

'Locals Wednesday' today

Downtown event highlights Flow Yoga, OmLife

Flow Yoga and OmLife Boutique will be the featured business on Wednesday, Jan. 22 in the next Locals Wednesday Downtown promotion from 3-6 p.m.

During LWD, downtown parking is free from 3-6 p.m. — as is the case all Wednesdays through May.

LWD events Jan. 22 include a "locals pop-up market" at Flow Yoga-OmLife, 118 Third St., with Hood River Organics, Lucky Locks Hair Sparkles, and Zencare Ayurvedic Skin Analysis. Marla, a mindset coach and psychic, will offer "mini intuitive sessions," free for locals, from 3-6 p.m. At 4 p.m., Peter Voight, LAC, will offer an acu-restore sampler. From 5-6 p.m., Aubrey will teach a mobility focused yoga class; aerial yoga open play with Lia is scheduled for 3-5 p.m.

Other downtown businesses will also be open and offering various promotions, including specials and a scavenger hunt.

Additionally, there will be face painting and jewels by

Stephanie Delgado. Hood River Hotel will host a 4-6 p.m., Happy Hour on Jan. 22. Patrons will receive \$1 off wine and beer.

Correction: The Knit Night at Knot Another Hat happens on LWD Jan. 29. A previous article gave the wrong date. Owner Sarah Keller said she is reviving Knit Night after a year's hiatus; planned monthly, the schedule is Jan. 29, Feb. 26, and March 25.

Jan. 29 featured business will be Windermere Realty, which shares space with The Dwelling Station.

LWD posters are being placed around the county, in English and Spanish, as Downtown Business Advisory Committee members work to get the word out about LWD as well as via social media and direct contact with downtown businesses encouraging more participation.

Flow Yoga and OmLife Boutique will have scavenger hunt forms available, listing some of the downtown businesses as well as items available for the weekly event.

Other Wednesday events of note include:

- **"On the Wagon Wednesdays"** 5-9 p.m. at Slopeswell Ciderly on the Heights — mocktails and other non-alcoholic

drinks only are served, and Megan Alder will perform. The event is 21-and-over.

- **"After Hours Music"** at Columbia Center for the Arts, with singer Robbi Kumalo backed by Tim Mayer, Mike Turley and Mike Grodner, 5:30 p.m., \$10 suggested donation.

LWD goes through May

LWD was created by Hood River County Chamber of Commerce Downtown Business Advisory Committee (DBAC) and the Downtown Business Owners in partnership with the City of Hood River.

More events are being added all the time, organized by a DBAC subcommittee in conjunction with local businesses and community groups. Surveys will be conducted throughout LWD to measure response and impacts, and DBAC members will be making face-to-face contact with business owners to see how the program fares. If successful, the city will consider implementing the program permanently. Currently, the plan is to run it through May and start again in September.



Photo by Linda McNaughton

FREEZE FRAMES

Mount Adams in late afternoon, from Linda McNaughton, Parkdale. Send your Freeze Frame to hrnews@hoodrivernews.com; 1-2 MB attachments are ideal, and please include a short description.

MLK: Diversity training Jan. 30

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Door Inc. holds a workshop on Diversity Training, Jan. 30 from 9 a.m. to noon at the Hampton Inn and Suites.

The event is co-sponsored by BBSI, Solstice Wood Fire Pizza, and Hampton Inn and Suites. This program will explore the topics of diversity, equity and privilege. The goal is to bring individuals together who are different from others, and teach them how to work together effectively, according to a Chamber press release.

Refreshments will be provided. RSVP to maryellen@hoodriver.org. The event is free for Chamber members, \$75 for non members.



Photo by Kirby Neumann-Rea

NEXT DOOR'S Todd Dierker speaks about allyship as part of Monday's Martin Luther King Jr. events.

Adopt-A-Pet

Showcases 16 adoptable pets looking for their forever homes

- Adopt-A-Pet runs the 2nd Saturday of the month
- Pet sponsorship is \$25 per month
- Includes your business name, address, website or phone number



Contact us at:
Hood River News | 541.386.1234

BLACKMAN: Award

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this capacity. "It's a great group of kids who volunteer their time to be part of the fire departments, she said.

Blackman additionally participates on HRV swim, water polo and track and field teams — he was part of the boys varsity water polo team that took a first-ever first place state champion title in 2019 — as well as a member of the school's First Robotics Challenge (FRC) ro-

botics team, competing at the Worlds robotics tournament, held in Houston, for the past two years with teammates on A105 Annex.


He plans to attend Montana State University next fall and major in either mechanical engineering or bioengineering; if he goes the bioengineering route, he will continue on to med school with the goal of becoming an ER doctor.



File photo by Kirby Neumann-Rea

CORBETT BLACKMAN and water polo teammate Saylor Sunby rode in December's state title parade in "turnouts."

TRASH TALK



Q. I have Holiday string lights that no longer work. What should I do with them? *Tori, Wasco County*

A. Tori, Those light strands are not recyclable at curbside. If you bring them to their Transfer Station in either The Dalles or Hood River, they can be recycled as 'scrap metal' because of the valuable copper wire. Ask attendant. Remove any large bulbs. Also, consider carefully saving boxes, paper and bows as packaging for next season.

questions to:

Tri-County

Hazardous Waste & Recycling Program
(541)-506-2636 www.tricountyrecycle.com

WEATHER FOR HOOD RIVER, OR | JANUARY 22-28, 2020

Today	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Actual High/Low January 15-20
							Wednesday 30/15
41° /37°	44° /40°	48° /38°	48° /39°	51° /40°	51° /40°	50° /38°	Thursday 32/23
Cloudy with showers	Periods of rain	Cloudy with a touch of rain	Cloudy	A couple of showers possible	A couple of showers possible	Cloudy with a chance of rain	Friday 34/22
							Saturday 36/29
							Sunday 40/33
							Monday 42/33

Updated 1.20.20, 8:30 AM PDT
Data from Accuweather.com



541-386-1123

3140 W. Cascade, Hood River

Stop in today for your

FREE BATTERY CHECK



