

# 'Incredible Years' returns June 23

Come enjoy summer fun with the Incredible Years program for parents and other adults and their children 2-8 years starting Tuesday, June 23, from 10:30 a.m. to 12:30 p.m. at Indian Creek Apartments, 1615 9th Court St., northeast of Walgreens. The children will have fun activities that develop self-esteem and self-control, emotional literacy (using the pocket full of feelings kit), anger management, and self-care. The local library, Kidsense, Early Intervention, and other organizations will bring fun and educational activities for children. Each week, participants will receive an educational toy to take home to play with their child. The program last 6 weeks and meets Tuesdays and Thursdays, with a total cost of \$25 per family. A free lunch will be served to all involved.



Submitted photo

**RECENT INCREDIBLE YEARS** participants are, back row, left to right, Scott Stevens, Jessica Metta and Cecilia Metta, John Metta, Veronica Campuzano and Claudia Chamonica; front row, Logan and Nathaniel Griffith, April Griffith, Adrian Metta, and Jahir Escoto Camprano.

praise. Child care providers can use this series as part of their training hours with the State Child Care Division.

The Incredible Years Program is very well liked by parents, who say, "I feel my kids and I understand each other better and their behavior is much more positive. We talk more about their feelings and

my children are more able to focus and pay attention to what I tell them. I do much better on follow through on limit setting. We have more fun together and they are learning so much!"

Call Nancy Paul at 541-436-0319 at the Next Door to sign up for the program. Spaces are limited, so sign up soon. Infor-

mation about the summer program is also on [www.nextdoorinc.org](http://www.nextdoorinc.org) and one can email [nancyp@nextdoorinc.org](mailto:nancyp@nextdoorinc.org) to sign up. Paul says that she is excited to offer the Incredible Years program this summer which both the parents and children will learn a lot that will help them with school in the fall.

## Parenting resources

Here is a listing of parenting resources in Hood River County. If your organization would like to add to the list, send brief details to [walker@hoodrivernews.com](mailto:walker@hoodrivernews.com).

Free Welcome Baby packet: The Next Door offers all Oregon first-time parents a free "Welcome Baby" packet of information about parenting, bonding with your baby, healthy infant growth and development, child care and other resources. Call 541-436-0320 or visit [www.nextdoorinc.org](http://www.nextdoorinc.org).

Join a playgroup: For parents and their children ages newborn to 5; for more info contact Nancy Johanson Paul at 541-436-0319 or [nancyp@nextdoorinc.org](mailto:nancyp@nextdoorinc.org). The schedule is as follows: Tuesdays, 10:30 a.m. to 12:30 p.m. at Cascade Locks City Hall gym; Tuesdays, 9-10:30 a.m. at Hood River Alliance Church, 2650 Montello Ave. (Contact the church at 541-386-2812 for details); Fridays, 10-11:30 a.m. at HR Early Childhood Center (former Pine Grove School), bilingual, with developmental specialists available (follows school calendar). For more info call 541-386-4919.

Library story hour: Hood River Library, Thursdays at 10:30 a.m. (on vacation until June 18). Additionally, baby, toddler and preschooler parenting educational bags can be checked out. The bags include "Make Parenting a Pleasure" DVDs, parent booklet and "Happiest Baby on the Block."

Hood River Family Life Skills classes: Run 30 weeks and educate individuals on how to build healthy, sustainable personal, family and community relationships. For men, women and teens. To register call 541-386-1170 or [www.hoodriverfamilylifeskills.com](http://www.hoodriverfamilylifeskills.com).

New Parent Services and Families First: Healthy Families Home Visiting Services to parents who are either pregnant with or newly parenting their first baby. Must enroll prenatally or before baby is 3 months old. To see if you qualify, call 541-436-0320.

