NEAR DEEP WATER

Poltalloch Has Moved Nearly Twelve Hundred Feet.

HER SAFETY IS NOW ASSURED

Steamship Goodwin Brings Inward Cargo—Bark Thistle Arrives—Deep-Draft Ships Make Fast Time on the River.

Another installment of wire cable left Portland Monday for the stranded bark Poltalloch, which is gradually working her way toward Willapa Harbor, and, according to advices just received, the success of floating the ship is assured. Since Captain Young started work on the vessel she has moved over 1150 feet toward the bay, and is now moving easier than at any time since she started, the sand being much looser, thus offering less resistance to her progress. There is still a stretch of nearly 1700 feet ahead of her before she will reach the waters of the bay, but after she moves 1200 feet farther she will be in reach of the towline of a tug, which will enable much faster progress to be made. The highest tides of the month, and in fact the highest of the year are due about the 22d of this month, and, as they are nearly a foot higher than the ones on which the work has already been accomplished, but little difficulty is expected in completing the work already started with such favorable results.

When the Poltalloch finally reaches deep water, Captain Young will enjoy the satisfaction of having carried to a successful termination a task which was generally regarded as impossible. But one other ship has ever been taken off the Washington coast after grounding there, the Zinita, now on Puget Sound, escaping through a remarkable combination of favorable winds and tides, and through the fact that there was deep water close enough up to her to enable a tug to offer assistance about the time a strong offshore breeze was pressing against her canvas.

BROUGHT INWARD CARGO.

Steamship Goodwin Had a Small Consignment of Sugar and Hemp.

The Northern Pacific liner Goodwin, which arrived up late Monday evening, brought 500 bales of hemp and 1000 sacks of sugar, which was discharged at Columbia dock yesterday morning. The greater part of the Oriental cargo which is received in this city is brought across the Pacific by steamers plying between the Orient and Tacoma and Seattle, but it is something unusual for the patriotic Portland importers to have the goods delivered at this city and entered at the Custom-House so that this city and not Tacoma can get the credit for them. The Goodwin finished discharging last evening, and moved down to the North Pacific mill to commence loading a full cargo of lumber for Manila. Her cargo is all ready for her, and she will be given quick dispatch.

The Goodwin is the third big steamship that has come round from Puget Sound in ballast within the past six weeks to secure a cargo at this city.

THROUGH BY DAYLIGHT.

Big Grain Ships Make Flying Runs Down the River to Astoria.

The British bark Ben Dearg, drawing 23 feet of water, and carrying a cargo of 4200 tons of wheat, went through to Astoria in a little less than 12 hours yesterday. She was towed by the steamer Harvest Queen, in command of Captain Bailey, and left here at 7 o'clock yesterday morning and anchored at Astoria at 6:40 last evening. The steamer Ocklahama also took the German bark Marie Hackfield through by daylight on Monday, arriving at Astoria in a little over 12 hours after leaving Portland. The Hackfield was drawing 21 feet 9 inches, and carried 3050 tons of cargo. The water in the river is rather low at the present time, but no difficulty is experienced anywhere on the route except at the "hog's back" just above Tongue Point. With this channel scoured out a little and the Sylvia de Grass wreck removed from Astoria Harbor, 25-foot ships will experience no difficulty on the river.

BARK THISTLE ARRIVES.

Another Big Grain Carrier in Port With Others Outside.

The bark Thistle arrived in last evening after a passage of 51 days from Santa Rosalia. A fleet of three square riggers were reported outside when she came in. There are so many ships now due at this port that it would be difficult to name the particular ones which are nearest. One of the vessels, however, is believed to be the American bark Kate Davenport, which came up off the mouth of the river several days ago. The others are probably the Buteshire and Astoria, both due from the Orient, although there is a fleet of four vessels due from Iquique, and the Ferdinand Fischer from Hiogo, and the Nereus from Hong Kong are undoubtedly close at hand. The arrival of the Thistle makes a total of 16 wheat ships in the river, with a net registered tonnage of 30,405 tons, and carrying capacity of about 2,000,000 bushels of wheat. They are all under charter, and the greater portion of them will finish in time to clear this month.

