

U. S. DISPENSATORY

Describes the Principal Ingredients Contained in Per-ru-na.

Are we claiming too much for Peruna when we claim it to be an effective remedy for chronic catarrh? Have we abundant proof that Peruna is in reality such a catarrh remedy? Let us see what the United States Dispensatory says of the principal ingredients of Peruna.

Take, for instance, the ingredient of hydrastis canadensis, or golden seal. The United States Dispensatory says of this herbal remedy, that it is largely employed in the treatment of depraved mucous membranes, chronic rhinitis (nasal catarrh), atonic dyspepsia (catarrh of the stomach), chronic intestinal catarrh, catarrhal jaundice (catarrh of the liver), and in diseased mucous membranes of the pelvic organs. It is also recommended for the treatment of various forms of diseases peculiar to women.

Another ingredient of Peruna, corydalis ferocosa, is classed in the United States Dispensatory as a tonic. So also is cubeba classed as a stomachic and as a tonic for the mucous membranes.

Cedron seeds is another ingredient of Peruna, an excellent drug that has been very largely overlooked by the medical profession for the past fifty years. The seeds are to be found in very few drug stores. The United States Dispensatory says of the action of cedron that it is used as a bitter tonic and in the treatment of dysentery, and in intermittent diseases as a substitute for quinine.

Oil of copaiba, another ingredient of Peruna is classed by the United States Dispensatory as a mild stimulant and diuretic. It acts on the stomach and intestinal tract. It acts as a stimulant on the genito-urinary membranes. Useful in chronic cystitis, chronic dysentery and diarrhea, and some chronic diseases of the liver and kidneys.

Send to us for a free book of testimonials of what the people think of Peruna as a catarrh remedy. The best evidence is the testimony of those who have tried it.

HOWARD E. BURTON—Analyst and Chemist. Leadville, Colorado. Specimen prices: Gold, Silver, Lead, Zinc, Copper, Tin, Nickel, Iron, Cobalt, Zinc or Copper, etc. Analytical tests. Mailing envelopes and full price list sent on application. Control and Uniformity work collected. International Carbonate National Bank.

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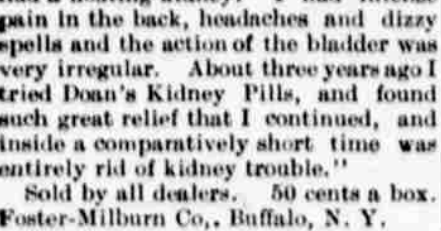
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HARDSHIPS OF ARMY LIFE.

Left Thousands of Veterans With Kidney Troubles.

The experience of David W. Martin, a retired merchant of Bolivar, Mo., is just like thousands of others. Mr. Martin says: "I think I have had kidney disease ever since the war. During an engagement my horse fell on me, straining my back and injuring the kidneys. I have been told I had a floating kidney. I had intense pain in the back, headaches and dizzy spells and the action of the bladder was very irregular. About three years ago I tried Doan's Kidney Pills, and found such great relief that I continued, and inside a comparatively short time was entirely rid of kidney trouble."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



CATARRH BLOOD AND SYSTEM DISORDERED

Catarrh is not merely an inflammation of the tissues of the head and throat, as the symptoms of ringing noises in the ears, mucous drooping back into the throat, continual hawking and spitting, etc., would seem to indicate; it is a blood disease in which the entire circulation and the greater part of the system are involved. Catarrh is due to the presence of an excess of uric acid in the blood. The Liver, Kidneys and Bowels frequently become torpid and dull in their action and instead of carrying off the refuse and waste of the body, leave it to sour and form uric acid in the system. This is taken up by the blood and through its circulation distributed to all parts of the system. These impurities in the blood irritate and inflame the different membranes and tissues of the body, and the contracting of a cold will start the secretions and other disgusting and disagreeable symptoms of Catarrh. As the blood goes to all parts of the body the catarrhal poison affects all parts of the system. The head has a tight, full feeling, nose continually stopped up, pains above the eyes, slight fever comes and goes, the stomach is upset and the entire system disordered and affected by this disease. It is a waste of time to try to cure Catarrh with sprays, washes, inhalations, etc. Such treatment does not reach the blood, and can, therefore, do nothing more than temporarily relieve the discomfort of the trouble. To cure Catarrh permanently the blood must be thoroughly purified and the system cleansed of all poisons, and at the same time strengthened and built up. Nothing equals S. S. S. for this purpose. It attacks the disease at its head, goes down to the very bottom of the trouble and makes a complete and lasting cure. S. S. S. removes every particle of the catarrhal poison from the blood, making this vital stream pure, fresh and healthy. Then the inflamed membranes begin to heal, the head is loosened and cleared, the hawking and spitting cease, every symptom disappears, the constitution is built up and vigorous health restored. S. S. S. also tones up the stomach and digestion and acts as a fine tonic to the entire system. If you are suffering with Catarrh begin the use of S. S. S. and write us a statement of your case and our physicians will send you literature about Catarrh, and give you special medical advice without charge. S. S. S. is for sale at all first class drug stores.