Mid-Columbia Children's

Council: Early Head Start provides year-round home visits for parents prenatally to children up to age 3. Head Start preschool programs are for children 3-5. Child development, school readiness and family support services. To see if you qualify, call 541-386-2010 or [www.mccheadstart.org](http://www.mccheadstart.org).

Hood River County Public Health Department: Supports pregnant women and parents with infants and children up to age 5. Programs include maternity classes, Babies First and CaCoon. Visits for Spanish and English speakers with a focus on providing education and support by encouraging regular visits to health care. For more information call 541-386-1115 or [www.co.hood-river.or.us](http://www.co.hood-river.or.us).

Hood River Valley High School Teen Parent Program: Helps teen parents complete high school while their children are cared for in a certified center on campus. More information at 541-386-4500.

Breastfeeding support: Breastfeeding Support Group meets twice monthly at Riverside Community Church, 317 State Street in Hood River. For more information call 541-386-6344.

Early intervention and early childhood special education: Call if you have concerns about any baby, toddler or preschool child regarding their ability to walk, talk, see, hear, respond to others, play learn, or cope with new situations; 541-386-4919.

Mid-Columbia Center for Living: Provides a wide range of services to adults, children and families with mental health issues, addictions, or developmental disabilities. Services include help with maternal depression, children with emotional/behavior issues, and parent training. Call 541-386-2620.

Helping Hands Against Violence: Hope, safety and support to survivors of domestic violence, sexual assault, and stalking. Crisis line is 541-386-6603.



## JACK AND THE BEANSTALK

Jack, played by Noah McElheran, and his mother, played by Alyssa Gassner, left, sing with Jack's friends about the wondrous beanstalk that has grown behind the family home overnight in Mid Valley Elementary School's annual fourth grade production of Jack and the Beanstalk. Students performed two shows June 4. The play has been running for around 20 consecutive years, said teacher Lyn Cimock. The fifth grade will perform Little Red on Tuesday.

Photo by Trisha Walker

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 Call Kirsten at 541-386-1234

present preliminary Capital Improvement Program cost estimates and an updated draft ALP. This meeting is open to the public. For additional information, please contact:

Matt Rogers — Project Manager Century West Engineering 541-322-8962 [wrogers@centurywest.com](mailto:wrogers@centurywest.com)  
 Accessible Meeting Information This meeting loca-

tion is accessible. Special accommodations are available upon advance request. Please contact Matt Rogers at least 48 hours prior to the event to discuss specific needs. 45-11

**PUBLIC NOTICE**  
 Please Take Notice that Crystal Springs Water District intends to establish a contract or price agreement through a permissive cooperative procurement for the purpose of procuring a modular office building. The esti-

mated amount of the procurement is \$380,000. The administering contracting agency is Inter Mountain Education Service District. Those wishing to comment on the proposed procurement may do so in writing on or before 5 pm on June 15, 2015. Writ-

ten comments should be submitted to Crystal Springs Water District, Attn: Superintendent Fred Schatz; 3006 Chevron Drive — PO Box 186, Odell, OR 97044. Fax (541) 354-1821. 45-11

**NOTICE OF SUPPLEMENTAL BUDGET HEARING**

A public hearing on a proposed supplemental budget for Hood River County, Oregon, for the fiscal year July 1, 2014, to June 30, 2015, will be held at the Hood River County Business Administration Building, 601 State Street, Hood River, OR 97031. The hearing will take place on June 15, 2015 at 6:00PM. The purpose of the hearing is to discuss the supplemental budget with interested persons. A copy of the supplemental budget document may be inspected or obtained on or after Monday, June 8, 2015, at the Department of Budget & Finance, 601 State Street, Hood River, OR 97031, between the hours of 9AM and 5PM, Monday through Friday.