Will Soon Sail for Australia.

ASTORIA, March 12.—The American bark Chehalis, which is taking on a cargo of lumber at Knappton, will finish loading tomorrow, and will be ready to sail Thursday. She is bound for Freemantle, Australia, and recently returned from a trip to that port.

The steam schooner Despatch, which is loading lumber and machinery for the combine's new cannery, at Bristol Bay, Alaska, will sail on Thursday morning.

Flottbek's Costly Trouble.

TACOMA, Wash., March 12.—The anchor and chains for the German bark Flottbek, which lost both anchors and cables off Cape Flattery, are expected to arrive today. The accident which came near making her a total wreck has proved a costly one to the owners and underwriters, the cost of new gear, loss of time and salvage amounting to over $25,000.

If the gear arrives today she will begin to take on her cargo, a course the underwriters would not allow until they are actually on board.

Caught in Storm Off Flattery.

VICTORIA, B. C., March 12.—The bark Prince Victor, which left Vancouver Thursday with a cargo of lumber, was caught in a tremendous storm off Cape Flattery and returned to port tonight with seven feet of water below decks. She is not much damaged, and none of the cargo was lost.

Domestic and Foreign Ports.

ASTORIA, Or., March 12.—Arrived in at 5:20 P. M., British bark Thistle, from Santa Rosalia; at 5:30 P. M., schooner Maid of Orleans, from San Francisco. Arrived down at 6:40 P. M., British bark Ben Dearg and British steamer Almond Branch. Reported outside at 6 P. M., three square riggers. Condition of the bar at 5 P. M., moderate, weather hazy, wind west.

Honolulu—Sailed, Feb. 21—Schooner Eureka, for Gray's Harbor; Feb. 22, bark B. P. Cheney, for Puget Sound; March 1, Norwegian bark Passenpartout, for Port Townsend; bark Haydn Brown, for Port Townsend; schooner James Drummond, for Port Townsend; March 2, schooner Reporter, for Port Townsend. Arrived—March 3, schooner John A. Campbell, from Port Blakeley; March 4, schooner Columbia, frm Seattle.

Port Gamble, March 12. — Arrived—Schooner Robert R. Hind, from Kahului.

Boulogne, March 12. — Arrived—Rotterdam, from New York for Rotterdam.

Plymouth, March 12.—Arrived—Pennsylvania, from Hamburg, for New York.

Boston, March 12. — Arrived—Ultonia, from Liverpool.

New York, March 12.—Arrived—Steamer Astoria, from Glasgow and Moville. Sailed—Tauric, for Liverpool.

Bremen, March 12. — Arrived—Steamer Rehin, from New York.

London, March 12.—Arrived — Steamer Minnehaha, from New York.

Tory Island, March 12.—Passed—Steamer Ethipia, from New York, for Glasgow.

Ushant, March 12. — Passed—Steamer Glenlochy, from Tacoma, via Naples, for Liverpool.

New York, March 12.—Arrived—Steamer Westernland, from Antwerp and Southhampton.

Seattle.—Sailed March 10.—Steamer City of Seattle, for Alaska.

Port Townsend — Sailed March 9.—Schooner E. K. Wood, for Haiphong.

Seattle, March 12.—Arrived—Steamer Dirigo, from Dyea.

Port Townsend, March 12.—Passed in—Steamer Senator, from Dyea; British steamer Victoria, from Alaska.

Manila—Sailed, Feb. 26.—British steamer St. Bede, for Oregon.

Leith—Arrived March 10.—German bark Solide, from Blakeley.

Seattle, March 12. — Arrived, steamer Senator, from Dyea. Sailed March 11.—Steamer Cottage City, for Sitka.

Seattle, March 12. — Arrived—Victorian, from Skagway.

Tacoma, March 12. — Sailed—Schooner Lottie Bennett, for San Pedro.

San Diego—Arrived March 11.—British steamer Milton, from Nanaimo.

San Francisco, March 12. — Arrived—Steamer Progresso, from Tacoma. Sailed—Steamer State of California, for Victoria; steamer Signal, for Coos Bay.

