



Photo by Kirby Neumann-Rea

## PARKING CHANGE AT CASCADE LOT

Public Works crew installs new signage, the kiosk, and heat-thermal striping on Thursday morning as the City of Hood River prepares for a change in the parking system at the Cascade Avenue parking lot — at Fifth and Cascade across the street from the Post Office — to a shared parking lot effective June 1. The new design will be pay to park on the north half (at right), meaning users purchase a ticket at the blue pay kiosk in the center of the lot. Meanwhile, monthly parking permits only will be allowed on the south half (at left). You may purchase a permit at City Administration; for details call the Parking Department at 541-386-1488, option 2.

## THIS WEEK AT HRVHS

### Farewell concert June 2; FFA Banquet June 4; Graduation June 5; OSAA game June 6

**Monday, June 1**  
EA Presentations, 5 p.m. @ Bowe Theatre

**Tuesday, June 2**  
EA Presentations, 4 p.m. @ Bowe Theatre  
OSAA Baseball Play-Offs, TBD  
Farewell Concert, 7 p.m. @ Bowe Theatre

**Wednesday, June 3**  
Little Learners Graduation, 5:30 p.m. @ Room B16 HRV  
Track and Field Awards Banquet, 6 p.m. @ Cafeteria HRV  
OHSLA Boys Lacrosse Play-Offs, TBD

**Thursday, June 4**  
FFA Banquet, 6 p.m. @ Commons HRV  
First in Family to Graduate Celebration, 6:30 pm @ Library HRV

**Friday, June 5**  
Graduation Ceremony, 7:30 p.m. @HRVHS

**Saturday, June 6**  
OSAA Baseball Championship -TBD @Volcano Stadium (Keizer)

All games and activities (home and away) can be found at [www.HRVHS.com](http://www.HRVHS.com).

## YOUNG VOICES

### Exploring the nation through women's wrestling



Submitted photo

**WRESTLERS** Joanna Endow, left, Payton Rigert and Sarah Sullenger at an earlier meet this year.

By **PAYTON RIGERT**  
News intern

Over spring break, I went on a trip to visit colleges that offered women's wrestling. While I was touring around Missouri and Kentucky, I learned about a tournament called Body Bar National Women's Wrestling Tournament that is in Dallas, Texas.

The tournament is considered one of the toughest women's tournaments in the United States. If you place first, you earn a spot on the Junior or Cadet International Wrestling Team and second place is a spot on the Pan-American team. I knew that this was the tournament that I wanted to attend.

When I came back from my college visit, I went straight to Coach Trent Kroll. I told him about my fantastic plan that we should all pack up and go to Texas for Body Bar. At first, he wasn't sure if I was serious. I kept coming back and then suddenly, we had made to plans to go to Texas!

Joanna Endow and Sarah Sullenger would also be joining us, along with Coach Kroll's youngest daughter and my mom. There were no words to express my excitement. We took a plane, Thursday night, from Portland, to Dallas and stepped into a thick blanket of humid weather. On Friday, our first day there, we went to the JFK Memorial Museum and a cattle ranch. Later that night, Joanna and Sarah weighed in for their competition the next day.

Stepping into a room that is just filled to the brim with women's wrestlers is exhilarating. In Oregon, we don't

have tournaments where over 300 women are in attendance. We got to talk with women wrestling in college and some Olympic athletes. It was inspiring to hear stories from women who had the same experiences as us.

After Joanna and Sarah wrestled, I weighed-in. I am considered a FILA Junior, which means that I was wrestling up to college freshman. This was a great opportunity for me. I got to see how I would match up compared to college athletes. The wrestling was fun and I learned a lot even though it didn't go as well as I had hoped.

The tournament wasn't just about competing. It was really about learning more about the opportunities out there and to meet some phenomenal women's wrestlers. This was the first time that the Hood River Valley Wrestling Women's Team had traveled to such a tournament and it helped us to grow as wrestlers.

Stepping out on the mat and wrestling women from all around the nation was an amazing opportunity for us. There is nothing better than seeing such a large group of women who love wrestling just as much as I do.

All of us can't wait for next year.

