### Difficult Digestion

That is dyspepsia. It makes life miserable.

Its sufferers eat not because they went to, -but simply because they must.

They know they are irritable and fretful; but they cannot be otherwise. They complain of a bad taste in the mouth, a tenderness at the pit of the stom-

ach, an uneasy feeling of puffy fulness, headache, heartburn and what not. The effectual remedy, proved by perma-pent cures of thousands of severe cases, is

#### Hood's Sarsaparilla

Hoop's PILLs are the best cathartic.

#### Proves His Herolam.

"Did you say," asked the author's friend, "that your hero, who is poor, is to marry the rich heiress"

"Yes, that is the way he proves his beroism.' — Indianapolis News.

Hamlin's Wizard Oil is a good medicine; pain and suffering cannot abide with it; your druggist will tell you so.

#### Reasonable Inference.

"Did the evidence in that divorce suit indicate that Mrs. Flash was gid-

"I guess so. The judge and five of the jurors wanted to marry her."-Brooklyn Life.

### FITS Permanently Cured. Ro fits or nervousness after first lay's use of Dr. Kline's Great Nerve Zestorer. Send for FR B K 24.00 trial bottle and treation. Dn. R. H. KLINE, Ltd., val Arch St., Philladelphia, Pa

Point of View.

New England Statesman-Wasn't that a mortifying scene in the senate chamber?

Statesman from the Breezy West-Mortifying! . It was disgusting. It was stopped before we could tell which one was the best man!-Chicago Tribune.

### CASTORIA For Infants and Children.

The Kind You Have Always Bought

Bears the Chart Flitcher.

The Standard Bushel.

The Winchester bushel, which is the standard for the United States, contains 2,150.42 cubic inches.

#### Who's Your Grocer?

If he doesn't handle Monopole Spices he ought to. If you want to try them, send us his name and address with two 2-cent stamps for postage and we will send you a 10 cent tin of Monopole Cayenne or Ginger or White Pepper or other variety. We know you'll say it is the finest you ever used Send at once to Wadhams & Kerr Bros., Portland, Oregon.

#### Cut Off.

"I went to the play last night."

"How did you like it?"

#### The Sure Way.

"How dare you send a collector to my house?

"To tell the truth, sir, we were a little doubtful about you.'

"Then why not have me looked up? You would then have known that I never pay my bills."—Life.

Don't Get Postsore! Get Foot-Ease. It is a certain cure for sweating, callous and hot, tired, aching feet. Makes new or tight shoes easy. Try it today. Sold by all Druggists. Price 25c. Don't accept a substitute. Sample sent FREE. Address Allen S. Olmsted, LeRoy N. Y.

#### A Windfall.

"You say his money fell to him?" "No, he fell to it-tumbled through a coal hole and sued the city."-Chicago Herald.

## *CANCER*

disease never returns.

Cancer begins often in a small way, as the following letter from Mrs. Shirer shows.

A small pimple came on my jaw about an lucbelow the caron the left aide of my face. It gave me no pain or inconvengence, and I should have forgotten about it had it post begun to inflame and left; it would bleed a little, then acab over, but





An Austrian material for preventing the rising of dust on sweeping proves enna, it was found that floors olled twice a year could be swept weekly without any whirling of the dust, and the material was recommended for all rooms receiving many persons, as well as for laboratories, libraries and other places to be kept scrupulously dust

By regulating the food of a milch cow, M. Spolverini claims to have made its milk a satisfactory substitute for human milk. The first experiments were made on a goat by feeding it with eggs or a little meat in addition to the regular food, and later on another goat was fed with sprouting grains of barley. In each case the goat's milk was changed to the chemical composition of human milk.

In acknowledging an anonymous gift of \$20,000 to the Harvard College Observatory, Prof. E. C. Pickering announces that the money will be used for the preservation and study of the astronomical photographs made under the auspices of the observatory. "These photographs," says Prof. Pickering. furnish a history of the entire stellar universe for the last twelve years which is not duplicated elsewhere." A new building for the storage of these precious documents is needed, and money is required to pay the expense of having them carefully inspected for yet undiscovered objects of interest. Thus the anonymous gift comes very opportunely.