I had Catarrh for about fifteen years, and no man could have been worse. I tried everything I could hear of, but no good resulted. I then began S. S. S., and could see a little improvement from the first bottle, and after taking it a short while was cured. This was six years ago, and I am as well today as anyone. I think Catarrh is a blood disease, and know there is nothing on earth better for the blood than S. S. S. Nobody thinks more of S. S. S. than I do. M. MATSON, Lapeer, Mich.

S.S.S. PURELY VEGETABLE

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Reciprocity. "Fellow citizens," exclaimed the rising politician. "I am not ashamed to say that I got my start in life by selling newspapers!" "You oughtn't to be ashamed, either," shouted a man in the audience. "The newspapers gave you your start in politics."

Free Catalogue and Premiums. Everyone interested in seeds, plants, etc., should have a copy of the Portland Seed company's 1907 catalogue, which is free for the asking, by mentioning this paper and addressing them at Portland, Oregon. Tells all about their splendid premiums.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

In Legal Form. "If I thought you were going to play me false, Marie," said the ardent young lawyer, "by the great horn spoon I'd hold you with a writ of habeas corpus!" "That will not be necessary," smiled Miss Marie. "I'm not going to run away."

Not Well Taken. "If the Senator will pardon me for interrupting him," blandly spoke one of the other Senators, "he is not sticking to his text."

Only One "BROMO QUININE". That is LAXATIVE BROMO QUININE. Slightly named remedies sometimes deceive. The first and original Cold Tablets is a WHITE PACKAGE with black and red lettering, and bears the signature of E. W. GROVE, Inc.

Change of Method. "Investigations don't seem to be held in the spirit of courtesy and forbearance that once prevailed," remarked the old time statesman.

Helped Make Him Good. "During our courtship," said Mrs. Weeds, "poor John declared he would die for me and he did."

There is more Catarrh in this section of the country than all other diseases put together and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by Druggists, etc. Hall's Family File are the best.

Leather waste is no longer wasted. Manufacturers use it in a compressed form, instead of iron, to make cogwheels.

1847-1907. Sixty years ago Allcock's Plasters were first introduced to the public. They are today the world's standard plasters.

As there are as yet practically no roads in the interior of Panama and trails are nearly always tributary to the nearest river, travel is almost entirely done by canoes, says a writer in Recreation. The native cayuco or piragua of the interior is usually made of native cedar, narrow, flat bottomed and ending in a flat, platform-like bow and stern. This peculiar construction is to enable one to land directly over the bow or stern when, due to the nature of the bank, it is impossible to more than force the bow to solid ground.

A trip up the river needs little preparation as compared with a camping trip to a cold climate. A good guide with his big working knife or machete can do wonders. With this he can cut trail, clean the camp site, make a shelter or house, a bedstead, a mattress or thatch and a cover for the fire—all fastened together with vine ropes which he cuts near by. He can cut firewood and dress game, slice bacon or potatoes, chop out an impromptu paddle or palanca, "cut rubber," dig roots, get out fair-sized logs and, if necessary, inflict serious wounds with it.

As your canoe slips quietly along the bank of some good river, the charm is derived both from the beauty of the scene and from the feeling of expectation regarding new sights and chances at odd sorts of game. You round a bend, your canoe, or paddlemans, stops and, as you slowly bring into view the stretch of vucita beyond, probably he says, "Logarto, senior, all! All!" and when your unaccustomed eyes finally follow his direction you see a big gator, light-gray on the back from dried mud, and yellow below, lying like a log on the farther mud bank. He sees you, you may be sure of that; in fact, he usually sees everything that moves, and hears and smells as well as sees; he is in no hurry to slide into the water, however, for he sees native canoes every day and they never bother him.

Some people have the "blues" worse than others. The kind of blues the young people have seem to be worse than any other kind.

Old Favorites

The Vale of Cashmere. Who has not heard of the Vale of Cashmere, With its roses the brightest that earth ever gave. Its temples and grottoes and fountains as clear As the loved light eyes that hang over their wave?

