

MEDICAL DIRECTORY

paid advertising

ACUPUNCTURE CHINESE MEDICINE

CASCADE ACUPUNCTURE CENTER
Hood River, The Dalles & Stevenson
Acupuncture, Allergy Elimination, Custom Chinese Herbs and Massage
www.CascadeAcupuncture.org
40+ Years of Combined Experience

- General Acupuncture Practice with a focus on Pain Management
- Effective treatment style, using points below the elbows and knees
- Treatments in Recliner Chairs with massage and heat
- Chinese Herbal Pharmacy, Nutritional Products
- Accept and bill most insurances, Worker's Comp, PIP claims
- Sliding Fee Scale, monthly payment plans, VISA/MC
- Wheelchair accessible locations, free customer parking

Monday - Saturday
No physician referral needed
New Patients welcome
104 5th Street, Hood River (541) 387-4325

1712 E 12 St., The Dalles (541) 298-2378

40 SW Cascade Ave. #40, Stevenson (509) 637-3163

COLUMBIA RIVER ACUPUNCTURE, LLC
Susan Froehlich, LAc, MAcOM
Charles Cannon, LAc, MAcOM
Traditional Chinese Medicine is a complete medical system, including acupuncture, herbs, tuina and Qigong. We treat all conditions, such as:

- Pain – Sports injuries, acute & chronic pain, migraines.
- Spinal cord injuries & stroke sequelae
- Chronic Conditions
- Emotional Disorders
- Allergies
- Digestive Conditions
- Women's health, infertility
- Immune enhancement
- Chinese Herbal Pharmacy & nutritional supplements
- Locations are wheelchair accessible
- Most insurance/workers comp./PIP accepted & billed

Open Mon - Sat, by appointment

TWO LOCATIONS:
700 E. Port Marina Drive, Hood River
302 E. 2nd St., Mosier
541-386-8767

CARDIOLOGY

COLUMBIA GORGE HEART CLINIC — HOOD RIVER
Kathy Grewe, MD FACC
Robert Florek, MD FACC
Laura Whiting, PA-c
1108 June Street,
Hood River, OR 97031
541-387-1950

White Salmon:
Kathy Grewe, MD FACC
211 NE Skyline Drive,
White Salmon, WA 98672
541-387-1950

CLINICS

ONE COMMUNITY HEALTH
849 Pacific Ave, Hood River
541-386-6380

1040 Webber Street, The Dalles
541-386-6380

Helping you meet your health goals:

- Dentists & Hygienists
- Nurses/Nurse Practitioners
- Physicians Assistants
- Physicians
- Family medicine
- Obstetrics & Gynecology

Join the Community - Call Today.

COLUMBIA GORGE FAMILY MEDICINE
1750 12th Street
Hood River, OR 97031
www.cgfm.com
541-386-5070
Elizabeth Foster, MD
Steve Becker, MD
Kristen Dillon, MD
Tony Gay, MD
Megan Barton, NP
Ingrid Flanders, NP
Clara DeLeon, PA
David MacNally, PA
Tyler Gray, MD

Regular Hours
Weekdays until 5 pm
Acute Care
Open to public for minor illnesses
Walk-ins welcome
Weekdays 5-7 p.m.
Sat 8 a.m. - 2 p.m.

DERMATOLOGY

HOOD RIVER DERMATOLOGY
LUKE SLOAN, MD
MELISSA ARNDT, PA-C
917 11th Street Hood River
Phone: (541) 386-2517
Accepting new patients

DENTISTRY

WHITE SALMON DENTAL CARE
Quality Dentistry in a Comfortable Setting
DR. TIM MIDDAUGH, DMD
331 E. Jewett Blvd.
White Salmon, WA 98672
509-493-4546

- General Dentistry for Adults and Children
- Emergency Care and New Patients Welcome
- Diagnostic and Specialist Referral Service
- Professional and Caring Staff
- Tuesday - Friday 7am to 4 pm

DENTISTRY ORTHODONTICS

GORGE ORTHODONTICS, LLC
James Bickler, DMD
James E. West, DDS
1625 E. 12th Street The Dalles
541-298-4072
1002 10th Street, Suite 2
Hood River, 541-386-5800

