WHAT IS PE-RU-NA?

Is It a Catarrh Remedy, or a Tonic, or Is It Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as COLLINSONIA CANADENSIS, CORYDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. use of Peruna confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well grounded theory the result is a truth that cannot be shaken.

The Only Doubtful Citizen. "Everybody is telling exactly what

you will do if you are elected to of-"Yes," answered the candidate,

"Well, what will you do?" "I don't know yet."-Washington Star.

How's This?

A Choice of Evila. Landlady-Would you advise me to

send my daughter to a cooking school or to a music school? Boarder (reflectively)-Well, I think

isn't anything like so noisy. Of Course.

Gunner-I see where a man in the southwest had twenty-three children and then disappeared. What do you think of that?

Guyer-Why, that was nothing unusual. Gunner-What?

Guyer-Why, twenty-three-skidoo!

BLOATED WITH DROPSY. The Heart Was Badly Affected When the Patient Began Using

Doan's Kidney Pills.

"For over three years I suffered with a dropsical condition without being aware that it was due to kidney trouble. The early stages were principally backache and bearing down pain, but I

until dropsy set in. My feet and ankles swelled up, my hands puffed and became so tense I could hardly close them. I had great difficulty in breathing, and my heart would flutter with the least exertion. I could not walk to rest. Since using four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress

have disappeared." Sold by all dealers. 50 cents a box. Foster Milburn Co., Buffalo, N. Y.

PURELY VEGETABLE

The End of Books.

What brings about the end of books? Is it fire, water, worms? As every ship launched is bound to be wrecked, every theater to be burned, the finis of the book is its reduction to ashes. What became of the Alexandrian library? Did the Saracens burn it in 040? There is this question asked: We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholessle Druggists, Toledo, O. WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle, Sold by all Druggists. Testimonials free.

Hall's Family Fills are the best.

Was there any library at Alexandria centaining 700,000 books? Gibbon inclines to the opinion that there was no such library. Canon Taylor insists that if there had been a library it was burned in the time of Julius Caesar. Tradition seems to indicate, however, that there was a library in the serapeum, by no means a large collection, but whether destroyed by Theophilus or Theodosius is not known. It looks as if the charge brought against the Arabs rested on no foundation. Explo-Arabs rested on no foundation. Explorations of Alexandria in 1895-96 show no traces of the serapeum. The seaport of Egypt was built on a damp was a library, if not destroyed by fire, I'd send her to a cooking school. It then the papyri might have suffered may be more fatal in its results, but it from decay due to water. Books of to-day taken to India, to the Southern States and to the West Indies perish through mildew.

> PILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guarenteed to cure any case of iching, blind, bleeding or protruding piles in 6 to 14 days or money refunded.50c.

manana Bread. Bread made from banana flour is common enough in Europe and England. One pound is said to contain more nourishment and energy producing material than one pound of the finest beefsteak, is much more digestible and less than one-sixth the price. Sir Henry Stanley was a firm believer Mrs. Elizabeth Maxwell, of 415 West in the banana. He went so far as to Fourth St., Olympia, Wash., says: advise that its consumption would cure rheumatism, gout and all liver affections. When lying at the point of death from gastritis a light gruel of banana flour mixed with milk was the only food he could retain and digest. The secret of the banana as a health and strength producing food lies in its high percentage of proteids and the great number of its calories, respectively 20 and 391.71. It is a perfectly balanced went along with. ration if sliced for breakfast and servout worrying much ed with milk and sugar,-New York

> Caution. "Why do you avoid making speeches

yourself?" asked the friend.

Press.

RHEUMATISM

CAN NOT BE RUBBED AWAY

the accumulation in the system of refuse matter which the natural avenues

of bodily waste, the Bowels and Kidneys, have failed to carry off. This

refuse matter, coming in contact with the different acids of the body, forms

uric acid which is absorbed into the blood and distributed to all parts of the

body, and Rheumatism gets possession of the system. The aches and pains

It is perfectly natural to rub the spot that hurts, and when the muscles,

"It's better to have some one else attend to the oratory," answered Senafar without stopping again and again tor Sorghum. "In that way you can unpopular and repudiate them."-Cleveland Plain Dealer.

blood which completely and permanently cures Rheumatism. S. S. S. is composed

of both purifying and tonic properties-

just what is needed in every case of Rheu-

THE SWIFT SPECIFIC CO., ATLANTA, GA.

