

# Obituaries

Paid Notices

## Ray Sjoblom

The fish and game of the Pacific Northwest are resting easier since the passing of Ray Sjoblom March 11 at age 96.

Ray was born Dec. 9, 1923, in Monroe, Wash., to parents Albert and Annice. His sister, Elaine, was just 16 months older than he, and baby sister Alta arrived 10 years later. His dad was a shingle sawyer, so they lived in many small mill towns in Washington (Fairfax, Mineral, Elbe) and Forks on the Olympia Peninsula.

He grew up in the middle of the Depression but claimed he never knew he was poor since all the other kids also wore patched clothes, and he was never hungry. Yes, they hunted out of season, and he was allowed to hunt alone at age 11. He shot his



Ray Sjoblom

his lifelong friend Bob Crawford (aka Tom Sawyer), they hunted and fished together over 70 years. He was the happiest hiking into high lakes of the Cascades, using

his inflatable raft to catch a limit of trout.

World War II began when he was 18 and in his first quarter of college at the University of Washington. He enlisted in the Navy in 1943 with the ambition of becoming an aviator. He benefited from the GI bill and was a member of Theta Xi fraternity. Ray later worked for the Carnation Company, delivering ice cream in the Seattle area for 35 years. He and his family enjoyed the free ice cream perk.

Ray met "the love of his life," Peggy, when he was 40 years old. Together they raised many children, including foster children. Ray had two sons, Gary and Dean, from his first marriage and stepson Mike. Janet finally arrived when he was 45 years old. She was the apple of his eye and

always knew how deeply loved she was.

After retirement at age 62, he helped Peggy with her real estate business and also took over the cooking. She figured he didn't starve while out hunting for two weeks so he could bring those skills to the home front. Over the years, his menus gradually expanded beyond meatloaf. Retirement also meant time honing his contract bridge skills. He was a very competitive card player and was proud of his Life Master achievement.

Though widowed at age 69, he understood life was long, and he would continue finding ways to learn, grow, and build new relationships. He traveled extensively all over the world, continued outdoor pursuits, and always exercised regularly (with the goal

of optimal fitness by Fall hunting season). He celebrated his 80th birthday climbing Mount Adams.

Ray was not afraid of change, and it seemed that every time he had to give up something, he focused on what he could do instead. When he moved to Down Manor in Hood River at age 89 to be closer to Janet and family, he gave away his box of spices, proclaiming it was time for "easy living." He was ready to let someone else do the cooking! He gave up deer and elk hunting and became a turkey hunter instead. When pulmonary fibrosis limited his breathing, Ray bought himself a portable oxygen machine so he could carry on with bridge. He also purchased an electric wheelchair to scooter to meals and even over to The Ranch for an occasional shake.

Ray had a keen mind and was fiercely independent. He was a good friend to many and a fabulous father, grandfather, and brother. He is survived by sister Alta McNece, daughter Janet (Michael Clemett), sons Gary and Dean, and grandsons Owen and Sawyer Clemett, and Aaron and Dylan Sjoblom.

He did not request a service, preferring more private and personal remembrances of him. In lieu of flowers, please consider a donation to his favorite charities, Fish Food Bank and The Salvation Army.

Visit [www.AndersonsTributeCenter.com](http://www.AndersonsTributeCenter.com) to leave a note of condolence for the family.

## Death Notices

### Virginia McClain

Virginia McClain passed away on March 14, 2020, at Providence Brookside Manor of Hood River, Ore.

Virginia was born April 1, 1929, and was 90 years of age at the time of her passing. Services are pending with arrangements under the direction of Anderson's Tribute Center, Hood River. Visit [www.AndersonsTributeCenter.com](http://www.AndersonsTributeCenter.com) to leave a note of condolence for the family.

### Carolyn Choate

Carolyn Carr Choate, 79, a resident of The Dalles, Ore., died on March 7, 2020, in Rancho Mirage, Calif. A service will be held at a later date. Arrangements are under the direction of Anderson's Tribute Center Celilo Chapel, The Dalles.

Visit [www.AndersonsTributeCenter.com](http://www.AndersonsTributeCenter.com) to leave a note of condolence for the family.

### Sophie Imai

Sophie Imai passed away on March 14, 2020, at Parkhurst Place in Hood River, Ore. Sophie was born on Feb. 14, 1927, and was 93 years of age at the time of her passing. Arrangements are under the direction of Anderson's Tribute Center, Hood River. Visit [www.AndersonsTributeCenter.com](http://www.AndersonsTributeCenter.com) to leave a note of condolence for the family.

## Service Announcements

### Hugo Oswald

Hugo Adolph Oswald passed away on March 4, 2020, at his home in Hood River, Ore. Hugo was born on Jan. 20, 1957, and was 63 years of age at the time of his passing. An open house gathering for friends and family will be held between 4-6 p.m. on Friday, March 20 at Anderson's Tribute Center. Arrangements are under the direction of Anderson's Tribute Center, 1401 Belmont Avenue, Hood River. Visit [www.AndersonsTributeCenter.com](http://www.AndersonsTributeCenter.com) to leave a note of condolence for the family.