- Specialist in Orthodontics
- Braces for Children and Adults
- Referrals Not Required
- Free consultations

Interest-Free Financing
www.gorgeorthodontics.com
Hablamos español

DENTISTRY PEDIATRIC

A KIDZ DENTAL ZONE
HAPPY KIDZ, HEALTHY SMILES, FOR A LIFETIME!
Specialist in comprehensive, compassionate pediatric dental care for ALL Children (Birth to 21 years)

- Nitrous Oxide
- Sedation
- Hospital Care
- Growth & Development
- Braces

New Patients & Referrals Welcome

Hood River News Building
419 State Street, Suite #4
Hood River, OR 97031
Hood River 541-387-8688
The Dalles 541-296-8901
www.akidz dentalzone.com

EAR, NOSE, THROAT ALLERGY

COLUMBIA GORGE ENT & ALLERGY
Matthew D. Proctor, MD
Daniel E. Cannon
Providence Hood River ENT at Columbia Gorge ENT
Steven M. Olsen, MD

Specializing in medical and surgical treatment of adult and pediatric ear, nose, and throat disorders, including:

- Allergy testing & immunotherapy management
- Endoscopic sinus surgery
- Sinus problems
- Chronic ear disease
- Hearing testing
- Tonsillectomy, adenoidectomy
- Ear tubes for chronic ear infections
- Thyroid surgery
- Head and neck cancer
- Facial & reconstruction surgery

1619 Woods Ct. Hood River
541-386-5119
1815 E. 19th Street, Suite 1
The Dalles, 541-298-5563

FAMILY PRACTICE

PROVIDENCE MEDICAL GROUP — HOOD RIVER FAMILY MEDICINE

Maria McCormick, M.D.
Mike Harris, M.D.
Janet Sjoblom, M.D.
Stacey Campbell, PA

1304 Montello Ave
Hood River, OR 97031
541-387-1300

FAMILY MEDICINE OBSTETRICS

Summit Family Medicine
Family-centered medical care throughout all the seasons of life
Including family-centered maternity care

AAFP Board-Certified physicians:

- James Brauer, M.D. (541) 386-3883
- James Pennington, M.D. (541) 386-2204
- Laura Starrett, M.D. (541) 386-0007
- Richard Starrett, M.D. (541) 386-0007
- C. Nic Buser, M.D. (541) 386-2204

Certified Physician Assistant:
• Robert J. Fiske, PA-C
(541) 386-3626

1021 June Street, Hood River
8am-5pm M-F, same-day urgent care appointments available

The specialty of family medicine trains us to care for the whole person, and the whole family, physically, spiritually and emotionally. Let our family take care of yours

Se habla español

NorthShore Medical Group
Open Saturdays
Weeknights until 7 p.m.
212 Skyline Drive
White Salmon, WA 509-493-2133
875 Rock Creek Drive SW
Stevenson, WA 509-427-4212
www.northshore-medical.com

HEARING TESTING/ HEARING AIDS

DESIREE AMYX-MACKINTOSH, MA, CCC-A
Clinical Audiologist

- Hearing evaluations for adults and children
- Hearing aid fitting, repair and follow-up

Providence Hood River Memorial Hospital
810 12th St.,
Hood River, OR 97031
541-387-1346
www.providence.org/hoodriver

HOSPICE

PROVIDENCE HOSPICE OF THE GORGE
Serving residents of the Gorge for more than 30 years.

- A local, multidisciplinary team of experts led by board certified hospice and palliative care physicians
- Open access to care, no matter where your physician is employed
- Nursing support available around-the-clock
- Relationships with all community primary and specialty care providers
- Service to all patients regardless of insurance coverage
- Spanish speaking team available

Please call us for more information or to schedule a free consultation
1630 Woods Court
Hood River, OR 97031
541-387-6449
866-680-6449
www.providence.org/hospice

HEART OF HOSPICE
HEART. It's in our name, it's in our care.