*Payton Rigert is a junior at HRVHS and is about to complete a full school year as Hood River News intern, through the Summit Career Center program.*

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# WORSHIP DIRECTORY

### ASSEMBLIES OF GOD

**RIVER OF LIFE ASSEMBLY**  
Pastor Terry Abbott  
979 Tucker Rd.  
Hood River, OR 97031  
541-386-3656  
[www.river-of-life-assembly.org](http://www.river-of-life-assembly.org)  
For details check the current bulletin on our website  
[riveroflifeassembly@gmail.com](mailto:riveroflifeassembly@gmail.com)

**Service Schedule**  
**Sunday**  
8:30 a.m. Early Worship Celebration  
10:00 a.m. Coffee, Conversation & Refreshments  
10:30 a.m. Worship Celebration & KidzChurch, K-6th\*  
6:00 p.m. Discipleship Classes (choose from three topics)\*  
**Wednesday**  
6:30 p.m. Royal Rangers & Impact Girls Club (K-6th)\*  
Connect Groups for Adults (several groups to choose from)  
**Thursday**  
6:30 p.m. Youth Group 7-12th  
7:00 p.m. Connect Group Upper Valley  
\*Childcare provided at the church for those attending

**VALLEY WORSHIP CENTER**  
5780 Hwy 35, Mt. Hood/Prkdl  
Rev. Don & LaRonna Howell  
**Sundays**  
Bible Classes 9:45 am  
Coffee & Fellowship 10:30 am  
Worship Celebration 10:45 am  
Dinner & Service 6:00 pm  
[www.valleyworshipcenter.org](http://www.valleyworshipcenter.org)  
[valleyworshipcenter.pastor@gmail.com](mailto:valleyworshipcenter.pastor@gmail.com) or (541) 352-7269

**BAPTIST**  
**1st BAPTIST CHURCH of ODELL**  
3081 Odell Hwy  
Pastor Rick Plank  
541-354-1863  
Sunday School 9:45 a.m.  
Morning Service 11 a.m.  
Evening Service 6 p.m.  
Wednesday Service 6 p.m.

**GRACE BAPTIST CHURCH**  
1280 W. Jewett • White Salmon  
Worship Service 9:00 a.m.  
Sunday School 10:45 a.m.  
Jr/Sr. High Youth • Small Groups (call for times & location)  
Pastor Mark Hoeffner  
(509) 493-2597  
[www.gracews.org](http://www.gracews.org)

**BELMONT DRIVE MISSIONARY BAPTIST CHURCH**  
4200 Belmont Road  
541-386-4201  
Sunday School 9:45 a.m.  
Morning Worship 11:00 a.m.  
Sunday evening Bible study 6:00 p.m.  
Wednesday evening Bible study 6:00 p.m.

**PARKDALE BAPTIST**  
6310 Dee Hwy., 541-352-6515  
Bobby Joe Beauchamp, Pastor  
Sunday School, 9:45 a.m.  
Morning Worship, 11 a.m.  
Evening Worship, 6 p.m.  
Wednesday Study, 6 p.m.

**TUCKER ROAD BAPTIST**  
Pastor Dean E. Kelly, Jr.  
1455 Tucker Road  
Hood River, OR 97031  
541-386-1049  
— Sundays —  
Bible Study, All Ages, 9:30 a.m.  
Morning Worship 11:00 a.m.  
Evening Worship 6 p.m.  
— Wednesdays —  
Prayer Meeting 6 p.m.

**CATHOLIC**  
**ST. MARY'S CATHOLIC CHURCH**  
1501 Belmont, Hood River  
Saturday Sacrament of Reconciliation in English/Spanish 4-5 p.m.  
Saturday Mass in English 5:30 p.m.  
Mass in Spanish 7 p.m.  
Sunday

Mass in Spanish 8 a.m.  
Mass in English 10 a.m.  
Mass in Spanish 1 p.m.  
Holiday Masses  
7 a.m., 12:10 p.m., 7 p.m.  
Daily Mass 7:30 a.m.  
Father Ronald M. Maag,  
Pastor, 541-386-3373

**CHRISTIAN & MISSIONARY ALLIANCE**

**HOOD RIVER ALLIANCE**  
"You're Always Welcome!"  
2650 W. Montello St.  
541-386-2812  
[www.hoodriveralliance.org](http://www.hoodriveralliance.org)  
Steve Grace, Senior Pastor  
John Blosser, Associate Pastor  
Tina Graves, Youth Pastor  
Emily Blosser, Worship Pastor

**Sunday Morning**  
2 Worship Services  
9 a.m. & 10:45 a.m.  
**Monday Night**  
Senior Youth Group  
**Tuesday Night**  
Celebrate Recovery Group,  
6:15 p.m. (Contact Person:  
John Blosser 507-820-0871)

**Wednesday Night**  
Junior Youth Group  
**Nightly Activities**  
Small group Bible studies through the week.  
**La Iglesia Esperanza Y Vida**  
Sabado 6 p.m.  
Spanish Service Saturday at 6 p.m.  
Tony Estey, Pastor  
Llame para un orario completo  
541-806-2691

**CHRISTIAN SCIENTIST**  
**CHRISTIAN SCIENCE SOCIETY**  
701 Washington St.  
The Dalles, OR 97058  
Sunday Service 10 a.m.  
Wednesday Service 7 p.m.