New York, March 12.—Arrived—Hesperia, from Genoa, Leghorn and Naples.

FRIENDS OF SONGSTERS.

John Burroughs Society Elects Officers and Discusses Plans.

The annual meeting of the John Burroughs Society was held last night, in the parlors of the First Unitarian Church, and the following officers for the ensuing year elected: President, A. King Wilson; first vice-president, Dr. Emma J. Welty; second vice-president, H. E. Dosch; third vice-president, W. L. Finley; recording secretary, Clarence H. Gilbert; corresponding secretary, Miss Gertrude Metcalfe; treasurer, H. F. Bohlman; advisory committee, Miss Mary S. Barlow, Adolph A. Dekum, Mrs. J. J. Burnett, Mrs. D. A. Doud, Dr. George H. Chance and Ross Nicholas.

The meeting, presided over by the retiring president, Dr. W. R. Lord, was full of interest. A report was made by A. W. Anthony, who went to Salem in the interest of the bill protecting the Oregon song birds. Mr. Anthony said that the members of the Legislature, with few exceptions, were found to favor the bill, but that it had been introduced too late, and was lost in the press of legislation in the closing days of the session. It was decided to introduce the bill early at the next session of the Legislature.

Dr. Lord announced that he was preparing for publication, in response to a demand for an elementary work, a primer on the birds of Oregon, and how to recognize them by sight and song. Dr. Lord has made many addresses in the schools on Oregon's birds, and found that both teachers and pupils were eager to obtain more information, and especially assistance in recognizing the different species.

Mr. Anthony reported that A. R. Woodcock, a student in the State Agricultural College, was preparing a list of Oregon birds, with a description, field notes and their food habits. This will be issued as a bulletin of the agricultural college, and the members of the society are taking great interest in its preparation.

The Spring return of the birds was made the occasion of an interesting discussion by the members. Swallows, bluebirds and sparrows have already made their appearance, and a cardinal grosbeak has also been seen.

A. W. Anthony, of San Diego, who has been of great assistance to the society, was made an honorary member. Mr. Anthony is a fellow of the American Ornithological Union, and has one of the finest collections of birds in the United States.

A programme committee is to be appointed by Dr. Lord, which will arrange dates and topics of future meetings.

Teachers' Institute at Troutdale.

Invitations have been sent out by County School Superintendent Robinson to all teachers and friends of education to attend the local teachers' institute to be held at Troutdale, Saturday, March 16. Those desiring to attend may go by train via the O. R. & N. Railroad, leaving the Union Station at 9 A. M. Returning, leave Troutdale at 5:25 P. M. Following is the programme for the occasion:

10 o'clock A. M.—Reading—"Word Phonic Method; First Lessons," Miss Anna E. Rogers; "Guides to Pronunciation; Rules Exemplified," Miss Mary B. Ferrie; "The Place of Supplemental Reading," Miss Birdine Merrill; "Shall Advanced Pupils Be Held for Phonic Analysis?" W. E. Pearson; "Criticisms; Purpose; How Made," Miss Annie Shoemaker; "Content of Reading Lesson; To What Extent Should Pupil Be Held?" Walter A. Law; "Overcoming Difficulties," Miss Grace A. Holmes.

Intermission.

Recitation, Miss Grace A. Holmes, principal Holmes' School of Oratory, Portland.

Arithmetic—"Unions and Separations," Miss Mary L. Perkins; "Forty-Five Combinations; What They Are; Use," Miss L. Effie Williams; "Number Stories; Use in Primary Work," Miss Cornelia Failing; "Indicated Solutions of Problems; Why? How?" E. M. Lance; "The Equation Applied," H. R. Winchell; "Percentage; Fractions in Another Form," George W. Metzger.

Northwestern People in New York.

NEW YORK, March 12.—Northwestern people registered at New York hotels today as follows:

From Portland—P. J. Jennings, at the Imperial; A. R. Diamond, at the Navarre; T. H. Hopkins and wife, at the Albemarle.