"THE MAN BEAUTIFUL"

He and His Sister Regarded as of Equal Value in "Beauty Partor." The London Daily Mail has been investigating the entire toilet of "the man beautiful," says the New York World. It has found that nearly 10 per cent of the customers of the beauty parlors" of London are men. The barber shops in England do not offer the incidentals to be had in the ordinary American barber shop, and men go to the "beauty parlors" to have their complexions cleared by the application of hot towels, skin food and facial massage, as well as to have their nails manicured. One "specialist in good looks" tells how hands are whitened by the skillful use of powder, and says "men love to be manicured in this manner."

The "beauty parlors" ald men to reduce their weight, and there can be learned the valuable secret of how not Press. to get bald. This recipe is delightfully simple: Do not irritate the roots of the hair by unnecessarily disturbing them harshly with combs, brushes and rough towels.

According to the "beauty specialist" n the Mail:

"A woman has little tact and no gratitude where we are concerned. It is useless to point out her improvements to a woman. She always wants more. But a man expects nothing and is thankful."

Then the woman who delights in restoring the appearance of youth tells with what heartfelt earnestness one Was there any library at Alexandria man, after viewing himself in a mirror, said: "I look young again."

There seems to be a world-wide epidemic of fatty degeneration of the that if there had been a library It was waist, for the periodicals and newspaburned in the time of Julius Caesar, pers of New York, London, Parls and Berlin contain an increasing number of remedles for obesity, chief of which seems to be the corset, under such aliases as waistband, ceinture, dress belt and health brace. The fact that these corsets for men are advertised shows that many men buy them.

The day seems to be coming, if it has not arrived, when of the male sex as well as the female, it can be said foundation, and granting that there that "gracefulness is deceit and beauty is vanity."

A Generous Horse.

The following incident, given by writer in the St. Louis Republic, indicates that it is possible for a horse to be "a perfect gentleman." Two finelooking horses attached to single buggies were hitched near the entrance to the St. Louis Merchants' Exchange. They were hitched several feet apart, but the hitching straps allowed them sufficient liberty of movement to get their heads toegther if they so desired.

The owner of one of them had taken the opportunity of a prolonged stop to give the horse a feed of oats, which was placed on the edge of the sidewalk in a bag.

He was contentedly munching his oats when his attention was attracted by the actions of the other horse, which was evidently very hungry. He eyed the plentiful supply of oats wistfully and neighed in an insinuating manner.

The horse with the feed pricked up his ears politely and replied with a neigh, which must have been, in horse language, an invitation to the other fellow to help himself.

Evidently he accepted it, for he moved along in the direction of the bag as far as the hitching strap would permit. But the strap was not long enough, and his hungry mouth well about a yard short of the bag.

The host noticed and seemed to appreciate this difficulty. Fortunately there was some leeway to his strap. ascertain which of your opinions are So he moved slowly along the curb, pushing the bag with his nose until his guest was able to reach it. Then, after Steel rusts seven times as rapidly as a friendly nose-rub of salutation, the two horses contentedly finished oats together.

The Mean Thing!

Praise from a husband's lips is al witys pleasant to the wife; but the praise may be too discriminating to

"I thought it was nice of you to tell that carpenter, who seemed to think nerves, joints and bones are throbbing and twitching with the pains of women know nothing, that I could Rheumatism the sufferer is apt to turn to the liniment bottle, or some other "hammer nails like lightning." said external application, in an effort to get relief from the disease, by producing Mrs. Morse to her husband. "But I'm counter-irritation on the flesh. Such treatment will quiet the pain tempo- afraid, dear, you are not an unprejurarily, but can have no direct curative effect on the real disease because it dieed judge. I really don't think I'm

does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Mr. Morse, cheerfully, "You know Theumatism is due to an excess of uric acid in the blood, brought about by lightning never strikes twice in the same place, they say."

Not an Armless Venus. "Ah! Miss Strong you're a regular Venus," said Jack Nervy as he attemptare only symptoms, and though they may be scattered or relieved for a time ed to kiss her.

by surface treatment, they will reappear at the first exposure to cold or "That's what," she replied as she dampness, or after an attack of indigestion or other irregularity. Rheumagave him a right-arm jolt on the nose tism can never be permanently cured while the circulation remains saturated and followed it up with a left-arm with irritating, pain-producing urie acid poison. The disease will shift swing to the jaw, "but, unfortunately. from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system Press. is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead

Old Enough to Begin.