**CHURCH OF CHRIST**  
**HOOD RIVER CHURCH OF CHRIST**  
1512 Tucker Road  
Cody Singleton - Minister  
9:45 Bible Classes  
10:45 Services  
541-386-2782  
Wednesday Bible Study 7:00 p.m.

**ODELL CHURCH OF CHRIST**  
3784 Summit Drive  
Worship 10:30 a.m.  
541-354-3127

**COVENANT CHRISTIAN**  
**COVENANT HOOD RIVER**  
Pastor Fritz Stranz  
455 Frankton Rd.  
Hood River, OR 97031  
Sunday Service 10:00 a.m.  
Wednesday Youth & KIDZ 6:30 p.m.  
541.386.8805  
[covenanthr.org](http://covenanthr.org)

**DISCIPLES OF CHRIST**  
**HOOD RIVER VALLEY CHRISTIAN CHURCH**  
Interim Pastor Myrna Phillips  
975 Indian Creek Road  
541-386-2608  
[hoodrivervalleychristianchurch.com](http://hoodrivervalleychristianchurch.com)

— Sunday —  
9:30 a.m. Classes for all ages  
**10:30 a.m. Worship**  
& Children Worship & Wonder  
5:00 p.m. Youth meetings  
Call for information on other programs for children, youth and adults  
*Childcare provided for all activities*

**EPISCOPAL**  
**ST. MARK THE EVANGELIST**  
11th & Eugene  
Rev. Anna Carmichael  
Sunday Holy Eucharist at 8 and 10 a.m.  
Child Care at 10 a.m.  
Wednesday Holy Eucharist at 11:30 a.m.  
Everyone is welcome.  
For more information, call:  
St. Mark's Office  
541-386-2077

### LDS

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
18th & May, Hood River  
*ALL ARE WELCOME!*  
Hood River Ward  
Sacrament Meeting 10 a.m.  
Sunday School 11:20 a.m.  
Priesthood/Relief Society 12:10 p.m.  
**Grupo en Español**  
Hora Sacramental (Traducida) 10 a.m.  
Escuela Dominical (Clase en Español) 11:20 a.m.  
Sacerdocio y Sociedad de Socorro (En Ingles) 12:10 p.m.

### LUTHERAN

**CONCORDIA EVANGELICAL LUTHERAN CHURCH, ELS**  
Evangelical Lutheran Synod  
11th & Pine • Hood River  
541-386-4004 or 541-298-8385  
Pastor Jesse Jacobsen  
Sunday School & Bible Class 8:00 a.m.  
Divine Service 9:00 a.m.  
Office Hours: Wednesday  
[www.concordiahoodriver.org](http://www.concordiahoodriver.org)

**IMMANUEL LUTHERAN CHURCH**  
305 9th St. 386-3046  
Pastor Jeff Mueller  
[www.ImmanuelHR.org](http://www.ImmanuelHR.org)  
**Sunday Morning Schedule**  
Adult Bible Class 8:45 a.m.  
Worship Service 10:00 a.m.  
Children's Church 10:00 a.m.  
Nursery Care 9:45 a.m.-11:15 a.m.  
**Small Groups All Week**  
Check our web page above for all the details  
**Sr. High Youth Group**  
Saturdays @ 6:30 p.m.  
**Middle School Youth Group**  
Fridays @ 3:30 p.m.  
**"It's all about RELATIONSHIPS!"**  
Please join us!

**METHODIST/LUTHERAN**  
**ASBURY OUR REDEEMER PARTNERSHIP**  
Pastor David King  
1140 Tucker Road  
541-386-3993  
9:00 a.m. Traditional Worship  
10-10:30 a.m. Fellowship  
Time 10:30 a.m. Celebration  
Worship  
10:30 a.m. Christian Education  
*Everyone is welcome!*

**NAZARENE**  
**CHURCH OF THE NAZARENE**  
Joel & Mindy Alsworth, pastors  
2168 Belmont Drive  
Church Office: 541-386-2604  
Fax: 541-386-2064  
9 a.m.-Noon  
Church Web site: [www.hrmaz.org](http://www.hrmaz.org)

**Sunday**  
Worship Service - 9:30 a.m.  
Christian Education/Sunday School (for all ages) - 11 a.m.  
**Monday-Thursday**  
Home Group Studies  
**Tuesday:** 6:30 a.m.  
Men's Prayer Time 8 a.m.  
Ladies Breakfast  
Downtown  
6:30 p.m. Youth Group

**PARKDALE CHURCH OF THE NAZARENE**  
4th & Van Nuys (by grade school)  
**Services**  
Carl Casey, Pastor  
Sunday School 9:45 a.m.  
Morning Worship 11 a.m.  
Evening Worship 6 p.m.  
Ladies' Bible Study, Mon. 9:30 a.m.  
Call 541-352-6913  
or 541-490-6673  
for further details.

