

FOR WOMAN'S HEALTH

Best Letters from Women Relieved of Pain by Mrs. Pinkham.

"DEAR MRS. PINKHAM:—Before I commenced to take your medicine I was in a terrible state, wishing myself dead a good many times. Every part of my body seemed to pain in some way. At time of menstruation my suffering was something terrible. I thought there was no cure for me, but after taking several bottles of Lydia E. Pinkham's Vegetable Compound all my bad feelings were gone. I am now well and enjoying good health. I shall always praise your medicine."—Mrs. AMOS FESCHLER, Box 236, Romeo, Mich.

Female Troubles Overcome.
"DEAR MRS. PINKHAM:—I had female trouble, painful menses, and kidney complaint, also stomach trouble. About a year ago I happened to pick up a paper that contained an advertisement of Lydia E. Pinkham's Vegetable Compound, and when I read how it had helped others, I thought it might help me, and decided to give it a trial. I did so, and as a result am now feeling perfectly well. I wish to thank you for the benefit your medicine has been to me."—Mrs. CLARA STUBBS, Diller, Neb.

No More Pain.
"DEAR MRS. PINKHAM:—Your Vegetable Compound has been of much benefit to me. When my menses first appeared they were very irregular. They occurred too often and did not leave for a week or more. I always suffered at these times with terrible pains in my back and abdomen. Would be in bed for several days and would not be exactly rational at times. I took Lydia E. Pinkham's Vegetable Compound, and menses became regular and pains left me entirely."—Mrs. E. F. CUREN, Brule, Wis.

Equine Losses in War.
In all protracted wars the loss in horses from disease is terribly heavy. In Napoleon's campaign across the Niemen, out of 60,000 horses, no fewer than 45,000 succumbed in six months. At the siege of Plevna the Russians lost 30 per cent of their draught animals, and in the Egyptian wars of 1882 the English horses were disabled, of which 600 died from sickness and only 60 on the field of battle.—Pearson's Magazine.

A new regulation cog introduced in Swiss watches, works so accurately that the time pieces do not vary 10 seconds in a month.

Every saloon at Tullahoma, Tenn., has been placed under the legal ban charged with Sunday liquor selling.

Try Allen's Foot-Ease.
A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures ingrowing nails, swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. We have 30,000 testimonials. Try it today. Sold by all druggists and shoe dealers for 25c. Trial package FREE. Address Allen S. Olmstead, Lefroy, N. Y.

Crime Prevalent in Berlin.
Crimes of violence, whose perpetrators have remained undiscovered, have become so common in Berlin and its neighborhood that the Prussian minister of the interior has given notice that all violent deaths shall be reported at once to a special bureau, which shall decide whether the local or Berlin police shall take up the case, and in certain instances shall set its own detectives to work.—N. Y. Sun.

Physician and Morphine.
In a recent address before a graduating class of medical students occurs the following most sensible advice: "While fewer physicians become insane than members of other professions, a larger proportion become addicted to the use of morphia. Opium in any form is exceedingly dangerous when self-administered. No physician should attempt to treat himself, but always take the advice and follow the direction of another physician."

NO REMEDY EQUALS PERUNA, SO THE WOMEN ALL SAY.



Miss Susan Wymar, teacher in the Richmond school, Chicago, Ill., writes the following letter to Dr. Hartman regarding Per-na. She says: "Only those who have suffered as I have, can know what a blessing it is to be able to find relief in Per-na. This has been my experience. A friend in need is a friend indeed, and every bottle of Per-na I ever bought proved a good friend to me."—Susan Wymar.

Mrs. Margaretha Dauben, 1214 North Superior street, Racine City, Wis., writes: "I feel so well and good and happy now that pen cannot describe it. Per-na is everything to me. I have taken several bottles of Per-na for female complaint. I am in the change of life and it does me good." Per-na has no equal in all of the irregularities and emergencies peculiar to women caused by pelvic catarrh.

Address Dr. Hartman, Columbus, O., for a free book for women only.

IS BLIND AND POOR.

BARONESS JENNO VAN RAHDEN DYING IN AUSTRIA.

