

GATHERINGS

Gatherings is a free service of the Hood River News and may be edited for length.

Alcohol, Tobacco & Other Drug (ATOD) Prevention Coalition meeting the first Wednesday of each month at Grace Su's China Gorge, 3:30-5 p.m. Please contact 541-386-2500 for more information.

Alzheimer's Support Group, second Wednesday of the month from 2:20-3:30 p.m. at the Hood River Valley Adult Center, 2010 Sterling Place. More at 541-386-2060.

Area Agency on Aging, Senior Advisory Council (SAC). Discusses senior programs, services, budget and area plan for the counties of Gilliam, Hood River, Sherman, Wasco and Wheeler. For questions, contact Scott McKay at 541-980-4645.

Coastal Conservation Association Columbia Gorge Chapter meets the third Tuesday of the month at Cousins Restaurant, 2114 W. Sixth, The Dalles. For more information, call 541-806-3669.

Columbia Fibres Guild meets at 10 a.m. on the second Tuesday of the month, September through June, at The Dalles-Wasco County Library, The Dalles. For more information, email ColumbiaFibres-Guild@gmail.com or call Anne Kramer at 541-786-3378.

Columbia Gorge Beekeepers meets the third Wednesday of each month (no meetings in December and January) at OSU Extension, 2990 Experiment Station Drive, Hood River. Pre-meeting from 5:30-6:15 p.m. (demonstration of beekeeping); regular meeting 6:15-8 p.m.

Columbia Gorge Threshold Singing Circle meets the second and fourth Thursdays of the month at Riverside Community Church. Gather at 6:30 p.m., sing from 7-8:30 p.m.

For more information, contact Beth at bethhart@gorge.net.

Domestic Violence Support Group, Tuesdays at noon. Free; for women survivors. With Rebecca Hunter, MSW, in partnership with Helping Hands Against Violence. Call for location, 541-400-0186.

Friends of the Library meets the second Tuesday of each month (except for July, August and December) at noon in the Gaulke Meeting Room at the Hood River Library.

Gorge Photography Club, second Monday of the month in The Dalles, at Northern Wasco County PUD, 2345 River Road, and fourth Monday of the month in Hood River, Next Door Meeting Room, 965 Tucker Road. Social time at 6:30 p.m., meeting at 7 p.m. More at susanj77@gmail.com.

Gorge Rebuild It Center Board Meetings, second Tuesday of the month beginning at 6:30 p.m. at 995 Tucker Road (the office building on the property of Gorge Rebuild It Center). All welcome.

Gorge Women in Black, Fridays from noon to 1 p.m. at the corner of Fifth and Oak. Standing in silence for peace and justice. More on Facebook.

Happiness Group, meets the fourth Wednesday of each month at 6 p.m. at the Hood River Library to discuss the topic of happiness in all its forms. All are welcome at any time. More at www.gorge-happiness.org/en/year-round-happiness-group.

Harmony of the Gorge Women's Chorus, 6:30-9 p.m. at Valley Christian Church, 975 Indian Creek Road, Hood River. Meets Thursdays.

Hood River Art Club meets Thursday, 10-1 p.m., from September to May, to motivate, share and support each other's creative endeavors. Meets at FISH Food Bank. Open to the

public.

Hood River County Democrats Meeting, second Wednesday of the month beginning at 6 p.m. in the Hood River County Library downstairs meeting room, 502 State St. More at hoodriverdemocrats.org.

Hood River Republicans Meeting, third Thursday of the month beginning at 5:30 p.m. at Grace Su's China Gorge.

Indivisible Columbia Gorge (ICG) meets downstairs at the Hood River library quarterly from 6-7:30 p.m. on the second Tuesday of the first month of the quarter (Jan, April, July and November). Find us on Facebook and at ICGOregon.org.

Lyle Lions Club meets on the first and third Mondays of the month at the Lyle Lions Community Center on the corner Highway 14 and Fifth. All welcome.

Mid-Columbia Cribbage Club, first and third Mondays of the month at Brookside Manor, 1550 Brookside Drive, Hood River. Play starts at 6:30 p.m. More information at photofields@gorge.net, or call Gary at 541-386-3055.

NAMI (National Alliance on Mental Illness) of the Gorge meets the first Thursday of the month from 6-7:30 p.m. at One Community Health, 1040 Webber St. (Hood River meeting currently suspended.) All Gorge residents welcome. For more, email susanbgabay@gmail.com or margiest@centurylink.net.

The Next Door's Youth Services: Advisory Council meets on the second Wednesday of the even-numbered months (February, April, etc.) at varying locations around the Mid-Columbia. Contact: Christy Morton, 541-399-4437 or christym@nextdoorinc.org.

Odell Garden Club meets

every second Tuesday of the month beginning at 10 a.m. Contact President Norma Curtis at 541-806-1019 or nlc Curtis@hrecn.net for location (usually at the Community Building at the Hood River Fairgrounds) and events.