That it may have the entire field to tself and escape the keen competition of hosts of tropical relatives for the nectar and minute insects in the deeptubed brilliant flowers that please him best, that jeweled atom, the rubythroated humming bird, sole representative of his family east of the Mississippl, travels from Central America or beyond to Labrador and back again every summer of its incessantly active little life. Think what the journey from Yucatan even to New England must mean for a creature so tiny that its outstretched wings measure barely two inches across! It is the smallest bird we have. Wherein lodges the force that propels it through the sky at a speed and a height which takes it instantly beyond the range of human vision? says Neltje Blanchan, in the Ladies' Home Journal.

One of the difficulties hitherto encountered by explorers among the gigantle monuments of ancient Egypt is the lack of sufficient light in the buried chambers and long passages of pyramids, tombs and temples. Recently this difficulty in the exploration of the "I didn't hear it. I sat in front of great temple of Karnak has been two women who were talking about a largely overcome by Prof. 'Maspero through the introduction of electric lamps. The pyramids also are to be Mothers will find Mrs. Winslow's Sooth-ing Syrup the best remedy to use for their shildren during the teething period. trating the interior of the vast structures will be more easily traversed, and interesting discoveries may result.

Unless we learn to avoid waste in the use of coal, says Prof. John Perry, the world, in a hundred years or so, will resemble a spendthrift who has run through his patrimony. What is needed is some form of engine to convert, as directly and cheaply as possible, the energy of coal into electric energy. Science, be believes, is capable of achieving the desired result, but only through united effort, supported by large capital. He suggests that if the expenditure of \$5,000,000 a year were entrusted for two or three years to such men as Lord Kelvin or Lord Rayleigh, the problem might be solv-

### WIFE'S PLEA IN VAIN.

Brutal Husband Wanted No Solitude on His Vacation.

Last Saturday, the very day on which certain young Treasury clerk was Sufferers from this horrible malady nearly always inherit it—not necessarily from the parents, but may be from some remote ancestor, for Cancer often runs through several generations. This deadly poison may lay dormant in the blood for years, or until you reach middle life, then the first little sore or ulcer makes its appearance—or a swollen gland in the breast, or some other part of the body, gives the first warning.

To cure Cancer thoroughly and permenently all the poisonous virus must be eliminated from the blood—every vestage of it driven out. This S. S. S. does, and is the only medicine that can reach deep seated, obstinate blood troubles like this. When all the poison has been forced out of the system the Cancer heals, and the disease never returns. to start away with his wife on the

see this. "Why don't you join that camping party that's going down the Potomac to-night for a week or so, until mamma gets better, and then we'll go to the seaside together?" she suggested. "They're all nice boys, you know."

"Don't care for these stag outfits any more," he replied.
"Well," she said, "why can't you go to some quiet little place over in Mary-

land on the Chesapeake and stay there until I join you to go to Atlantic City?" He didn't make any reply to this, but looked gloomily out of the window. "Oh," she went on, "why couldn't you go and visit your brother at his

go to the beach with you?" This idea didn't appear to make much of a hit with him, either, and to he

West Virginia farm until I am able to

kept still. "What fun would it be," she continued, "for you to go to that Atlantic City hotel, where there are about forty rirls to one man, and all of the horrid things grinning at the men like chessy cats, while—"

"That'll be about all o' that." he broke out, with a grin. "I know what you'd like-to have me go to a Trapplst monastery or to the Old Man's Home until your mother happens to come around enough to enable you to keep your binoculars on me every minute of the day or night. Or you'd like to have me surrender myself for a vag. and take a turn over on the Eastern to be cottonseed oil. In a test at Vi- Branch until you're in shape to accompany me. But the hotel in Atlantic's good enough for me, thanks. There can't be any too many girls, chessy cats or otherwise, in any seashore notel, for me, and if they were in the ratio of 4,000,000 to 1 the better it 'ud tickle me. I'm sorry your mother is schedule for my vacation as arranged is going through, on the dot, so far as I am concerned, and there ain't going to be any solitary confinement stunts in it, at that."

Then the brute accompanied her over to Baltimore, and went hiking off to Atlantic City and the chessy cats, leaving her sulky and suspicious.-Washington Post.

#### OLD PROVERB'S REAL MEANING.

Colds to Be Cured by Fasting, Resting, Dieting and Light.