- Started and managed by local Hospice nurses who understand pain management, aging and terminal illness.
 - Known for our compassion, Heart to Heart care, and honoring our patient's end of life choices.
 - There is never a charge for our services, no charge, no co-pay.
 - The only VA 4 Star certified Veterans provider in the Columbia Gorge.
 - Licensed by Medicare and accredited/licensed in Oregon and Washington.
 - No charge for a referral and Registered Nurse consultation, investigate your choices before deciding on a Hospice.
- Serving all patients from all providers and all facilities in the Gorge area.

Hood River: 541-386-1942
The Dalles: 541-296-2289
Toll Free: 888-882-1942
Meet our team of caregivers and see "How to Choose a Hospice" On Line at:
www.HeartOfHospice.org

INTERNAL MEDICINE

PROVIDENCE MEDICAL GROUP — HOOD RIVER

Michelle Edwards, PA-C
Molly Olsen, M.D.
Jodi Ready, M.D.
Stephen Vogt, M.D.
Karen Ikins, NP
Specializing in medical care for adults.
Welcoming new patients

1108 June Street, Hood River,
OR 97031 541-387-6125

INTERVENTIONAL PAIN MANAGEMENT

COLUMBIA PAIN MANAGEMENT, P.C.
David P. Russo, DO
Board Certified in PM&R and Pain Management
Trey Rigert, MD
Board Certified in PM&R
Laura Scobie, PA-C
Holly Agnor, PA-C
Machelle Dotson-PA-C
Cindy Nimmo, FNP
Michelle Smith, MD
Occupational Medicine, Guided Imagery, Pain Management
Jessica Russo, MSW, CSWA
Clinical Social Worker

Angela L. Aurit, CADC-2
Drug & Alcohol Counselor
Offering:

- Comprehensive diagnosis and treatment of acute & chronic pain.
- EMG & Nerve conduction testing.
- Ultrasound, X-ray guided, minimally invasive treatment for spine, joint and nerve pain
- Industrial injury evaluations
- Interactive Guided Imagery
- Regenerative Medicine

1010 10th Street
Hood River, OR 97031
541-386-9500
www.columbiapain.org

MENTAL HEALTH & DRUG/ALCOHOL COUNSELING

PROVIDENCE GORGE COUNSELING & TREATMENT CENTER
Elizabeth Chambers, MD
Psychiatrist - Child & Adolescent

Daniel McCabe, M.D.
Psychiatrist

Shelley (Michelle) Smith, M.D.
Medical Provider, Interactive Guided Imagery

David Henehan, PhD
Clinical Psychologist

Jenny Clark, LCSW
Licensed Clinical Social Worker

Linda Torres De Guzman, LCSW
Licensed Clinical Social Worker
Bi-lingual and Bi-cultural
Mental Health Provider
Fluent in Spanish

Deb Lada, CADC II

- Certified Alcohol and Drug Counselor
 - Individual, Couples and Family Counseling
 - Specialized Services for Children and Adolescents
 - Outpatient treatment for Chronic Pain
 - Evaluation for Drug/Alcohol Programs
 - DUI/Deferred Prosecution Services (OR/WA)
 - Medication Management
 - Covered by Most Insurance Plans
- 814 13th St. Hood River,
OR 97031 (541) 387-6138 or
(800) 955-3911, ext. 76138

NATURAL MEDICINE

KARI ZIMMERMAN, ND
Naturopathic family medicine
www.drkarizimmerman.com

- Acute and chronic diseases
- Pediatric, women and men's health
- Preventative health care

1312 May Ave.
Hood River, OR 97031
541-386-6335

DENNIS ZIMMERMAN, DC

Chiropractic family practice since 1978

- Musculoskeletal rehabilitation
- Motor vehicle accidents
- Acute and chronic illness
- Service for the whole family

1312 May Ave.
Hood River, OR 97031
541-386-6335

JOAN LAURANCE, ND

www.joanlaurance.com

- Integrating Western and Natural Medicine
- Naturopathic Family Physician since 1985
- Lyme Disease Diagnosis and Treatment

1940 12th St.
Hood River, OR 97031
541-386-4844

OBSTETRICS GYNECOLOGY SPECIALISTS

PROVIDENCE MEDICAL GROUP — HOOD RIVER WOMEN'S CLINIC

Robin Henson, M.D.
Elaine Adsit, M.D.
Michele Bouche, C.N.M.
Cara Streit, M.D.
Charlie Chambers, M.D.

