

# GATHERINGS

*Gatherings is a free service of the Hood River News and may be edited for length. Listings may also be found online at hoodrivernews.com; click the Events tab.*

**Alcohol, Tobacco & Other Drug (ATOD) Prevention Coalition** meeting the first Wednesday of each month at Grace Su's China Gorge, 3:30-5 p.m. Please contact 541-386-2500 for more information.

**Alzheimer's Support Group**, second Wednesday of the month from 2:20-3:30 p.m. at the Hood River Valley Adult Center, 2010 Sterling Place, Hood River. More at 541-386-2060.

**Area Agency on Aging, Senior Advisory Council (SAC).** The public is welcome. Discusses senior programs, services, budget and area plan for the counties of Gilliam, Hood River, Sherman, Wasco and Wheeler. For questions, contact Scott McKay at 541-980-4645; call for meeting times.

**Coastal Conservation Association Columbia Gorge Chapter** meets the third Tuesday of the month at Cousins Restaurant, 2114 W. Sixth, The Dalles. Open to public. For more information, contact President Charles Parker at 541-806-3669 or charlesparker2@embarqmail.com.

**Columbia Fibres Guild** meets at 10 a.m. on the second Tuesday of the month, September through June, at The Dalles-Wasco County Library, The Dalles. Check location before attending. Promotes crafts of spinning, weaving and fiber arts by providing encouragement and education with programs, demonstrations, classes, mentoring and community outreach. Members from novice to professional welcome. For more information, email ColumbiaFibresGuild@gmail.com or call Anne Kramer at

541-786-3378.

**Columbia Gorge Beekeepers** meets the third Wednesday of each month (no meetings in December and January) at OSU Extension, 2990 Experiment Station Drive, Hood River. Pre-meeting from 5:30-6:15 p.m. (demonstration of beekeeping technique); regular meeting 6:15-8 p.m. Meetings are free and open to anyone interested in beekeeping or bees.

**Columbia Gorge Threshold Singing Circle** meets the second and fourth Thursdays of the month. Join voices for non-performance songs of the times and for thresholds of all kinds. Gather at 6:30 p.m., sing from 6:45-8:30 p.m. Contact Beth at ColumbiaGorge@thresholdchoir.org for location, as it alternates between White Salmon and Hood River, or with other questions.

**Domestic Violence Support Group**, Tuesdays at noon. Free; for women survivors. With Rebecca Hunter, MSW, in partnership with Helping Hands Against Violence. Call for location, 541-400-0186.

**Friends of the Library** meets the second Tuesday of each month (except for July, August and December) at noon in the Gaulke Meeting Room at the Hood River Library.

**Gorge Photography Club**, second Monday of the month in The Dalles, at Northern Wasco County PUD, 2345 River Road, and fourth Monday of the month in Hood River, Next Door Meeting Room, 965 Tucker Road. Social time at 6:30 p.m., meeting at 7 p.m. More at susanj77@gmail.com.

**Gorge Rebuild It Center Board Meetings**, second Tuesday of the month beginning at 6:30 p.m. at 995 Tucker Road (the office building on the property of Gorge Rebuild It Center). All welcome.

**Gorge Sinfonietta Orchestra:** Community orchestra under the direction of Mark Steighner. Meets Tuesday evenings from 7-9 p.m. in the band room of Hood River Valley High School. More information at gorgeorchestra.org

**Gorge Women in Black**, Fridays from noon to 1 p.m. at the corner of Fifth and Oak. Standing in silence for peace and justice. More on Facebook.

**Happiness Group**, meets the fourth Wednesday of each month at 6 p.m. at the Hood River Library to discuss the topic of happiness in all its forms, from the latest science to habits we've tried and thoughts from interesting authors. Moderated by Lucy Mason. All are welcome at any time. More at www.gorgehappiness.org/en/year-round-happiness-group.

**Harmony of the Gorge Women's Chorus**, 6:30-9 p.m. at Valley Christian Church, 975 Indian Creek Road, Hood River. Four-part harmony, no need to read music, lessons provided. Meets Thursdays. Call 541-490-2481 if weather looks bad.

**Hood River Art Club** meets Thursday, 10-1 p.m., from September to May, to motivate, share and support each other's creative endeavors. Meets at FISH Food Bank. Open to the public. All levels of expertise in any art medium; bring your project, supplies, lunch plus \$1 for coffee, etc.

**Hood River County Democrats Meeting**, second Wednesday of the month beginning at 6 p.m. in the Hood River County Library downstairs meeting room, 502 State St. More at hoodriverdemocrats.org.

**Hood River Republicans Meeting**, third Thursday of the month beginning at 5:30 p.m. at Grace Su's China Gorge.

For more information, email hr\_gop@embarqmail.com.

