

Photos by Kirby Neumann-Rea

ROBOTICS ON THE ROAD

Team Steelhead of Hood River Valley High School First Technology Competition (FTC) give a detailed update on their robotics activities to Hood River Rotary on Jan. 30 at Best Western Plus Hood River Inn. In photo below, from left, with adviser Jeff Blackman, are Alejandra Morales, left, Ben Garofalo, Toby Fenner, Nelson VanCott, Cameron Amer, Grace Guertin, Jason Fellows, and Tavish Fenner. At right, Grace Guertin welcomes Rotary members aboard the reconditioned school bus known as Gorge Fab Bus, a mobile engineering classroom used by HRVHS robotics students in visits to local schools. Below, teams compete Jan. 18 at the Mid Columbia League qualifier at HRVHS — photos courtesy of Jeff Blackman. Next up, the Feb. 8 FTC Super Qualifier, also at HRVHS. Team members will be involved in the design, implementation, and programming of a robot to participate in problem-solving challenges with other teams, and the event is open to the public. **See page A1 for related FTC story and photo, and page A8 for First Lego League (FLL) photo.**



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DENTAL HEALTH 2020

Open Wide and Meet Your Teeth

Read the descriptions of each kind of tooth and then label the tooth chart at right.

- Incisors**—The teeth at the front of your mouth are called **incisors**. They have sharp edges to help you bite into food, like a pear.
- Canines**—The really pointy teeth on either side of your incisors are called **canines** and they help to tear off food into bites, like meat.
- Molars**—At the back, are your **molar** teeth. These big, bumpy teeth help you chew food before swallowing it.

Baby Teeth On Board

Some people think that cavities in baby teeth don't matter, because they'll be lost anyway. But that's not true.

Dental decay in baby teeth can negatively affect permanent teeth and lead to future dental problems.

The information on today's page was provided by the American Dental Association. For more great information and ideas for starting your children on a healthy oral care program go to ada.org

Nothing But the Tooth

Teeth stay in the mouth because, like trees, they have roots that hold them in our jaws. Tooth roots are usually long and smooth. Front teeth usually have only one root. Back teeth can have as many as three.

Do the math to complete this diagram of a tooth.

17 - 4 = **root**
10 + 4 = **pulp**
18 + 3 = **crown**
9 + 9 = **enamel**
12 + 4 = **dentin**
11 + 9 = **nerves and blood vessels**

Kid Scoop Puzzler

Can you find your way through this tangle of dental floss?

Double Double Word Search

Find the words in the puzzle. How many of them can you find on this page?

INCISORS
CANINES
PAINFUL
DENTAL
TEETH
SMILE
MOLAR
MOUTH
ROOTS
CROWN
ORAL
JAWS
PULP
BITE
CHEW

WE H C H R O O T S
B R U S C T C S H R
R T W R W A U O T O
I A O M N T D O E S
J W L I S E P E M I
N E N O N E L T A C
C E H T M T U I D N
S L A R O H P B M I
A L U F N I A P Y S

Kid Scoop Together

Toothbrush Test

Can you pass the Toothbrush Test? Are you as bright as your teeth? Take this quiz to find out!

- How often should you brush your teeth?**
A. At least two times a day, morning and night
B. Mondays, Wednesdays and Fridays only
C. No more than once a day
- How long should you brush your teeth?**
A. Less than 30 seconds
B. At least 2 minutes
C. 4 hours or more
- Which is the right amount of toothpaste to use?**
A. A "pea-size" amount
B. A thumb sized amount
C. A big-toe sized amount
- The best way to brush your teeth is:**
A. Straight up and down
B. In small circles
C. Side to side
- When should I floss my teeth?**
A. Once a month
B. Once a week
C. Every evening
- How often should I visit a dentist?**
A. Every 6 months
B. Once a year
C. Every two years
- Should I brush my gums and tongue?**
A. Never
B. Every day
C. When you feel like it

FROM THE Kid Scoop LESSON LIBRARY

Opposites

Select and clip a photo from today's paper and glue it to a piece of paper. Next to the photo, write five words that describe it. Next to each word write its antonym.

Standards Link: Language Arts: Understand and use antonyms.

Write On!

Tooth Fairy

What does the Tooth Fairy do with all those teeth? What are your ideas? Write about them!

A Great Smile Starts with Healthy Teeth

Healthy teeth give you a great smile and prevent painful problems. Use this chart to keep track of your brushing this week.

- Find a brushing buddy at home.
- Ask your buddy to color a sun in the correct box each time you brush your teeth in the morning and a moon each night. Can you earn both each day?

Extra! Extra! Healthy Search

Look through today's newspaper to find:

- ☐ a big smile
- ☐ a healthy drink
- ☐ a healthy food
- ☐ a healthy person
- ☐ someone getting exercise

Standards Link: Research: Use the newspaper to locate information.

Note to Parents: An adult should brush and floss a child's teeth until he or she is at least 6 years old. By age 6 or 7, children should be able to brush their own teeth twice a day with adult supervision. Brush your own teeth with your children. Practice flossing together and stay healthy as a family!