- Complete Women's Health Care
- Gynecologic Surgery
- Obstetrics
- Ultrasound

1151 May Street, Suite 201
Hood River, OR 97031
541-387-8940
www.providence.org/hoodriver

OCCUPATIONAL/TRAVEL MEDICINE

PROVIDENCE OCCUPATIONAL AND TRAVEL MEDICINE

Christopher VanTillburg, MD
Michael Hauty, MD
Stephanie O'Connor, NP
Christie Smith, RN

- Occupational health screenings and evaluations
- Employment physicals including DOT and FAA
- Travel vaccinations

and prescriptions
• Assisting employers and workers with on-the-job injuries

917 11th Street
Hood River, OR 97031
(541) 387-6391

ONCOLOGY & HEMATOLOGY

PROVIDENCE ONCOLOGY CLINIC
Dr. Christine Lin, MD
Dr. Rui Li, MD
Board certified in Oncology & Hematology.
Providing comprehensive cancer care in the Columbia Gorge

810 12th Street
Hood River, OR 97031
(541) 387-1338

OPHTHALMOLOGY

CASCADE EYE CENTER

John D. Willer, D.O.
Board Certified Ophthalmologist
Chris Barbour, Ph.D., O.D.
Optometric Physician
Dr. Jeffery Pulk
Optometric Physician

- Comprehensive vision care for all ages
- Diagnosis and treatment of eye injuries and disease
- Eyewear to fit your style and your budget

Hood River
2025 Cascade Ave. #101
Hood River, OR 97031
(541) 386-2402; (877) 386-2402

The Dalles
301 Cherry Heights Road
The Dalles, OR 97058
(541) 296-1101; (800) 548-5487

CASEY EYE INSTITUTE-OREGON HEALTH & SCIENCE UNIVERSITY

Daniel J. Kelly, M.D.
Comprehensive Ophthalmology

Steven Bailey, M.D.
Retina

Eric Steele, M.D.
Oculoplastics

The Dalles
405 E. 7th Street
The Dalles, OR 97058
(541) 298-5144

Hood River
1410 May Street
Hood River, OR 97031
(541) 386-1399

OPTOMETRY

INDIAN CREEK FAMILY EYE CARE
Rebecca R. Chown, OD, FAAO
Focused on personalized comprehensive eye care for all ages. Local, sustainable and community oriented

1700 12th Street, Ste A
Hood River, Oregon 97031
541-386-1700 www.icfec.com

ORTHOPEDICS SPORTS MEDICINE

PROVIDENCE MEDICAL GROUP — HOOD RIVER ORTHOPEDICS AND SPORTS MEDICINE CLINIC

902 12th Street
Hood River, OR
541-387-1337
or 1-800-955-3911
www.providence.org/orthopedics
John Durkan, MD
Board Certified, American Academy of Orthopedic Surgeons
Past Olympic US Snowboard Team Physician
Rebecca Rawson, FNP
Board Certified, American Academy of Nurse Practitioners

Team-based care for all ages treating a wide range of orthopedic issues with expertise in:

- Acute fracture care and trauma
- Arthroscopic surgery of knees, shoulders, and other joints
- Carpal tunnel release and hand surgeries
- Joint replacements of shoulder, knee, hip
- Shoulder surgery
- Sports medicine

CASCADE ORTHOPEDICS & SPORTS MEDICINE CENTER, PC
541-296-2294

Appts available in: The Dalles, Hood River, White Salmon
www.cosmc.org

Gregory M. Stanley, MD
Sports Medicine Fellowship
Charles Petit, MD
Sports Medicine Fellowship
U.S. Ski & Snowboard Team Physician
Robert A. Staver, MD
Board Certified
Clara DeLeon, PA-C
NCCPA Certified

Providing comprehensive orthopedic care for all sport and non-sport related injuries. Sports