SPORTS





Submitted photos

FIRST PLACE All Around winner Sydney Krentz. Medalists were awarded seashell trophies.

LEVEL SIX Team's Sydney Stanley (front left), Leah Adams (front right), Ellie Rinella (back left), Maeli Ready (center back) and Helena Swihart (right back).

Riverside Gymnastics competes in Hawaii

By JACQUE JOHNSTON

Head coach Jacque Johnston, traveled with 10 team members from Riverside Gymnastics' optional girls team to the 44th annual Aloha Gym-Fest Invitational Jan. 17-19. This was the third time gymnasts from Riverside attended the invitational.

Even with the stiff competition, Riverside held their own and brought home medals and seashell trophies for individual performances.

Sydney Krentz, an eighth grader at Wy'east Middle School, captured the gold All Around title in Level Seven Jr. C division, scoring a 36.725. She also claimed first on the uneven parallel bars with a 9.4, the beam with a 9.475, fifth on fourth place on beam with a bars with an 8.95 and sixth on 9.25, fifth on floor with an 8.975 and sixth on vault with a 9.1.

When asked what was most memorable for her about Hawaii, Krentz said, "Making friends with the Australian team. They were super nice and really good gymnasts!"

Sydney Stanley, from St. fourth on the vault with a 9.1, competing on all four events," Mary's Academy in The Dalles, lead Riverside's Level Six team Jr. A division capturing fourth place in the All Around with a 36.55. Stanley took second on vault and floor with 9.05 and 9.075, respectively.

Other team members contributed to an overall great showing by placing in the top

six in one or more events. Katy Godkin from Hood

River Middle School placed

sixth in the bars with an 8.2 and sixth All Around with a 35.375.

Hannah Adams, who is homeschooled, earned fifth on floor and sixth on the beam both with a score of 9.125. Dylan Viavoda-Kerr, from

Hood River Middle School, did not make the podium. Despite the middle-schooler's results, Johnston appreciated her effort.

"I'm very proud because she pushed through and persevered even with a foot injury,

Johnston said. "Dylan displayed great character at this meet. And that's really what with a score of 35.475. Riverside Gymnastics is all about."

Leah Adams, from May St. Elementary, took second on tured third place on bars with beam with a big score of 9.5, sixth on vault and bars with 8.8 and 8.7, respectively, and All Around at 9.1 and 35.475, fourth All Around in Level 6, Child's division with a 36.

River Valley High School, took second on the floor with a eight.

9.3, fourth on vault at 9.125 and fifth on beam and the All Around in Level 6, Sr. Division

Helena Swihart, from HRVHS, had previously suffered a concussion and capan 8.7, fourth on floor with 9.175 and sixth on vault and respectively.

Ellie Rinella, from Horizon Maeli Ready, from Hood Christian School, took sixth place on bars with a score of

Rangers come back from deficit and beat Hawks



Photo by Gabriel Bravo

HORIZON JUNIOR Caleb Lingel prepares to dribble past Dufur freshman Josh Taylor Feb. 8 at Mark Boyden Memorial Gymnasium in Hood River.

By GABRIEL BRAVO News staff writer

back from a deficit and upset Horizon Christian School's varsity boys basketball team 44-39 Saturday, Feb. 8 in Hood River. At one point, the home Hawks had a nine-point lead over the Rangers.

Two players from HCS team played with a slight illness, head coach Darrin Lingel said.

"Caleb (Lingel) was sick today and Josh (Rogers) was sick today," Darrin Lingel said. "Caleb had stomach problems. He was going to throw up the whole game, but he fought through it today."

In the first half Horizon had the lead 19-13. The Rangers, however, looked hungry and chased down the lead in the second quarter.

Hollie Darden, head coach for the Rangers, said the team adjusted their defense to fit the Hawks offense.

the ball pretty well in the first floor leader. So, as he goes, quarter, we gave them some we go in terms of intensity. He Dufur High School came easy looks in transition and doesn't say a lot but he leads by things like that," Darden said. "I think we picked up our defensive intensity in the second quarter, we forced some turnovers, got some easy looks and they missed a few more shots."

Dufur's strengthened defense snuffed out Horizon's offensive opportunities in the second and third quarter. The Hawk boys only managed to score eight points in the second quarter and six in the third.

One Ranger player that played a pivotal role in the team's win was Cooper Bales. The junior had a double-double scoring 21 points and rebounding 11 times.

"He struggled a little bit shooting the ball in the first half and really got going in the second half," Darden said. "He's been the guy that does a really nice job of scoring and

"They started out shooting transitioning for us. He's our example."

> The downfall for the Hawks squad was not rebounding enough, Darrin Lingel said. Top rebounders for Horizon were juniors Jesse Williams with seven and Caleb Lingel with six, and soophomore Alex Whitaker with six.

In comparison, top rebounders for Dufur, excluding Bales, were juniors Trey Darden with 11, Caleb Olson with eight and Jacob Peters with six.

"Our Achilles heel today was rebounding. We got to rebound the ball better," Darrin Lingel said. "We can't allow them to have three and four opportunities to take the jump shot and that's what we did."

Horizon returns to the court Friday as they host Ione/ Arlington at 7:30 p.m.

Riverhawks soar over Eagles

By GABRIEL BRAVO News staff writer

In a dual between the birds of prey, The Dalles High School's varsity girls basketball team defeated Hood River Valley 61-18 Friday, Feb. 7 at Vannet Court. Brian Stevens, head coach for the Riverhawks, said the team worked on their defense in order to get Friday's win.

TDHS' defense kept HRV's offense in check throughout the game. The Riverhawks, at most, conceded six points per quarter.

"I felt we could have done a better job in our closeouts, defensively and taking away some of those shots," head coach for the Eagles, Steve Noteboom, said. "They're a good team. They can score from the inside and the outside. So, when we focused on taking the inside away, which I think we did a pretty good job of, then they just hit from the outside."

Riverhawk players who took advantage of this were seniors Jenna Miller, Grece Schatz and sophomore Augustina Decker. The trio sunk seven three-pointers combined.

"Today, we had three players

that were ready to catch, shoot and space the floor," Stevens said. "But, let's credit Lauryn (Belanger) because she opened the game and dominated the post, I felt. Along with Rainey (Codding), who's a short post, getting all these offensive rebounds, getting the second chance points and that in turn, I think, made Hood River pack the paint and left some shooters open."

Despite its unsuccessful season, Noteboom said the team still puts up a fight in any match. Senior Grace Meyers, for example, worked hard to penetrate and

attack the rim. "The girls are still working hard, and I thought the effort was there. We just need some more basketball time," Noteboom said. "We only have two weeks left and there's only so much we can do. But we're going to keep working at it and they're still going to finish out the season."

Hood River Valley is back in action Friday, Feb. 14 as they host Pendleton High School at 7 p.m.



Photo by Gabriel Bravo