She Has Had a Career in Which the Romantic and Tragic Were Strangely Blended—Infatuated Husband Killed Four Admirers.

Wealth and splendor have gone; the man who killed four others for her love lies moldering under ground with his victims; the world that bowed before her beauty has forgotten her, or, if it remembers, remembers only to pity for a passing moment; the beautiful eyes that once were watched eagerly by hundreds for a glance are sightless. It is the end of the glory of the Baroness Jenny von Rahden. She lies in Nizza Austria—blind, miserably poor and dying. The magnificent trained horses which she loved passionately, and with which she won applause from all of Europe, have been sold long ago for debt, and she does not know who owns them now. She has made with barely one step the voyage from magnificence to bitter misery.

It was as an equestrian that Jenny Weiss first became one of the celebrities of Europe. Many wooed her. Of them all none wooed as did the big, handsome, dashing, prodigally rich Russian, Baron von Rahden. He won her, and became as fierce an adorer of his wife as he had been her adorer during courtship. He showered upon her love and wealth and watched over her with jealous care.

For this man, with his savage love, there came torment. His wealth was swept away in a night, and he faced life as a beggar. Unfitted for work, he struggled bitterly, until sheer necessity



THE BARONESS AND HER HORSE.

forced him to let his wife return to the circus arena with her horses. Faithfully she labored for him and herself, and her work was rewarded excellently with both fame and money. But the life was mortal agony for the Russian. Night after night he stood where his fierce eyes could watch the audience, and every glance that seemed to lack respect, every word that seemed to imply admiration, even the applause that was lavished on her, bit into him as acid into a wound.

Soon Vienna was startled by the news that a duel had been fought between him and an officer of high rank, and that his opponent had been killed at the first fire. It was proved that the dead officer had attempted to force his attentions on the equestrian, and the baron was not prosecuted. The tragic affair cooled neither the baron's blood nor that of the admirers of the baroness. A second duel in the south of Europe soon followed the first, and another dead officer was left on the field to testify to the prowess, this time, of the baron's sword. Again, in France, a civilian, one of the richest men of the day, tried to send a note to the baroness. The baron intercepted it, and the next morning it became known in the town that the baron's deadly record had been increased by another victim.

This third duel sufficed to frighten the most daring, and for a considerable time even this insanely jealous man found something like peace, for there was no man in any of the crowds that watched the beautiful woman ride who did not keep himself in rein, well knowing that the Russian's sharp eyes were roving over each face in turn with fierce watchfulness in every glance. But finally, in France, a Danish naval officer became infatuated with the graceful rider. Perhaps he was reckless; perhaps he did not know the record of her husband. At any rate, he took no pains to hide his admiration of the Baroness Jenny. His friends hastened then to acquaint him with the truth, but he only laughed at them. It was a pretty romance and it amused him.

One day the officer stared at the baroness with open insolence. The next instant a great form towered over him, a voice thick with rage addressed him and he fell, shot dead. As this killing was not in a duel the baron was arrested and tried. The end was that he was acquitted. There followed a few years of comparatively serene life. Through it all ran the strain of a perfect love between these two. And then the baron died.

That was two years and a half ago. In that time the baroness appeared with few interruptions and earned the admiration of all. Last January she appeared in Nizza. For some time before that she had suffered from pain in the spine, but she insisted on appearing. She rode all evening, and her acts were even more brilliant than usual. But even while the applause was ringing through the place she faintly and slid helplessly to the ground. She was carried to the hotel burning with fever. When she awoke the next morning she begged her attendants to open the shutters. But the shutters already were wide open. She was blind. Physicians consulted and consulted, to arrive only at the same verdict—hopeless. The circus folk did what they could until the show had to depart from Nizza. They

left her behind them in the hotel, whence later she was taken to a hospital and where she is now dying. All of her horses were sold for her maintenance.

PREFER TO REMAIN IN MEXICO.

Natives of Our Sister Republic Seldom Emigrate to the States.

