

WHAT IS PE-RU-NA?

Is It a Catarrh Remedy, or a Tonic, or Is It Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over-enthusiastic.

When practical experience confirms a well grounded theory the result is a truth that cannot be shaken.

The Only Doubtful Citizen.
"Everybody is telling exactly what you will do if you are elected to office."

"Yes," answered the candidate.
"Well, what will you do?"
"I don't know yet."—Washington Star.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

A Choice of Evils.
Landlady—Would you advise me to send my daughter to a cooking school or to a music school?

Of Course.
Gunner—I see where a man in the southwest had twenty-three children and then disappeared. What do you think of that?

Of Course.
Gunner—Why, that was nothing unusual.

Gunner—What?
Gunner—Why, twenty-three—skiddoo!

The Heart Was Badly Affected When the Patient Began Using Doan's Kidney Pills.

Mrs. Elizabeth Maxwell, of 415 West Fourth St., Olympia, Wash., says:

"For over three years I suffered with a dropsical condition without being aware that it was due to kidney trouble. The early stages were principally backache and bearing down pain, but I went along without worrying much until dropsy set in. My feet and ankles swelled up, my hands puffed and became so tense I could hardly close them. I had great difficulty in breathing, and my heart would flutter with the least exertion. I could not walk far without stopping again and again to rest. Since using four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress have disappeared."

Sold by all dealers. 50 cents a box. Foster Milburn Co., Buffalo, N. Y.

RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh.

S.S.S. PURELY VEGETABLE

It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

THE MAN BEAUTIFUL.

He and His Sister Regarded as of Equal Value in "Beauty Parlors."

The London Daily Mail has been investigating the entire toilet of "the man beautiful," says the New York World. It has found that nearly 10 per cent of the customers of the "beauty parlors" of London are men.

The barber shops in England do not offer the incidentals to be had in the ordinary American barber shop, and men go to the "beauty parlors" to have their complexions cleared by the application of hot towels, skin food and facial massage, as well as to have their nails manicured.

One "specialist in good looks" tells how hands are whitened by the skillful use of powder, and says "men love to be manicured in this manner."

The "beauty parlors" aid men to reduce their weight, and there can be learned the valuable secret of how not to get bald. This recipe is delightfully simple: Do not irritate the roots of the hair by unnecessarily disturbing them harshly with combs, brushes and rough towels.

According to the "beauty specialist" in the Mail:

"A woman has little tact and no gratitude where we are concerned. It is useless to point out her improvements to a woman. She always wants more. But a man expects nothing and is thankful."

Then the woman who delights in restoring the appearance of youth tells with what heartfelt earnestness one man, after viewing himself in a mirror, said: "I look young again."

There seems to be a world-wide epidemic of fatty degeneration of the waist, for the periodicals and newspapers of New York, London, Paris and Berlin contain an increasing number of remedies for obesity, chief of which seems to be the corset, under such aliases as waistband, ceinture, dress belt and health brace. The fact that these corsets for men are advertised shows that many men buy them.

The day seems to be coming, if it has not arrived, when of the male sex as well as the female, it can be said that "gracefulness is deceit and beauty is vanity."

A Generous Horse.

The following incident, given by a writer in the St. Louis Republic, indicates that it is possible for a horse to be "a perfect gentleman." Two fine-looking horses attached to single buggies were hitched near the entrance to the St. Louis Merchants' Exchange.

The owner of one of them had taken the opportunity of a prolonged stop to give the horse a feed of oats, which was placed on the edge of the sidewalk in a bag.

He was contentedly munching his oats when his attention was attracted by the actions of the other horse, which was evidently very hungry. He eyed the plentiful supply of oats wistfully and neighed in an insinuating manner.

The horse with the feed pricked up his ears politely and replied with a neigh, which must have been, in horse language, an invitation to the other fellow to help himself.

Evidently he accepted it, for he moved along in the direction of the bag as far as the hitching strap would permit. But the strap was not long enough, and his hungry mouth well about a yard short of the bag.

The host noticed and seemed to appreciate this difficulty. Fortunately there was some leeway to his strap. So he moved slowly along the curb, pushing the bag with his nose until his guest was able to reach it. Then, after a friendly nose-rub of salutation, the two horses contentedly finished the oats together.

The Mean Thing!
Praise from a husband's lips is always pleasant to the wife; but the praise may be too discriminating to suit her.

"I thought it was nice of you to tell that carpenter, who seemed to think women know nothing, that I could hammer nails like lightning," said Mrs. Morse to her husband. "But I'm afraid, dear, you are not an unprejudiced judge. I really don't think I'm such a very good hammerer."

"Oh, he knew what I meant," said Mr. Morse, cheerfully. "You know lightning never strikes twice in the same place, they say."

Not an Armless Venus.
"Ah! Miss Strong you're a regular Venus," said Jack Nery as he attempted to kiss her.

"That's what," she replied as she gave him a right-arm jolt on the nose and followed it up with a left-arm swing to the jaw, "but, unfortunately, I'm no Venus di Milo."—Philadelphia Press.

Old Enough to Begin.
"My son, in order to give you more money I should have to borrow. Seems to me you are old enough now to shake debts of your own."—Ellegende Blaetter.

After a woman has been under the influence of chloroform, and a man has suffered with the grip, they will never afterward admit having the same condition of health they had before.

Some men are so mean that they even refuse to let their wives have the last word.

When you die the world will keep right on going around.

Scrofula

Few are entirely free from it. It may develop so slowly as to cause little if any disturbance during the whole period of childhood.

It may then produce dyspepsia, catarrh, and marked tendency to consumption, before causing eruptions, sores or swellings.

To get entirely rid of it take the great blood-purifier,
Hood's Sarsaparilla
In usual liquid form or in chocolate tablets known as Sarsatabs. 100 doses \$1.

A Deep Dig.
Cholly—Of course, I admit I talked about myself, but they talked about trade all the time, and, of course, that was worse.

Miss Peppery—You were perfectly right. It's better to talk about nothing than talk about trade.—Philadelphia Press.

Keep Your Blood Pure.
No one can be happy, light-hearted and healthy with a body full of blood that can't do its duty to every part because of its impurity; therefore, the first and most important work in hand is to purify the blood so that every organ will get the full benefit of a healthy circulation.

There is no remedy we know of so good as that old family remedy, Brand's Pills. Each pill contains one grain of the solid extract of sarsaparilla blended with two grains of a combination of pure and mild vegetable products, making it a blood purifier unexcelled in character. One or two taken every night for awhile will produce surprising results.

Brand's Pills have been in use for over a century and are a lid in every drug and medicine store, either plain or sugar-coated.

Upward of 200,000,000 gallons per annum of aerated waters are drunk in the United Kingdom.

Seamen on native river craft in China get \$3 a month; on sea-going Chinese vessels \$8. They furnish their own food.

Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. You can trust a medicine the best doctors approve. Then trust this the next time you have a hard cough.

"I had an awful cough for over a year, and nothing seemed to do me any good. I tried Ayer's Cherry Pectoral and was soon cured. I recommend it to all my friends who have a cough."—Miss M. Maynard, Washington, D. C.

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