From Seattle—J. Arnell and G. E. Ward, at the St. Denis.

From Spokane—F. E. Starkey, at the Albert; N. H. Cowles and wife, at the Holland; A. L. Davenport, at the Gilsey.

From Oregon City—E. A. Sommer, at the Fifth-Avenue.

From Port Angeles — J. Cain, at the Manhattan.

Bryan in Philadelphia.

PHILADELPHIA, March 12.—W. J. Bryan paid a visit to this city today and was entertained by publishers and editors of the leading newspapers. He visited the big newspaper offices and several publishing houses. Mr. Bryan tonight attended a public meeting which was addressed by Sixto Lopez, of the Philippine Islands. After the meeting he left for New York.

E. Knutson was badly squeezed in the Kleeb dry kiln at South Bend Saturday. A car of lumber was being shoved into the kiln, and he was caught between the lumber and the wall of the kiln. His shoulder blade was dislocated and several ribs were injured.

RECEIVED GIFT OF $1400

BOYS' AND GIRLS' AID SOCIETY GOT A BEQUEST.

Amount Willed by the Late Margery L. Lindsley to Be Held as an Irreducible Fund.

The regular monthly meeting of the trustees and ladies' advisory board of the Boys' and Girls' Aid Society was held in the chambers of United States Judge Gilbert yesterday afternoon. Those present were George H. Williams, F. E. Beach, L. L. Hawkins, Dr. T. L. Eliot, Mrs. W. A. Buchanan, Mrs. Levi White, Mrs. C. R. Templeton, Mrs. A. M. Smith, Mrs. A. G. Barker, Mrs. J. A. Sladen and Superintendent Gardner.

The most important matter coming before the meeting was the question of the disposition of a $1400 gift to the society. Secretary Beach presented to the meeting the check for $1400 that Treasurer Hawkins had received from the executors of the estate of Margery L. Lindsley, as a contribution to the society. On motion of L. L. Hawkins it was unanimously decided that the money be deposited in some bank on certificate of deposit until it could properly be used for some permanent purpose, such as the erection of the north wing of the building, or in some manner which would keep the amount of an irreducible fund.

The report of Superintendent Gardner for January and February was read, and current bills for January and February, amounting to $830 31, were ordered paid. Superintendent Gardner in his report vigorously advocated bringing to Portland the National conference of charities and corrections in 1902. The report follows:

Superintendent's Report.

"To the Honorable Board of Trustees and Ladies' Advisory Board of the Boys' and Girls' Aid Society of Oregon: It is with pleasure that I am able to report officially that the Legislative Assembly has appropriated the sum of $6000 toward our maintenance for the ensuing two years, and in making this report, in justice to the gentlemen composing the Legislative body, there was not one dissenting voice, and I am pleased to say that I have not interviewed a single member that did not appreciate the value of our work and seemed thoroughly to understand the necessity of an institution such as ours. It must be, however, remembered that the amount asked for was very low, taking into consideration the rapid growth of our work, but had a larger amount been requested I feel certain that such request would have been granted, as the recommendation that money be appropriated to this institution was not made until after a thorough investigation of our books and methods had been had by a committee consisting of two members of the Senate and three of the House. The report that they rendered at this time was as follows:

Hall of Representatives, Salem, Or., Feb. 11, 1901.—We, your committee to whom was referred the investigation of the affairs of the Boys' and Girls' Aid Society, beg leave to report as follows:

We have had under careful investigation all the affairs of the above institution, and after carefully going through all the books, vouchers and accounts of the institution, and examing the building and surroundings carefully, talking with the inmates, directors and all parties interested in the affairs of the society, we beg leave to report that we find everything running in a very satisfactory manner, and would urge upon the Legislative Assembly the necessity of an appropriation of all the money asked for the maintenance of this institution. (Signed)

Senate—W. A. Howe, Chairman; W. H. Wehrung.