By the last census taken in 1895 the population of Mexico was 12,578,000. By the last census of Canada, taken in 1896, its population was 5,125,000. There are thus more than twice as many inhabitants in Mexico as in Canada, and the facilities of travel between Mexico and the United States are equally good, but by the last census there were 1,000,000 Canadians in the United States and only 77,000 Mexicans—a disparity so great as to require some explanation.

It has generally been supposed that a majority of the Canadians in the United States are residents of either the northern counties of New York or the manufacturing districts of New England, into which there has been of recent years a very large immigration of French-Canadians, but it is a fact that the Canadian-born population of the United States is pretty evenly distributed, and by the last Federal census there were 181,000 Canadians in Michigan, 26,000 in California, 40,000 in the State of Illinois, 17,000 in Iowa, and more curious still, perhaps, 3,000 in Texas. Two-thirds of all the Mexicans in the United States are to be found within the State of Texas and the other one-third in the other forty-four States and Territories of the country. By the last census the whole number of Mexicans resident in New York was returned as 330, of Missouri 130, of Illinois 143, and of Colorado 607.

The most frequent explanation given for the scarcity of Mexican residents in the United States is found in the differences of climate. But this explanation is not the true one, as is shown by the figures in Mississippi, a State whose climate more nearly, perhaps, than any other, with the exception of Texas, resembles that of Mexico; there were only thirty-one Mexicans in Mississippi returned by the last census, in Alabama thirty-four, and in Arkansas twenty-seven, while in the North Atlantic States there were 650. Another explanation of the lack of Mexican emigration to this country is given in the unfamiliarity of its people with the language, but that view of the case is not well supported.

The republic of Mexico has not been increasing much in population through immigration in recent years and the number of American emigrants to Mexico has been continuously small. There were by the last enumeration 7,200 foreign residents in the capital city of Mexico, the total population of which was 345,000.—New York Sun.

World's Smallest Battery.
This picture of "Hink and Dink," the youngest battery in the world, is copied from a snapshot taken of Francis Walsh, a young Kansas City lad, who has been visiting Boston lately, and Fred Wiltzinger, a youngster from Dorchester. Both are friends of Charley Nich-



HINK AND DINK.

ols, of the Boston Base-ball Club, two of whose uniforms were remade to fit the young players. "Hink" is the pitcher and "Dink" the catcher, but if "Hink's" curves fail to bewilder the opposing batsman "Dink" takes his place on the rubber, and "Hink" dons the big mitt, mask and protector.

No Monotony.
According to the statement of the ten-year-old daughter of a Massachusetts clergyman, there are ways of making an old sermon seem almost new. "Molly," said one of the friends of this young critic, "does your father ever preach the same sermon twice?" "I think perhaps he does," returned Molly, cautiously, "but I think he talks loud and soft in different places the second time, so it doesn't sound the same at all."—Youth's Companion.

Army Service in Russia.
Russia has three armies, with different terms of service. In Europe her men are five years in the active army, thirteen in the reserve and five in the second reserve; in Asia they are seven years in the active army and six in the reserve; in Caucasus they are three years in the active army and fifteen in the reserve.

A Trade in Itself.
Citizen—See here, I'll give you a dime, but I believe you asked me for money only yesterday. Why don't you learn some good business?
Able-bodied Beggar—I have learned one, sir; I'm a re-toucher.—Life.

A man spends money more freely when after a cheap office than when after a wife, and regrets less what it cost him.

Every one reaches a day when he tells something he has always kept a secret.

RAM'S HORN BLASTS.

Warning Notes Calling the Wicked to Repentance.



HEAVEN is not a reformatory. The humble are always lifted up in heart.

Calm seas make careless sailors. Man soon wears of the worship of humanity.

There is no eating the nut for the man who is too lazy to get through the shell.

Where the heart sinks the hand cannot succeed.

No case is so shameful as when a man loses shame.

Failure is often but man's name for God's successes.

The true Christian pays taxes where his citizenship lies.

When your foes laugh with you your friends will weep.

Religion makes the church and not the church religion.

The showers of blessing always follow the clouds of darkness.

Death is an incident and not an interruption of life's progress.

A sealed tomb is the only comfort of those who look only to a dead Christ.

When we are living to do good we can depend on God and angels to help.