Overeaters Anonymous, Tuesdays from 5:30-6:30 p.m. at Immanuel Lutheran Church, Ninth and State. In Hood River, contact Liz at 541-490-3819 for more information.

Parkdale Garden Club meets the first Tuesday of the month, February through December, at 1 p.m. at the Park-

dale Grange or at members' homes. All gardeners are welcome. For more information, contact pamcrider97031@gmail.com.

Rockford Grange meets the first Wednesday of every month, starting with a potluck at 5:30 p.m. Located at 4262 Barrett Drive, Hood River. More at rockfordgrange.net.

TOPS OR9901 (Take Off Pounds Sensibly) meets Tuesdays from 3:45-5 p.m. in the Hood River Valley Christian Church Fireside Room. All welcome.

Ukulele Song Circle gathers

every second Sunday of the month at the Hood River FISH Food Bank, 1130 Tucker Road, Hood River. Doors open at 1:30 p.m.; sing and play 2-4 p.m. Call for details, 541 352-9317.

Unit 20, Oregon Retired Educators, noon monthly meetings September through June, alternating between Hood River, Wasco and Sherman counties. Interested persons may inquire at 541-478-3429.

Wind-Masters Men's Chorus, Thursdays from 6:30-9 p.m. at Valley Christian Church, 975 Indian Creek Road, Hood River.



Submitted photo

AUTHOR VISITS WY'EAST

Wy'east Middle School hosted Alexandra Diaz, third from left, top row, author of this year's Oregon Battle of the Books title "The Only Road," on Jan. 24. Diaz gave three presentations — one in Spanish to a biliteracy reading class and language learners who mostly speak Spanish — as well as had lunch with students, pictured above. Diaz later gave a public presentation that evening at The Ruins.

Medical Directory

paid advertising

For information on advertising please contact The Hood River News at 541-386-1234 or email: GorgeSalesTeam@EagleNewspapers.com

CLINICS

MCMC Specialty Clinics at Nichols Landing

33 Nichols Pkwy, Hood River, OR

Outpatient Therapy

541.386.2441

Gorge Urology

541.386.6988

Cardiology

541.308.1025

Orthopedics and Sports Medicine

541.308.1015

Podiatry

541.308.1015

For more info visit: mcmc.net

NorthShore Medical Group

Walk In Hours

11 am - 7 pm Every Day

65371 Hwy 14, White Salmon, WA, 509-493-2133

875 Rock Creek Drive SW, Stevenson, WA, 509-427-4212

www.northshore-medical.com

SKYLINE Medical CLINIC

Offering:

- Family Medicine
- Erica Didier, MD
- General Surgery
- Seth Lambert, D.O.

211 Skyline Drive, White Salmon, WA, 509-637-2810

www.skylinehospital.com

DENTISTRY PEDIATRIC

A Kidz Dental Zone

Happy Kidz, Healthy Smiles, For a Lifetime!

Specialist in comprehensive, compassionate pediatric dental care for ALL Children (Birth to 21 years).

- Nitrous Oxide
- Sedation
- Hospital Care
- Growth & Development
- Braces

New Patients & Referrals Welcome

Hood River News Building

419 State Street, Suite #4, Hood River, OR 97031

Hood River 541-387-8688
The Dalles 541-296-8901

www.akidzdentallzone.com

DENTISTRY ORTHODONTICS

Bickler Orthodontics LLC

James Bickler DMD

- Latest in 3-D imaging
- Free consultations
- Treatment of children and adults
- Traditional and Clear brackets
- ClearCorrect aligners
- Experienced, professional, friendly staff
- No interest financing

Visit us at bicklerorthodontics.com

541-298-4072

Bickler Orthodontics, where your smile is our passion! Hablamos Espanol.

DERMATOLOGY

Hood River Dermatology

Luke Sloan, MD

Victoria Hopkins, PA-C

Melissa Arndt, PA-C

917 11th Street, Hood River, OR, 541-386-2517

Accepting new patients.

EAR, NOSE, THROAT & ALLERGY

Mendy Maccabee, MD

Board Certified ENT and Allergy Care FACS, FAAAA

Practice specializing in allergy testing and treatment for both adults and children.

Accepting most insurances.

541 State Street, Hood River, OR, 541-436-3880

MendyMaccabeeENT.com

FAMILY MEDICINE OBSTETRICS

Columbia Gorge Family Medicine

1750 12th Street, Hood River, OR 97031, 541-386-5070

www.cgfm.com

"Where your family is our family." As Family Physicians, we take pride in our ability to care for a wide range of acute and chronic health problems for patients of all ages.

