

SPORTS



Photo courtesy of Nancy Runion

RUNNERS gather at the first Ferment Fun Run Tuesday, Jan. 7 in Hood River. The four-mile run drew 34 people on a four-mile Shoreline Trail route.

Ferment Brewing Company taps into running community

By **GABRIEL BRAVO**
News staff writer

On a cold and drizzly Tuesday, Jan. 7 afternoon, the first Ferment Fun Run took to the Hood River waterfront.

The new run began at Ferment Brewing Company on Second Street and Portway Avenue and went down to the Hook, back past the brewery, past the History Museum of Hood River County, under the Hood River Bridge, behind the Best Western Plus Hood River Inn and back to the brewery.

A total of 34 people ran in

the fun run that covered just over four miles — following a large portion of the flat, asphalt Hood River Shoreline Trail.

Nancy Runion, Ferment general manager, and Heather Pola thought of the idea before the brewery was established in 2018. Runion said they wanted something to differentiate themselves from other breweries in town.

"I mentioned to Heather that I really wanted to do a community run and bring people back to Ferment," Runion said. "I don't think that any business can be where they're

at without community support. With so many breweries here in Hood River, you really want to set yourself apart and show your identity. I think the best way to do that is actually bring the people into the space and meet the people that work here."

The event's time also played a factor in the run's creation, Runion said. Beginning at 6 p.m. the run aims to attract people after work, give them a chance to unwind with some refreshments and meet new people.

Terrain difficulty, or better

fitting, terrain ease is also used to attract different skill levels. The Shoreline Trail's flat ground was something Runion and Pola wanted to take advantage of.

"Our thought was to do a run down here at the waterfront, that way it's not intimidating, it's pretty flat, there's several places where you can exit out if you don't want to do the four mile loop, and it was pretty exciting to see 34 people come out," Runion said. "We had a mom with a stroller, we had a couple kids, we had a big age group. An older gentleman,

younger guys, older ladies so it was awesome to see a mix of people."

One participant was Everett Rubin, who coincidentally works near Ferment, got a chance to run on the trail for the first time. Before moving to Hood River, Rubin lived in Charlotte, N.C., where it's common for breweries to have a run club.

"I was kind of concerned that a lot of people weren't going to show up to a rainy January run, but I was like, 'I'm going. I want to meet some runners out here,'" Rubin said.

"I've actually never ran on the sidewalk that runs along the river and I work literally across the street from it, so it was nice to finally get out there and run for a change."

"I'll definitely bring my running shoes to work and then just, when I still have motivation, get out and bang out four miles and feel good for the rest of the day."

Ferment's Fun Run is held every Tuesday at 6 p.m. at Ferment Brewing Company in Hood River.

HRV loses but closes bout with four wins against Culver

By **GABRIEL BRAVO**
News staff writer

Hood River Valley's varsity boys wrestling team hosted, but was defeated by, Culver High School 52-27 Thursday, Jan. 9. The bout featured weight classes ranging from 106 to 285 pounds.

Despite their loss, HRV's Maverick Geller, Andrew McCreery, Abraham Tinajero and Danny Chavarria closed out the meet with strong wins.

Geller scored 12 points against Isaac Andres. Andres scored two but was overpowered by Geller and pinned at 5:00 mark.

McCreery faced Bulldog Cole Brown. McCreery muscled and outmaneuvered Brown as he scored two points and prevented Brown from scoring. McCreery finally pinned Brown with around a minute left to wrestle.

Tinajero challenged and overcame Eduardo Penaloza by scoring 20 points and conceding five. Tinajero won by technical fall.

Chavarria took on Wylie Johnson in the final bout and won by pin. Chavarria earned two points and limited Johnson to zero.

For the Eagles, Noah McElheran began the meet with Deben Sanabria. Sanabria earned eight points before pinning McElheran.

HRV's Carson Farlow next wrestled Brody Piercy. Farlow scored two points but was unable to match Piercy's 12.

For the 120-weight class HRV forfeited and gave the win to Culver's Johan Jaimes. Eagle Jayton Muenzer took on Noel Navarro but was pinned at the 2:44 mark.

Following in similar fashion, Aiden Sewell for the Eagles, was pinned by Braeden Chapman at 3:31.

HRV's Chad Muenzer challenged and defeated Culver's Anthony Hood 16-2.

Muenzer's teammate Joel Bronson was pinned by Lane Downing late in the match with 56 seconds left on the clock.

Eagle Caleb Dehart was also pinned by Wyatt Corwin with 3:07 left. Dehart, however, managed to earn a point.

Javier Galvez for the Eagles wrestled tough and was closely matched with Hunter Augustynovich as the score was at 2-3.

Augustynovich, however, managed to pin Galvez before the clock ran out.

HRV forfeited the 170-weight class to Culver's Isaiah Toomey.