### Kaye Prouty

Kaye Christine Prouty, age 73, a resident of The Dalles, Ore., passed away March 13, 2020. A memorial service will be held at 11 a.m. on Saturday, March 21 at the Spencer, Libby & Powell Gathering Hall.

### Raul Soria

Raul John Soria, age 91, a resident of Tygh Valley, Ore., passed away Feb. 28, 2020. The Spencer, Libby & Powell Funeral Home is in care of arrangements. Funeral Mass is planned for 1:30 p.m. on March 20 at Sacred Heart Church,

3910 S.E. 11th Ave., Portland, Ore.

### Janell Helseth

Janell Dawn Helseth was born on July 2, 1984. She passed away unexpectedly on March 2, 2020. A memorial service will be held at 1 p.m. on Monday, April 6 at River of Life Assembly, 979 Tucker Road, Hood River, Ore. A reception will immediately follow. Arrangements under the direction of Anderson's Tribute Center, Hood River. Visit [www.AndersonsTributeCenter.com](http://www.AndersonsTributeCenter.com) to leave a note of condolence for the family.

# One Community Health clinics offer virtual visits, rapid screening to fight spread of COVID-19

In an effort to reduce community exposure to COVID-19 and protect vulnerable populations, One Community Health (OCH) announced March 16 that they will begin offering patients virtual (video-based) visits along with rapid in-person screening.

Virtual visits can be used as a first line option to assess patients experiencing symptoms that are common to COVID-19 (fever, cough, shortness of breath), can help vulnerable patients continue to receive care, and give

patients a convenient way to receive care from home, said an OCH press release.

Max Janasik, CEO of One Community Health, said, "We were planning to offer virtual visits later in the year, but our teams have been working around the clock to accelerate the launch of virtual visits and expand care choices for our patients. We will begin seeing patients over video visits March 16.

"Given how fast we're moving, we will have some bumps along

the way, but this new option can help reduce community exposure," Janasik said. "To remove any financial barriers to access and encourage patients to try virtual visits we will also be waiving patient out-of-pocket costs for the next 30 days, March 16 through April 16."

Virtual visits will be used to quickly assess whether symptoms appear to require additional testing or can likely be managed at home. Virtual visits also allow patients to connect

with OCH's behavioral health consultants for help with COVID-19 related anxiety, social isolation and a variety of other behavioral conditions.

"We understand that COVID-19 is creating a lot of stress, anxiety and loneliness," said Lucas O'Laughlin, director of Behavioral Health Services for OCH. "We will be available to help patients through this, in addition to supporting patients with many other common challenges. Our behavioral health consultants will be

available through virtual visits and out-of-pocket fees will also be waived for behavioral health virtual visits for the next 30 days."

In addition to virtual visits, patients with symptoms common to COVID-19 will also have the option for rapid screening at OCH's main clinics in Hood River and The Dalles. At rapid screening stations, OCH can perform a rapid flu test, quick physical examinations (e.g., listen to lungs, check ears, nose and

throat), and if appropriate test or coordinate testing for COVID-19. OCH asks that patients schedule an appointment for this rapid screening.

Patients should call or text OCH at 541-386-6380 to schedule a virtual visit or a rapid screening.

## HRAAD announces Art of Bark dog photo contest

The 2021 HRAAD Art of Bark Calendar, Photography Edition is set to be produced in May of this year and Hood River Adopt A Dog wants is looking for local pups to be featured.

"For this year's HRAAD Art of Bark Calendar Online Photo Contest, it's all about photography," said a HRAAD press release. "We're looking for the most amazing photo of your

pooch! Yes, we know all photos of your dog are amazing. But do you have an image that is not only beautiful, but somehow captures the personality, beauty and soul of your beloved fur-babe(s)?"

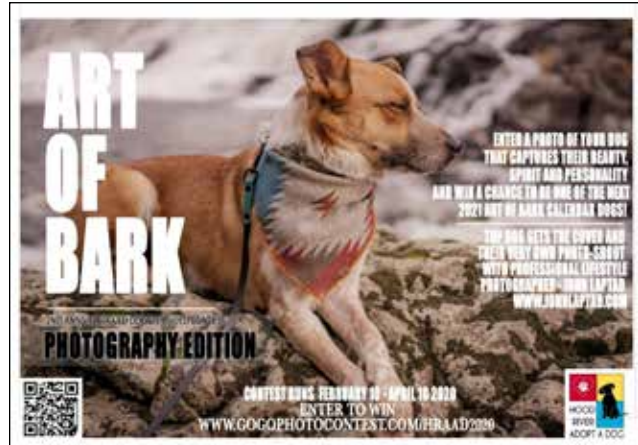
Enter your photogenic pup by submitting their most amazing picture online. Each entry is \$25 which reserves your copy of the 2021 HRAAD Art

of Bark Calendar, Photography Edition. Once your picture has been entered, each vote is \$1.

"Every dollar makes a difference in the lives of homeless dogs," continued the press release. "Once you submit your

entry, you can share it with your family and friends and encourage them to vote."

The contest runs through April 10. Submit photos at [www.gogophotocontest.com/hraad2020](http://www.gogophotocontest.com/hraad2020).



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