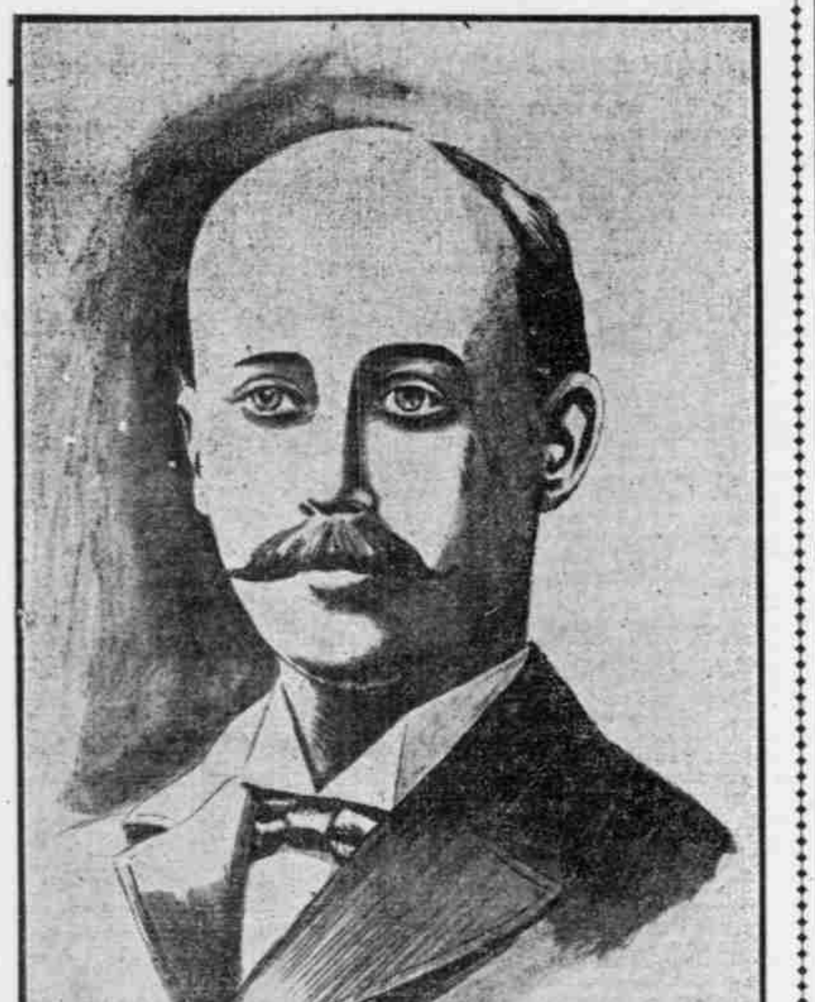
House—I. S. Geer, Chairman; J. J. Whitney, Norman Merrill.

"It must be remembered that the work during the ensuing two years will be much more expensive than heretofore, as many things that should have been done in the past for the good of this work can be delayed no longer. Some of these things will mean the regular employment of a visiting agent, repairs to our building, painting the same, furnishing our east girls' dormitory, and in all probability before the meeting of another Legislature we shall be compelled to erect the right wing of our Receiving Home. But I have every confidence that with the aid we receive from counties, interest from our bequest fund and donations from charitable people of the state, that we shall be able to go on with our work, and that the same may not be curtailed.

"It has long been the desire of those most interested in the charitable work of the state that the National conference of charities and corrections should be held in the City of oPrtland in 1902, and to this end, at the suggestion of President Strong and other members of the City Board of Charities, I communicated with Dr. H. H. Hart, secretary, at Chicago, Ill., and received an answer from him under date of the 5th inst., advising me that, in order to induce the conference to meet at Portland, it is necessary to secure guarantees as to satisfactory railroad and hotel rates, and also to issue an invitation to the convention direct from the Governor of our state and our local commercial bodies. He further informs me that the ordinary attendance is from 300 to 600 people from outside the convention city. I deem it very essential that the convention should be held here, as there is none more convinced than myself that the people of the state require education in the administering of charity, especially as regards the care of dependent children, and to this end I feel positive that holding the convention in this city will be of material aid to the charitable public and to the state at large.

"In conclusion I would most strongly and respectfully recommend that I be empowered to make the necessary repairs required in and about our building."