Peter Benziger, MD
Elizabeth Foster, MD
Anthony Gay, MD
Tyler Gray, MD
Jessica Porter, MD

Matthew Sperry, MD
Clara DeLeon, PA-C
Kathleen Pickering, PA-C
Megan Barton, FNP
Lisa Sponhauer, NP

Regular Hours

Weekdays until 5 pm

Acute Care

Open to public for minor illnesses. Walk-ins welcome. Weekdays 5-7 p.m. Sat 8 a.m. - 2 p.m.

Summit Family Medicine

Family-centered medical care throughout all the seasons of life including family-centered maternity care.

AAFP Board-Certified Physicians:

- James Brauer, MD 541-386-3883
- James Pennington, MD 541-386-2204
- Laura Starrett, MD 541-386-0007
- Richard Starrett, MD 541-386-0007
- C. Nic Buser, MD 541-386-2204
- Chardonnay Vance, MD, PhD 541-386-3883

Certified Physician Assistant:

- Robert J. Fiske, PA-C 541-386-3626
- Deana Dahle, FNP-C 541-386-3626

1021 June Street, Hood River, OR

8am-5pm M-F, same-day urgent care appointments available.

The specialty of family medicine trains us to care for the whole person, and the whole family, physically, spiritually and emotionally.

Let our family take care of yours.

Se habla español.

GYNECOLOGY

Gynknow

Elaine Adsit, MD

- Gynecology care for teens and women of every age
- Well woman visits
- annual exams
- menopause
- hormone imbalance
- bio-identical hormone therapy
- period problems
- low libido
- contraception
- IUD's
- STD Testing
- abnormal paps
- office procedures
- ultrasound

1631 Woods Court Suite 103, Hood River, 541-387-0244

HOSPICE

Heart of Hospice

HEART. It's in our name, it's in our care.

- Started and managed by local Hospice nurses who understand pain management, aging and terminal illness.
- Known for our compassion, Heart to Heart care, and honoring our patient's end of life choices.
- There is never a charge for our services, no charge, no co-pay.
- The only VA 4 Star certified Veterans provider in the Columbia Gorge.
- Licensed by Medicare and accredited/licensed in Oregon and Washington.
- No charge for a referral and Registered Nurse consultation, investigate your choices before deciding on a Hospice.

Serving all patients from all providers and all facilities in the Gorge area.

Hood River: 541-386-1942

Toll Free: 888-882-1942

Meet our team of caregivers and see "How to Choose a Hospice" online at:

www.HeartOfHospice.org

OPHTHALMOLOGY

Casey Eye Institute-Oregon Health & Science University

David Poulsen, MD, M.P.H.

Comprehensive Ophthalmology

Brandon Lujan, MD

Retina

Steven Bailey, MD

Retina

Eric Steele, MD

Oculoplastics

Nathaniel Gebhard, MD

Comprehensive Ophthalmology

The Dalles - 405 E. 7th Street
The Dalles, OR 97058
541-298-5144

Hood River - 1410 May Street
Hood River, OR 97031
541-386-1399

Cascade Eye Center

John D. Willer, D.O.

Board Certified Ophthalmologist

Chris Barbour, Ph.D., O.D.

Optometric Physician

Dr. Jeffery Pulk

Optometric Physician

- Comprehensive vision care for all ages
- Diagnosis and treatment of eye injuries and disease

Eyewear to fit your style and your budget!

Hood River

2025 Cascade Ave. #101
Hood River, OR 97031
(541) 386-2402; (877) 386-2402

The Dalles

301 Cherry Heights Road
The Dalles, OR 97058
(541) 296-1101; (800) 548-5487

OPTOMETRY

Indian Creek Family Eye Care

Rebecca R. Chown, OD, FAAO

Audrey Lukey, OD

Focused on personalized comprehensive eye care for all ages. Local, sustainable and community oriented. Centrado en la atención ocular integral personalizada para todos las edades.

1700 12th Street, Ste A, Hood River, Oregon, 541-386-1700

www.icfec.com

PEDIATRICS

Northwest Pediatrics & Adolescent Medicine

Full Service Acute and Preventive Care for your Child or Adolescent

810 13th St, Hood River, OR

(Across from Providence)

p. 541.386.2300

f. 541.436.4113

www.nwpediatrics.com

- Welcoming new patients from birth through 21 years old.
- Free orientation visit for new families and expecting parents
- Accepts most insurance plans including OR/WA State Health Plans.
- Office staff fluent in Spanish.
- Same day sick visits, please call early in the day.
- Seven day availability
- Virtual Visits
- On-call urgent care hours 7-10 p.m. weeknights, Saturday and Sunday by appointment. (Leave message for urgent care appt.)

SURGERY

Skyline Medical Clinic

Seth Lambert, D.O.

General Surgeon

Specializing in laparoscopic surgery for appendectomy, hernia repair and gallbladder removal, as well as soft tissue masses, hemorrhoid surgery and more.

211 Skyline Drive, White Salmon, WA 98672, 509-637-2810