Ob, to see it at sunset, when warm o'er the lake Its splendor at parting a summer eve throws, Like a bride, full of blushes, when lingering to take A last look of her mirror at night ere she goes!

When the shrines through the foliage are gleaming half shown, And each hallow the hour by some rites of its own, Here the music of prayer from a minaret swells, Here the Magian his urn full of perfume is swinging, And here, at the altar, a zone of sweet bells

'Round the waist of some fair Indian dancer is ringing. Or to see it by moonlight—when mellow shines The light o'er its palaces, gardens and shrines: When the waterfalls gleam like a quick fall of stars, And the nightingale's hymn from the Isle of Chenars

Is broken by laughs and light echoes of feet From the cool shining walks where the young people meet. Or at morn when the magic of daylight awakes A new wonder each minute as slowly it breaks, Hills, cupolas, fountains, called forth every one Out of darkness, as they were just born of the sun;

When the spirit of fragrance is up with the day, From his harem of night flowers stealing away; And the wind, full of wantonness, woos like a lover The young aspens trees till they tremble all over;

When the east is as warm as the light of first hopes, And day, with its banner of radiance unfurled, Shines in through the mountainous portal that opens, Sublime, from the valley of bliss to the world! —Thomas Moore.

A Hymn of the Homeland. The Homeland! The Homeland! The land of the freeborn; There is no night in the Homeland, but eye the fadless morn, I'm singing for the Homeland, my heart is aching here; There's no pain in the Homeland to which I'm drawing near.

My Lord is in the Homeland, with angels bright and fair; There's no sin in the Homeland, and no temptation there. The music of the Homeland is ringing in my ears, And when I think of the Homeland my eyes gush out with tears;

For those I love in the Homeland are calling me away, To the rest and peace of the Homeland, and the life beyond decay, For there's no death in the Homeland, there's no sorrow above; Christ brings us all to the Homeland of His eternal love. —Amen.

JUNGLE HUNTING IN PANAMA. Guide with a Big Machete is Usually Necessary.

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A Doctor's Medicine

Ayer's Cherry Pectoral is not a simple cough syrup. It is a strong medicine, a doctor's medicine. It cures hard cases, severe and desperate cases, chronic cases of asthma, pleurisy, bronchitis, consumption. Ask your doctor about this.

"I have used a great deal of Ayer's Cherry Pectoral for coughs and hard colds on the chest. It has always done me great good. It is certainly a most wonderful cough medicine." —MICHAEL J. FITZGERALD, Redford, N. J.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of Ayer's Sarsaparilla, Pills, Hair Vigor.

You will hasten recovery by taking one of Ayer's Pills at bedtime. Dates and melons are almost the only food of many of the poor in Jerusalem. Usually only one meal a day is taken by them.

Rheumatism. Is one of the constitutional diseases. It manifests itself in local aches and pains, inflamed joints and stiff muscles, but it cannot be cured by local applications. It requires constitutional treatment, and the best is a course of the great blood purifying and tonic medicine Hood's Sarsaparilla which neutralizes the acidity of the blood and builds up the whole system. In usual liquid form or in chocolate tablets known as Sarsatabs, 100 doses \$1.

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MAKE EVERY DAY COUNT—no matter how bad the weather you cannot afford to be without a TOWER'S WATERPROOF OILED SUIT OR SLICKER. When you buy look for the SIGN OF THE FISH.

An Art Anecdote. Edward Rosewater, founder and editor of the Omaha Bee, had a sincere love of art. He hated pictures that indicated scamped work, so called impressionistic pictures that were merely rough and hurried sketches and so called portraits that bore no likeness to their originals. A young painter showed Mr. Rosewater one day a portrait of a mutual friend.

"That portrait of Smith!" the editor exclaimed. "I'd never have known it."

"Oh," the artist exclaimed, "I didn't try for a likeness, you know. I tried for an effect—an effect in gray."

"I know a man in New York," said Mr. Rosewater, "who had his portrait painted last year. It cost him \$4,000, and he was very proud of it. When it came home he showed it to his cook. 'Well, Mary,' he said, 'how do you like this portrait?'"

"Sure, sir," said the cook, "it's lovely. It's beautiful. It's divine."

"And, of course," said my friend, "you know who it is?"

"Oh, of course I do, sir," said the cook. "Of course, of course." As she spoke she kept drawing nearer to the picture, studying it more and more closely. "Of course, sir," she said. "It's you or the mistress."—Buffalo Enquirer.

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The Old-Monk-Cure will straighten out a contracted muscle in a jiffy.

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