WILLIAM A. RUBLEE.



NEW CONSUL-GENERAL AT HONG KONG.

Mr. Rublee is 40 years of age, and for the past eight years has been an editorial writer on the Milwaukee Sentinel. Under President Harrison he served as Consul-General at Prague.

EASTERN MULTNOMAH.

Sycamore Postoffice the First to Go—Imported Quail.

GRESHAM, Or., March 12.—Sycamore postoffice will be the first victim of rural free delivery. It will go out of business on the last day of this month, its usefulness being a thing of the past, as route No. 1 does nearly all its business now, and will have it entirely in a few weeks. All the surrounding postoffices are beginning to feel the effects of free delivery more and more, and others are sure to follow the fate of Sycamore in a short time.

The business of the two routes is increasing, having just about doubled since its start. The number of pieces of mail matter handled yesterday was 357 by the two carriers. The boxes have increased about 20 in as many days, and the discontinuance of Sycamore will necessitate a few more. In all, there will be nearly 150 by the end of March.

Postmistress McColl received official information last week that the metal boxes now being furnished patrons are not necessary, nor is their use compulsory. Only thoroughly weatherproof boxes are required, and they may be made by any one, and of any shape or size, so that they will safely protect the mail. Their owners cannot have locks and keys, as these come only with the metal boxes, and owners of others must take their own chances. That will be no hardship, however, for at least 90 per cent of the locks at first in use have been discarded. At least three new wooden boxes have been put up, and more are sure to follow, but the result will be beneficial instead of otherwise, as the routes will thicken up, many who get but little mail having thought the cost of a metal box too much to pay for the privilege of getting their mail delivered. Four new lockboxes of the regulation city size and style have just been received in Portland, and will be brought out in a few days. They will be located at convenient points in the two districts as soon as possible.

Bob White Quail.

Christopher Fritz arrived here Sunday last, bringing with him 11 Bob White quail—six hens and five cocks. Mr. Fritz is from Iowa, having recently purchased the farm of Al Kadderly, on Beaver Creek, where he will turn the quail loose. He is very anxious that the birds shall not be killed, and desires that their presence here be widely known, in hopes that they will be protected until they get plentiful. Mr. Fritz started with some reed birds, also, but they all died. His quail will be a valuable acquisition, and one that is appreciated, and they should be allowed to live and multiply.

Successful Tobacco Culture.

Grobe & Strasser, two experienced tobacco growers, arrived here a few years ago from South Africa and took up claims in the mountains beyond the Sandy. They began raising tobacco on a small scale with such good results that they put in a large crop last year, which matured perfectly and was cured in excellent shape. They then began the manufacture of cigars, and now have then on the market. They are of an excellent flavor, and may be known by their shape. They are perfectly straight and round and six inches long. They will cultivate a large crop this year and continue the manufacture of cigars. Their success will stimulate the growth of tobacco throughout this section.

Army Worms.

Last year's crop of army worms is still in evidence, as many are being turned up alive wherever ground is newly plowed. In fields where they committed their greatest depredation last Summer they seemed to have eaten every bit of vegetation from the soil. Newly plowed fields show the spots plainly, the ground appearing as if having been burned to the depth of a foot or more. The limits of their ravages can be clearly defined, especially in potato and clover fields, where they did the most damage. Many fine clover patches were so badly ruined that it is necessary to turn them under. Farmers are very apprehensive that there will be great ravages by the worms again this year.

Brief Notes.

The new parsonage at Rockwood is assuming shape, the frame being up and enclosed. It will be completed in about six weeks, when it will be occupied by Rev. Howard Osburn, pastor of the circuit.

Mrs. L. H. Clark, widow of the late J. Fred Clark, is lying very ill at her home here, her ailment being paralysis. She is quite aged, and small hopes are entertained of her complete recovery.

Oliver Neal has purchased a 40-acre patch of timber land on the Section Line road, one mile from here, paying therefor $1100. This is considered the cheapest piece of property that has changed hands here for many years.

Washington Notes.

A new lodge I. O. O. F. has been instituted at Creston.