The Eagles travel to Redmond and wrestle at the Oregon Classic Friday, Jan. 17-18. Doors open at 6:45 a.m. and wrestling begins at 8 a.m. on both days.



Photo by Gabriel Bravo

HOOD RIVER Valley's Danny Chavarria hurles Culver's Wylie Johnson Thursday, Jan. 9 at Vannet Court in Hood River.

HRV swim teams host and defeat Pendleton

By **GABRIEL BRAVO**
News staff writer

Hood River Valley's varsity swim teams swam fast against the Pendleton Buckaroos Thursday night at the Hood River Valley Aquatic Center. The girls won 116-54 while the boys came out

ahead 94-72.

"They've been working hard in practice and it's fun to see it when it comes together for them in a meet," head coach for the Eagles, Shelley Rawding, said. "They were very close races and it's good for the team to have competition within the team

and good for the team to swim against Pendleton. A lot of them rose to the challenge when it's not a blow out one way or the other."

Leading the Eagle girl squad was sophomore Sarah Arpag, who won both the 200-meter individual medley with a time

of 2:37.38, 100 meter butterfly at 1:11.34 and was the only double event winner for the girls. The boys had two double event winners: Senior David Hecksel in the 50-meter freestyle with a time of 25.37 and 100-meter backstroke at 1:07.93 and junior Luke Southall in the 100 and 200-meter freestyles with a time of 57.91 and 2:08.11, respectively.

Arpag and juniors Madaket Greenleaf and Abby McCormack took all podium positions in the 100-meter butterfly with times of 1:11.34, 1:22.19 and 1:31. The boys also dominated the podium in the 200-meter freestyle with Southall, senior Adam Burke and junior Owen Sommersett with times of 2:08.11, 2:29.71 and 2:34.59.

The girls had strong showings from many swimmers, including some event winners, runner ups and personal bests, Rawding said.

They were Greenleaf, who won the 200-meter freestyle with a time of 2:33.52; McCormack, who took first in the 50-meter freestyle with 31.10; and freshman Emma Titus, winning the 100-meter breaststroke with a time of 1:32.77. Titus was also third in the 200-meter individual medley at 3:00.25.

Freshman Lillie Tomlinson

was second in the 50 and 100-meter freestyles with times of 31.18 and 1:08.48 respectively. Senior Celilo Brun took second in the 100-meter breaststroke at 1:32.87 while Campbell Keller came in second in the 100-meter backstroke at 1:21.62. Junior Olivia Sumerfield was fourth in the 400-meter freestyle with a time of 5:34.39 and came in fourth in the 50-meter freestyle 34.52.

Junior Chloe Bullock was third in the 400-meter freestyle with a time of 5:51.14 and fourth in the 200 freestyle at 2:49.42, while sophomore Jessica Galvez was third in the 200-meter freestyle at 2:42.14 and in the 100-meter backstroke at 1:26.23. Junior Neilly Kendall was fourth in both the 100 freestyle and 100-meter backstroke with a time of 1:18.71 and 1:30.33, respectively, while junior Theodora Parkinson scored points in third place in the 100-meter freestyle at 1:18.06 and fourth in the 100-meter breaststroke with a time of 1:39.11.

On the boys side, Burke was also second in the 400-meter freestyle with a time of 5:26.52. Junior Henry Jones was second in the 100-meter breaststroke at 1:34.34, while senior Clayton Lee was second in the 100-meter freestyle and fourth in the 200-meter individual medley at 59.79

and 2:40.60, respectively

Senior Connor McElwee showed his speed by taking second place in the 100-meter butterfly with a time of 1:11.54 and third in the 50-meter freestyle at 27.15, while freshman Gavin Hackett swam to third place in both the 200-meter individual medley and 100 butterfly at 2:40.50 and 1:17.11, respectively. Freshman Angus Kellems also took third in the 100-meter breaststroke at 1:38.16.

Classmate Lucas Elliott was third in the 400-meter freestyle with a time of 5:52.57 and fifth in the 100-meter backstroke at 1:25.05, while junior Owen Sommersett placed fourth in the 100-meter freestyle at 1:09.52.

Sophomore Moze Banks took fourth in the 100-meter breaststroke at 1:39.83 while classmate Tristan Smith came in fourth in the 100-meter backstroke and fifth in the 50-meter freestyle at 1:24.47 and 28.03, respectively.

Next up the Eagles travel to Redmond Jan. 15 to compete against their Intermountain competition Redmond and Ridgeview.

Shelley Rawding contributed to this article.



Photo by Gabriel Bravo

HOOD RIVER Valley swimmer strokes through his lap Thursday, Dec. 9 at the Hood River Aquatic Center. The boys varsity team beat Pendleton 94-72 while the girls also took the win 116-54.