**Hood River Soil and Water Conservation District Board Meeting**, 4 p.m. at the OSU Extension Office meeting room. Board meetings are open to the public and held on the first Thursday of the month.

**Hood River Valley Adult Center Senior Meals**, daily, Monday through Friday from noon to 12:45 p.m. Open to the public. For transportation, call CAT at 541-386-4202. Suggested \$5 donation; proceeds support seniors.

**Indivisible Columbia Gorge (ICG)** meets downstairs at the Hood River library quarterly from 6-7:30 p.m. on the second Tuesday of the first month of the quarter (Jan, April, July and November). Progressive political activism with friends and neighbors. More on Facebook and at ICGOregon.org.

**Lyle Lions Club** meets on the first and third Mondays of the month at the Lyle Lions Community Center on the corner of Highway 14 and Fifth. All welcome.

**Mid-Columbia Cribbage Club**, first and third Mondays of the month at Brookside Manor, 1550 Brookside Drive, Hood River. Play starts at 6:30 p.m. More information at photofields@gorge.net, or call Gary at 541-386-3055.

**NAMI (National Alliance on Mental Illness)** of the Gorge meets the first Thursday of the month from 6-7:30 p.m. at One Community Health, 1040 Webber St., The Dalles (Hood River monthly meeting currently suspended). All Gorge residents welcome. NAMI-Gorge provides a monthly support group meeting for caregivers, friends, and family members of persons with mental illness. For more information,

email susanbgabay@gmail.com or margiest@centurylink.net.

**Odell Garden Club** meets every second Tuesday of the month beginning at 10 a.m. Contact President Norma Curtis at 541-806-1019 or nlc Curtis@hrecn.net for location (usually at the Community Building at the Hood River Fairgrounds) and events. All gardeners are welcome and encouraged to attend.

**Overeaters Anonymous**, Tuesdays from 5:30-6:30 p.m. at Immanuel Lutheran Church, Ninth and State. In Hood River, contact Liz at 541-490-3819 for more information.

**Parkdale Garden Club** meets the first Tuesday of the month, February through December, at 1 p.m. at the Parkdale Grange or at members' homes. All gardeners are welcome. For more information, contact pamcrider97031@gmail.com.

**Rockford Grange** meets the first Wednesday of every month, starting with a potluck at 5:30 p.m. Located at 4262 Barrett Drive, Hood River. For information about membership, events, and hall rental, visit the website at rockfordgrange.net or email at info@rockfordgrange.net.

**Spanish Conversation Group**, Tuesdays from 7-9 p.m. at the Society Hotel, 405 E. Franklin St., Bingen. Free, Spanish-language conversation group for intermediate, advanced and native speakers.

**Survivors of Suicide Loss Support Group**, second Tuesday of the month from 5:30-6:30 p.m. at Columbia Gorge Community College, Hood River campus. Open to anyone who lost a loved one to suicide. Contact belinda.ballah@co.hood-river.or.us for more information.

**TOPS OR9901** (Take Off Pounds Sensibly) meets Tuesdays from 3:45-5 p.m. in the Hood River Valley Christian Church Fireside Room. All welcome.

**Ukulele Song Circle** gathers every second Sunday of the month at the Hood River FISH Food Bank, 1130 Tucker Road, Hood River. Doors open at 1:30 p.m.; sing and play from 2-4 p.m. This is a non-profit, amateur group, open to all skill levels. Bring \$1 donation for use of the building. Call for details, 541 352-9317.

**Unit 20, Oregon Retired Educators**, noon monthly meetings September through June, alternating between Hood River, Wasco and Sherman counties. Interested persons may inquire at 541-478-3429.

**Voci Choir:** Community choir of mixed voices under the direction of Mark Steighner. No audition. Meets Monday evenings from 6:30-8:15 p.m. in the choir room at Hood River Valley High School. More information at gorgeorchestra.org.

**Wind-Masters Men's Chorus**, Thursdays from 6:30-9 p.m. at Valley Christian Church, 975 Indian Creek Road, Hood River. Four-part harmony, no need to read music, lessons provided. Call 541-490-6680 if weather looks bad.

## Gatherings wanted

Hood River News wants to expand Gatherings; if your local non-profit organization hosts regularly-scheduled meetings, send us details and a daytime contact name and phone number. Photographs, 1 MB or larger, are also welcome to accompany the Gatherings column at any time. For more information, email Trisha Walker at twalker@hoodrivernews.com or call 541-386-1234 ext. 107.

# Medical Directory

paid advertising

For information on advertising please contact The Hood River News at 541-386-1234 or email: GorgeSalesTeam@Eaglenewspapers.com

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### MCMC Specialty Clinics at Nichols Landing

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### Cardiology

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### Podiatry

541.308.1015

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- Seth Lambert, D.O.

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- Chardonnay Vance, MD, PhD 541-386-3883

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Hood River, OR 97031  
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