A free library association has been formed at Conconnully.

The Fairhaven schools have closed on account of scarlet fever.

The Methodist Church of Aberdeen has been relieved of a $250 mortgage.

The I. O. O. F. grand lodge of Washington will meet at Spokane June 4.

During February Milan shipped 110 carloads of lumber and 70 carloads of railroad ties.

The Seattle Chief of Police has declared war on clairvoyants, mind-readers and quack physicians.

Edward Luke, of Whatcom County, shot a bald eagle which measured 7 feet 4 inches from tip to tip.

Sam Lung and Ah Wah were arrested at North Yakima Saturday on a charge of conducting a Chinese lottery.

The Commissioners of Walla Walla increased the salaries of deputy clerk and deputy attorney from $80 to $100 per month.

Contracts have been let by the Hoquiam Electric Light Company for building a new power-house. New machinery and boilers will be put in.

The Pacific Coast Elevator Company last week bought 13,000 bushels of wheat at 41 cents per bushel at Colfax. Of this amount 9000 bushels were sold by N. Nelson.

A new G. A. R. Post, which has been named in honor of James A. Sexton, formerly commander-in-chief of the National Encampment, was formed in Seattle last week.

A South Bend dispatch says that logging has been resumed at the Colwell camp, after a shutdown of nearly a week on account of reconstruction of the railroad wharf.

It is stated that Foard & Stokes, of Astoria, who are owners of about 900 acres of land at Knappton and vicinity, are leasing their land to parties interested in searching for oil.

The first payment on the Acme group of mines south of Kettle Falls, on which a bond is held by the Northwest Mining Company, of San Francisco, has been made. Work is to be started at once.

Will Jenkins, a stranger, was fatally injured Friday afternoon in a railway accident at North Yakima. He was riding on an empty cattle-car, and the car jumped the track and crushed and mangled him.

Moore Bros., of Moro, Or., have purchased 20 sections of land in the vicinity of Prosser, and will colonize the tract with wheat farmers. The land comprises some of the finest wheat-growing ranches in the Horse Heaven district.

A movement is started among business men of Centralia to have the Northern Pacific put in a sidetrack opposite the business part of town for convenience in unloading freight. The present depot is almost a mile from the business part of town.

It is reported from North Yakima that the mascot of Company E, First Washington Volunteers, has gone home. His name is Agapita Egarcia, known among the soldiers as "Pete." He is a Filipino boy, 16 years old, and is noted for his striking resemblance to Aguinaldo. A Catholic priest has induced him to return home.

News has reached Asotin of a serious accident which happened to Mrs. George Sauers, of Weissenfel's Ridge, last Wednesday evening. She was running a feed chopper when her right sleeve was caught in the machine and her arm drawn in. The bones of the lower arm were badly broken and the arm from the elbow down was crushed.

J. M. Arrington, a rancher of Wenas Creek, reports having discovered oil in an artesian well. Workmen state that the oil came from the well at different depths and created a strong smell. The well has been bored to a depth of 400 feet. Water rises to the 250-foot mark. An engine is used in pumping, and 30,000 gallons per hour are lifted. The water is used for irrigating a portion of an extensive ranch of 240 acres.

C. E. Lawrence, of Whatcom, when a boy 12 years of age was adopted by an Iowa pioneer named Cartwright. He was under the roof of his foster parents until he attained his majority, and then he started to shift for himself. Cartwright died a few days ago and left a fortune of $200,000 to his aged widow. No papers for the adoption of Lawrence have ever been filed, and he cannot prove his claim to a share of the fortune.

James Maim, of Tacoma, while hunting in the neighborhood of the Nisqually Canyon, two weeks ago, found what had once been a leather mitten, but which has petrified. Maim brought the mitten to Tacoma and has donated it to the Ferry Museum. By the side of the mitten was found what was apparently the relics of its mate, but when Maim picked it up it fell to pieces. The mitten, unlike petrified wood, is light, weighing about the same as a similarly sized piece of aluminum.

French Defeated Moorish Tribesmen.