The glory of God is not so much in His righteousness as in His gift of it to man.

It is a libel on any bird to apply the proverb about flocking together to the saloon contingent.

It is better that God should take away your joys than that you should escape from His sorrows.

The twentieth century will offer no greater wonder than that of the nineteenth—the saving power of the gospel.

Many a man puts a fine monument over the grave of his wife, who made her get up and light the fire every morning.

The devil will not care who does the preaching, so long as his plans are adopted for raising the money to run the church.

When a man begins to put the rotten apples in the bottom of the measure, how soon he begins to conclude that the Bible is a fable.

The fact that the Bible comes from God may be as clearly demonstrated by testing its promises, as drawing your check will determine whether you have money in bank.

MALARIAL LORE.

Statements Made by an Expert on the Subject of Mosquitoes.

The man who kills a female mosquito is a public benefactor according to Professor A. Celli, as quoted in the Philadelphia Medical Journal. The best time to destroy these carriers of malaria is in the spring. "For every mosquito killed," says the malaria expert, "there will be 200,000,000 less in the following year if eggs are laid four times, and 20,000,000,000 less when eggs are laid five times." Petroleum thrown upon the pools of stagnant water where they lay their eggs destroys the young as soon as hatched, the oil getting into their breathing apparatus when they come to the surface for air. The expert warns persons susceptible to malaria not to sleep in the open air, but to remain indoors at night and in the early hours of the morning. If the windows are open no light should be lit—to prevent the ingress of mosquitoes. Windows and doors should be covered with netting.

If one is obliged to be out at night in a mosquito-malarious country, the face and neck should be covered with a veil and the hands with gloves. Turpentine, turpentine soap, iodoform, menthol, and a paste of valerianic acid are good chemical protectives. Senor Celli makes the novel observation that "in a malarial country a patient sick with malaria is a danger to others and should be isolated." He is a source of infection to the mosquitoes that bite him, and through the mosquitoes he infects his fellow-men. Quinine disinfects the blood, but it is of little use against "certain parasite forms that produce relapses, and of no use against the amoeba which completes the sexual cycle in the mosquito."—Baltimore Sun.

No Hot Water.

I don't believe you know quite all the troubles people in office have, anyway. There is, for instance, an estimable lady of my acquaintance who is employed in one of the departments, and I won't say it isn't the Agricultural Department. I met her after hours the other day, and she complained of headache.

"I didn't get my tea at noon to-day," she explained. "You see we make tea every day for luncheon, several of us together, and the messenger brings us hot water. But some days he can't get us any, and to-day was one of the days."

"Why couldn't he get any to-day?" I asked.

"Why," she answered, "you see Mr. Secretary was taking a bath. We can't have any hot water on the days when Mr. Secretary takes his bath."—Washington Post.

Hot-water lamps are being set up in London with slot arrangements by which hot coals, coffee or soup can be obtained as well as water.

Whoever so named New York's gloomy prison chose an apt and significant phrase. Many a wretched criminal has found indeed therein that the path of sin is the path of death, and has mourned at the burial of his own blighted hopes and ruined resolutions. But "stone walls do not a prison make." There are those who sit mured in "the tombs" of a dead past and woeful present. Themselves, as Milton would have it, are their own dungeons. Let them lift up their heads to the dawn and freedom. God is not far from any one of us.—Baptist Union.

Do not omit the late cucumbers for pickling. The seed may be planted in June or July. The White Spine is an excellent variety, as it is uniform, round and of good length. It is also tender and very crisp, having a long stem, and they keep well as pickles. They must be picked off daily or they will grow too large.

What Will Become of China?
None can foresee the outcome of the quarrel between foreign powers over the division of China. It is interesting to watch the going to pieces of this race. Many people are also going to pieces because of dyspepsia, constipation and stomach diseases. Good health can be retained if we use Hostetter's Stomach Bitters.

The Chicago Tribune thinks a cycle path for wheelmen may be considered a good thing on the side.

Poor's Trouble.
"The gas bill is twice what it was last month," said the poor's wife. "There must be something wrong with the meter."