**NON-DENOMINATIONAL**  
**BIBLE FELLOWSHIP**  
Senior Center  
2010 Sterling Place  
Sundays 10 a.m.  
"Love Jesus, Love People"  
For more information contact  
John: 541-354-2495  
or Don: 541-231-3482  
[www.hoodriver-biblefellowship.org](http://www.hoodriver-biblefellowship.org)

**FAITH BIBLE CHURCH**  
1889 Belmont, 541-386-3557  
[www.fbchoodriver.org](http://www.fbchoodriver.org)  
Pastor Bruce Parker  
— Sunday —  
Sunday School (all ages) 9:15 a.m.  
Worship Service 10:30 a.m.-12:00  
Expository preaching  
Childcare provided 10:30 a.m.  
We offer youth and small groups.  
Call for times and locations.

### SHEPHERD OF THE VALLEY BIBLE CHURCH

8th & Pacific, Hood River  
Tommy Moon, Pastor  
Sunday Service 10:30 a.m.  
[svbchr.org](http://svbchr.org)

### PRESBYTERIAN

**PARKDALE COMMUNITY CHURCH**  
4910 Baseline Drive  
541-352-7747  
Sunday School, 9:30 a.m.  
Sunday Worship, 10:45 a.m.  
Rev. Mark N. Willems, Pastor

### QUAKER

**RELIGIOUS SOCIETY OF FRIENDS**  
Mountain View Worship Group meets First and Third Sundays of the month at 10 a.m. at 700 Union St. (the old Episcopal Church)  
Everyone is welcome.  
Contact Jeff Hunter,  
541-490-6006  
[JeffHunter1859@gmail.com](mailto:JeffHunter1859@gmail.com)  
for directions and information.

### SEVENTH-DAY ADVENTIST

**SEVENTH-DAY ADVENTIST**  
13th & Oak, 541-386-3220  
Ron Hart, Pastor  
9:30 a.m. Bible Study  
11 a.m. Worship Service  
Spanish Services meet at 1100 22nd St.

### UNITARIAN UNIVERSALIST

**MID-COLUMBIA UNITARIAN UNIVERSALIST FELLOWSHIP**  
Sunday Worship and Children's Program  
10 a.m. at the Rockford Grange  
4262 Barrett Drive, Hood River  
Classes, Groups & Community Service  
Rev. Judy Zimmerman  
Info: (541) 241-6771 or [www.mcuf.org](http://www.mcuf.org)  
**We Are A Welcoming Congregation.**

### UNITED CHURCH OF CHRIST

**RIVERSIDE COMMUNITY CHURCH UCC**  
Heart of Downtown at 4th & State  
Worship at 10:30 a.m.  
[riversideucc.com](http://riversideucc.com)  
Doubtters welcome  
An "Open & Affirming" congregation  
Rev. Vicky A. Stifter,  
541-386-1412

### BETHEL UNITED CHURCH OF CHRIST

**Inclusive - Welcoming - Peace & Justice**  
Rev. Kelly Ryan  
480 East Jewett Blvd.  
(509) 493-1747  
White Salmon  
Morning Family Worship & Sunday School 10 a.m.  
[www.bethelwhitesalmon.org](http://www.bethelwhitesalmon.org)

### UNITED METHODIST

**PINE GROVE/ODELL UNITED METHODIST CHURCH**  
3422 Odell Hwy., Odell;  
541-354-1063  
Christy Matson, Lay Preacher  
2415 Eastside Road, Pine Grove  
Sunday Worship Schedule  
Adult Sunday 8:45 a.m.  
Worship 10 a.m.  
Sunday School 10:15 a.m.  
Sept.-May at Odell Building  
June-July-Aug. at Pine Grove Building  
*Everyone is Welcome*

### THE VINEYARD "A COMMUNITY OF CHURCHES"

**VINEYARD CHRISTIAN FELLOWSHIP OF HOOD RIVER**  
"Come as you are!"  
Pastor Denny & Sue Anderson  
Assoc. Pastor Dave Turner  
Youth Pastor Carrie Turner  
**Sunday Worship Celebration**  
Coffee & Fellowship 9:30 a.m.  
Worship 9:45  
**Youth Group - Wednesdays 6:15**  
Grades 6-12  
**AWANAS - Thursdays 6:30**  
Ages 3 through 6th grade  
**Home Groups - Thursdays 6:30**  
[www.vcfhr.org](http://www.vcfhr.org)  
508 9th St. (Across from Children's Park)  
541-386-7070