ALGIERS, March 12.—A dispatch has been received here from General Severe, announcing that another engagement has been fought between the French punative expedition and the Moroccan Berbers, in the District of Timimoun, Oasis of Tooat, in which the tribesmen were dispersed with great loss. The French expedition lost two French officers, and 23 men, including four Frenchmen killed and had many others wounded.

LONDON, March 13.—According to a dispatch from Madrid to the Daily Mail, the French forces on the Moroccan frontier have occupied Figueg, in the country of Segelemesqua, without serious fighting.

NURSING IN ALASKA.

Need of Proper Food and Care for Miners.

The character of the food used in the mining camps is such that many strong men break down under it. Scurvy is a very common disease. They drink quantities of coffee and that does its work with thousands.

A nurse, Mrs. L. Lovell, who has been employed in different places in Alaska for the past three years, writes to say that she has induced many patients to leave off coffee and take Postum Food Coffee, which is very popular now in many of the mining camps, for they have learned its value.

She says of herself that she has been a great sufferer from the use of coffee, and had a most shameful bilious complexion. She says: "I not only suffered from the looks but had a very serious stomach trouble. When I finally quit coffee and began using Postum Food Coffee my stomach began to recover its normal condition, and my complexion gradually changed, until now, after a month or more use of Postum, my complexion is as fair as a schol girl's.

"I send you a list of many names of miners that have given up coffee and are using Postum, and in each case there has been a remarkable improvement in health.

"I had one patient almost gone from scurvy. He could not retain any food but lived on Postum until strong enough to take other food and got well.

"I am going to take up a large supply of Postum next trip."

HEART DISEASE.

Some Facts Regarding the Rapid Increase of Heart Trouble.

Heart trouble, at least among the Americans, is certainly increasing, and while this may be largely due to the excitement and worry of American business life, it is more often the result of weak stomachs, of poor digestion.

Real organic disease is incurable; but not one case in a hundred of heart trouble is organic.

The close relation between heart trouble and poor digestion is because both organs are controlled by the same great nerves, the sympathetic and pneumogastric.

In another way, also, the heart is affected by the form of poor digestion, which causes gas and fermentation from half-digested food. There is a feeling of oppression and heaviness in the chest caused by pressure of the distended stomach on the heart and lungs, interfering with their action; hence arises palpitation and short breath.

Poor digestion also poisons the blood, making it thin and watery, which irritates and weakens the heart.

The most sensible treatment for heart trouble is to improve the digestion and to insure the prompt assimilation of food.

This can be done by the regular use after meals of some safe, pleasant and effective digestive preparation, like Stuart's Dyspepsia Tablets, which may be found at most drug stores, and which contain valuable, harmless digestive elements in a pleasant, convenient form.

It is safe to say that the regular persistent use of Stuart's Dyspepsia Tablets at meal time will cure any form of stomach trouble except cancer of the stomach.

Full sized package of these tablets sold by druggists at 50 cents. Little book on stomach troubles mailed free. Address F. A. Stuart Company, Marshall, Mich.

Why don't you try

White Cottolene?

"I recommend its use in place of lard or in cakes in place of butter.

"SARAH TYSON RORER,
"Principal Philadelphia Cooking School."

"Much superior to lard as a frying medium and shortening agent.

"EMMA P. EWING,
"Dean Chautauqua Cooking School."

This is what two of the leading cooking authorities in the United States say of

White Cottolene.

Pies and biscuits shortened with pure

White Cottolene

are wholesome, appetizing and digestible.

The N. K. Fairbank Company
Chicago—Sole Manufacturers.

FREE! Our dainty booklet, "A Public Secret," mailed free to any address. For two 2c stamps we will send free our 125-page recipe book, "Home Helps," edited by Mrs. Rorer.

P.S.—No hog fat in Cottolene.

every wholesome girl should have a bow and eat

H-O

Hornby's Steam Cooked Oatmeal

DR. BURKHART'S WONDERFUL OFFER
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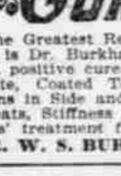

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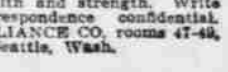

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