"I wish I were a gas company," sighed the poet. "Every time my meter goes wrong I lose money."—Indianapolis Press.

Black cotton hose should be dried and ironed on the wrong side to prevent fading.

Beware of Ointments for Catarrh That Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists, price 75c. per bottle. Hall's Family Pills are the best.

The income of John D. Rockefeller, of the Standard Oil Company, increases at the rate of \$684 an hour, night and day.

City Clerk Donovan, of Boston, has chosen for his messenger a 17 year old girl, Miss Annie G. Riley, the first of her sex to hold such a position in Boston. The civil service commissioners being unable to supply a girl in response to Mr. Donovan's request, he chose his own messenger.

Confusion in the head, vertigo, stupor, faintness, nausea, vomiting, general depression of the nervous and circulatory functions, follow the ingestion of large quantities of tobacco.

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..AVENARIUS CARBOLINEUM..

(The Famous German Wood Preserver)

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One application is all that is required. It lasts for years. Price, 50 cents per quart. Write for circulars and information

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..Best On Earth..

Eccentric Sprocket Wheel, chain pulls on the long spokes when doing the hardest work, which is compressing the bundle, tying the knot and discharging the bundle. We guarantee a gain of power of 16 2-3 per cent at this time.

Force Feed Elevator, warranted to waste less grain than any other. Send for Catalogue.

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ARE YOU COLD OR HOT?

You can be comfortable always if you have the New Columbian fire grate in your house. No more trouble from smoke or half heated rooms. It has a new system of draught, throws the heat into the room instead of up the chimney, and saves you money. Let us tell you about this new grate. It is perfect for any household. For particulars and full description apply to THE JOHNSON & CO. HEAT CO., 91 First St., Portland, Or.

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Moore's Revealed Remedy

Thousands have used it and thousands more praise it. It cures permanently. \$1 per bottle at your druggist.

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CURE FOR ALL BRONCHITIS
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

CONSUMPTION

BEST FOR THE BOWELS

If you haven't a regular, healthy movement of the bowels every day, you're sick or will be. Keep your bowels open, and all goes well. Forcible, in the shape of violent physic or pill poison, is dangerous. The smoothest, easiest, most perfect way of keeping the bowels clear and clean is to take



CANDY CATHARTIC
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TRADE MARK REGISTERED
REGULATE THE LIVER

Pleasant, Palatable, Pure, Taste Good. Do Good. Never Sickens, Weakens, or Grips. 10c. 50c. Write for free sample, and booklet on health. Address: **Smith Candy Company, Chicago, Ill.**

KEEP YOUR BLOOD CLEAN

An Easy Job.

"What is Smith doing now?"

"He is traveling with a circus."

"Pretty hard work, isn't it?"

"No; he has nothing to do but to stick his head into the lion's mouth twice a day."—Tit-Bits.

Silence Is Golden.
Mrs. Stubb—John, would you refer to a gun as feminine?

Mr. Stubb—I should think not Maria!

"And why not?"

"Because guns can be silenced."—Chicago Evening News.

HOIT'S SCHOOL.

Menlo Park, San Mateo County, Cal., with its new buildings, newly furnished and complete laboratories, beautiful surroundings and home influences, is one of the best equipped schools for the training of boys and young men on the coast. It is in charge of Dr. Ira G. Hoit and is accredited at the universities. Send for catalog. Tenth year begins August 6, 1900.

Eyesight is frequently impaired by the use of tobacco, due to the paralyzing of the nerves controlling the iris, or paralysis of the optic nerve, sometimes resulting in absolute loss of sight.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The towns of Eddy and Moody, Tex., have each voted "no license," the former by a big majority.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

In Prussia habitual drunkards may be legally put in charge of guardians.

Thermometer a Nursery Requisite.

A thermometer is almost indispensable in the nursery. It should, if possible, hang in the middle of the room, away from the door, window, wall and fireplace, where the mercury may be affected by the draught. If the room where the baby is obliged to sleep is very hot in the middle of the day, or at night, hang a wet sheet over the window and leave the door open. Sprinkle the sheet as it dries with a whisk broom that has been dipped in cold water.—Ladies' Home Journal.

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