"My son, in order to give you more money I should have to borrow. Seems of a weak, sour stream, constantly deposit- to me you are old enough now to make ing acrid and corrosive matter in the mus- debts of your own."-Fliegende Blaet-

cles, nerves, joints and bones, the body is fed ter.
and nourished by rich, health-sustaining After a woman has been under the influence of chloroform, and a man has suffered with the grip, they will never afterward admit having the matism. It contains no potash, alkali or other mineral ingredient, but is same condition of health they had bemade entirely of purifying, healing extracts and juices of roots, herbs and fore.

barks. If you are suffering from Rheumatism do not waste valuable time Some men are so mean that they trying to rub a blood disease away, but begin the use of S. S. S. and write even refuse to let their wives have the us about your case and our physicians will give you any information or last word.

When you die the world will keep right on going around.

Scrofula

Few are entirely free from it. It may develop so slowly as to cause

little if any disturbance during the whole period of childhood.

It may then produce dyspepsia, catarrh, and marked tendency to consumption, before causing eruptions, sores or swellings.

To get entirely rid of it take the great blood-purifier,

Hood's Sarsaparilla

In usual liquid form or in chocolated tablets known as Sarsatabs. 100 doses \$1.

A Deep Dig. Cholly-Of course, I admit I talked about myself, but they talked about trade all the time, and, of course, that was worse.

Miss Pepprey-You were perfectly right. It's better to talk about nothing than talk about trade.-Philadelphia

Keep Your Blood Pure.

No one can be happy, light-hearted and healthy with a body full of blood that canhealthy with a body full of blood that cannit do its duty to every part because of its impurity; therefore, the first and most important work in hand is to purify the blood so that every organ will get the full benefit of a healthy circulation. There is no remedy we know of so good as that old family remedy. Brandr the vills. Each pill contains one grain of the solid extract of sarsaparilla blended with two grains of a combination of pure and mild vegetable products, making ir a blood purifier unexcelled in character. One or two taken every night for awhile will produce surprising res its.

Brandreth's Pills have been in use for over a century and are sid in every drug and middine store, either plain or sugar-coated.

Upward of 200,000,000 gallous per annum of serated waters are drunk in the United Kingdom.

900 DROPS

Avegetable Preparation for As-

similating the Food and Regula-ting the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion Cheerful-

ness and Rest Contains neither

Opium, Morphine nor Mineral.

WIN OF OIL DESINCE PROMP

Aperfect Remedy for Constipa-tion, Sour Stomach, Diarrhoea

Worms, Convulsions, Feverish-

ness and LOSS OF SLEEP.

Fac Simile Signature of

Cart Pateter.

NEW YORK.

Atto months old

EXACT COPY OF WRARRER

LARGE

ENGLISH

15 Dosse - 35 CINIS

NOT NARCOTIC.

A Narrow Escape. The company had assembled in the church, but the Bridegroom was nowhere to be found. Finally a messenger announced that the young man had

been run over and killed while on his

"And just think," she said a month afterward to a friend, "what a narrow escape I had from becoming a widow!"

way to the church.

FITS St. Vitus' Dance and all Nervous Discasses Nerve Regiorer. Send for FREE Strial bottle and treatise. Dr. R. H. Kline, i.d., 521 Arch H., Phila., Pa

Sounded Convincing. The editor was criticising the poem-

"You speak of the 'spirit of the forest," he said. "Do you think there is such a thing as a forest spirit, as dis-

tinguished from any other kind?"
"Yes, sir!" fiercely responded the literary contributor. "Didn't you ever hear of such a thing as wood alcohol?"

You Can Get Allen's Foot-Ease FREE. Write Alien 8. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Kase. It cures aweating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All drugists sell it. 25c. Don't accept any substitute.

From the Back Fence. City Boarder-That old cat made an awful noise in the back yard last night.

Farmer Geehaw-Yans; ever sence he made a meal off th' canary las' winter he's got th' idee in his head as heow he's a natur'l born singer, b'gosh!

Mothers will find Mrs. Winslow's floothing Syrup the best remedy to use for their children during the teething period.

Seamen on native river craft in China get \$3 a month; on sea-going Chinese vessels \$8. They furnish their own food.

For Infants and Children.

The Kind You Have

Always Bought

in

Use

For Over

Thirty Years

Bears the

Signature

of

Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. You can trust a medicine the best doctors approve. Then trust this the next time you have a hard cough. "I had an awful cough for over a year, and nothing seemed to do me any good. I tried Ayer's Cherry Pectoral and was soon cured. I recommend it to all my friends whenever they have a cough."— Miss M. MEYERS, Washington, D. C.

fade by J. C. Ayer Co., Lowell, M. ers BARSAPARILLA.
PILLS.
HAIR VIGOR.

Aver's Pills keep the bowels regular. All vegetable and gently laxative.

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