Long ago Sydenham said that disease was an effort of nature to restore health. But we do not treat a cold as if it were of this character; we regard it usually as a thing to be stopped rather than to be helped along gently in its own direction. That is a wrong policy altogether.

There is an old proverb, "Feed a cold and starve a fever." This has led many people to take a heavy meal when a cold is on them, and such a heavy meal may have so stimulating an effect upon the system that the system will be put into working order for a short time, and then may be able to go on by itself. But the original proverb was not a command. The first part of it was a condition. If you feed a cold you will have to starve a fever later on. That was the real sense, and the real advice conveyed by it was "starve a cold."

This gives us the best or at least the most economical means of prevention and cure. When we have a cold the balance of nature has somehow been upset. The cold generally starts from the stomach. Give the stomach a rest -fast for a day or two, or for several days-and probably the cold itself will disappear. .

The next means is light. It is probable that if the whole body were allowed sufficient light, colds would be unknown. Dr. Forbes Winslow and Sir James Wylle, late physician to the Emperor of Russia, and many other physicians, all emphasize the importance of light. The last of these authorities calculated the effects of light in the St. Petersburg hospitals. He found that the number of patients cured in rooms which were properly lighted was three times greater than the number cured in dark rooms.

Even slow eating and mastication of food might by itself be sufficient to prevent any cold; even deep, slow, full breathing through the nose might be sufficient; even cleansing, followed by invigorating water treatments, with rubbings and exercise, might be sufficient; in fact, there are numerous avenues to immunity. We must never imagine, writes Eustace Mills in the Morning Oregonian, that the draught or the wet feet can ever be by themselves the real and vital cause.

#### How He Lost a Pension.

"I've just applied for a government pension," he said, "but I don't think "Why not?"

"Well, you see I caught a bad cold in the Civil War." "Of course."

"An' it's been a-workin' on me ever

sence."

"Naturally."

"An' t'other day it broke out in a gallopin' consumption."

"Why, you don't look like a---" "I know it; an' that's jest where the trouble comes in. The very minute the consumption hit me, an' I put in my application to the government, the old lady fell to prayin' fer me, an' 'bout a quarter to 10 o'clock last night-or mebbe it wuz 20 minutes to 10-her prayers wuz answered, an' I commenced to feel better, until now I'm 'feared I'm plum well. Takin' me at my looks no government in the world ed out, he couldn't see any way for is a-goin' to pension me. I don't want it except to start off on the prearrangto to muzzle the old lady, but it looks like I'll have to."-Atlanta Constitution.

#### Lesson in Politeness.

The oldest boy is a treasure, but in trying to be polite he sometimes slips up. The father of this lad had reared him to be always courteous to his elders. On going to a distant school his father had told him to telegraph home "Yes" if he found everything satisfactory and arrived safely. He did so, but the busy father had forgotten the arrangement, so, being puzzled, he telegraphed back: "Yes, what?" The answer. came: "Yes, sir."

#### A Sufferer's Plea.

Lady-You are sure you have put the piano in good condition? Tuner-Quite so, madam. I guess your daughter will find it as good as new when she resumes her practice.

Lady-I hope so. Did you do anything to it, by the way, besides tuning? Tuner-Yes; I deadened the hammers.

Rear Room Boarder (sotto voce)-1 wish, while you were about it, you had done the same to the hammerer.-Richmond Dispatch.

What has become of the old-fashioned man who, when asked where he got and buyed 'em?"

### CHINESE BARBER'S METHODS.

Complications Which Beset the Celestial Hairdresser.

New York's Chinatown has now two barbers, and the monopoly once enjoyed by Lee Yu of Mott street is at an end, unless he forms a syndicate with the newcomer who has a shop in Pell st. His trade is more complicated than that of his "foreign-devil" colleague, and demands a longer apprenticeship. He shaves with a smaller razor, and for a shaving brush uses what looks suspiciously like a cheap tooth-brush. In lathering, he applies a small daub of soapsuds which covers about one square inch. When this is sick, and all that, of course, but I'm shaved off he daubs another little tract not 112 years of age yet, and the of skin, shaves, and so keeps on until the task is over.

