

Democrats Throughout State Provide the Sinews of Political War.

MOVE HAS HIDDEN MEANING

Those of the Fatith realize the
Party Bit Impectis and Aia

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FACSIMILE OF BALLOT FOR CITY ELÉCTION NEXT MONDAY IN PRECINCT STUB STUB

OPFIIIAL BALLOT FOR PRECINCT NO. 1, GITY OP PORTLAND, OREGON, AT THB GENERAL MUNICIPAL BLECTION TO BE HELD JUNE' 5 , 1905

HONUR THE BRANE

## "Toasted Breatho it te Wheatiields"

has been said of the delicious crisp flavor of Grape-Nuts
THOSE WHO TRY THE FOOD FAITHFULLY FOR 10 DAYS LEARN THREE THINGS WORTH MORE THAN A GOLD MINE TO ANYONE WHO VALUES HEALTH AT ITS WORTH

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| much as one-half the solubility (the digestive test) in eold water as GrapeNuts and most of the foods range down from one-fourth to very low relative percentages. <br> Third, that nervous systems, exhansted by the high strain of present day requiremients, can be and are rebuilt quiekly when fed on GrapeNuts, beeause Nature's Phosphate of Potash and Albumen are presented in the food and from these two things | and water, the life forces make up the soft gray matter with which to refill the depleted nerve centers throughout the body and brain. A distinet feeling of booyancy and menfal strength follows a "GrapeNuts diet." <br> See suggestions in a little brochure in pkg. The way back to health by Grape-Nuts is plessant and mos profitable. <br> "There's a reason." |
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Soap, like books, should be chosen with discretion. Both are capable of infinite harm.

The selection of Pears' is a perfect choice and a safeguard against soap evils.

## How Is YourHeart?

Is your puise weak,
too fast, or does it skip a beat?
Do you have shortness of breath, weak or hungry spells,
fainting,smothering or choking spells, palpitation, futtering,
pains, around the heart, in side and shoulder; or hurt when
lying on left side?
If you have any of these If you have any of these
symptoms your heart is weak
or diseased, and cannot get better without assistance.
Dr. Miles' Heart Cure strengthens weak hearts, and
rarely ever fails to cure heart rarely ever fails to cure heart
disease. Try it, and see how
quickly you will find quickly you witl find reecef.

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