RESOURCE	REQUIREMENT
Increase: Reimbursed Items \$74,505	Decrease: Buildings & Improvements Increase: Paasthu - General \$150,055
Revised Total Resources \$401,585	Revised Total Requirements \$401,585

  

RESOURCE	REQUIREMENT
Increase: Beginning Fund Balance \$100,000	Increase: Materials & Services \$615,940
Federal Forest Receipts \$15,940	
Revised Total Resources \$113,013,840	Revised Total Requirements \$113,013,840

  

RESOURCE	REQUIREMENT
Increase: Federal Forest Receipts \$257,785	Increase: Social Payments \$257,785
Revised Total Resources \$297,985	Revised Total Requirements \$297,985

  

RESOURCE	REQUIREMENT
Increase: Beginning Fund Balance \$55,348	Increase: Personal Services \$26,258
Federal Funding 100,000	Materials & Services 88,506
State Funding 83,900	Special Payments 175,484
Misc Grants/Contributions 100,000	
Revised Total Resources \$666,948	Revised Total Requirements \$666,948

  

RESOURCE	REQUIREMENT
Increase: Surplus Property \$25,000	Increase: Capital Outlay \$25,000
Revised Total Resources \$135,000	Revised Total Requirements \$135,000

  

RESOURCE	REQUIREMENT
Increase: Transfer PW to Capital Reserve \$100,000	Increase: Capital Outlay \$100,000
Revised Total Resources \$1,335,000	Revised Total Requirements \$1,335,000

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**PUBLIC NOTICE**  
 The Hood River Valley Parks and Recreation District

Board of Directors will be holding a Special Meeting at the Aquatic Center on June 11th, commencing at 11am. 45-11

**NOTICE OF BUDGET HEARING**  
 June 10, 2015  
 Hood River County Transportation District  
 Board of Directors Meeting  
 Columbia Area Transit  
 224 Wasco Loop  
 Hood River, OR 97031  
 Agenda 9:00 am  
 1. Call Meeting to Order  
 2. Open Budget Hearing for Public Comment  
 3. H R C T D Fiscal Year 2015-2016 Budget Process

A. Budget Hearing  
 B. Public Comment  
 C. Close Budget Hearing  
 D. Resolution 14-15-02  
 i. Adopt the FY 2015-2016 Budget  
 ii. Make Appropriations  
 iii. Declare & Categorize Taxes  
 4. Approval of Minutes of Last Meeting  
 5. Director's Report  
 6. Approval of Bills Paid  
 7. Old Business  
 A. Financial Information  
 8. Business  
 A. MCCOG Inter-governmental Agreement  
 9. Any Other Business  
 10. Public Comment  
 If necessary Executive Session may be held in accordance with:  
 ORS 192.660 (1) (d) Labor Negotiations, ORS 192.660 (1) (d) Property, ORS 192.660 (1) (d) Legal Rights, ORS 192.660 (1) (d) Personnel  
 45-11

**FORM LB-1 NOTICE OF BUDGET HEARING**

A public hearing on the District Budget will be held on June 10, 2015 at 9:00am, at the CSD office, 3708 DeSmet Ridge Road, Hood River, Oregon. The purpose of this hearing is to discuss the budget for the fiscal year beginning July 1, 2015 as approved by the District Board of Directors. A summary of the budget is presented below. A copy of the budget may be inspected or obtained at the CSD office, between the hours of 9:00am and 5:00pm. This budget is for an annual budget period & was prepared on a basis of assuming that in the same that used the preceding year.

TOTAL OF ALL FUNDS	Actual Budget 2014-15	Proposed Budget 2015-16	Approved Budget Next Year 2015-16
Administrative Services	499,548	488,000	488,000
Public Works	211,170	181,000	181,000
Police	475,264	475,000	475,000
Fire	1,000,000	1,000,000	1,000,000
Public Safety	1,000,000	1,000,000	1,000,000
Capital Outlay	1,000,000	1,000,000	1,000,000
Debt Service	1,000,000	1,000,000	1,000,000
Other	1,000,000	1,000,000	1,000,000
Total	5,000,000	5,000,000	5,000,000