all those who have been cured of heart disease by Dr. Miles' Heart Cure, and who would to-day be in their graves had not Dr. Miles' been successful in perfecting this wonderful heart specific, they would pop-

ulate a large city. What a remarkable recorda breathing, thinking, moving monument, composed of human lives,-that for which every other earthly possession is sacrificed.

The Miles Medical Co. receive thousands of letters from "I feel indebted to the Dr. Miles' Heart Cure for my life. I desire to call the attention of others suffering as I did to this remarkable remedy for the heart. For a long time I had suffered from shortness of breath after any little exertion, pulpitation of the heart; and at times terrible pain in the region of the heart, so serious that I feared that I would some time drop dead upon the street. One day I read one of your circulars, and immediately went to my druggist and purchased two bottles of the Heart Cure, and took it according to directions, with the result that I am entirely cured. Since then I never miss an opportunity to recommend this remedy to my friends who have heart trouble; in fact I am a traveling advertisment, for I am widely known in this locality."

J. H. BOWMAN, Manager of Lebanon Democrat, Nashville, Tenn.

Dr. Miles' Heart Cure is sold by your druggist, who will guarantee that the first bottle will benefit. If it falls he will refund your money. these people like the following:

he will refund your money Miles Medical Co., Elkhart, Ind'

DEBILITATED WEN AND ATOM