Not only the lower face and neck, but also the temples, forehead, the space around the ears and the lower back of the head, are operated upon. The ears require especial attention. For their treatment he has an ear razor.

no larger than a surgeon's lancet. With this he shaves the fuzz on the back of the ear, the down on the front and the bristles in the ear passage. After shaving, he polishes the ear with a cotton pad, and then a hard-stone canons of the far east, the model ear is pink and polished, like a carving terian. in rose coral.

The hairs which grow in the nostrils are removed by tweezers. This operation, painful to an American, has no terrors for John Chinaman. He begins tweezering in youth, and at 25 is accustomed to the practice. According to the barber, the hair sacs grow larger and looser, so that each hair comes out with but little trouble or smart.

After shaving comes the dressing of the cue. This is not a simple strand of hair, as it appears, says the New York Fost, but a rope in which a little hair is ingeniously plaited with black silk cords. The average cue is one-fourth hair and three-fourths silk. The barber unplaits it, lays aside the silk, shampoos, dries and oils the hair; rubs it with a silk cloth, combs it out, and then braids it with the silk. Af-

amount of some perfume. When the customer is in a hurry this ends the operation. In other cases he passes through a series of massage and Swedish movements. His head is rotated, his back and shoulders pounded and rubbed, his arms and hands moved vigorously at every joint, the fingers opened and shut and each knuckle pulled until it cracks. The barber must examine the eyebrows, eyelashes and fingernalls and attend to every blemish. For this purpose he has tiny scissors, camel's-hair pencils and instruments very much like those of the Cleveland Plain Dealer. manicurist.

For skin disorders he has many preparations, washes, ointments, powders and plasters. Young Chinamen, especially the well-to-do, are eager to have nice complexions, and rely upon the hedge."-Chicago Record. barber for the cure of all cutaneous discents, and for a full performance, with is the foolish fancies other people have all the oriental extras thrown in, a half

In one respect he may be imitated by our own tradesmen. He uses a towel made of soft silk, which is a hundredfold more grateful to the skin than the cotton or linen tissues of our own civilization.

#### Accidental Converta.

There are more people than there ought to be in this country who worship patent medicines, but a missionary in Burma gives an account in dared me!"-Baltimore News. Stray Stories of how she was the innocent' cause of the worship of empty medicine bottles having been instituted.

ing with her a quantity of pain-killer, and thinking that she might at least allay the suffering somewhat, she went from house to house administering the remedy, and left a number of bottles to be used after she had gone.

When she returned to the village some months later she was met by the head man of the community, who cheered and delighted her by this intelligence: "Teacher, we have come over to your side; the medicine did us so much good that we have accepted your god."

Overjoyed at this news, she was conducted to the house of the head man, who opened the door of a room and showed her the pain-killer bottles solemnly arranged in a row upon the shelf; and before them the whole company immediately prostrated themselves in worship.

#### At the Game. "Hurrah for Spider!" shouted the tail young man in the grand stand.

"Spider?" echoed the pretty girl by his side. "Why in the world do you call him such a name?" "Because he catches so many files.

Do you understand?" She did not understand, but quickly retorted:
"Well, if he catches files why don't

#### you call him 'Fly Paper'?" Relie of Bonaparte.

The historic dessert service which was to have figured at a banquet in Brussels by which Napoleon had hoped to celebrate a victory over the ailied forces was recently sold in Brussels for the sum of \$1,000. The strange part of it all is that so valuable a service should have been held in Brussels so long at so low a price.

We all do a great deal of grumbling. his new ciothes, replied: "Sold eggs and there is usually something back of

A Sheffield boot-maker displays this notice in his window: "Don't you wish

you were in my shoes?"-Tit-Bits. "So you are in society?" "Yes." "In real society?" "Yes." "Way-up so-ciety?" "Yes." "Does society know Seattle. lt?"-Chicago Post.

"Bingles is a lucky man. His time KENTUCKY LIQUOR CO. goes right on whether he is waking or sleeping, sick or well." "What is Bingles' business?" "Watchmaker."

Blobbs-How did you like the melodrama? Was anybody killed? Slobbs -No; the audience yelled for the author, but he wouldn't come out.

