## FigPrunt

| Is a satisfying substitute |  |
| :--- | :--- |
| ior coffee and tea. | BEST |
| Delicate, delicious flavor. | CEREAL |
| Fragrant, appetizing |  |
| roma. |  |
| Take a cup of Figprure | COFPEE | and a cup of any othe

Figprune just why found favor.
Free samples at your grocers. Ask for one. Boil from 5 to 10 minutes only
ALL GROCERS SELI. Figprune Cereal.


## SAPOLIO

## Neuralgias Pangs

 worried, weal, hungry and exhuusted which especially affected my eyes; and a corves-nerves that have been abused and stand the strain no longer without a probarning, pressing pain of this dresdful disease is a call for help. Why not heed
## Dr. Miles

Nervine.

Sold by all druggiste on a guafontea
Dr. Mifies Medicai Co., Elknart, Ind


EDUCATE YOUR BOWELS
a day. Pills, salts and black draughts are dangerous because they strain and weaken the bowels. What strengthens the bowels and stimulates their movements. Such a laxative is CASCARETS, and when you try them, you will find that it is the easiest thing in the world to make and keep your bowels clean and regular, strong and healthy. Sample box 10 c . Month's
treatment 50 c . By keeping the bowels clean, all serious disorders are