"Uncle William, are you troubled about the hereafter?" "No, suh; it's de wharfo' er de herein what keeps Frye Bruhn & Co. me guessin'!"-Atlanta Constitution. Lady Tourist (doing the cathedrals

of Scotland)-This is Gothic, isu't it. Wholesale and Retail Butchers rubber. According to the tonsorial John? Juvenile Vender of "Guides" (severely)-No, mem. This is Presby-

Sounds thrilling: Bobble-Paw, will you buy me a book? Father-What is the name o the book you want? Bobble-"Nicaragua Bill." - Ohio State Journal.

In confidence: Customer-Walter. bere's a quarter. Suggest a good dinner for me. Walter (in a whisper)-Go to some other restaurant, sir .-Smart Set.

Traveling Acquaintance-I wonder that the regular passengers don't agitate for better service. Commuter-We do, at times, but it merely gets us agitated.-Puck.

Poor Mike: Doctor -How about that mustard-plaster I prescribed for your husband? Mrs. Grogan-Shure, docthor, I couldn't make Mike ate more nor th' half av it .- Judge.

ter the braiding is over he scents the . It's queer that people who are althe masterplece with a very small ways railing at the world are nevertheless willing to pay the doctors s fortune to keep them from leaving it in a hurry .- Atlanta Constitution,

The commuter at home: Suburban-This is shameful! I'll not stand that cook's insolence a moment longer. As soon as I get to New York I'll ring her up on the telephone and discharge her. -Judge. Looking blue for milkman: "I more

do you suspect him?" "Of trying to work the Filipino water-cure on us. Look at the color of that milk!"-"Say," our bookkeeper is foolish." What do you mean?" "Why, he says when he gets old he wants money

enough to go out and live where he

than suspect our milkman." "Of what

can see the moon go down behind a Analysis: She-After all, what is the ders. His compensation is very good, difference between illusion and delufrom either a western or eastern point sion? He-Illusion is the lovely fanof view. For a shave he charges 25 cles we have about ourselves; delusion

about themselves .- Life. A come down for her: "Did I understand you to say that she lowered herself when she married him?" "Yes. She slid down from a third-story window, using a rope made of bedclothes."

-Chicago Record-Herald. Discretion: "So you made a great bit in your presentation of 'Hamlet.' Mr. Barnstormer? I suppose the audiences called you to come out before the curtain," "Called me? They

"It would be helpful to you," said the prison visitor "if you could take some motto and try to live up to it." In one of her tours she came upon a "I'd like to select, for instance, 'We village where cholera was raging. Hav- are here to-day and gone to-morrow." -Tit-Bits.

The proper thing: The President-Then you don't care to have your name mentioned in connection with your one hundred million dollar gift to our university?" The Philanthropist-Well. you might say that you give my name without my consent.-Ex.

Cheerful: Tess-So, Mr. Groosum really proposed to you? Tess-Yes. While we were strolling in the cemetery we came to their family lot, and he asked me how I'd like to be buried there some day, with his name on the Agricultural Implements stone above me.-Philadelphia Press.

"Do you think it would improve my style?" inquired the 'varsity man who had got into the crew through favoriteism. "if I were to acquire a faster stroke?" "It would improve the crew," replied the candid trainer, "if \$10, 212, 214 Front Street, Cor. Salmon, you got a paralytic stroke."-Tit-Bits.

No conversation: Barber - You're next, sir. Hair cut? Pepprey-Yes, and here, put this in your pocket for yourself. Barber-Thank you, sir. I don't often get my tip before I begin, and I appreciate- Pepprey-I don't want you to consider that a tip. but "hush money."-Philadelphia Press.

Mammy-Bless mah beart! If d chile ain't cuttin' his eye-tooth! Little 'Rastus (in alarm)-What's an eye tooth, mammy? Mammy-Why, de eye-tooth, chile, watches ebry word dat yo' tongue uttebs, an' ebry time you say a bad word it'il pain dat good eye tooth so much dat it'll ache fo' two bounhs!--Puck.

"Lady." began the dusty wayfarer. 'could you belp a poor sufferer of Mont Pelee?" "siont Pelee?" echoed the housewife; "why, you are no resident of Martinique." "I know dat mum, but I am a sufferer, just de same. Half de things kind ladles had saved fer me dey sent down dere." -Philadelphia Record.

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